Prayer for Blessing of an Item (with Holy Wateralso prayer used when decommissioning an item)
"I, as head of the household, command any and all evil attached or present to this (name item) to be banished, cast away and no longer affect this (name item). (sprinkle #1) In the name of the Father, (sprinkle #2) and The Son, (sprinkle #3) and the Holy Spirit."
Then: 1) Break, burn and bury any item with an evil influence.
2) This prayer can be used to bless items prior to being brought into the home, such as item bought from a garage sale, large chain stores, etc. (There have been cases where demons driving obsessions, such as hoarding, have been expelled with the consistent practice of blessing all items coming into the home.)
Prayer of Command by Spouses (Husband over wife OR Wife over husband's body)
By the Authority given to me by the sacrament of matrimony, I bless you,, flesh of my flesh, bone of my bone, and I cast from this one-flesh union any and all evil spirits. In the name of the Father, and the Son, and the Holy Spirit. Amen
Father's Prayer of Blessing over His Child (while placing hands on child's head)
I, your father, bless you in the name of the Father, God almighty, and by the authority given to me by

God almighty over you, do hereby cast any and all evil spirits from you. In the name of the Father, and the Son, and the Holy Spirit. Amen

Mother's Prayer of Blessing over Their Child (even if spouse is absent due to death or divorce....his office is honored.)

By the authority given to me by your father, given to him by God Almighty over you, I, your mother, bless you in the name of the Father, and the Son, and the Holy Spirit. Amen