

# JAKE A. WOOD

## EXPERIENCE

### HEALTHCARE ASSISTANT

**NORTH BRISTOL NHS TRUST | Nov 18-present**

- Ability to remain calm in order not to escalate a stressful situation further or induce more anxiety for patients/relatives involved.
- Practiced empathy, compassion and patience when trying to calm/comfort agitated or frightened patients.
- Strengthened my organisation & timekeeping skills to juggle paperwork, clinical jobs and patient's observations/needs.
- Listening skills and attention-to-detail were essential whether it was for comforting or to spot changes in a patient's condition.
- Had to communicate effectively; whether this was engaging with patients who had various disabilities and impairments or with colleagues to see if they needed help with anything.

### SENSOR CALIBRATOR

**EXPOSURE ANALYTICS | Mar 18 - Jun 18**

- Liaised with clients and answered any queries they had about the product.
- Worked independently and had to adapt and learn quickly in an area of work I had no previous experience in.
- Installed and calibrated sensors ensuring it had accurate coverage of area required.
- Communicated with team members within various levels of the company. This was to acquire what I needed to complete the task at hand.

### SHIFT LEADER

**CAFFE NERO | Sep 17 - Mar 18**

- Built customer relationships by providing a personal service, e.g. memorising their drink order.
- Dealt with complaints in a diplomatic and tactful manner.
- Responsible for ensuring the shop was ready to be open/closed, e.g. preparing displays, checking deliveries and money floats..
- Led by example by being dutiful and conscientious.
- Motivated colleagues during busy, stressful periods.
- Represented my store in the regional Barista of the Year competition.

## CONTACT

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jakealistairwood@gmail.com

## PROFILE

A driven and conscientious individual with a strong background in team-based environments and a curiosity & willingness to learn. Looking to pursue a career into the world of web development.

## SKILLS

HTML5  
CSS3  
Microsoft Office  
Adobe Photoshop



## EDUCATION

### \*BSC INFORMATION TECHNOLOGY MANAGEMENT FOR BUSINESS

**UWE BRISTOL | Sep 16 - Jun 17**

### \*BENG CIVIL ENGINEERING

**UNIVERSITY OF BRISTOL | Sep 15 - Jun 16**

\*Withdrew

### ACCESS TO HE DIPLOMA

**CITY OF BRISTOL COLLEGE | Sep 14 - Jun 15**

Maths & Physics - 30 Distinctions, 15 Merits at Level 3.

### A LEVELS

**PETROC COLLEGE | Sep 10 - Jun 12**

Chemistry - Grade D.

### GCSE'S

**THE PARK COMMUNITY SCHOOL | Sep 05 - Jun 10**

10 GCSE's at grade A\* - C including:  
Mathematics - Grade B  
English Language - Grade C



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## PERSONAL HIGHLIGHTS

### ROUND THE WORLD TRAVEL

Mar 13 - Jun 13

- Experienced a range of different cultures which opened my mind to different ways of thinking and perceiving.
- Researched the values and common courtesies of the countries I visited to ensure I wasn't being disrespectful.
- Had to be intuitive and think on my feet, when I found myself in uncomfortable situations.

### AIR TRAINING CORPS

Sep 06 - May 09

- Achieved the Bronze Duke of Edinburgh award.
- Reached the rank of Sergeant where I mentored new cadets by sharing the knowledge I had built up during my time in the Corps. This included giving advice and guidance, teaching drill and maintaining discipline and standards. This was a role I found hugely rewarding.

### HOUSE SPORTS CAPTAIN

Sep 09 - Jun 10

- Elected House Sports Captain in my final year at school.
- Responsible for organising team lineups as well as preparing end-of-term presentations demonstrating the house's sporting performance.
- This gave me a role of leadership which required me to act as a role model to younger students.

## OTHER INTERESTS

### CREATIVE MEDIA

- Self-taught myself some basic coding and web design, using websites such as Udemy, Lynda & Skillshare.
- Made a website for a family friend using Squarespace in order to showcase his artwork. This can be found at [www.newtonart.uk](http://www.newtonart.uk)

### SPORTS & FITNESS

- Avid sports follower & player from a young age, which has developed a strong team work ethic.
- Played cricket for my local team for over 10 years.
- Represented my school at Cricket and Rugby.
- Was a member of the UWE Athletics society during my time there.
- Run in my spare time to keep fit and de-stress.

### PERSONAL DEVELOPMENT & PSYCHOLOGY

- Read a variety of books and articles on these subjects to look at ways of how I can improve myself on a day to day basis and find insights into how the human mind works.

