

Working at Height

Number of Delegates:	1 - 20
Course Duration:	1 Days
Course Outcome:	Certificate

Introduction

The Working at Height training course is relevant to persons who will work at height, or may be exposed to working at height, or need an awareness to ensure others are safe e.g. site supervisors and managers.

This programme is designed for any person who may be required to work or supervise others working at height, or who requires familiarisation with the associated regulations.

The training course is a good foundation for those who will move on to specialist qualifications such as rope work, climbing or the use of mobile platforms etc.

Aims & Objectives

The aim of this course is to provide training in good practice for everyone who works at height, in line with the Work at Height Regulations. The course shows delegates how to understand and follow the hierarchy for managing risk from work at heights and to take steps to avoid, prevent or reduce risks.

Course Delivery

The course is delivered through classroom-based tutorials and demonstrations. It includes a theory exercise in the inspection and selection of equipment.

Location

This course can be delivered on your premises or at a location suitable to you.

Certification

Construction Skills People accredited certificate.

Delegate Eligibility/Entry Requirements

It is important that all delegates have a good understanding of spoken and written English.

More Information

Delegates attending this course should be 18+ and be physically and mentally fit to withstand the rigours of training. The content of this course includes awareness of periodic examinations of equipment. The course does not provide full training in the maintenance of equipment.



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COURSE PROGRAMME

The Working at Height course covers the following:

- Legal Requirements and Responsibilities
- Nature of Hazards and Identification of Causes
- Risk Assessment and Method Statements
- Work at Height Regulations
- Work at Height Alternatives
- Work at Height Equipment Inspection
- Duties of a Responsible Person

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