

RLHF Workflow: From Reward Modeling to Online RLHF

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Abstract

We present the workflow of Online Iterative Reinforcement Learning from Human Feedback (RLHF) in this technical report, which is widely reported to outperform its offline counterpart by a large margin in the recent large language model (LLM) literature. However, existing open-source RLHF projects are still largely confined to the offline learning setting. In this technical report, we aim to fill in this gap and provide a detailed recipe that is easy to reproduce for online iterative RLHF. In particular, since online human feedback is usually infeasible for open-source communities with limited resources, we start by constructing preference models using a diverse set of open-source datasets and use the constructed proxy preference model to approximate human feedback. Then, we discuss the theoretical insights and algorithmic principles behind online iterative RLHF, followed by a detailed practical implementation. Our trained LLM, LLaMA-3-8B-SFR-Iterative-DPO-R, achieves impressive performance on LLM chatbot benchmarks, including AlpacaEval-2, Arena-Hard, and MT-Bench, as well as other academic benchmarks such as HumanEval and TruthfulQA. We have shown that supervised fine-tuning (SFT) and iterative RLHF can obtain state-of-the-art performance with fully open-source datasets. Further, we have made our models, curated datasets, and comprehensive step-by-step code guidebooks publicly available. Please refer to <https://github.com/RLHFlow/RLHF-Reward-Modeling> and <https://github.com/RLHFlow/Online-RLHF> for more detailed information.

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1 Introduction

Reinforcement Learning from Human Feedback (RLHF) has become as a key technique for integrating human preference signals into machine learning methods, particularly in aligning Large Language Models (LLMs) with human values and preferences (Christiano et al., 2017; Ziegler et al., 2019). Notable examples include the revolutionary closed-source ChatGPT (OpenAI, 2023), Claude (Anthropic, 2023), and Gemini (Team et al., 2023), as well as the powerful open-source models like Zephyr (Tunstall et al., 2023), Starling (Zhu et al., 2023), and LLaMA-3 (Meta, 2024). In particular, since the introduction of ChatGPT, RLHF has attracted significant interest in a diverse set of communities. However, compared to the supervised fine-tuning that is rather well studied with many great open-source projects like Open-Hermes (Teknium, 2023) and Vicuna (Zheng et al., 2023), RLHF remains relatively under-explored within the open-source community.

To facilitate our discussion, we build upon the standard RLHF workflow (Ouyang et al., 2022; Bai et al., 2022b; Touvron et al., 2023). We characterize an LLM by a policy π , which takes a prompt $x \in \mathcal{X}$ and produces a response $a \in \mathcal{A}$ from the distribution $\pi(\cdot|x)$. We denote the initial model of RLHF as π_0 , which is fine-tuned on some instruction-following data after the pre-training stage. We assume that we have a prompt set that is sampled from some unknown but fixed distribution $x \sim d_0$. The key component in RLHF is the *Preference Oracle*, which is mathematically defined as follows.

Definition 1 (Preference Oracle). *There exists a preference oracle $\mathbb{P} : \mathcal{X} \times \mathcal{A} \times \mathcal{A} \rightarrow [0, 1]$, and we can query it to receive the preference signal:*

$$y \sim \text{Ber}(\mathbb{P}(a^1 \succ a^2 | x, a^1, a^2)),$$

where $\text{Ber}(t)$ is a Bernoulli distribution with parameter t and $y = 1$ means a^1 is preferred to a^2 , and $y = 0$ means that a^2 is preferred.

To further simplify the problem, it is commonly assumed that the preference signal can be modeled using the reward-based Bradley-Terry model, a well-known approach in preference learning (Bradley and Terry, 1952; Ouyang et al., 2022; Bai et al., 2022a; Touvron et al., 2023).

Definition 2 (Bradley-Terry Model). *There exists a ground-truth reward function r^* and the preference model satisfies:*

$$\mathbb{P}(a^1 \succ a^2 | x, a^1, a^2) = \frac{\exp(r^*(x, a^1))}{\exp(r^*(x, a^1)) + \exp(r^*(x, a^2))} = \sigma(r^*(x, a^1) - r^*(x, a^2)), \quad (1)$$

where $\sigma(z) = 1/(1 + \exp(-z))$ is the sigmoid function.

