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## Assessment Instructions

One of the first steps in the career planning process is self assessment. Take one or more of the assessments listed here, to begin exploring your interests and personality preferences so you may make a more informed decision about your future career and major. Go to [auburn.edu/career](http://auburn.edu/career) and find Assessments under the Student tab.

**TypeFocus™** (free) assesses your personality type and incorporates it into personalized reports that offer insight into the following topics: career choices; job readiness, interpersonal skills, and learning styles. Make an appointment with a career counselor or sign-up to attend a Group Interpretation to review your results. \*

**Strong Interest Inventory® (SII)†** matches your interests with the interests of people who have been in career fields at least three years and are happy with their work. It takes about 30 minutes to complete this 317-item inventory and results are discussed with a career counselor.

In order to receive the results for the SII, sign-up for a **Group Interpretation** with a career counselor. The sessions are offered on different days and times each semester. Please check the website or call to learn the available Group times.

To review the results from any of these assessments with a career counselor, call 844.4744 to schedule an appointment.

\*The SII costs \$30. To pay for the SII, complete the on-line form so your AU Bursar account may be billed.

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## Career Planning Systems

**FOCUS** (free) is a self-paced, career and education planning tool that enables you to self-assess your career relevant personal qualities and explore career fields and major areas of study that are most compatible with your assessment results. No counselor interpretation is needed but counselors are available through appointments as needed.

**CareerBeam** (free) is a self-paced comprehensive career planning resource that should be used to clarify career goals, develop professional resume and cover letter, prepare for interviews, develop a network, and implement a strategic career search.

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