



NEAL'S YARD REMEDIES

ISSUE 25 | SPRING 2021

Next level skincare

FRANKINCENSE INTENSE™
HYDRATING ESSENCE

80%

AGREE THEIR SKIN
LOOKS BRIGHTER*

NEW



CLINICALLY PROVEN. CERTIFIED ORGANIC

*Based on a consumer trial with 100 women after 2 weeks using Frankincense Intense™ Hydrating Essence

Dear friends,

There's no denying that the new year hasn't exactly got off to the best of starts – but with spring now upon us, it certainly feels as if brighter days are coming.

It's an exciting year for us here at Neal's Yard Remedies, as we celebrate 40 years of natural and organic health and wellbeing. And, whilst recent events mean we can't celebrate how we'd intended to, we've still got plenty of plans to mark the occasion... stay tuned for more news, soon!

In this issue, we're delighted to unveil two new additions to our collection – our skin-quenching superstar, **Frankincense Intense™ Hydrating Essence** and our blissfully relaxing **Beauty Sleep Shower Oil** – we really hope you'll love them just as much as we all do.

Whether you've just discovered Neal's Yard Remedies, or you've been with us a while, we wanted to thank you for being on this incredible journey with us – from humble beginnings in a quiet corner of Covent Garden, to the global community we have today, we couldn't be more grateful for your support. It really does mean the world to us.

Wishing you all the best,

Anabel & Barnabas

Anabel and Barnabas Kindersley
Co-owners of Neal's Yard Remedies

OUR VALUES

DO GOOD

At Neal's Yard Remedies we use natural and organic ingredients, which are free from harmful chemicals.

We test on willing humans and we have never tested on animals.

We are dedicated to trading ethically and we always treat people fairly.

We are an independent family business and we pay our fair share of tax.

FEEL GOOD

We campaign for great causes to protect this beautiful planet.

We tread lightly on the earth to ensure our environmental footprint is as gentle as can be.

LOOK GOOD

We do all these things so you can feel good and look good naturally.



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Planet friendly beauty since 1981

Our mission to support people's health and wellbeing starts with the very first seed, long before our ingredients arrive at our eco factory. We work closely with our suppliers and have built strong, lasting relationships with growers who use organic, fair trade and wild-harvesting practices. From our Save the Bees campaign to having one of the UK's largest collections of organic health and beauty products certified by the Soil Association, we will continue to actively seek ways to reduce the impact our business has on the environment. Together, we will help protect our beautiful planet for a sustainable future.



Susan Morris

Co-CEO of Neal's Yard Remedies

Favourite product: Frankincense Intense™ Age-Defying Cream

It seems almost unbelievable that we're celebrating our 40th anniversary this year – forty years of natural and organic health and wellbeing, forty years of championing sustainability – and of course, forty years of building the most amazing wellbeing community. I count myself as incredibly fortunate to be part of a brand that cares so deeply about people, and our wonderful planet. I couldn't be prouder!





Briony Batchelor

Formulation Co-ordinator & Cosmetic Regulatory Officer

Favourite product: Aromatic Foaming Bath

I started as a formulation intern whilst studying for my masters degree in Cosmetic Science and have stayed with the company since. In the last 3 years, I've been involved in a lot of new product development, especially our collection for sensitive skin. I love the quality of our products, the ingredients and the packaging, and after working on them for months, it's such a special moment to see the final products go on the shelf.



Suzanne Colston-Lynch

Head Of Training & Team Leader

Favourite product: Organic Frankincense Essential Oil

When I joined Neal's Yard Remedies almost 13 years ago, it immediately felt like home. As an experienced holistic therapist and skincare expert, I brought my love for all things natural and organic to create and teach the workshops for our staff and consultants. It's not a job, it's a lifestyle and we're part of a family and community, which is why I have so much passion for what I do. In an ever-changing world, Neal's Yard Remedies has been a constant and consistent voice in ethical wellbeing and I'm excited about what we'll achieve next.



Susan Curtis

Senior Brand Ambassador

Favourite product: Seaweed & Arnica Foaming Bath

From my first trip sourcing organic lavender essential oil from Provence in the mid-1980s to helping establish a more sustainable supply of frankincense from Oman, for over 30 years I've been passionate about making a difference by trading ethically. Our aim has always been to enhance the lives of harvesters, while adding value to the land in which they live and work and source the highest quality ingredients. I'm extremely proud of the work we do to achieve this.



Kerry Chaplen

Head of UK Home Operations

Favourite product: Wild Rose Beauty Balm

What I love best is the passion felt by everyone who works here and we're making a difference to the planet and supporting communities across the world – it's more than just a job.

I'm fortunate to have worked at our Dorset office in the past, and I was surprised to see how much we'd grown – from the warehouse expansion to the on-site store – our eco factory and organic gardens are just beautiful, and such an inspiring place to work.

Our gift to you

If you're passionate about natural, organic and ethical beauty, then why not host an event? You'll have a great time, enjoy some lovely rewards – and could discover a fantastic new career. Gather your friends and family online or in person to share the ways ethical beauty can benefit them and the planet in the comfort of your home.



