DOCUMENT

Var aos= ["mom","js"," Malayalam"," html"," CSS"," dad"];
Output: ["mom", "dad"," Malayalam"]
Using for/while and do-while loop
FOR;

```
let aos = ["mom", "js", "Malayalam", "html", "CSS", "dad"];
 let result = [];
for (let i = 0; i < aos.length; i++) {
 if (aos[i] == "mom" || aos[i] == "dad" || aos[i] == "Malayalam") {
result.push(aos[i]);
}
}
console.log(result);
```

WHILE;

```
let aos = ["mom", "js", "Malayalam", "html", "CSS", "dad"];
let result = [];
let i = 0;
while (i < aos.length) {
if (aos[i] == "mom" || aos[i] == "dad" || aos[i] == "Malayalam") {
result.push(aos[i]);
}
i++;
 }
console.log(result);
```