This modeling is a proxy of preference oracle and connects the learning objective of RLHF with reward maximization. In practice, since the BT model may not fully capture the complex human preference, we usually optimize the following KL-regularized target:

$$J(\pi) = \mathbb{E}_{x \sim d_0} \mathbb{E}_{a \sim \pi(\cdot|x)} \left[r^*(x, a) + \eta \log \frac{\pi_0(a|x)}{\pi(a|x)} \right] = \mathbb{E}_{x \sim d_0} [\mathbb{E}_{a \sim \pi(\cdot|x)} [r^*(x, a)] - \eta D_{\text{KL}}(\pi(\cdot|x) \| \pi_0(\cdot|x))], \quad (2)$$

where $\eta > 0$ is the KL penalty coefficient. This formulation is widely studied in practice (Ziegler et al., 2019; Wu et al., 2021; Ouyang et al., 2022; Rafailov et al., 2023; Liu et al., 2023a; Xiong et al., 2023) and admits the following intractable closed-form solution (Zhang, 2023)

$$\pi^*(a|x) = \frac{1}{Z(x)} \pi_0(a|x) \exp\left(\frac{1}{\eta} r^*(x, a)\right), \quad (3)$$

where $Z(x) = \sum_{a' \in \mathcal{A}} \pi_0(a'|x) \exp\left(\frac{1}{\eta} r^*(x, a')\right)$ is the normalization constant.

In the subsequent subsections, we first describe the existing approaches, and discuss their challenges, which should serve as the motivation for our project.

1.1 Previous RLHF Algorithms and Their Challenges

Broadly speaking, previous RLHF methods can be largely divided into two categories: (1) deep RL-based approach using Proximal Policy Optimization (PPO) (Schulman et al., 2017; Christiano et al., 2017; Ziegler et al., 2019) and (2) (offline) direct preference learning (e.g., DPO) approaches (Zhao et al., 2023; Rafailov et al., 2023; Azar et al., 2023; Tang et al., 2024).

DRL-based framework. The DRL-based framework consists of two stages. In the first stage, a reward model is trained. Specifically, given a preference dataset $\mathcal{D}_{\text{off}} = \{(x, a^w, a^l)\}$, where a^w is a response preferred over a^l given the instruction or prompt x . The log-likelihood function of the BT model can be expressed as follows:

$$\ell_{\mathcal{D}_{\text{off}}}(\theta) = \sum_{(x, a^w, a^l, y) \in \mathcal{D}_{\text{off}}} \log \left(\sigma(r_\theta(x, a^w) - r_\theta(x, a^l)) \right). \quad (4)$$

We can compute the maximum likelihood estimator (MLE) r_{MLE} based on \mathcal{D}_{off} by maximizing the $\ell_{\mathcal{D}_{\text{off}}}(\theta)$. Then, in the second stage, DRL methods like PPO can be applied to optimize against the following regularized reward:

$$\hat{r}(x, a) = r_{\text{MLE}}(x, a) - \eta \log \frac{\pi(a|x)}{\pi_0(a|x)}.$$

This approach has been employed by ChatGPT (Ouyang et al., 2022) and Claude (Bai et al., 2022a) and has contributed to the alignment of LLaMA-2/3 (Touvron et al., 2023). However, it is known that even in the best case, tuning the DRL method to its best performance requires extensive efforts in hyper-parameter selection and code-level optimization (Choshen et al., 2019; Engstrom et al., 2020). This becomes even more challenging in the context of LLMs, as fine-tuning LLMs is computationally expensive. Additionally, the PPO algorithm requires loading multiple LLMs simultaneously, including the actor (policy), critic (value network), reward model, and reference model (for KL estimation), which places significant pressure on GPU memory, especially for resource-constrained open-source projects.