You'll also enjoy free and half price shopping

| Value of event sales | FREE host shopping | Half price host shopping (host pays half) |
|---------------------------------------|--------------------|---|
| £150 | £25 | - |
| £195 | £25 | £30 |
| £250 | £40 | £40 |
| £300 | £40 | £60 |
| £350 | £50 | £70 |
| £400 | £60 | £80 |
| £450 | £80 | £90 |
| £500+ | £100 | £100 |
| Every £100 sales over £500 up to £900 | £30 | £20 |



“Events bring me such joy! Whether it's over Zoom or in person, there's nothing better than hearing customers say, “That's just what I needed today!” or, “I've had the best sleep in years!” - what can be more satisfying than that?”

**Michelle Denning,
Independent Consultant**



Earn extra income

Become part of a team that believes in you, supports you and helps you lead the life you love.

There's never been a better time to join our family with people just like you...

Parents, recent graduates, beauty and holistic therapists, entrepreneurs and party planners.

5 steps to being the perfect host

Your Independent Consultant will be with you every step of the way to ensure you enjoy a successful event. They will advise how many friends you should invite, how to set up your event and help you select your FREE Host Gift.

1 Choose the date for your Neal's Yard Remedies event

2 Contact your Independent Consultant*

3 Invite a few friends

4 Capture orders from friends unable to make your event

5 Sit back and enjoy your event with help from your Independent Consultant

HOST GIFT

Enjoy a free gift when you host an event.

Choose two from:

Rose & Pomegranate Foaming Bath 100ml

Wild Rose Body Lotion 100ml

Beauty Sleep Shower Oil 100ml

Seaweed & Arnica Foaming Bath 100ml

For a limited time only.

Subject to availability.

Customer Favourites

Whether it's the first handcrafted cleanser that hit our make-shift shelves in 1981 or the uplifting aromas of an indulgent hand wash, it's the finest natural and organic, ethically sourced ingredients that go into every blue bottle that makes us different.

[ingredient spotlight]

Organic calendula
Calendula officinalis

Origin: Dorset, England

Within the acres of organic gardens at our eco factory in Dorset, we grow rows upon rows of golden calendula. Handpicked in the sunshine, the peppery scented flower heads are quickly preserved in our onsite tincture unit to ensure that the beneficial resin that their petals produce is captured at its peak. Over the summer months, we'll harvest 2-3 times every week, picking over 350 kilos of calendula to produce one tonne of calendula tincture per year.

1 **Calendula CLEANSER**
Gently cleanses DRY & SENSITIVE SKIN
RICH SKIN-CONDITIONING PLANT OILS COMBINED WITH SOOTHING CALENDULA. APPLY WITH COTTON WOOL AND RINSE WITH WARM WATER
100 g 3.53 oz net wt.
MADE IN ENGLAND • NO PARABENS • NO SILICONES • NO PHthalates

2 **Reviving White Tea FACIAL MIST**
Hydrates and soothes
With antioxidant-rich white tea and organic aloe vera
ALL SKIN TYPES
45 ml 1.52 fl.oz
MADE IN ENGLAND

3 **Geranium & Orange HAND WASH**
Leaves hands FRESH, clean and gorgeously scented
BRIGHT, CHEERFUL ORANGE AND SWEET, CALMING GERANIUM ARE BLENDED IN A GENTLE COCONUT OIL BASE TO CREATE A JOYFUL PICK-ME-UP EVERY TIME YOU WASH YOUR HANDS
200 ml 6.76 fl.oz
MADE IN ENGLAND

[ingredient spotlight]

Organic geranium*Pelargonium graveolens***Origin: Democratic Republic of the Congo**

Our balancing geranium is handpicked in DR Congo, giving local people income security and empowering life skills. The certified fair trade and organic plantation provides employment for more than 250 workers, including many mothers affected by the civil war. Fair trade premiums have helped provide access to healthcare and a school fee fund for the workers' children.



4



5



6

[ingredient spotlight]

Organic frankincense*Boswellia neglecta, Commiphora confusa, Boswellia sacra***Origin: Kenya & Oman**

Our Kenyan frankincense is gathered by the women of the Samburu tribe who gain an income from collecting the highly valued resin. We use the first certified organic frankincense from Oman, which we support through our innovative Project Frankincense campaign.

1. CALENDULA**CLEANSER**

£17 / 100g / 0010

2. REVIVING WHITE TEA**FACIAL MIST**

£13 / 45ml / 0880

3. GERANIUM & ORANGE**HAND WASH**

£12.50 / 200ml / 0185

4. REJUVENATING**FRANKINCENSE****FACE MASK**

£31 / 50ml / 0027

5. REJUVENATING**FRANKINCENSE****EYE & LIP SERUM**

£26 / 10ml / 0502

6. REJUVENATING**FRANKINCENSE****HYDRATING CREAM**

£30 / 50g / 0716

Next level skincare

The step in your beauty routine you didn't know you were missing... until now.

