

The ABC's of Living
As If Your Life Depended On it

*Accept "what is" as a platform for change. **B**e fully present with it in the moment. **C**hoose what it is you truly want from here. **D**ecide on a course of action that will lead you to the fulfillment of your intentions. **E**xpect success. **F**ocus clearly on your vision. **G**alvanize yourself into appropriate action. **H**old the space or your vision to become reality. **I**ntend it so. **J**ump into the abyss of the unknown. **K**ee your faith in you. **L**ive every moment as if it were simultaneously your last and your first. **M**ake every thought, word, and action count. **N**ever doubt yourself. **O**pen to the universal abundance of all good things. **P**ursue your life's purpose. **Q**uestion everything but do not cling to answers. **R**emember who you are. **S**tand firm in your conviction. **T**ell your Truth. **U**nderstand that ultimately there is nothing to understand. **V**isualize abundance all around you. **W**onder with a child's eyes. **X**anadu is within. **Y**ou are the source of you. The **Z**enith of life is in the living.*

by Cia Ricco