Direct preference learning. In view of the above issues of PPO, there is an innovative line of work that directly learns from human preference datasets without explicitly constructing a reward function (Zhao et al., 2023; Rafailov et al., 2023; Azar et al., 2023). Among these methods, the direct preference optimization (DPO) algorithm is particularly popular. It leverages Equation 3 to formulate reward as a function of policy and directly optimizes the following loss function using the preference dataset \mathcal{D}_{off} :

$$\mathcal{L}_{\mathcal{D}_{\text{off}}}(\theta, \pi_0) = - \sum_{(x, a^w, a^l) \in \mathcal{D}_{\text{off}}} \left[\log \sigma \left(\eta \log \frac{\pi_\theta(a^w|x)}{\pi_0(a^w|x)} - \eta \log \frac{\pi_\theta(a^l|x)}{\pi_0(a^l|x)} \right) \right]. \quad (5)$$

Direct preference learning algorithms are generally easier to tune and require fewer computational resources compared to DRL methods. Notably, in many LLM benchmarks’ leaderboards (Dubois et al., 2023; Zheng et al., 2023), powerful open-source models are primarily aligned using DPO. Considering these factors, in our project, we focus on direct preference learning algorithms while leaving the study of the DRL-based framework for future research.

While the vanilla offline direct preference learning algorithms are useful in some case studies, they also face certain challenges. Specifically, they are considered *offline* because they learn from an offline preference dataset collected through the following process:

$$x \sim d_0, a^1 \sim \pi_D^1, a^2 \sim \pi_D^2, \quad y \sim \text{Ber}(\mathbb{P}(a^1 \succ a^2 | x, a^1, a^2)). \quad (6)$$

Here, (π_D^1, π_D^2) represent two behavior policies, often taken as π_0 , other open-sourced models or proprietary models. The term “offline learning” implies that we cannot further query the preference oracle \mathbb{P} during the training process. However, the finite dataset \mathcal{D}_{off} used for offline learning leads to the problem of over-optimization. This is because the finite dataset fails to cover the entire prompt-response space and the

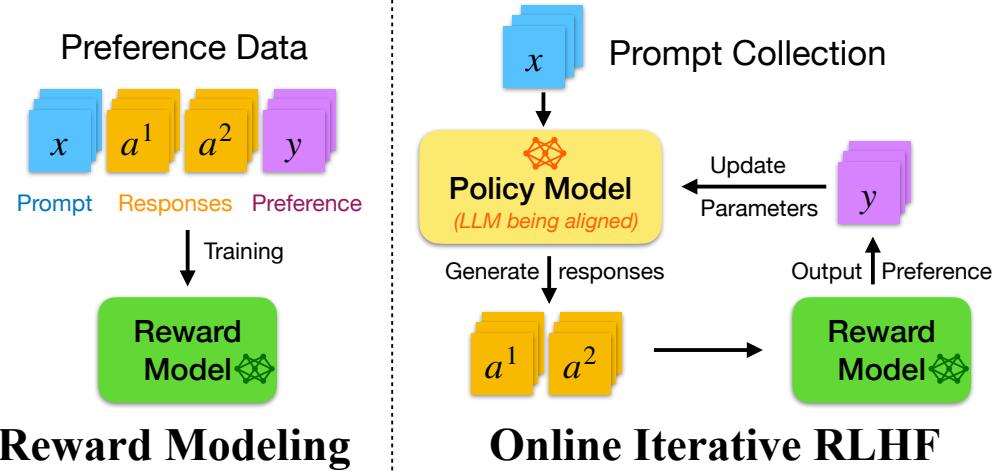


Figure 1: A simplified illustration of reward modeling and online iterative RLHF.

resulting policy model often performs poorly when faced with out-of-distribution data (Burns et al., 2023). Indeed, Xiong et al. (2023) shows that we need a uniform coverage of the space to make sure that the vanilla DPO (Rafailov et al., 2023) can learn the optimal policy. Such a coverage condition is hard to satisfy in practice due to the exponentially large space. Here are a few statistics that highlight this issue.

