

# CITB - Construction Skills Site Safety Plus

## Health and Safety Awareness

Number of Delegates:	6 - 20
Course Duration:	1 day
Course Outcome:	Certificate



A Skills People Group Company

### Introduction

This course is endorsed by the United Kingdom contractors group (UKCG) and is suitable for delegates who work in, or are about to enter, the construction and civil engineering industry to help them understand the potential hazards of working on-site.

### Aims & Objectives

This course aims to provide delegates with a practical summary of health and safety, welfare and environmental issues which the delegate may encounter in his/her work. Delegates will gain knowledge and understanding of the responsibilities for their own health and safety as well as that of others, the duties of an employer and what should be done if they notice health and safety is being put at risk.

### Course Delivery

This highly-interactive course is delivered through classroom-based tutorials including case studies and group discussions. Delegates are assessed at the end of the course by completing a multiple-choice test. All delegates receive a copy of the official course publication Safe Start Safety Handbook (GE707).

### Location

Courses are available at training centres nationwide. This course can also be delivered on your premises subject to minimum delegate numbers and suitability of the venue. Please contact us for information.

### Delegate Eligibility/Entry Requirements

It is important that all candidates have a good understanding of spoken and written English.

### Certification

CITB Site Safety Plus certificate valid for 5 years.

### Additional Information

Persons holding positions of managerial control (e.g. site managers, surveyors, agents etc.) should attend the five-day Site Management Safety Training Scheme (SMSTS) course. Please contact us for further information.

## COURSE PROGRAMME

### The Health and Safety Awareness course covers the following:

- Legal requirements and responsibilities
- Site hazards
- Accident prevention and reporting
- Health and welfare
- Respiratory risks
- Manual handling
- Working at height
- Personal protective equipment (PPE)
- Emergency procedures and first aid
- Fire prevention and control
- Hazardous substances
- Electrical safety (including hand-held tools and equipment)
- Noise and Vibration
- Site transport safety
- Excavations and confined spaces
- Safety signs and signals

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