



Parent University-Effingham

Class Schedule (Subject to change)

Print Name: _____

Please indicate your 1st, 2nd & 3rd choice for each session

***CORE Classes** are offered to teach, inform, update or clarify specific subject matter relevant to the home, school, and community. The intent of CORE classes is to improve student achievement and strengthen the family unit.

Make Your Selections Here	*CORE	Credits	Class Title & Description
<i>For attendees signing in by 9</i>	*	3	9:00-9:30 General Session
			9:40-10:40 - Session I
	*	2	P.A.S.S. (Practicing Academic Success Strategies) - Come and learn creative ways to help your child <u>succeed</u> in mathematics using free math resources!
	*	2	An Introduction to Infinite Campus Portal - Learn how Infinite Campus Portal can help you stay informed and obtain copies of your child's grades, attendance, and report cards throughout the school year. Please have photo ID to set up an account. Also bring your smartphone for assistance setting up the mobile application.
		2	Your Food - Your Choice – Session 1 of 7 - Introduction to the Food and Nutrition Program provided by University of Georgia Extension Services. Session 1 - Food Talk: Talking about food and the choices we make when deciding on what food to eat and be healthy. A food demo will be provided and certificate awarded after completion of the seventh session.
	*	2	Fatherhood – The Missing Link! - This session will help fathers to become more actively involved in their children's lives academically and socially. Information will be provided to help fathers understand the importance of their role! Family Literacy – Parenting Education
			10:50-11:50 - Session II
	*	6	Campus Tour – (Session II and Session III) Take a tour of Effingham College and Career Academy and learn about the programs and how your child can receive high school credit while developing skills in the workplace and be successful after graduation by using the skills gained at the Career Academy. Limited Bus Seating on a "First Come, First Served" basis.
	*	2	Successful Strategies for Living with High Maintenance Kids - This session will provide information to parents regarding why traditional disciplinary methods often backfire with difficult children; how to establish conflict prevention conditions within the home; how to help impulsive children to think before they act; and guidelines for working with children with Attention Deficit Disorder. Family Literacy – Parenting Education
		2	Emergency Preparedness - This session will concentrate on developing a plan, identifying hazards that affect our area and preparations Effingham County has made to safeguard the citizens. Come and obtain an emergency ready kit.
	*	2	Fatherhood – The Missing Link! - This session will help fathers to become more actively involved in their children's lives academically and socially. Information will be provided to help fathers understand the importance of their role! Family Literacy – Parenting Education
			12:00-1:00 - Session III
	*	2	Successful Strategies for Living with High Maintenance Kids - This session will provide information to parents regarding why traditional disciplinary methods often backfire with difficult children; how to establish conflict prevention conditions within the home; how to help impulsive children to think before they act; and guidelines for working with children with Attention Deficit Disorder. Family Literacy – Parenting Education
		2	Emergency Preparedness - This session will concentrate on developing a plan, identifying hazards that affect our area and preparations Effingham County has made to safeguard the citizens. Come and obtain an emergency ready kit.
	*	2	Bullying: What Parents Need to Know About Bullying - Learn all about bullying, its consequences and how to respond. Leave with strategies to use when your children are victim of bullying. Family Literacy – Parenting Education

2015 Graduation Requirements - Parent University-Effingham Graduation will be held in the fall.

- ♦ Participants must complete five (5) CORE classes per year and have a total of fifteen (15) credits.
- ♦ Additional credits will entitle you to be an Honor Graduate.

To graduate with honors, a total of 25 credit hours (15 required hours plus 10 additional hours) are needed. Additional hours may be earned in other school functions as field trips, classroom visits, PTO/PTA/Booster Club functions, classroom visits and Parent/Teacher Conferences. Additional hours may also be earned by attending or participating in community activities e.g. Effingham Family Connection, Girls Night Out, Health Fairs, and E Connect Workshops.