- Along the way of the RLHF training, the average density ratio $\frac{\pi(a|x)}{\pi_0(a|x)} > \exp(25)$ as reported in Figure 13 of Bai et al. (2022a). See similar results of rejection sampling fine-tuning (Dong et al., 2023) and DPO (Rafailov et al., 2023).
- As a case study, consider using the behavior policy Gemma-7B-it to collect data for aligning Gemma-2B-it (Team et al., 2024) using 15k prompts from (Cui et al., 2023). The average KL divergence between Gemma-7B-it and Gemma-2B-it is calculated to be 456.4.

Therefore, the distribution shift between policies is usually very large, and it is unlikely that we can learn the optimal policy solely from a pre-collected dataset.

1.2 Online Iterative RLHF

In contrast, the Claude project (Bai et al., 2022a) and LLaMA-2 project (Touvron et al., 2023) have demonstrated that online iterative RLHF can significantly improve model performance. The process of online iterative RLHF, as formally formulated in Xiong et al. (2023), can be summarized as follows. Given the pre-collected preference dataset $\mathcal{D} = \mathcal{D}_{\text{off}}$ (if applicable, otherwise empty), for each iteration $t \in [T]$:

- we first update the policy pair (π_t^1, π_t^2) based on the historical data \mathcal{D} collected so far;
- we collect m tuples as \mathcal{D}_t : sample a random prompt by $x_{t,i} \sim d_0$, collect two responses by $(a_{t,i}^1, a_{t,i}^2) \sim (\pi_t^1, \pi_t^2)$, and query the preference signal $y_{t,i} \sim \mathbb{P}$;
- update $\mathcal{D} \leftarrow \mathcal{D} \cup \mathcal{D}_t$.

The effectiveness of online data can be intuitively explained in the context of RLHF as follows. Initially, most of the samples from policy π_0 are in a low-reward regime and are used for the reward modeling. As a

result, our reward model is accurate in evaluating low-reward responses. As training progresses, however, the policy improves and starts to generate responses with higher rewards. These high-reward responses may fall into the out-of-distribution (OOD) domain of the reward function, where the constructed reward model is no longer reliable. In contrast, using the intermediate policy to sample new responses, querying human feedback on these samples, and add them back to the training set can significantly mitigate the OOD problem, which traditional offline methods may not handle effectively. This approach enhances the reliability of the reward model in the high-reward regime, which in turn improves the policy’s performance. The intuition extends to the direct preference learning algorithms, where we essentially enlarge our preference dataset by continuously collecting new online data.

The great work of Huggingface (Tunstall et al., 2023) provides an open-source recipe to do direct preference learning from high-quality *offline* preference dataset, which can be viewed as an efficient way of distillation. In contrast, the online RLHF is still largely under-explored in the literature. Xiong et al. (2023) made the first step towards understanding the advantage of online exploration in RLHF from a theoretical perspective, and this technical report aims to provide a detailed recipe to verify the effectiveness of the proposed framework.

1.3 Human Feedback Approximation

Ideally, the online preference signal is sampled from a representative group of human labelers. However, human feedback is extremely expensive in practice, which the open-source community usually cannot afford. In the literature, there is a line of work showing that training a proxy preference model, and using the preference model to give proxy labels in a semi-supervised manner improve the model performance (Dong et al., 2023; Yuan et al., 2023; Liu et al., 2023a; Hoang Tran, 2024). We conjecture that this is because the reward model (discriminator) usually generalizes better than the policy (generator).

In particular, Hoang Tran (2024) shows that if the preference model (reward model) is trained on a diverse set of preference datasets, the Pair-RM (Jiang et al., 2023) with only 0.4B parameters can provide iterative preference learning with meaningful signals so that the resulting model¹ achieves an impressive AlpacaEval-2 length-control win rate of 26.4%. Motivated by this line of work, we first train a proxy preference (reward) model based on the diverse open-source preference datasets in Section 2 and then use the resulting model to provide preference signals for the subsequent iterative RLHF.

