

CITB - Construction Skills Site Safety Plus First Aid at Work Re-Qualification

Number of Delegates:	1 - 12
Course Duration:	2 Days
Course Outcome:	Certificate

Introduction

Suitable for people 18 years and over, this course is designed for anyone who needs to renew a valid first aid at work certificate. This is a HSE approved and certified course.

Aims & Objectives of the Course

To update delegates with necessary knowledge of responsibilities of being a first aider. Delegates will have a base knowledge of how to correctly react and treat the various first aid situations that may occur in their place of work.

Qualification / Certificates

HSE approved FAW Certificate

Location

On your premises or a location suitable to you. For training held at your own location please ensure you make available a suitable room, which can comfortably accommodate with seating the number of delegates attending. We will also require a 240v power supply.

Course Delivery

This 2-day course has large elements of hands-on practical training. This approach ensures the course delegates feel confident and that they will be able to use the skills learnt in a real-life situation.

Candidate Eligibility/Entry Requirements

The delegate must be physically fit and able to perform the relevant actions and techniques included in the course syllabus.



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COURSE PROGRAMME

The First Aid at Work Re-qualification course covers the following:

- The role of the first aider
- Contents of first aid kits (including avoiding cross infection)
- Recording of incidents and accidents
- Assessing the situation in an emergency
- Administer first aid to a casualty who:
 - is unconscious (including seizures)
 - requires cardio pulmonary resuscitation (CPR)
 - is choking
 - is wounded or bleeding
 - is in shock
 - has minor conditions including minor cuts, grazes, bruises, burns, scalds and small splinters.
 - has injuries to bones, muscles and/or joints including suspected spinal injury.
 - has sudden poisoning
 - has eye injuries
 - goes into anaphylactic shock (including use of auto-injectors (Epipen))
- Recognising the presence of major illness (including heart attack, stroke, epilepsy, asthma and diabetes) and providing appropriate first aid (including the use of aspirin).

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