# **CITB - Construction Skills Site Safety Plus**

Site Supervisors Training Scheme (SSSTS)

Number of Delegates: 6 - 20 Course Duration: 2 days

Course Outcome: Cskills/Certificate

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A Skills People Group Company

#### Introduction

The SSSTS course is intended for delegates who have or are acquiring supervisory responsibilities and provides them with an understanding of health, safety, welfare and environmental issues and their legal responsibilities relevant to their work activities.

# **Aims & Objectives**

The course aims to highlight the importance of promoting health and safety in order to supervise effectively. Delegates will acquire an understanding of the health and safety challenges facing the industry and gain knowledge of the legal duties of a supervisor. Delegates will identify how their supervisory role fits in with the management structure in controlling the site safely and understand how to carry out effective risk assessments, method statements briefings, toolbox talks and site inductions. See the course programme overview for further details of content.

#### **Course Delivery**

This course is delivered using classroom-based tutorials incorporating group discussions, case studies and individual/group presentations. At the end of the course delegates will assessed by a multiple-choice test.

All candidates will receive copies of the official CITB course books:

- GE706 site supervision simplified and
- GT700 tool box talk's book.

All candidates will also view 'Shattered Lives'; a short documentary showing the impact of poor management of health and safety.

#### Location

Courses are available at training centres nationwide. This course can also be delivered on your premises subject to minimum delegate numbers and suitability of the venue. Please contact us for information.

# **Delegate Eligibility/Entry Requirements**

It is important that all delegates who attend this course have a good understanding of spoken and written English.

### Certification

CITB Site Safety Plus Certificate valid for 5 years.

# **COURSE PROGRAMME**

## The Site Supervisors Training Scheme course covers the following:

- Health and safety legislation
- Supervisory responsibilities
- Safe systems of work
- Health and safety management
- Occupational health
- Fire prevention/control and other emergencies
- Hazardous substances (COSHH)
- CDM regulations
- Working at height
- Personal protective equipment (PPE)
- Manual handling
- Accidents and first aid
- Risk assessments
- Methods statements and briefings
- Site inductions
- Toolbox talks
- Effective monitoring of site activity
- Intervention skills and behaviour

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