std::launder, std::start_lifetime_as, and UB in reinterpret_cast

OR...type punning done right

Javier López-Gómez

using std::cpp, 2025-03-19

About me



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Summary of the last 5+ years (compilers-wise)...

- 2017–2020: PhD in Computer Science and Technology (ARCOS-UC3M)
 - Prototype implementation of C++ contracts (clang)
 - Research internship at CERN in 2019: Definition shadowing in the Cling C++ interpreter
- 2020–2023: Senior Fellow (SFT, CERN)
 - More Cling but also RNTuple and general contributions to the ROOT project
- 2024–(currently): Senior Compiler Engineer (Zimperium, Inc.)
 - Binary-to-binary obfuscation solution

C++ trivia (1)

Let's assume this type definition for MyType.

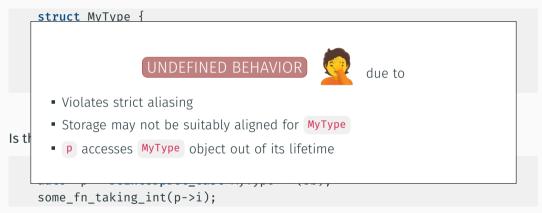
```
struct MyType {
   uint32_t i;
   float f;
};
static_assert(sizeof(MyType) == 8 && alignof(MyType) == 4);
```

Is this well-defined C++ or UB?

```
unsigned char b[]{0x00, 0x11, 0x22, 0x33, 0xff, 0x00, 0xff, 0x00};
auto *p = reinterpret_cast<MyType *>(&b);
some_fn_taking_int(p->i);
```

C++ trivia (1)

Let's assume this type definition for MyType.



C++ trivia (2)

Given the previous definition for MyType, again

Is this well-defined C++ or UB?

```
MyType foo{123, 42.0f};
auto *p = reinterpret_cast<unsigned char *>(&foo);
fn_doing_something_on_char_array(p, sizeof(MyType));
```

C++ trivia (2)



C++ trivia (3)

Given the previous definition for MyType, again

Is this well-defined C++ or UB?

C++ trivia (3)



Contents

- 1 Introduction
- 2 Types, layout, and lifetime
- 3 Strict Aliasing
- 4 Type Punning done right
- 5 Practical Case: (de-)serialization
- 6 Conclusion

Introduction

Definitions: ill-formed

Ill-formed [defns.ill.formed] [defns.well.formed]

3.26 [defns.ill.formed]

ill-formed program

program that is not well-formed (3.68)

[defns.well.formed]

well-formed program

C++ program constructed according to the syntax and semantic rules

Ill-formed, no diagnostic required: program is ill-formed, but no compiler diagnostic is required, e.g. different definitions for an inlined function.

Definitions: Undefined Behavior (UB)

Undefined behavior (UB) [defns.undefined]

3.65 [defns.undefined]

undefined behavior

behavior for which this document imposes no requirements

[Note 1 to entry: Undefined behavior may be expected when this document omits any explicit definition of behavior or when a program uses an incorrect construct or invalid data. Permissible undefined behavior ranges from ignoring the situation completely with unpredictable results, to behaving during translation or program execution in a documented manner characteristic of the environment (with or without the issuance of a diagnostic message (3.18)), to terminating a translation or execution (with the issuance of a diagnostic message). Many incorrect program constructs do not engender undefined behavior; they are required to be diagnosed. Evaluation of a constant expression (7.7) never exhibits behavior explicitly specified as undefined in Clause 4 through Clause 15. — end note]

Definitions: Type punning

- From Wikipedia¹: "In computer science, a type punning is any programming technique that subverts of circumvents the type system of a programming language in order to achieve an effect that would be difficult or impossible to achieve within the bounds of the formal language."
 - I.e., accessing underlying in-memory representation of an object of type Foo as a different type, Bar, e.g.



• Why? Useful for (de-)serialization, networking code, or calling legacy (C) library code.

¹Source: https://en.wikipedia.org/wiki/Type_punning

reinterpret_cast and UB

As we saw, some reinterpret_casts result in UB...

Q: Why, C++, why? 😟

A: TL;DR²: Can two pointers of **different types** really point to the **same object**? Compiler may optimize based on that!

^{2.} Thoro are more causes; but this is a pice summan.

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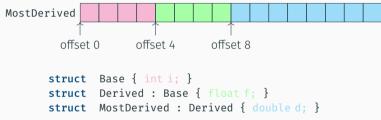
A: TL;DR²: Can two pointers of **different types** really point to the **same object**? Compiler may optimize based on that!

