

Working at Heights

Number of Delegates:	1 – 12
Course Duration:	1 Day
Course Outcome:	Certificate

Introduction

This programme is designed for any person who may be required to work or supervise others working at height, or who requires familiarisation with the associated regulations.

Aims & Objectives

The aim of this course is to provide training in good practice for everyone who works at height, in line with the Work at Height Regulations. The course shows delegates how to understand and follow the hierarchy for managing risk from work at heights and to take steps to avoid, prevent or reduce risks.

Course Delivery

The course is delivered through classroom-based tutorials and demonstrations. It includes a theory exercise in the inspection and selection of equipment.

Location

This course can be delivered on your premises or at a location suitable to you.

Certification

Construction Skills People accredited certificate.

Delegate Eligibility/Entry Requirements

It is important that all delegates have a good understanding of spoken and written English.

Additional Information

Delegates attending this course should be 18+ and be physically and mentally fit to withstand the rigours of training.

The content of this course includes awareness of periodic examinations of equipment. The course does not provide full training in maintenance of equipment.



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COURSE PROGRAMME

The Working at Heights course covers the following:

- Legal Requirements and Responsibilities
- Nature of Hazards and Identification of Causes
- Risk Assessment and Method Statements
- Work at Height Regulations
- Work at Height Alternatives
- Work at Height Equipment Inspection
- Duties of a Responsible Person

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