Clinically proven to hydrate skin for up to 24 hours, treat your skin to a luxurious layer of hydration with our new **Frankincense Intense™ Hydrating Essence** - the perfect pre-serum prep for flawless skin.

Add to your **Frankincense Intense™** routine for the ultimate age well ritual.

**“It makes my
skin feel supple
and alive”**

Sara
consumer trial participant
for **Frankincense Intense™**
Hydrating Essence

NEW

80%

AGREE THEIR SKIN
LOOKS BRIGHTER*



**1. FRANKINCENSE INTENSE™
CLEANSING MELT**
£38 / 100ml / 3548

**2. FRANKINCENSE INTENSE™
HYDRATING ESSENCE**
£42 / 100ml / 3549

**3. FRANKINCENSE INTENSE™
HAND TREATMENT SERUM**
£30 / 50ml / 2419

Age well, stress less

We all recognise that feeling under stress can impact our wellbeing in many different ways but it's less well known that it also affects how our skin ages.

In a stressful time, our body releases the fight or flight hormones, adrenalin and cortisol, which help prep our body to get out of danger. Part of this involves 'turning off' non-essential body processes - including natural cleansing, rejuvenation and repair, and even digestion. Whilst this may be fine now and then, long-term it may impact the youthfulness of our skin.

With this in mind, it makes sense that supporting ourselves with natural remedies, diet and lifestyle choices when feeling under stress will have a positive impact on our skin too.

1. FRANKINCENSE INTENSE™ AGE-DEFYING SERUM

£65 / 30ml / 2417

2. FRANKINCENSE INTENSE™ AGE-DEFYING EYE CREAM

£45 / 15g / 2430

3. FRANKINCENSE INTENSE™ AGE-DEFYING CREAM

£55 / 50g / 0701

4. FRANKINCENSE INTENSE™ LIFT SERUM

£75 / 30ml / 2381

5. FRANKINCENSE INTENSE™ LIFT EYE CREAM

£55 / 15g / 2415

6. FRANKINCENSE INTENSE™ LIFT CREAM

£65 / 50g / 2384

[ingredient spotlight]

Organic frankincense
Boswellia sacra

Origin: Oman

During harvesting season, around 20 experienced collectors make small cuts in the bark of *Boswellia sacra* trees releasing the milky sap, which is left to harden in the sun. After about 14 days, the collectors return and slice the resin. These 'pearls' are taken to a local distillery where they're steamed to extract the precious oil.

SAVE 15%
WHEN YOU BUY THE
RITUAL. SPEAK TO
YOUR INDEPENDENT
CONSULTANT FOR
FULL DETAILS*



Reclaim your natural radiance

Our skin responds to the life we lead, with internal and external factors affecting its healthy-looking glow. Eating sensibly, avoiding excessive sun exposure and using skincare and body products to slow down the damaging effects of oxidation, all help.



[ingredient spotlight]

Organic rosehip
Rosa canina

Origin: Serbia

Handpicked from the hillsides of south eastern Serbia, peak harvesting season provides an invaluable income to around 100 local people. The certified FairWild organic rosehip oil, produced using cold-pressed rosehip seeds, is the key ingredient in our **Wild Rose Beauty Balm**.

Wild Rose ritual

Get your glow with our step-by-step guide for an at-home pamper

1

EXFOLIATE

Once in the shower, massage **Rehydrating Rose Facial Polish** and **Wild Rose Body Polish** onto your face and body then rinse away.



2

HEAD-TO-TOE HYDRATION

Apply **Wild Rose Shower Oil** to wet skin and massage until the oil transforms into a creamy lather.

3

MASK

Once out of the shower, pat your skin dry and smooth **Wild Rose Beauty Balm** onto your face, avoiding your eye area.

4

MOISTURISE

Massage **Wild Rose Body Lotion** or **Wild Rose Dry Body Oil** into the skin on your body using upward stroking motions.

5

TREATMENT

Remove the **Wild Rose Beauty Balm** with a damp muslin cloth, and massage 2-3 pumps of **Wild Rose Serum** for a targeted radiance boost to finish.

Suzanne Colston-Lynch
Head Of Training & Team Leader



1. WILD ROSE BEAUTY BALM
£40 / 50g / 2362

2. WILD ROSE SOAP
£6.50 / 100g / 1033

3. WILD ROSE BODY POLISH
£22.50 / 150ml / 0884

4. WILD ROSE SHOWER OIL
£25 / 200ml / 0796

5. WILD ROSE BODY LOTION
£21.50 / 200ml / 0842

6. WILD ROSE BEAUTY SERUM
£45.50 / 30ml / 2440

7. WILD ROSE DRY BODY OIL
£35 / 100ml / 0886

8. WILD ROSE HAND CREAM
£10 / 50ml / 2370

Sleeping beauty

Sleep has many functions, including giving our bodies time to restore, rejuvenate and overcome the effects of stress. While we generally need less as we age, the truth is that most of us just don't get enough good quality sleep.