1.4 Related Work

RLHF and RLHF algorithms. The dominant RLHF framework used for the LLM alignment was first popularized in Christiano et al. (2017); Ziegler et al. (2019) and was further developed in Instruct-GPT (Ouyang et al., 2022), Claude (Bai et al., 2022a), and LLaMA-2 (Touvron et al., 2023). These works typically involve constructing a reward model based on the MLE of the Bradley-Terry model, and then using the PPO algorithm to optimize the reward signals with KL regularization. One notable exception is that the LLaMA-2 uses a mixture of rejection sampling fine-tuning (Dong et al., 2023; Wang et al., 2024) and PPO in their RLHF pipeline. We refer the interested readers to Bai et al. (2022a); Touvron et al. (2023) for a detailed description. However, the use of PPO in RLHF has limitations. It is known to be unstable (Choshen et al., 2019), sensitive to implementation (Engstrom et al., 2020), and resource-intensive (Yuan et al., 2023). Despite some efforts to improve PPO in the context of RLHF (Li et al., 2023; Chan et al., 2024; Chang et al., 2024; Zhong et al., 2024), reproducing the successful results achieved with PPO is challenging for the open-source community due to these limitations as it requires extensive efforts and resources that the open-source communities usually cannot afford. In recognition of these issues of PPO, a line of work studies the (offline) direct preference learning algorithms, including Slic (Zhao et al., 2023), DPO (Rafailov et al.,

¹<https://huggingface.co/snorkelai/Snorkel-Mistral-PairRM-DPO>

Dataset	#Prompts	Prompt Len.	Preferred Len.	Rejected Len.	Completion	Annotator	#Pairs
HH-RLHF	115092	160.4	82.2	73.6	LLM	Human	115396
SHP	31003	186.2	173.6	88.8	Human	Human	93301
HelpSteer	8592	530	116.4	89.3	LLM	Human	37131
PKU-SafeRLHF-30K	6975	21.5	70.4	74.6	LLM	Human	26874
UltraFeedback	63591	161.5	279.5	211.1	LLM	GPT-4	340025
UltraInteract	76086	507.4	396.6	416.7	LLM	GPT-4	161927
CodeUltraFeedback	9938	172.8	427.6	400.6	LLM	GPT-3.5	50156
Argilla-Math	2352	36.5	276.5	265.3	LLM	GPT-4	2418
OpenOrca	6791	153.3	165.4	260.5	LLM	GPT-4	6926
Capybara	14740	634.5	348.4	401.9	LLM	GPT-4	14811

Table 1: A summarization of open-source preference datasets. “Prompt Len.” represents the average prompt length in terms of tokens, and “Preferred/Rejected Len.” stands for the average length of preferred or rejected responses. All of these lengths are averaged over all pairs and we use the tokenizer of LLaMA-3-8B. “Completion” marks the data source of the text completions for prompts. We apply pre-processing techniques to all these datasets and delete the noisy samples from the original dataset. For the dataset whose prompt is with multiple responses, we include all the possible comparisons except those with the same score/ranking to compute the total number of comparison pairs.

2023), IPO (Azar et al., 2023), KTO (Ethayarajh et al., 2024), ARM (Pang et al., 2024), and GPO (Tang et al., 2024). These algorithms skip the reward modeling step, and optimize a designed loss target on the offline preference dataset directly (hence the name). It is widely observed that the direct preference learning algorithms are much more stable than the PPO, and achieve impressive performance evaluated by standard benchmarks (Tunstall et al., 2023; Dubois et al., 2023; Zheng et al., 2023).

