Model	Meredith et al 2011	Upham et al 2019
2 rate	244.93	244.22
4 rate	231.92	234.30
6 rate	235.90	238.67
HRM 4 rate, 2 cat	245.64	246.21
HRM 6 rate, 2 cat	249.64	250.56
HRM 6 rate, 3 cat	268.69	270.37