

Workout Application

- Program prompts users to enter their height, weight, and age. This will be the first thing we do in our program
- After the user inputs the personal information, and the program stores it asks what the user wants to workout...
 - Back/Abs
 - Chest
 - Shoulders
 - Biceps
 - Triceps
 - Legs
 - Cardio
- Within the categories, Show the different exercises that the user can do.
- If the user wants to burn a certain amount of calories on the treadmill, have a converter for how long to run at a certain speed.
- Have a stopwatch for the back/abs section.
- We will have a stopwatch implemented into the program so the user can time their exercises.

Date	Goals	Completions
4/3-4/9	Home page (ask user for height, weight, and age)	Nick does this
4/10-4/23	Workout options; user picks between muscle groups, list of workouts of chosen group	James does Biceps, Chest, Shoulders, and Triceps Nick does Legs, Cardio, and Back/Abs
4/24-4/30	Implementing application to Qt	Both Nick and James add their part to QT
5/1	PROJECT DUE	