RLHF benefits from online (iterative) learning. Roughly speaking, online iterative learning means that we will deploy the intermediate models and query human feedback for the responses of these models. Intuitively, this strategy can help to mitigate the OOD issue of the learned reward model (Gao et al., 2023), and its advantages have been reported in Ouyang et al. (2022); Touvron et al. (2023) for the PPO-based framework. Even when the additional feedback is derived from a proxy reward constructed from the same offline dataset (similar to semi-supervised learning), iterative rejection sampling fine-tuning (RAFT) (Dong et al., 2023) and DPO based on samples from the target distribution estimator have been shown to outperform the original offline counterparts (Pang et al., 2024; Liu et al., 2023a). Furthermore, recent works (Xiong et al., 2023; Xu et al., 2023; Hoang Tran, 2024; Yuan et al., 2024b; Swamy et al., 2024; Chen et al., 2024b; Ye et al., 2024; Guo et al., 2024; Rosset et al., 2024; Tajwar et al., 2024; Calandriello et al., 2024; Wu et al., 2024) have demonstrated that online iterative variants of direct preference learning algorithms significantly outperform their offline counterparts. In particular, we refer the interested readers to Guo et al. (2024) for the extensive experimental results with different offline base algorithms.

2 Reward Modeling as Human Feedback Approximation

We present the details of preference model construction in this section, where we study both the reward modeling as MLE of the BT model and the general preference model. The training script and full recipe are provided in <https://github.com/RLHFlow/RLHF-Reward-Modeling>.

2.1 Preference Datasets

Following the Pair-RM (Jiang et al., 2023) and LLaMA-2 (Touvron et al., 2023), we use a mixture of open-source datasets as the training set. Here is a brief introduction to the datasets:

- **HH-RLHF** (Bai et al., 2022a) is a pairwise preference dataset where each sample is accompanied by a conversation history and two alternative responses written by an early Claude model with 52B parameters. The preferences of the responses are annotated by humans.
- **SHP** (Ethayarajh et al., 2022) is sourced from Reddit and includes examples from 18 subreddits, such as askacademia, askbaking, askengineers, and changemyview. Each example is a Reddit post with a question/instruction and a pair of top-level comments. One comment is preferred by more Reddit users than the other. All preferences and responses are provided by humans. Only samples with a score ratio > 2 are used, and at most 5 pairs are taken for each prompt.
- **HelpSteer** (Wang et al., 2023). This open-source dataset (Wang et al., 2023) contains prompts, responses, and five human-annotated attributes (helpfulness, correctness, coherence, complexity, and verbosity) ranging from 0 to 4. The prompts are generated using a mixture of template-generated and human-generated methods, while responses are generated by an in-house LLM. The authors generate up to 4 responses per prompt, and we can construct pairwise comparisons based on them.
- **PKU-SafeRLHF** (Ji et al., 2024). This dataset (Ji et al., 2024) consists of 30k+ expert comparison data. Each sample includes two responses to a question and two preference signals for helpfulness and safety, respectively. The responses are generated by open-source chatbots, and the preference signals are merged through the results of 14 harm category multi-class classification.
- **UltraFeedback** (Cui et al., 2023) consists of 64k prompts from diverse resources (including UltraChat, ShareGPT, Evol-Instruct, TruthfulQA, FalseQA, and FLAN) and the authors generate 4 responses per prompt using 4 different LLMs sampled from a diverse set of state-of-the-art open-source LLMs. The preference is from GPT-4 based on a fine-grained annotation instruction, which contains 4 different aspects, namely instruction-following, truthfulness, honesty and helpfulness. The dataset collection strategy of UltraFeedback has also influenced many subsequent works.
- **UltraInteract** (Yuan et al., 2024a) is a preference dataset designed for complex reasoning tasks. The authors collect a preference tree for each instruction, with the instruction being the root and each action a node. A trajectory is a root-to-leaf path consisting of a sequence of actions. Paired correct and incorrect nodes or trajectories are used for preference learning.
- **Distilabel-Capybara**² is a preference dataset of multi-turn dialogues whose prompts are taken from Daniele and Suphavadeeprasit (2023), where the responses are generated by open-source LLMs and preferences are generated by GPT-4.
- **Distilabel-Orca**³ is collected similarly with Capybara but with the prompts from Lian et al. (2023a).