²There are more causes: but this is a nice summary.

Types, layout, and lifetime

A quick reminder

- C++ has fundamental + compound types (arrays, pointers, classes...)
 - Class types have base subobjects and member subobjects



Types have size and alignment!

A quick reminder

C++ has fundamental + compound types (arrays, pointers, classes...)

- Standard-layout [class.prop]: TL;DR
 - All non-static members defined in same class
 - All non-static members are also standard-layout
 - No virtual
- POD: standard-layout + trivial
- Types Have Size and auginnent:

- Storage Duration ≠ Lifetime!
- Storage Duration: static, thread_local, automatic, dynamic

Lifetime starts...

[intro.object], par. 1

6.7.2 Object model

[intro.object]

The constructs in a C++ program create, destroy, refer to, access, and manipulate objects. An *object* is created by a definition (6.2), by a *new-expression* (7.6.2.8), by an operation that implicitly creates objects (see below), when implicitly changing the active member of a union (11.5), or when a temporary object is created (7.3.5, 6.7.7). An object occupies a region of storage in its period of construction (11.9.5), throughout its lifetime (6.7.4), and in its period of destruction (11.9.5).

- Storage Duration ≠ Lifetime!
- Storage Duration: static, thread_local, automatic, dynamic

Lifetime ends...

[basic.life], par. 2.3–2.5

as described in 20.2.10.2. The lifetime of an object o of type T ends when:

- if T is a non-class type, the object is destroyed, or
- if T is a class type, the destructor call starts, or
- the storage which the object occupies is released, or is reused by an object that is not nested within o (6.7.2).

```
using T = std::vector<int>;
void *p = ::aligned alloc(alignof(T), sizeof(T));
static cast<T*>(p)->push back(101); // UB!
```

```
using T = std::vector<int>;
void *p = ::aligned alloc(alignof(T), sizeof(T));
static cast<T*>(p)->push back(101); // UB!
auto v1 = new (p) T(); // -\
v1->push back(42); // |- v1 vector lifetime
         // _/
v1->\sim T();
v1->push_back(102); // UB!
```

```
using T = std::vector<int>;
void *p = ::aligned alloc(alignof(T), sizeof(T));
static cast<T*>(p)->push back(101); // UB!
auto v1 = new (p) T(); // -\
v1->push back(42); // |- v1 vector lifetime
v1->\sim T();
        // _/
v1->push back(102); // UB!
auto v2 = new(p) T(); // -
v2->push back(123); // |- v2 vector lifetime
         // _/
v2->\sim T():
v2->push_back(103); // UB!
::free(p);
```

```
using T = std::vector<int>;
void *p = ::aligned alloc(alignof(T), sizeof(T));
               Accessing an object out of its lifetime is UB...
                         ...even for trivial types!
v2->push_back(103);
                             UB!
::free(p);
```

Implicit Lifetime (C++20)

Per C++20, objects may be created implicitly if it avoids UB...

Listing 1: UB before C++20 (taken from P0593R6)

```
struct X { int a, b; };
X *make_x() {
    X *p = (X*)malloc(sizeof(struct X)); // C++20: implicitly create X
    p->a = 1;
    p->b = 2;
    return p;
}
```

Implicit Lifetime (C++20)

Per C++20, objects may be created implicitly if it avoids UB...

Listing 2: UB before C++20 (taken from P0593R6)

```
struct X { int a, b; };
X *make_x() {
    X *p = (X*)malloc(sized)
    p->a = 1;
    p->b = 2;
    return p;
}
```

Implicit Lifetime (C++20)

Per C++20, objects may be created implicitly if it avoids UB...

Happens in many places; remarkably:

- Memory allocation functions, incl. malloc()
- memcpy() and memmove()
- std::bit_cast()

X

Alignment Requirements

Alignment determines which base addresses are legal for a data type.

```
E.g. assuming sizeof(int) == 4 and alignof(int) == 4
```

- An int may be at offset 0, 4, 8, etc.
- But not at offset 3

Alignment Requirements



Padding / Packing

In order to ensure alignment, compiler may insert padding bytes

```
struct X {
   unsigned char c;
   int i; /// <<<< Padding inserted before 'i'
};</pre>
```

- Value of padding bytes is unspecified...
- Packed structure: do not include padding. Compiler-specific

Strict Aliasing

Strict Aliasing rule

- Aliasing: more than one name (pointer / reference) refers to same address.
- Strict Aliasing: only pointers of the same type can point to the same object.

