#### **IPAF Harness**

Number of Delegates: 1 - 10 Course Duration: 1/2 Day

Course Outcome: Certificate/Endorsement

# Construct on Skils People Qualifications & TRAINING

A Skills People Group Company

#### Introduction

This course is designed for any operative, manager or supervisor who uses, or oversees the use of, a Mobile Elevating Work Platform (MEWP). Using a full body harness is strongly recommended when working from MEWPs.

#### **Aims & Objectives**

The aim of this course is to train delegates in the correct use, fitting procedures, maintenance checks for the harness and lanyard equipment. Relevant Health and Safety regulations will also be covered.

#### **Course Delivery**

This course is delivered through a mixture of theory and practical exercises.

#### Location

This course is available at a number of training centres across the UK. Please contact us for information.

#### Certification

Delegates who already hold an IPAF PAL card will have it endorsed with this qualification. Delegates who do not already hold an IPAF PAL card will receive an IPAF certificate. Delegate Eligibility/Entry Requirements It is important that all delegates have a good understanding of spoken and written English.

#### **Additional Information**

Delegates will need to bring their own harness and lanyard to be used in demonstrations.

### **COURSE PROGRAMME**

## The IPAF Harness course covers the following:

- Legislation, regulations, standards and guidance regarding the use of a harness
- Hierarchy of fall protection measures
- Harness lanyard and fittings
- · Pre-use checks
- Fitting and adjusting
- Usage and anchor points
- Storage and maintenance
- Hazards and precautions
- · Rescue requirements and options

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