Relax at bedtime after a busy day and rejuvenate your skin overnight for a youthful, healthy complexion using our top tips on how to get a good night's sleep.

Our top tips for getting a good night's sleep

HAVE A WARM BATH OR SHOWER 1-2 HOURS BEFORE SLEEP

Our core body temperature should naturally cool when it is time for sleep, so having a warm bath a couple of hours before bed not only promotes relaxation, the slow cooling of body temperature after the bath helps us to feel sleepy and encourages a good night's rest.

WORK WITH YOUR CIRCADIAN RHYTHMS

This internal process regulates our body including our sleep wake-cycle. Try to get your body in a routine of waking up the same time every morning to help regulate our natural rhythms and support your evening slumber.

AVOID TECHNOLOGY AND OVERSTIMULATION IN THE EVENING

Blue light from devices may affect the release of our sleep hormone melatonin, as it can make the body think it is still daylight. Devices can also overactivate your mind, making it more difficult to switch off for sleep.

BEAUTY SLEEP SHOWER OIL

Contains an intensely nourishing blend of skin-conditioning oils, clinically proven to moisturise skin for up to 24 hours.

NEW



| | | | |
|------------------------------|-----------------------------|----------------------------|--|
| 1. BEAUTY SLEEP SHOWER OIL* | 3. BEAUTY SLEEP BODY LOTION | 5. BEAUTY SLEEP SUPPLEMENT | 7. BEAUTY SLEEP BODY BUTTER |
| £19.50 / 200ml / 1666 | £22 / 200ml / 2425 | £26.50 / 60 caps / 4787 | £23 / 200g / 0088 |
| 2. BEAUTY SLEEP FOAMING BATH | 4. BEAUTY SLEEP CONCENTRATE | 6. GOODNIGHT PILLOW MIST | 8. QUIET TIME ROSE & LIME FLOWER TEA** |
| £15.50 / 200ml / 0837 | £35 / 30ml / 0063 | £15 / 45ml / 0356 | £4 / 18 bags / 8356 |



Our continuing quest to help support bees

Bees are vital to the health of wild habitats and commercial crops alike, but bee populations are in serious decline across the globe. The good news is that you support the bees every time you buy a product from our **Bee Lovely** collection.



**1. BEE LOVELY
HAND CREAM**
£10 / 50ml / 2391

**2. BEE LOVELY
ALL OVER BALM**
£27 / 50g / 2385

**3. BEE LOVELY
HAND WASH**
£12.50 / 295ml / 2401

**4. BEE LOVELY
BODY LOTION**
£21.50 / 295ml / 2402

**5. BEE LOVELY
BATH & SHOWER GEL**
£14 / 295ml / 0168

**6. BEE LOVELY
BODY BUTTER**
£23 / 200g / 2411

**7. BEE LOVELY
BEAUTIFUL LIPS**
£6.50 / 15g / 2407

Natural defence for the whole family

Inspired by our best-selling **Organic Defence Aromatherapy Blend**, our cleansing collection of sprays, soaps, washes and creams has been specially created with you in mind. Expertly formulated with a purifying blend of organic niaouli, lemongrass and witch hazel, they're the perfect hygiene heroes for you, your family - and your pocket.



1. DEFEND & PROTECT HAND WASH

£7 / 185ml / 1080

2. DEFEND & PROTECT HAND LOTION

£8 / 185ml / 1090

3. NATURAL DEFENCE HAND RUB*

£5.75 / 40ml / 1045C

4. DEFEND & PROTECT HAND CREAM

£6 / 50ml / 1101

5. DEFEND & PROTECT BODY WASH

£9 / 200ml / 1085

Naturally nourish dry skin

As the weather begins to warm, it's tricky to know if your skin is dry (lacking in oil) or dehydrated (lacking in water). If your skin is dry, it will respond best to deeply moisturising products, such as our **Nourishing Orange Flower collection**. If your skin is dehydrated, it will respond well to lighter formulas, like our **Rehydrating Rose collection** (page 20).

1. HONEY & ORANGE FACIAL SCRUB
£18 / 75g / 0052

2. NOURISHING ORANGE FLOWER TONER
£16 / 200ml / 0311

3. ORANGE FLOWER FACIAL WASH
£17 / 100ml / 0042

4. NOURISHING ORANGE FLOWER NIGHT CREAM
£25 / 50g / 0561

5. ORANGE FLOWER FACIAL OIL
£26 / 30ml / 0552

6. NOURISHING ORANGE FLOWER DAILY MOISTURE
£25 / 100ml / 0569

7. ORGANIC BEAUTY OIL
£14.50 / 200ml / 0560



[ingredient spotlight]

Organic orange flower *Citrus aurantium*

Origin: Morocco

Sourced from Morocco our orange flower essential oil – also known as neroli – is distilled from the blossom of a single Seville orange grove at the foot of the Atlas Mountains. Harvested by a team of 40 local women, the blossom is handpicked in the morning and dropped onto mats for collection, before being expertly distilled the same afternoon, ensuring consistently high-quality oil.