[basic.lval], par. 11

- 11 An object of dynamic type T_{obj} is type-accessible through a glvalue of type T_{ref} if T_{ref} is similar (7.3.6) to:
- (11.1) T_{obj},
- (11.2) a type that is the signed or unsigned type corresponding to $T_{\rm obj}$, or
- (11.3) a char, unsigned char, or std::byte type.

If a program attempts to access (3.1) the stored value of an object through a glvalue through which it is not type-accessible, the behavior is undefined. If a program invokes a defaulted copy/move constructor or

A very obvious example

```
int fn(int *i, float *f) {
  (*i)++;
  *f = 3.1415f;
  return *i;
// Optimizer assumes value of '*i' can't be changed by assigning '*f'
int main(int argc, char *argv[]) {
  int a = 1;
  return fn(&a, reinterpret cast<float *>(&a));
```

A very obvious example

```
int
                                                       See in Godbolt
       fn(int*, float*):
              push
                     rbp
              mov
                      rbp, rsp
                      qword ptr [rbp - 8], rdi
              mov
                      gword ptr [rbp - 16], rsi
                                                                      fn(int*, float*):
              mov
              mov
                      rax, gword ptr [rbp - 8]
                                                                                         eax, dword ptr [rdi]
                                                                               mov
                      ecx, dword ptr [rax]
              mov
                                                                               inc
                                                                                         eax
              add
                      ecx. 1
                      dword ptr [rax], ecx
                                                                                         dword ptr [rdi], eax
              mov
                                                                               mov
              mov
                      rax, gword ptr [rbp - 16]
int
                                                                                         dword ptr [rsi], 1078529622
                                                                               mov
                      xmm0, dword ptr [rip + .LCPI0 0]
              movss
                                                                               ret
                      dword ptr [rax], xmm0
              movss
              mov
                      rax, gword ptr [rbp - 8]
                                                                                            (-02)
                      eax, dword ptr [rax]
              mov
                      rbn
              pop
              ret
                              (-00)
```

A not-so-obvious example

```
BSD sockets: sockaddr vs. sockaddr_in
```

Q: Strict aliasing violation (Y/N)? 🤦

```
struct sockaddr_in addr_in;

addr_in.sin_addr.s_addr = INADDR_ANY;
addr_in.sin_port = htons(8080);

// Violates strict aliasing ??
bind(sockfd, reinterpret_cast<struct sockaddr *>(&addr_in), sizeof(addr_in));
```

Type Punning done right

Possible (or not) approaches for type punning

People that type-pun, usually take one of the following approaches:

- Based on union
- Using reinterpret_cast (sometimes combined w/ std::launder)
- Use of memcpy()
- std::bit_cast
- std::start_lifetime_as

Some of them lead to UB in C++ (but otherwise correct in C)

Possible (or not) approaches for type punning

People that type-pun, usually take one of the following approaches:

You should also be aware of...

- sizeof(char), sizeof(int), etc., are platform-dependent.
 - Use fixed-width integer types (e.g. uint32_t) if appropriate
- ISO C++ requires CHAR_BIT to be \geq 8; POSIX requires it to be == 8

Some of them lead to **UB in C++** (but otherwise correct in C)

union-based

From [class.union.general]: at most one non-static member is active; accessing non-active members of a union is UB!³. ⁴

```
union {
  unsigned char c[sizeof(int)];
  int i;
} u{ 0xff00ff00 }; // active member is 'i'

u.c[0]; // UB!
```

IN GENERAL: DON'T! – It's legal in C, though

³Accesses object whose lifetime has not begun.

⁴Exception on next slide.

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⁴Exception on next slide.

union-based: THE ONLY EXCEPTION

BUT THERE'S ONE EXCEPTION!

[class.union.general], p. 2, Note 1 says...

