

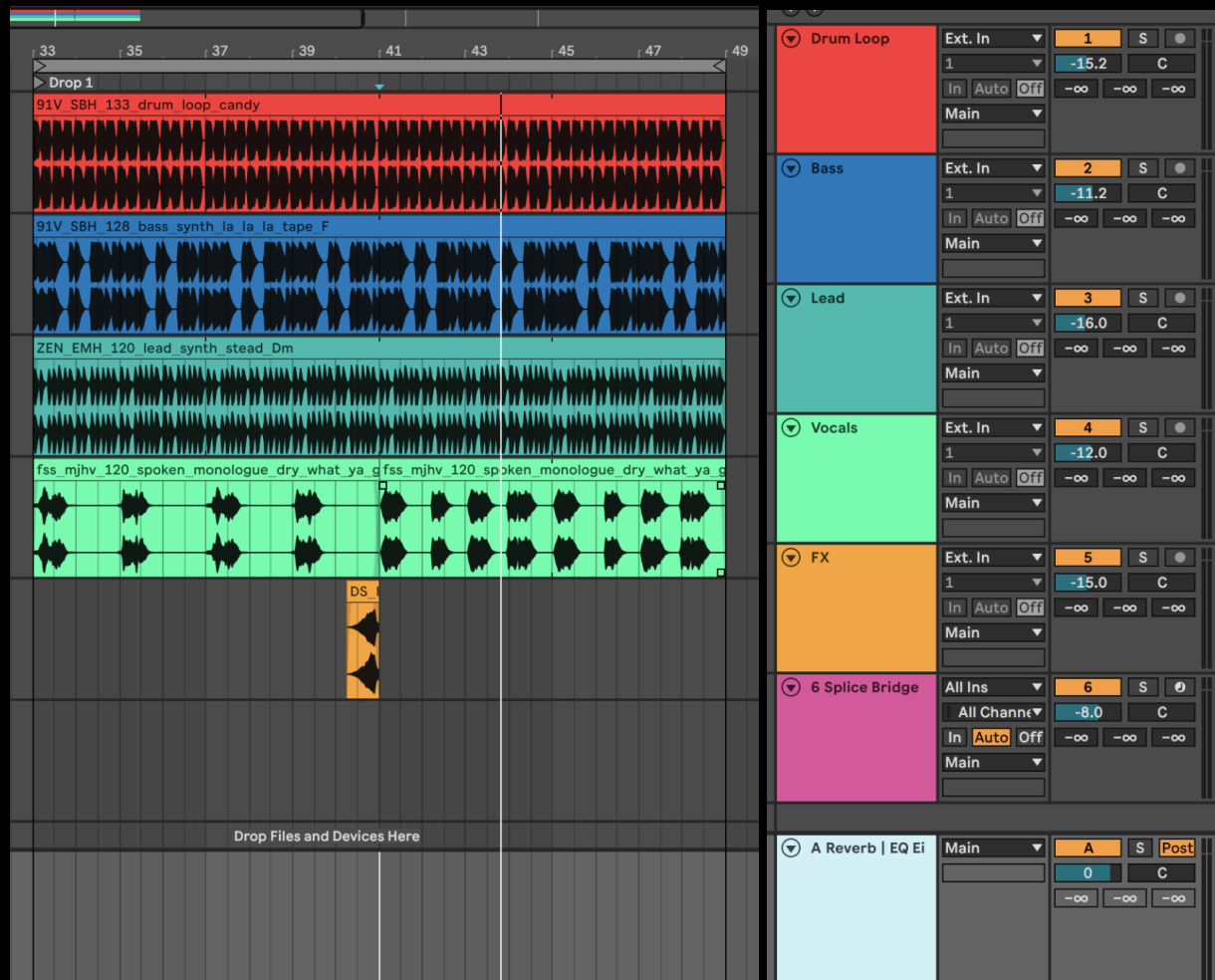
Jacob Flint Full Track to 16-Bar Loop ([Ableton Project Here](#))

Step 1: Write Your 16-Bar Loop

Start with your main groove: drums, bassline, lead, vocal and FX.

Loop Length: 16 bars

Ableton Tip: Press  + Shift + L to loop the section.