TIP

Nourish your skin from within

Eating plenty of vitamin A and E-rich foods, such as butternut squash, kale and spinach, as well as omega-9 fats will keep your skin healthy and naturally nourished.



SAVE 15%
WHEN YOU BUY THE
RITUAL. SPEAK TO
YOUR INDEPENDENT
CONSULTANT FOR
FULL DETAILS*

Balance your skincare with the seasons

As we age, skin becomes more fragile and our skin becomes more dehydrated. This, coupled with a busy lifestyle can cause skin to become more affected by external factors, such as tiredness, pollution and seasonal changes that can dull its appearance.

Switch-up your routine to rehydrate skin for a more luminous complexion. Plus, don't forget to drink plenty of water to keep your skin fresh and hydrated.

1. ROSE FACIAL WASH
£17 / 100ml / 0046

2. REHYDRATING ROSE DAILY MOISTURE
£25 / 100ml / 0570

3. ROSE FORMULA ANTIOXIDANT FACIAL MASK
£26.50 / 50g / 0066

4. ROSE FORMULA HYDRATING EYE CREAM
£24 / 10ml / 0557

5. REHYDRATING ROSE TONER
£16 / 200ml / 0314

6. REHYDRATING ROSE FACIAL POLISH
£18 / 100g / 0048

7. REHYDRATING ROSE FACIAL OIL
£26 / 30ml / 2346

8. SUPER ANTIOXIDANT BOOST SUPPLEMENT
£17.50 / 60 caps / 5430



WHICH CLEANSER IS RIGHT FOR YOU?

If you prefer something light, try our **Rehydrating Rose Facial Wash**, followed by **Rehydrating Rose Toner** to boost your skin's hydration. If you prefer a rich, conditioning cleanse, try our **Frankincense Intense™ Cleansing Melt** on p10.

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The secret to beautifully balanced skin

1

REHYDRATING ROSE TONER

Toners help to give you an extra boost of hydration after cleansing as well as removing the last traces of impurities from the skin.

2

ROSE FORMULA HYDRATING EYE CREAM

The first place that can show dehydration is the eye area, this light and silky eye cream helps to smooth the appearance of dehydration lines.

3

SUPER ANTIOXIDANT BOOST

Dehydrated skin can sometimes appear lacklustre, this synergistic blend of nutrient and antioxidants helps to give the skin a boost from the inside and help to protect cells from oxidative stress.

Find a balance

It's often tricky to balance oily skin, which can be exacerbated by using the wrong skincare products for your skin type. Oily skin is the result of your body producing an excess amount of sebum (the skin's natural oils), and it's always tempting to use products that will 'dry' these oils out.

However, this will trigger your body to amp up its production of sebum to replace the oils you're stripping – making your skin worse. Bring balance back to your skin with a simple cleanse, tone and moisturise routine using products that address your specific skincare concerns.

TIP

TIPS FOR CLEAR SKIN

Inner health: Support a balanced gut microbiome with probiotics, which contain good gut bacteria, and fermented foods like miso, tempeh and kimchi.

Outer beauty: Choose a natural mineral-based make-up rather than a heavy foundation to help prevent blocked pores.

1. PURIFYING PALMAROSA FACIAL WASH

£17 / 100ml / 0014



2. PURIFYING PALMAROSA FACIAL POLISH

£18 / 100g / 0080



3. PURIFYING PALMAROSA DAILY MOISTURE

£25 / 100ml / 0572





SAVE 15%
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Routine for problem skin

Use a light foaming facial wash followed by a purifying toner to balance, refresh and hydrate the skin.

Don't shy away from using a moisturiser - pick one that's calming and hydrating with a mattifying finish.

Target blemishes with a separate treatment to calm skin and keep it under control.

Complete your routine with a mattifying serum to reduce excess shine throughout the day.

4. PURIFYING PALMAROSA TONER

£16 / 200ml / 0326

5. CLARIFYING MAHONIA SKIN GEL

£16.50 / 10ml / 0035

6. PURIFYING PALMAROSA FACE MASK

£26.50 / 50g / 0068

7. YARROW & COMFREY MOISTURISER

£22 / 50g / 0538

Soothing saviours sensitive skin

Sensitive skin isn't technically a skin type – it's a skin condition which anyone can have. For instance, you can have combination skin that's prone to break-outs that's also sensitive. Susceptible to stresses such as harsh skincare products, hectic lifestyles and environmental factors, sensitive skin needs a little TLC every single day to help keep it feeling comfortable and conditioned.

CHOOSE SENSITIVE SOOTHING

For a fragrance-free, certified organic skincare routine, ideal for your everyday. Formulated with a soothing blend of organic borage and aloe vera, with edelweiss flower and liquorice extracts, skin will feel refreshed, cooled and conditioned.



**1. SENSITIVE SOOTHING
CLEANSING MILK**
£17 / 185ml / 0789

**2. SENSITIVE SOOTHING
MOISTURISER**
£25 / 100ml / 0787

**3. SENSITIVE SOOTHING
SERUM**
£35 / 30ml / 0791

CHOOSE SENSITIVE

For a performance-led skincare routine with clinically proven results. Ideal to use when your skin is feeling particularly stressed, our **Sensitive collection** has been formulated to replenish moisture, restore balance, and smooth and plump fine lines and wrinkles to help your skin look and feel its beautiful best.