[Note 1: One special guarantee is made in order to simplify the use of unions: If a standard-layout union contains several standard-layout structs that share a common initial sequence (11.4), and if a non-static data member of an object of this standard-layout union type is active and is one of the standard-layout structs, the common initial sequence of any of the standard-layout struct members can be inspected; see 11.4. — end note]

union-based: THE ONLY EXCEPTION

```
Again BSD sockets: sockaddr and sockaddr_in have a common prefix
BUT
      union {
        struct sockaddr addr;
[cla
        struct sockaddr in addr in:
[No]
                                                                              ains
      };
seve
                                                                              an
obje
                                                                              tial
      addr in.sin addr.s addr = INADDR ANY;
sequ
      addr_in.sin_port = htons(8080);
      // See also [class.mem.general], p. 29.
      bind(sockfd. &addr. sizeof(addr in)):
```

reinterpret_cast-based

reinterpret_cast<T>(obj) is guaranteed to be safe if

- Pointer-interconvertible [basic.compound], p. 5:
 - ⁵ Two objects a and b are pointer-interconvertible if
 - (5.1) they are the same object, or
 - (5.2) one is a union object and the other is a non-static data member of that object (11.5), or
 - (5.3) one is a standard-layout class object and the other is the first non-static data member of that object or any base class subobject of that object (11.4), or
 - (5.4) there exists an object c such that a and c are pointer-interconvertible, and c and b are pointer-interconvertible.
- Cast-to type is one of
 - char, unsigend char or std::byte
 - decltype(obj) (or its signed / unsigned type)

reinterpret_cast-based

rei

- Don't do reinterpret_cast<float *>(&an_int) (violates strict aliasing)
- But even reinterpret_cast<unsigned char *>(&something) is not totally right
 - A unsigned char [] object is not within its lifetime!^a
 - P1839R7 is supposed to fix that
 - What about std::as_bytes / std::as_writable_bytes then?



Key idea: pay attention to your reinterpret_casts; they are most likely UB (strict aliasing)!

^aMost compilers will do the right thing, but it's still UB!

object or

pointer-

std::launder: w00t?

std::launder iS...

- According to cppreference.com:
 Devirtualization fence with respect to p. Returns a pointer to an object at the same address that p represents, while the object can be a new base class subobject whose most derived class is different from that of the original *p object.
 Formally, given
- According to ISO C++ wording: a pointer optimization barrier

17.6.5 Pointer optimization barrier

[ptr.launder]

```
template<class T> constexpr T* launder(T* p) noexcept;
```

- Preconditions: p represents the address A of a byte in memory. An object X that is within its lifetime (6.7.4) and whose type is similar (7.3.6) to T is located at the address A. All bytes of storage that would be reachable through (6.8.4) the result are reachable through p.

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 17.6.5 Pointer optimization

[ptr.launder]

template<class T> constexpr T* launder(T* p) noexcept;

- 1 Mandates: !is_function_v<T> && !is_void_v<T> is true.
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std::launder: pointer provenance

- Pointer ≠ MemoryAddress; an address is just the value of a pointer.
- In C++, a pointer points to an object. The compiler can make assumptions on the pointee.

Instead, think of a pointer as a pair

⟨address, provenance⟩

where provenance determines which values can be reached through the pointer.

- Money laundering: concealing the origin of money
- Pointer laundering: update the provenance of a pointer, i.e. remove any assumptions on the pointee

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■ Pre-conditions:

17.6.5 Pointer optimization barrier [ptr.launder]

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Useful when replacing an object (reusing storage) that had const members or references

Pointer laundering: update the provenance of a pointer, i.e. remove any assumptions on the pointee

std::launder: Example 1

```
uint32_t i = 42;
float *fp = reinterpret_cast<float *>(&i);

new (static_cast<void *>(&i)) float(12.34f);

// std::cout << *fp << std::endl; // UB! 'fp' doesn't point to a '
    float' object

std::cout << *std::launder(fp) << std::endl; // OK;</pre>
```

std::launder: Example 2

```
struct MvStruct {
  const float f:
};
MyStruct obj{12.34f};
MyStruct *p = &obj;
std::cout << "f=" << p->f << std::endl;
new (static cast<void*>(p)) MvStruct{3.1415f};
std::cout << p->f << std::endl; // ????
std::cout << std::launder(p)->f << std::endl; // OK</pre>
```

memcpy() over (representation of) different object

```
uint32 t i = 42:
float f;
memcpy(&f, &i, sizeof(uint32 t)); // OK
unsigned char c[sizeof(uint32_t)];
memcpy(c, &i, sizeof(uint32_t)); // Also OK
```

Strict-aliasing [V]

Alignment regs. [V]

Lifetime [V]



memcpy() over (representation of) different object

uint32_t
$$i = 42;$$

memcpy() is optimized out where possible by major compilers



std::bit_cast

std::bit_cast [bit.cast], p. 1-2

22.11.3 Function template bit_cast

[bit.cast]

template<class To, class From>
 constexpr To bit_cast(const From& from) noexcept;

Constraints:

- sizeof(To) == sizeof(From) is true;
- is_trivially_copyable_v<To> is true; and
- is_trivially_copyable_v<From> is true.