The training of LLMs is highly data-dependent. To ensure high-quality training data, we conduct a filtering process on the open-source datasets we use. This process removes low-quality and meaningless samples. Additionally, conversations with empty rounds or incorrect labels (implied by the other features of the dataset) are eliminated. Furthermore, in datasets where absolute scores are available, pairwise comparisons with small margins are excluded as these preference signals tend to be noisy (Bansal

²<https://huggingface.co/datasets/argilla/distilabel-capybara-dpo-7k-binaries>

³<https://huggingface.co/datasets/argilla/distilabel-orca-dpo-pairs>

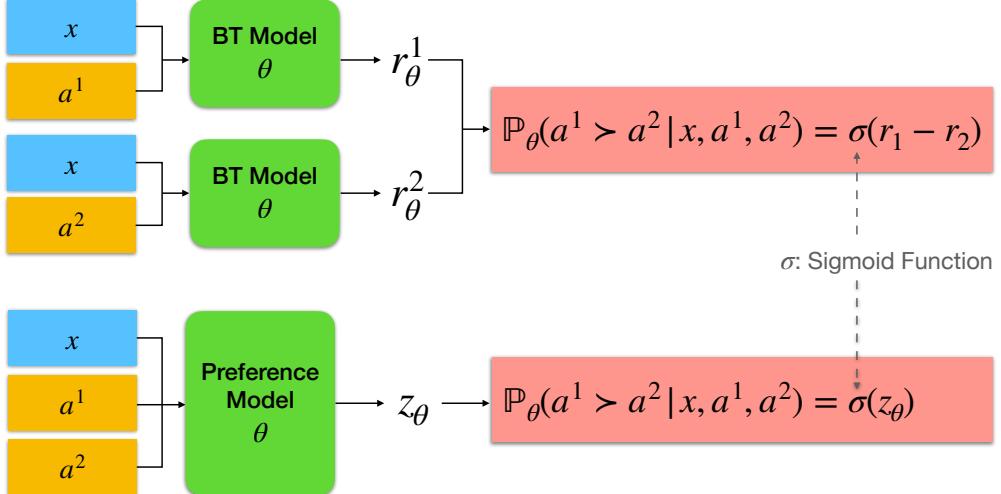


Figure 2: Illustration of the Bradley-Terry (BT) model and preference model.

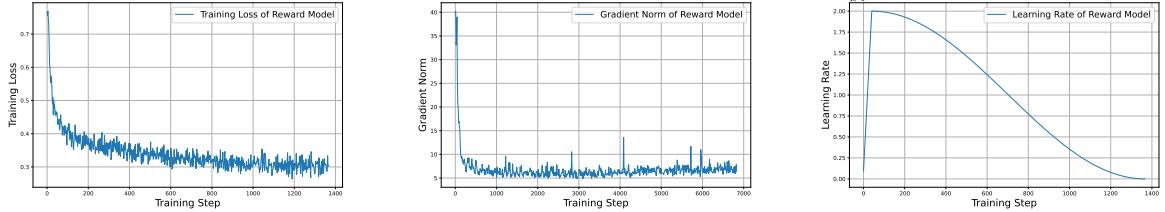


Figure 3: The training record of reward modeling. From the left to right, we present the records of training loss, gradient norm, and the learning rate, respectively.

et al., 2023). This process roughly deletes 10% of the data. We summarize the statistics of the open-source datasets that are used for the training in Table 1 and prepare them, as well as our data filtering script, on the huggingface, which is available at <https://huggingface.co/collections/RLHFlow/standard-format-preference-dataset-662eec0252e194d5d40c252a>.

2.2 Bradley-Terry Reward Model and Preference Model

Bradley-Terry model construction. We follow the previous works (Ouyang et al., 2022; Bai et al., 2022a) to initialize the reward model using the SFT model⁴. We replace the last layer with a linear head to predict a scalar score suitable for preference learning. The reward model is trained using the negative log-likelihood loss function, enabling maximum likelihood estimation (MLE). This loss function is defined as:

$$L_{RM}(\theta) = -\mathbb{E}_{x, a^w, a^l \sim \mathcal{D}} \log \sigma(r_\theta(x, a^w) - r_\theta(x, a^l)),$$

where a^w is the preferred response over a^l . We train the LLaMA-3-8B-based reward model for one epoch with a global batch size of 512. The learning rate is set to $\text{lr} = 2 \times 10^{-6}$, and a cosine learning rate schedule with a warm-up ratio of 0.03 is employed. For Gemma-2B-it, a larger learning rate of 10^{-5} is used.