**4. SENSITIVE
RESTORE + SMOOTH
SERUM**
£55 / 30ml / 1052



**5. SENSITIVE
COMFORT + HYDRATE
MICELLAR CLEANSER**
£28 / 200ml / 1050



**6. SENSITIVE
REPLENISH + BALANCE
MOISTURISER**
£45 / 50ml / 1051

TIP

Foods plentiful in antioxidants support a healthy circulatory system, useful if you're prone to flushing - look for bright pigments in fruits and vegetables.

Perfect products for precious skin

Until our little one's reach the age of two, their delicate skin is up to 20-30% times thinner than our own, making it ultra-sensitive and prone to dryness. Using extra gentle ingredients without unnecessary chemicals helps to nourish and protect without stripping away the all-important protective barrier that's constantly developing until your child reaches the age of four.

1. ORGANIC BABY BALM*

£11 / 50g / 1655

2. ORGANIC BABY BODY LOTION*

£14.50 / 200ml / 1647

3. BABY BATH & SHAMPOO*

£8.50 / 200ml / 1640

4. ORGANIC BABY MASSAGE OIL*

£7.50 / 50ml / 1648

5. ORGANIC BABY PURE BABY OIL*

£7.50 / 50ml / 1649

6. BABY BARRIER CREAM*

£8 / 100g / 1657

7. ORGANIC BABY POWDER*

£9.50 / 100g / 1665



1



2



3



4



5



6



7



WHY WE USE GENTLE ESSENTIAL OILS IN SOME PRODUCTS

When formulating our Mother & Baby collection, we use the gentlest of essential oils in some of the products. For babies, adding calming lavender and soothing chamomile is the perfect aroma to help relax, yet gentle enough for their delicate skin. For mums and mums-to-be, using comforting florals, such as neroli and ylang ylang help to beautifully uplift for an enhanced sense of wellbeing. All of our products are safety tested, and **Organic Baby Balm**, **Organic Pure Baby Oil** and **Mother's Balm** are all essential oil-free for those looking for an unfragranced product.

CLINICALLY PROVEN

Mother's Balm increases skin's firmness and elasticity.**



8. MOTHER'S BALM
£20 / 120g / 1663

9. MOTHER'S MASSAGE OIL
£19.50 / 100ml / 1661

10. PREGNANCY SUPPLEMENT
£17.50 / 60 caps / 5415

11. MOTHER'S BATH OIL
£15 / 100ml / 1660

12. ORGANIC BABY SOAP[†]
£6.50 / 100g / 0150



^{**}After 30 days use, when applied twice daily

[†]Product details correct at time of going to print but may be subject to change



The perfect self-care ritual for men

Maintain healthy-looking skin and energise your senses with our **For Men** collection. There's no need to revolutionise your routine - keep it simple and under a few minutes.

1. PURIFYING FACE WASH

£17 / 100ml / 0448

2. REVITALISING FACE SCRUB

£18 / 100g / 0453

3. CLOSE SHAVE CREAM

£16 / 140ml / 0450

4. COOLING AFTERSHAVE BALM

£22.50 / 50ml / 0451

5. AGE-DEFYING MOISTURISER

£35 / 50ml / 0449

6. INVIGORATING HAIR & BODY WASH

£15.50 / 200ml / 0452

7. MEN'S HEALTH SUPPLEMENT

£16.50 / 60 caps / 5414

8. COLOGNE

£28 / 50ml / 0456

SAVE 15%
WHEN YOU BUY THE
RITUAL. SPEAK TO
YOUR INDEPENDENT
CONSULTANT FOR
FULL DETAILS*



1

BATH

Add a generous sprinkle of **Seaweed & Arnica Bath Salts** to a warm bath, sink in and relax into the mineral-rich and restorative blend of ingredients.

2

EXFOLIATE

Massage **Revitalising Face Scrub** into skin with warm water and leave on for a few minutes. The kaolin clay will act as a mini mask drawing out impurities.

3

SHAVE

The heat of the bath softens bristles, making it easier to shave. Exfoliating once a week will help keep skin smooth and prevent ingrown hairs.

4

SOOTHE

For post-shave comfort, smooth **Cooling Aftershave Balm** onto dry skin. If your skin's delicate, try **Sensitive Restore & Smooth Serum** (p25), which can be kept in the fridge.

Wellbeing at home

Enhance your wellbeing naturally with our elegant essential oil diffusers, paired with your favourite aromatherapy blend.



1. OSKA AROMA DIFFUSER
£75 / 9411

2. LIV USB AROMA DIFFUSER
£38 / 6895

3. SOTO AROMA DIFFUSER
£55 / 9293

DIFFUSER CARE

We advise rinsing the tank of your diffuser after each use. For more information on caring for your diffuser please visit our website.

