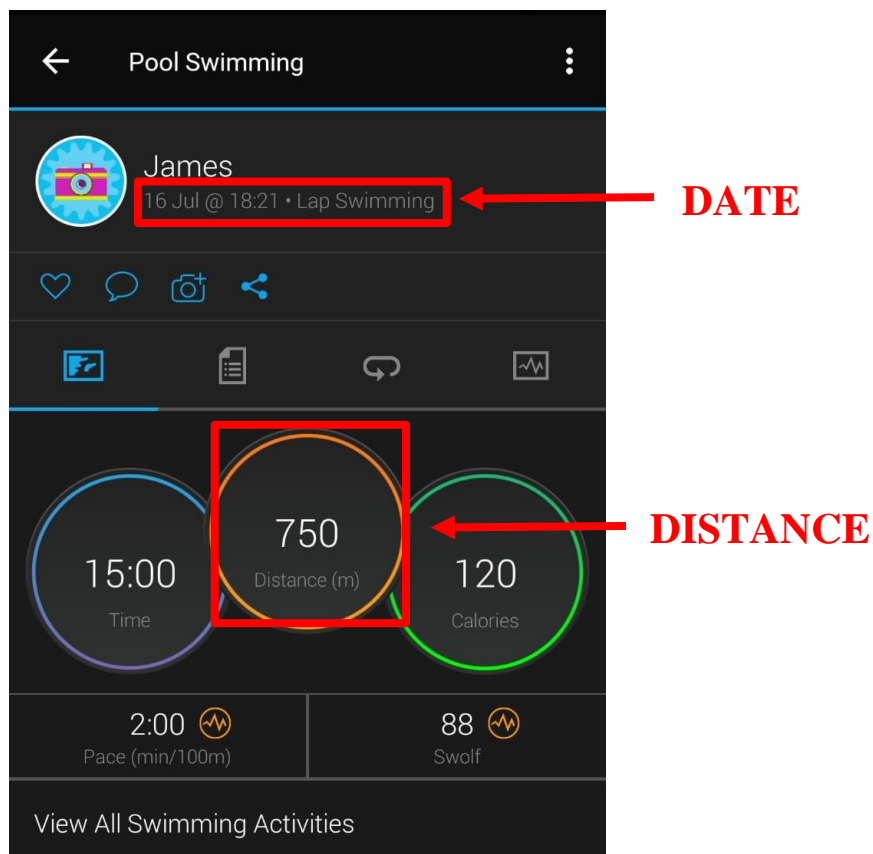



Step 1: Take a screenshot of your activity. Ensure that the date & distance are clearly captured.



Step 2: Go to the “Submission” tab on the NTURO website. Select your gender and “Side Quest #1: Swim” under race category. Click on the “Submit Activity” button.

 [About](#) [Categories](#) [Overview](#) [Information](#) [Submission](#) [Leaderboards](#) [Partners](#) [FAQ](#) [Contact](#)

Activity Submission

To submit your activity, select your gender and race category below and click on the “Submit Activity” button. You will then be redirected to a Google Form (Google sign in will be required). Fill in the form with your details and upload a screenshot of your activity. Do ensure that the **DATE** and **DISTANCE** is included in your screenshot, otherwise we will be unable to verify your activity! A sample screenshot is shown on the right.

For more information regarding the submissions process, you may refer to our following guides:

- [Race Submission Guide](#)
- [Side Quest #1 \(Swim\) Submission Guide](#)

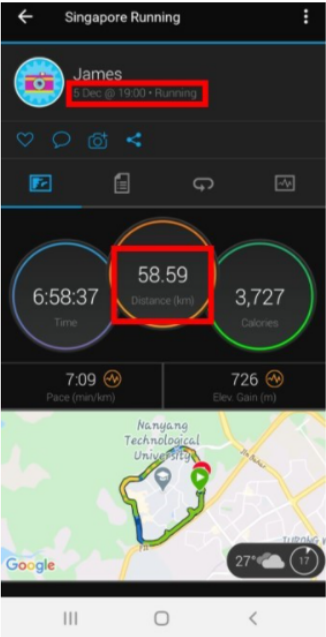
Gender

☒ Male
☐ Female

Race Category

☐ Individual 10KM
☐ Individual 42KM
☐ Individual 75KM
☐ Individual 100KM
☐ Team of 2 - 42KM
☐ Team of 4 - 100KM
☒ Side Quest #1: Swim

Submit Activity



Step 3: You will be brought to a Google Form. Enter your name and upload your activity screenshot using the “Add File” button. Once done, click on the “Submit” button.

The image shows a Google Form titled "Side Quest #1: Swim". The form contains the following text:

Activity Submission Form for NTURO 2021 Side Quest #1.
Do ensure that the name entered matches the name given during registration, otherwise we will be unable to validate your activities!
For this side quest, only 1 file can be submitted. The file must not exceed 10MB. Do ensure that the uploaded files are images (JPEG/JPG/PNG)

The name and photo associated with your Google account will be recorded when you upload files and submit this form. Not, [Switch account](#)

* Required

Full Name (As shown in NRIC/FIN) *

James Kartadinata

Upload your activity screenshot *

Screenshot_Exa... X

Submit

Never submit passwords through Google Forms.

This content is neither created nor endorsed by Google. [Report Abuse](#) - [Terms of Service](#) - [Privacy Policy](#)

Google Forms

The "Submit" button is highlighted with a red box.

The Windows taskbar at the bottom shows the search bar with "Type here to search", several application icons (Edge, File Explorer, Store, Chrome, Mail, WhatsApp, Telegram, Word), and system tray icons including network, volume, and battery status. The system clock shows 10:12 AM on 1/6/2021.

Step 4: You have successfully submitted your activity for the 1st challenge!

Side Quest #1: Swim

Your response has been recorded.

[Submit another response](#)

This content is neither created nor endorsed by Google. [Report Abuse](#) - [Terms of Service](#) - [Privacy Policy](#)

Google Forms