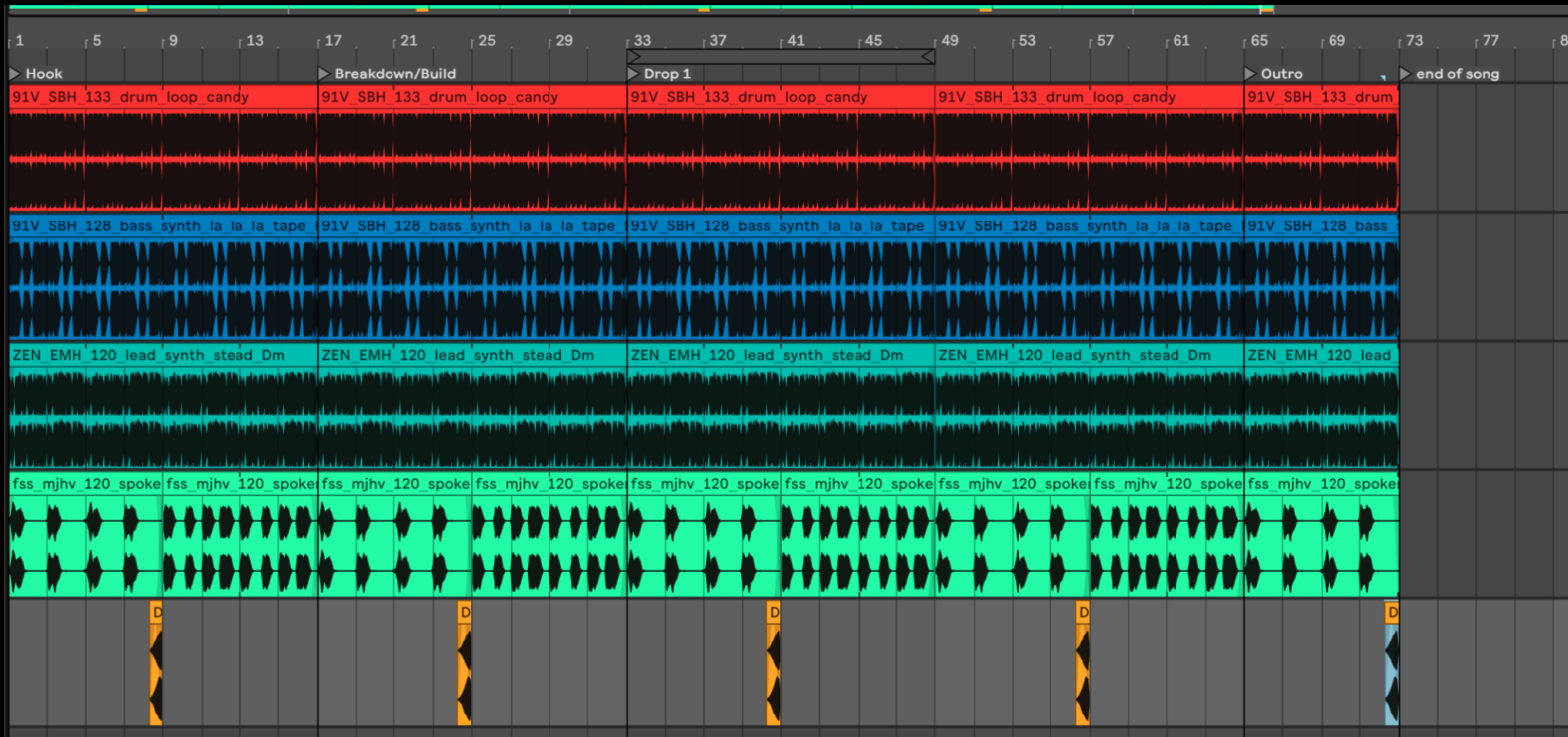
The screenshot displays the Ableton Live interface with a 16-bar loop setup. The main arrangement view on the left shows a timeline from 33 to 49 bars. A red clip labeled 'Drop 1' is active, containing five tracks: '91V SBH 133 drum_loop_candy' (red), '91V SBH 128 bass_synth_la_la_la_tape_F' (blue), 'ZEN EMH 120 lead_synth_steady_Dm' (teal), 'fss_mjvh 120 spoken_monologue_dry_what_ya_g' (green), and 'fss_mjvh 120 spoken_monologue_dry_what_ya_g' (green). A small orange clip labeled 'DS' is visible in the timeline. The right sidebar shows the mixer with six tracks: 'Drum Loop' (red), 'Bass' (blue), 'Lead' (teal), 'Vocals' (green), 'FX' (orange), and '6 Splice Bridge' (pink). Each track has a volume fader and a solo button. The 'A Reverb | EQ Ei' track is also visible at the bottom.