5. MAYA DIFFUSER
£60 / 9419

Support your wellbeing with aromatherapy

Extracted from natural, wild harvested and organically grown flowers, leaves, bark, and berries, our 100% pure essential oils can help to uplift, revive and relax you.



BERGAMOT
(ORGANIC)

£11 / 10ml / 2161



**CHAMOMILE
ROMAN**

£18.50 / 10ml / 2236



ESSENTIAL OILS BOOK

£16.99 / 7862



EUCALYPTUS
(ORGANIC)

£6 / 10ml / 2180



FRANKINCENSE
(ORGANIC)

£19.50 / 10ml / 2237



GRAPEFRUIT
(ORGANIC)

£7.50 / 10ml / 2165



LAVENDER
(ORGANIC)

£9.50 / 10ml / 2032



LEMON
(ORGANIC)

£7.50 / 10ml / 2183



MANDARIN

£8 / 10ml / 2168



ORANGE
(ORGANIC)

£7 / 10ml / 2171



PEPPERMINT

£8 / 10ml / 2172



ROSEMARY
(ORGANIC)

£11.50 / 10ml / 2176



TEA TREE
(ORGANIC)

£8.50 / 10ml / 2267

Our full collection of essential oils and aromatherapy blends is available online.

Enhance your wellbeing

Expertly blended by our talented team of aromatherapists from pure, wild-harvested and organic essential oils, our blends are the perfect addition to your diffuser to create an aromatherapeutic sanctuary, wherever you are.



CALMING

£13.50 / 10ml / 2710

DE-STRESS

£13.50 / 10ml / 2713

FOCUS

£13.50 / 10ml / 2709

MEDITATION

£17.50 / 10ml / 2240

NIGHT TIME

£15.50 / 10ml / 2711



OPTIMISM

£15.50 / 10ml / 2712

ORGANIC DEFENCE

£13.50 / 10ml / 0114

VITALITY

£13.50 / 10ml / 2714

WOMEN'S BALANCE

£15.50 / 10ml / 2720

REMEDIES TO ROLL
COLLECTION

£28 / 4 x 9ml / 7173

WOMEN'S
BALANCE
£8 / 9ml / 2748MEDITATION
£8 / 9ml / 2749NIGHT TIME
£8 / 9ml / 2802RELAXATION
£8 / 9ml / 2805STUDY
£8 / 9ml / 2804ENERGY
£8 / 9ml / 2801TRAVEL
£8 / 9ml / 2803

Calling all therapists

If you're a therapist or holistic practitioner, why not expand your customer base and grow your range of products with a trusted health and beauty brand? If you love our natural and organic products, join us to receive 25% off and earn money selling products you're passionate about.

OUR INDEPENDENT CONSULTANTS ENJOY:

- Low start-up cost
- No minimum orders
- Free training and support
- Professional sizes
- Products to suit all clients and treatments
- We are pioneers in certified organic health and beauty, having been certified by the Soil Association since 1991
- Global pioneer in award-winning natural and organic health and beauty, with more than 300 outlets in 22 countries – and growing year on year.

1. ORGANIC ROSEHIP OIL £17.50 / 50ml / 1531

2. ORGANIC ALMOND OIL £12 / 100ml / 1520

3. DETOX TONING OIL £17 / 100ml / 1401

4. SOOTHING MASSAGE OIL £14 / 100ml / 1312

5. AROMATIC MASSAGE OIL £14 / 100ml / 1301

6. GRAPESSEED OIL £7.50 / 100ml / 1516

NOURISHING MASSAGE AND BASE OILS

Whether you prefer to use one of our pre-blended massage oils, infused with essential oils, or add your own to one of our fragrance-free base oils, we have a range of oils to create a unique aromatherapy blend and suit all massage needs.



Feel good gifts

Proof that the best things often come in small packages – spread joy with our beautiful gift collections. Each gift is crafted using natural and organic herbs, botanicals and essential oils for a truly indulgent gifting treat.



1. UPLIFTING GERANIUM & ORANGE HANDCARE COLLECTION
£28 / 3720

2. NURTURING HAND CREAM COLLECTION
£20 / 7340

3. GERANIUM & ORANGE REVIVING COLLECTION*
£30 / 7742

4. SOOTHING AROMATIC COLLECTION
£20 / 8560

Discover our full gifting collection with your Independent Consultant.

Invigorate your senses

Cleanse and refresh your skin with the beautiful botanicals in our shower gels and creams, which uplift as well as purify.

1. ENGLISH LAVENDER
BATH & SHOWER GEL
£14 / 200ml / 0843

2. CITRUS
SHOWER GEL
£14 / 300ml / 3613

3. GERANIUM & ORANGE
SHOWER GEL
£14 / 200ml / 0123

4. ROSEMARY &
ELDERFLOWER
SHOWER GEL
£14 / 200ml / 0116



Soak, relax & unwind

Calm your mind and ease weary limbs with a deeply relaxing soak, infused with our bath oils and foaming baths. With pure aromatherapy essential oils, they'll make your bathroom a sanctuary of relaxation.

