

Assess Job Search Readiness

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Currently, I am preparing to search for jobs/internships that are: ☐ Full-time ☐ Part-time ☐ Both ☐ Not Applicable

Please respond to each item. Circle the number that best describes your situation.

SELF KNOWLEDGE: Indicate agreement/disagreement with each statement: I can	Strongly Agree	Agree	Not Sure	Disagree	Strongly Disagree
Articulate the knowledge and skills gained from my education.	5	4	3	2	1
2. List several successes I have achieved.	5	4	3	2	1
3. Describe my strengths.	5	4	3	2	1
4. Describe my weaknesses.	5	4	3	2	1
5. Describe work environments where I would be happiest and most productive.	5	4	3	2	1
6. State my career goals.	5	4	3	2	1
The following resources, programs or services have increased my SELF KNOWLEDGE:	Very	Some	Very Little	Didn't	Didn't
7. Met with career counselor.	5	4	3	2	1
8. Researched in career library.	5	4	3	2	1
9. Found resources on Career Development Services (CDS) web site.	5	4	3	2	1
10. Internship or co-op experience.	5	4	3	2	1
11. Mock interview or resume review by employers.	5	4	3	2	1
12. Workshop/class presentation by CDS.	5	4	3	2	1
13. Took a personality assessment or interest inventory.	5	4	3	2	1
14. Took a CDS class (e.g. COUN 1000 or COUN 2970).	5	4	3	2	1
WORLD OF WORK: Indicate agreement/disagreement with each statement: I have	Strongly	Agree	Not Sure	Disagree	Strongly
15. Identified job/internship titles that are appropriate for my interests/abilities.	5	4	3	2	1
16. Identified the type of organization(s) that hire people with my interests and abilities.	5	4	3	2	1
17. Talked to people in my field of interest to learn more about what they do or to	5	4	3	2	1
18. Browsed the Internet for information on organizations.	5	4	3	2	1
19. Researched the structure, services, programs or products of organizations I am	5	4	3	2	1
The following resources, programs or services have increased my WORLD OF WORK	Very	Some	Very Little	Did Not	Did Not
20. Meeting with career counselor.	5	4	3	2	1
21. Researched in career library.	5	4	3	2	1
22. Found resources on CDS web site.	5	4	3	2	1
23. Internship or co-op experience.	5	4	3	2	1
24. Mock interview or resume review by employers.	5	4	3	2	1
25. Workshop/class presentation by CDS.	5	4	3	2	1

JOB SEARCH PREPARATION: Indicate agreement/disagreement with each statement: I have	Strongly Agree	Agree	Not Sure	Disagree	Strongly Disagree
27. Prepared my resume.	5	4	3	2	1
28. Composed my cover letters.	5	4	3	2	1
29. Researched the salary range for positions I am considering.	5	4	3	2	1
30. Prepared for interviewing.	5	4	3	2	1
31. Considered ethical job-hunting practices.	5	4	3	2	1
32. Developed an action plan for implementing my job/internship search.	5	4	3	2	1
The following resources, programs or services increased my JOB SEARCH PREPARATION?	Very Much	Some	Very Little	Didn't need/ Didn't use	Didn't use but plan to
33. Met with career counselor.	5	4	3	2	1
34. Researched in career library.	5	4	3	2	1
35. Found resources on CDS web site.	5	4	3	2	1
36. Internship or co-op experience.	5	4	3	2	1
37. Mock interview or resume review by employers.	5	4	3	2	1
38. Workshop/class presentation by CDS.	5	4	3	2	1
30. Workshop/ class presentation by CD3.					-
39. CDS Handbook and Job Choices Magazines.	5	4	3	2	1

^{41.} If you have not used the resources, programs or services listed above to improve your SELF KNOWLEDGE, WORLD OF WORK or JOB SEARCH PREPARATION, please list the reasons why:

Next steps / Notes	