Step 2: Duplicate the Loop for 2 Minutes

Use the shortcut to duplicate your full loop until it fills around 2 minutes.

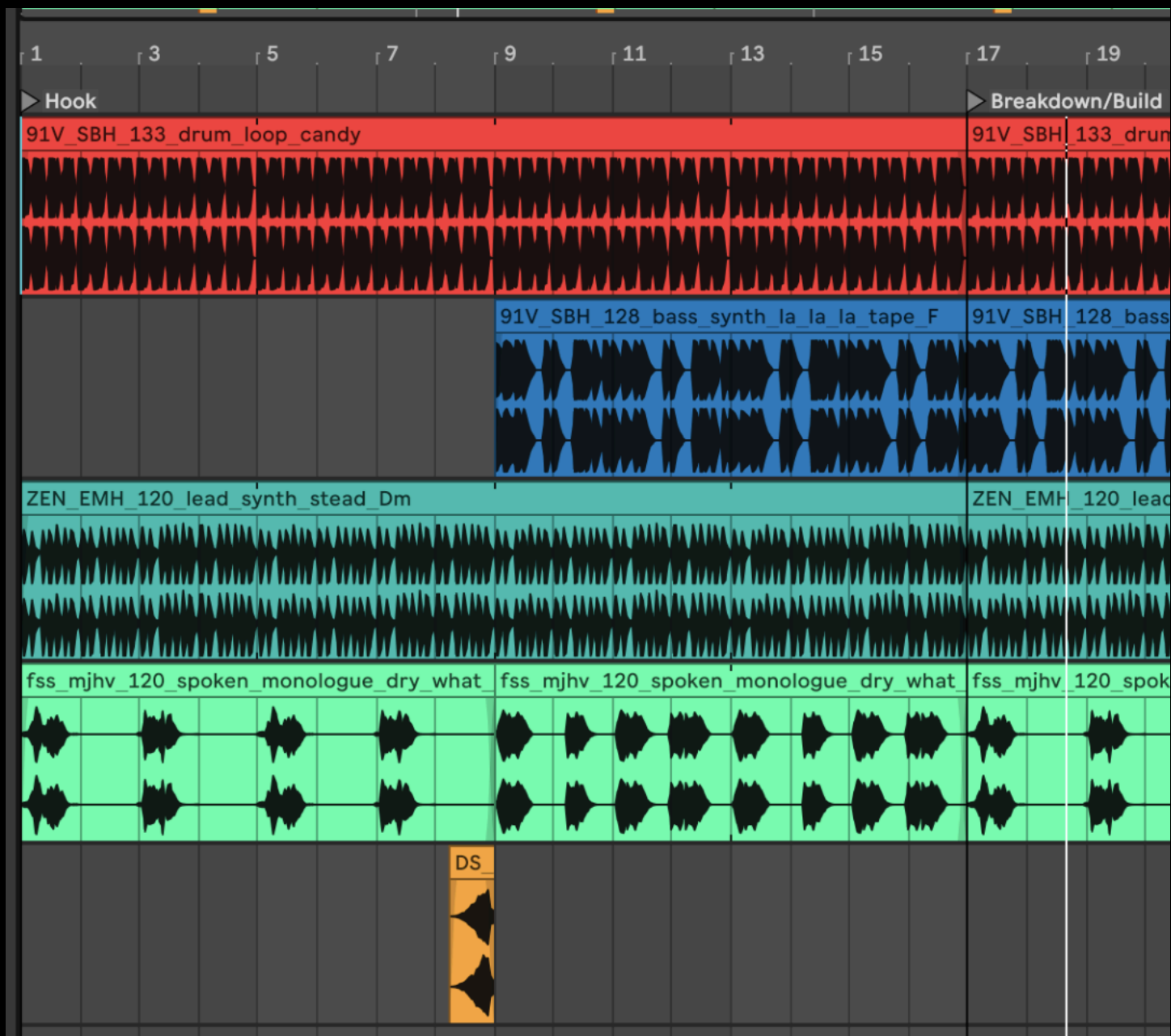
- **Shortcut:** **⌘ + Shift + D** (Duplicate time selection)
- Press 4 times to go from 16 bars → 32 → 64 Bars (~2 min at 128 BPM)



