

Springfield Medical Clinic

123 Elm Street, Springfield, IL 62701

Phone: (555) 765-4321 | Email: info@springfieldclinic.com

Patient Record

Name: Jake Rains

Date of Birth: February 14, 1987

Gender: Male

Address: 303 Dakota Dunes Blvd, Dakota Dunes, SD, 57049

Phone Number: 712-223-0473

Email: michael.carter@example.com

Emergency Contact: Sarah Carter (Wife) - (555) 987-6543

Insurance Information

Provider: HealthyLife Insurance Co.

Policy Number: HLIC123456789

Group Number: HL12345

Coverage: Comprehensive (includes dental and vision)

Medical History

Allergies: Penicillin, Nuts

Chronic Conditions: Hypertension, Seasonal Allergies

Medications:

- Lisinopril 10mg (daily)
- Loratadine 10mg (as needed)

Surgical History: Appendectomy (2009)

Family Medical History:

- Father: Heart Disease

- Mother: Diabetes Type II

Recent Visits

1. Date: November 5, 2024

Reason: Routine Check-up

Outcome: Stable vitals, recommended exercise plan

2. Date: August 20, 2024

Reason: Allergy Flare-Up

Outcome: Prescribed Loratadine, advised on allergen avoidance

Upcoming Appointment

Date: January 14, 2025

Time: 10:30 AM

Reason: Blood Pressure Management Follow-Up

Location: Springfield Medical Clinic, Suite 202

Assigned Doctor: Dr. Emily Harper

Notes

Preferred Communication Method: Phone call for urgent matters, email for general updates.

Lifestyle: Active, jogs twice a week, moderate caffeine intake.

Dietary Preferences: Avoids red meat, prefers plant-based meals.

Recent Concerns: Mild headaches reported in November 2024; monitor during next visit.

Physician Remarks

"Jake has been diligent with his medications and exercise routine. Blood pressure readings have improved but need continued monitoring. Discuss potential stress management techniques at the next appointment."