Returns: An object of type To. Implicitly creates objects nested within the result (6.7.2). Each bit of the value representation of the result is equal to the corresponding bit in the object representation of from. Padding bits of the result are unspecified. For the result and each object created within

std::bit_cast: Example

```
float f = 42.0f;
auto c = std::bit_cast<std::array<unsigned char, sizeof(float)>>(f);
// Use the 'c' array
```

Strict-aliasing [V]

Alignment reqs. [🔽]

Lifetime [V]

std::bit_cast: Example

- (Very) roughly speaking: ISO-CPP-blessed for the previous memcpy()
- It's constexpr; optimized out where possible See in Godbolt
- Note: std::bit cast<SomeType *> () is simply WRONG! (P0476R1)

std::launder, std::start_lifetime_as, and UB in reinter

std::start_lifetime_as(C++23)

- Explicit lifetime management (C++23)
- Starts lifetime of an object of the given type at the given address
 - Underlying object representation is preserved

```
uint32_t i = 42;
float *f = std::start_lifetime_as<float>(&i);
std::cout << *f << std::endl; // OK</pre>
```

std::start_lifetime_as(C++23)

- Recall the strict aliasing rule! No pair of objects of different type can be at same address!
 - Thus, accessing i becomes UB!

```
uint32_t i = 42;
float *f = std::start_lifetime_as<float>(&i);

std::cout << *f << std::endl; // OK
std::cout << i << std::endl; // UB!
std::start_lifetime_as<int>(&i);

std::cout << i << std::endl; // Still UB!
std::cout << *std::launder(&i) << std::endl; // OK</pre>
```

std::start_lifetime_as (C++23)

- Recall the strict aliasing rule! No pair of objects of different type can be at same address!
 - Thus, accessing i becomes UB!

```
uint32_t i = 42;
float *f = std::start_lifetime_as<float>(&i);

std::cout << *f << std::endl; // OK
std::cout << i << std::endl; // UB!
std::start_lifetime_as<int>(&i);

std::cout << i << std::endl; // Still UB!
std::cout << i << std::endl; // Still UB!</pre>
```

In brief...

Punning via ... is ...

- Based on union X(note the exception)
- Using reinterpret_cast
 - Pointer-interconvertible: <a>✓
 - To char-like type: [Cast [] [Deref ?]
 - Rest: X
- Using std::as_bytes / std::as_writable_bytes (C++20)
- Use of memcpy() <a>✓
- std::bit_cast
- std::start_lifetime_as 🔽

What if C + + < xx

If $C + + \le 23...$

- Taking into account P0593R6, it may be implemented by using the special properties of memmove()
- The compiler infers the type of the object whose lifetime starts

If $C + + \le 20...$

- For std::bit_cast : consider possible impl. described in
- Or...just use memcpy()

Practical Case: (de-)serialization

Introduction to serialization (1)

Serialize: lay out an in-memory data structure as a sequence of bytes.

Note that...

- A type can have nested pointers / references
- sizeof(int), sizeof(long), etc. can vary depending on target^a

```
static_cast(sizeof(char) == 1); // ??
static_cast(sizeof(int) == 4); // ??
```

- Differences in machine endianness
- Types require alignment (+ maybe padding)

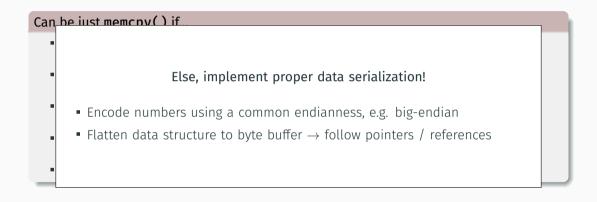
a See, e.g. ILP32, LLP64 models.

Introduction to serialization (2)

Can be just memcpy() if...