1. SEAWEED & ARNICA FOAMING BATH

£15.50 / 200ml / 0120

2. AROMATIC FOAMING BATH

£15.50 / 200ml / 0902

3. GERANIUM & ORANGE FOAMING BATH

£15.50 / 200ml / 0838

Our full collection of bath & body favourites is available online.

1



2



3



Discover nature's first aid kit

Our organic herbal remedies harness the incredible power of herbs and make the perfect first aid kit for the whole family.

1. EUCALYPTUS PASTILLES*

£6 / 45g / 8287

2. STELLARIA CREAM

£7 / 30ml / 8276

3. LAVENDER & ALOE COOLING CREAM

£7 / 30ml / 8277

4. CALENDULA CREAM

£7 / 30ml / 8271

5. VITAMIN C BOOST SUPPLEMENT

£12.50 / 60 caps / 5421



HERBAL CREAMS

We've blended fresh organic plant extracts with nourishing vegetable and nut oils in these soothing household must-haves.

6. ORGANIC BEAUTY OIL
£14.50 / 200ml / 0560

7. ORGANIC ELDERBERRY SYRUP
£10 / 150ml / 8288

8. ORGANIC HONEY & THYME SYRUP

£10 / 150ml / 8289

9. WARMING SALVE
£10 / 45g / 8252

10. ARNICA SALVE
£10 / 45g / 8250

11. EUCALYPTUS SALVE
£10 / 45g / 8253

12. VITAMIN B SUPPLEMENT
£15 / 60 caps / 5410

HERBAL SALVES

With organic essential oils and herbal extracts in organic beeswax, these offer potent plant power in a jar.



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Become part of our team of Independent Consultants, a team that believes in you, supports you and helps you lead the life you love. Be part of an ethical company with 40 years of success supporting organic, GM-free farming and trading fairly. Be confident and proud in selling natural and organic beauty and wellbeing that you believe in.

Our starter kit contains everything you need to begin your very own success story. Including a selection of our best selling, award-winning, natural and organic products, business tools, and a free personalised website.

START
YOUR OWN
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FOR JUST
£95



REBALANCE

Choose the hours that work around you and your family.

RECHARGE

Have fun, inspire others and grow your own successful business.

RELAX

Devote more time to the things you enjoy most.

GETTING YOU STARTED

Enrich your life with a flexible, fun way to earn money, meet new people and grow your own business.

EARN EXTRA INCOME

With generous commissions and incentives, you'll see a healthy return.

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Be in control – work the hours that suit you, your family and your lifestyle.

SET YOUR OWN GOALS

It's your business – you set the pace and we'll support you all the way.

YOUR OWN WEBSITE

Get started in an instant with your own personalised website.

Disclaimer: do not be misled by claims that high earnings are easy to achieve. It is illegal for a promoter or a participant in a trading scheme to persuade anyone to make a payment by promising benefits from getting others to join a scheme.



Share your Age Well story
#AgeWellRevolution

The Age Well Revolution

Michelle Barker, Team Leader

A screenshot of a social media post. At the top, it says 'Share your Age Well story #AgeWellRevolution'. Below that is a photo of a woman with blonde hair and glasses, wearing a dark blazer over a red patterned top. The bottom of the post features the text 'The Age Well Revolution' in a stylized font. At the very bottom, there are icons for a house, a magnifying glass, a plus sign, a heart, and a gear.

CREATE YOUR OWN SUCCESS STORY

June 2017 saw me finally join Neal's Yard Remedies Organic – but only after I made my sister join first! I joined after falling in love with the products myself. I had been researching brands safe for my mum to use, and discovered they were also great for my daughter's eczema. My first purchase was the Bee Lovely Nourishing kit. I still love this range. I have a passion for learning so quickly emerged myself in webinars and as much training as I could access. I soon saw I had joined an amazing team of inspiring people who were all ordinary people earning whilst they enjoyed sharing the products with others. I wasn't really looking for a business when I signed up but that is exactly what I have now. Having the ability to work, raise a family and study is still what I talk about at any party or event. I was a slow starter, watching, practising, learning, and to be honest I still do this. 2020 was challenging for many reasons, but to have the flexibility to take this business online has allowed me to quickly grow my team and my business. I love sharing my passion with my little team and loved celebrating my promotion to Team Leader with them in December. I must give a special thank you to my Group Leader, whose passion and patience has seen me through some tough times. Together 2021 will be amazing.

Michelle Barker, Team Leader

Change your life today

There's never been a better time to join our Neal's Yard Remedies family, with people just like you...

- Parents looking for a flexible career • Students • Beauty and holistic therapists • Entrepreneurs • Party planners



SHOP

Enjoy our award-winning, luxury health and beauty range, with exclusive natural and organic Neal's Yard Remedies products, offers and expert advice.

SHARE

Now you've discovered a healthier way to look and feel great, share it with friends, customers and colleagues. You'll also receive generous rewards and free and half price shopping.

JOIN

Start your business today for as little as £95 and begin your very own success story.

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