Step 3: Create the Intro

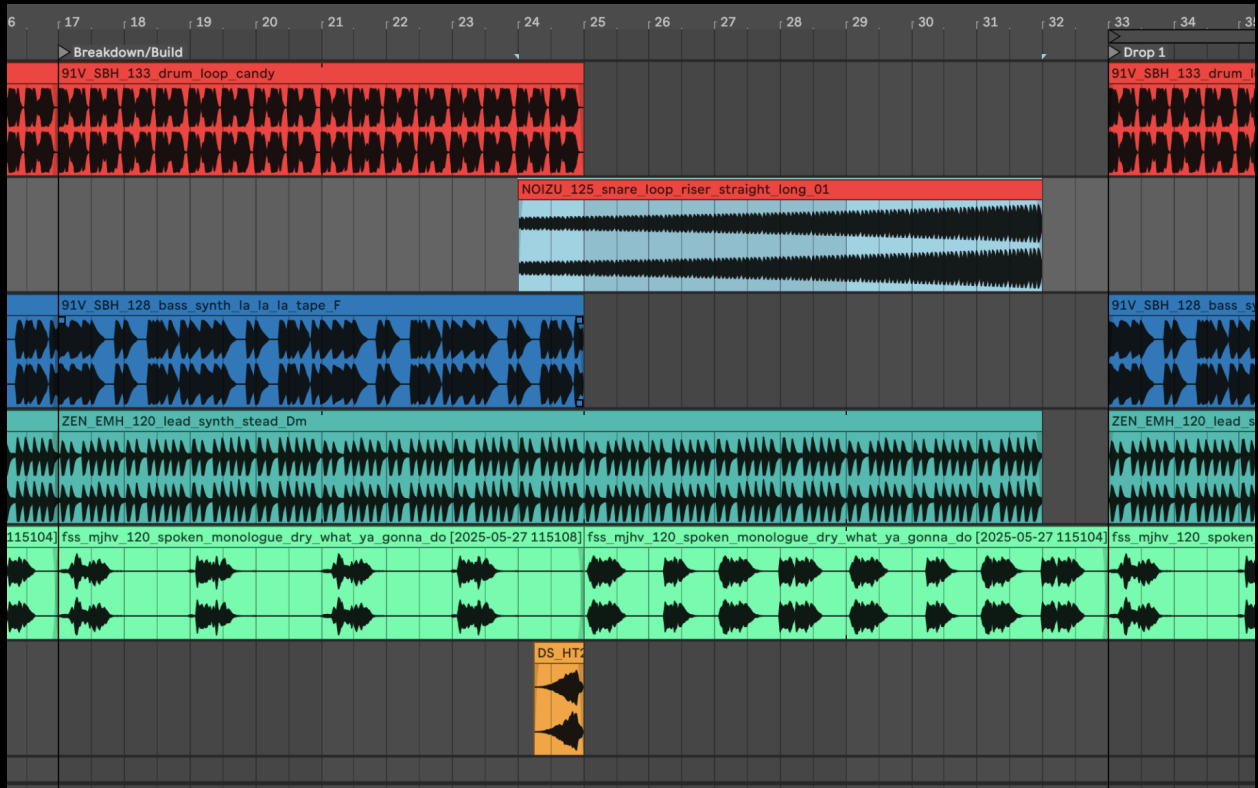
Try removing just the bass for the intro, or play around with different things but the key is to introduce the groove

- Start with just kick, vocal, lead
- Add FX or risers if needed.