- Data structure is trivially copiable
- No pointers / references to other data structures
- Uses fixed-width types, e.g. uint32_t
- Machine boundary is never crossed (e.g. IPC)
- Alignment is satisfied on de-serialization

Introduction to serialization (2)



Example

Let's consider this simple data structure

```
struct Foobar {
   uint64_t l64;
   uint32_t i32;

   static size_t Serialize(const Foorbar& obj, unsigned char *buf);
   static Foobar Deserialize(const unsigned char *buf);
};
```

Example: machine boundary NOT crossed: '(de-)serialize'

```
size_t Foobar::Serialize(const Foorbar& obj, unsigned char *buf) {
   memcpy(buf, &obj, sizeof(Foobar));
}

Foobar Foobar::Deserialize(const unsigned char *buf) {
   Foobar ret;
   memcpy(&ret, buf, sizeof(Foobar));
   return ret;
}
```

Example: machine boundary NOT crossed: '(de-)serialize'

Padding bytes are unspecified. If you care, avoid this!.

Example: machine boundary crossed: (de-)serialize

```
size t Foobar::Serialize(const Foorbar& obj. unsigned char *buf) {
 buf += SerializeUInt64(obj.l64. buf);
 buf += SerializeUInt32(obj.i32, buf);
Foobar Foobar::Deserialize(const unsigned char *buf) {
 Foobar ret:
 buf += DeserializeUInt64(buf. obj.164);
 buf += DeserializeUInt32(buf, obj.i32);
 return ret;
```

Example: machine boundary crossed: (de-)serialize

Example of UInt32 little-endian (de-)serialization

```
size t SerializeUInt32(uint32 t i, unsigned char *buf) {
  bytes[0] = (i & 0 \times 0000000 ff);
 bvtes[1] = (i & 0x0000ff00) >> 8;
 bytes[2] = (i & 0x00ff0000) >> 16;
  bvtes[3] = (i & 0xff000000) >> 24;
  return 4:
size_t DeserializeUInt32(unsigned char *buf, uint32_t& i) {
  i = std::uint32_t(buf[0]) + (std::uint32_t(buf[1]) << 8)
    + (std::uint32_t(buf[2]) << 16) + (std::uint32_t(buf[3]) <<
       24);
  return 4;
```

Summary

As a rule of thumb

- standard-layout / POD + machine boundary not crossed (ever) \rightarrow copy + start lifetime on receiving end
- Rest: implement proper serialization!

See also: Doost Serialization

Conclusion

Ideas to take home

About reinterpret_cast

- Most of its uses are UB; don't do it unless you are absolutely sure!
- Even reinterpret_cast<char *> is not well-defined, but it works in practice
- Use std::bit_cast or std::start_lifetime_as if available

Type punning is only okay if...

- It doesn't break the strict aliasing rule
- Only accesses bytes reachable through the original pointer
- Complies to the alignment requirements of the type
- The accessed object is within its lifetime
- NO unions, please!
- Implement proper serialization where appropriate!

Other Resources

- 1. The ISO C++ standard (working draft): https://github.com/cplusplus/draft
- 2. JTC1/SC22/WG21 P0593R6: https://www.open-std.org/jtc1/sc22/wg21/docs/papers/2020/p0593r6.html
- 3. JTC1/SC22/WG21 P0476R1:
 https://www.open-std.org/jtc1/sc22/wg21/docs/papers/2016/p0476r1.html
- 4. JTC1/SC22/WG21 P3292R0: https://www.open-std.org/jtc1/sc22/wg21/docs/papers/2024/p3292r0.html
- 5. JTC1/SC22/WG21 P1839R7: https://www.open-std.org/jtc1/sc22/wg21/docs/papers/2025/p1839r7.html
- 6. https://en.cppreference.com/w/cpp/numeric/bit_cast
- 7. https://en.wikipedia.org/wiki/64-bit_computing#64-bit_data_models
- 8. https://www.kernel.org/doc/html/latest/core-api/unaligned-memory-access.html

Thank you!



[Link to slides used in this presentation]

1. Paragraphs from the ISO C++ standard have been cited verbatim from the working draft.

Backup

A very obvious example

```
int fn(int *i, float *f) {
                I did not say this - but it's here just for completeness
      -fno-strict-aliasing option (GCC / clang) may help
      Useful for legacy codebases or when you really (really!) know what you
        are doing
int

    □ arch/arm64/kernel/vdso32/Makefile

    Linux kernel uses it, e.g. in
```

Type-based Alias Analysis (TBAA)

Alias analysis based on the type system of a high level language.

```
LLVM-specific, from | Ilvm/lib/Analysis/TypeBasedAliasAnalysis.cpp
```

- Scalar TBAA: alias analysis on fundamental datatype, regardless of where it appears.
- Struct-path aware TBAA: analysis takes into account base type (struct), access type (leaf, fundamental type), and its offset.

If you are interested, read the very clear 100+ code comment in there!