🥁 Step 4: Create Build/Drop

Grab a snare riser from splice or your favorite sample pack

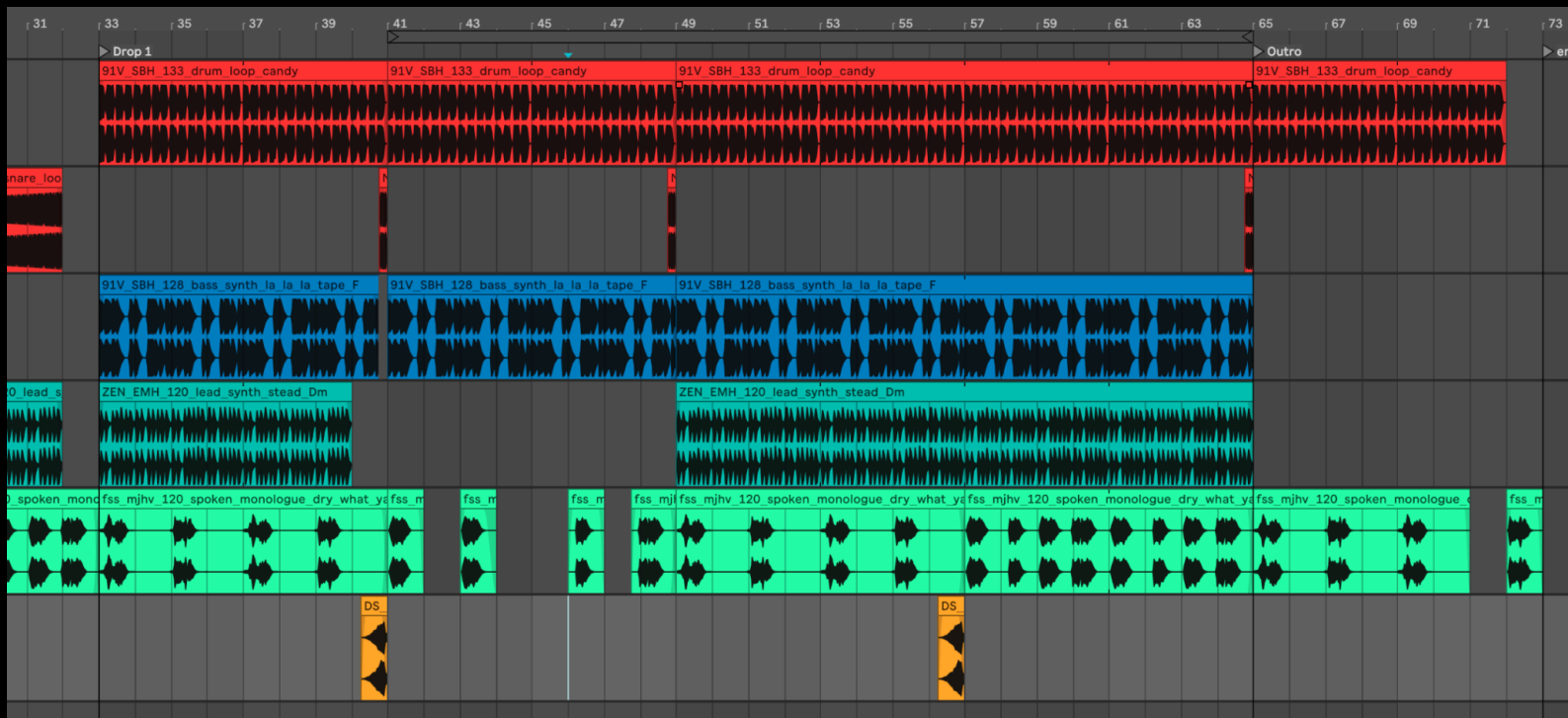


Arrange the clips similarly to how I've done it below, if you can have a bar of nothing but the hook before the drop and you'll be in good shape.



Step 5: Core Part of the song + Outro

So we've now made around 32 bars of music which is 1 minute at 128BPM. We need the rest of the song to have some variation like the intro and the build had. Try removing some of the vocals, remove the lead for a little, add a snare fill etc. Check out the screenshot below.



If you have any questions feel free to reach to me over email at iamjacobflint@gmail.com or insta <https://instagram.com/iamjacobflint>