⁴For preference/reward modeling, we use meta-llama/Meta-Llama-3-8B-Instruct since only this checkpoint is available in the early stage of this project.

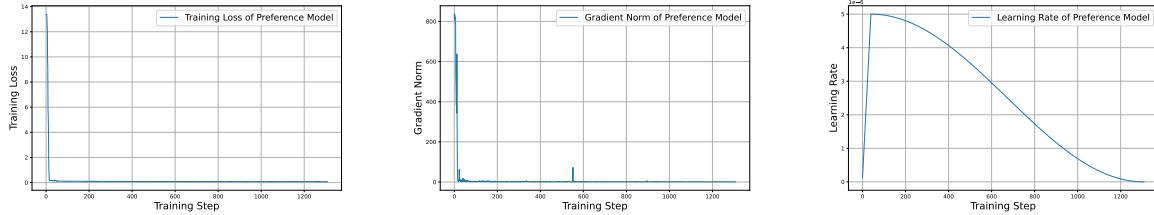


Figure 4: The training record of preference modeling. From the left to right, we present the records of training loss, gradient norm, and the learning rate, respectively.

Preference model construction. A (pairwise) preference model takes a prompt x and two responses a^1, a^2 as the input and predicts the probability of $\hat{P}(a^1 \succ a^2 | x, a^1, a^2)$ (Jiang et al., 2023). We follow Zhao et al. (2023); Liu et al. (2023a) to leverage the LLM’s capability as a next-token predictor for preference modeling. Specifically, for a given preference pair (x, a^1, a^2, A) , where A indicates that the first response is preferred, the pair is formatted as an instruction-following task:

$$\text{instruction} = [\text{CONTEXT}] \{x\} [\text{RESPONSE A}] \{a^1\} [\text{RESPONSE B}] \{a^2\}, \text{ and label} = A.$$

If the second response is preferred, we replace the label A with B. Then, we simply treat the preference modeling as an instruction-following task to fine-tune the model on these instruction-label pairs. To mitigate position bias (the preference model may prefer the response that is given in the position of RESPONSE A), the order of the responses is randomized during data formatting. During inference, we simply use the probability of decoding A as the $\hat{P}(a^1 \succ a^2 | x, a^1, a^2)$.

We train the LLaMA-3-8B-based preference model for one epoch. The samples are packed into blocks with length 3072 and a global batch size of 128 is used. The learning rate is set to $lr = 5 \times 10^{-6}$, and a cosine learning rate schedule with a warm-up ratio of 0.03 is employed. For Gemma-2B-it, a larger learning rate of 10^{-5} is used. We mention in passing that it is possible to include detailed rubrics in the data format to further improve the preference dataset, which we leave for future work (Qin et al., 2023).

2.3 Evaluation Result

We consider two versions of the training set:

- MIX1: HH-RLHF + SHP + UltraFeedback + Summarization (Stiennon et al., 2020).
- MIX2: all the datasets in Table 1.

The MIX1 dataset is similar to the construction of UltraFeedback (Cui et al., 2023) with an additional summarization dataset. In comparison, the MIX2 consists of more reasoning preference pairs (math and code) and safety data. We also consider three different approaches to model the preference signals, including prompting in the LLM-as-a-judge manner (Zheng et al., 2023), reward modeling as the MLE of the BT reward model, and the preference model.

We evaluate the models using the RewardBench (Lambert et al., 2024), a benchmark designed to assess reward model capabilities in four categories: Chat, Chat-Hard, Safety, and Reasoning. The main evaluation results are in Table 2. It is evident that without explicit training, the prompting approach is inferior to both the BT model and the preference model across all metrics. Meanwhile, the preference model outperforms

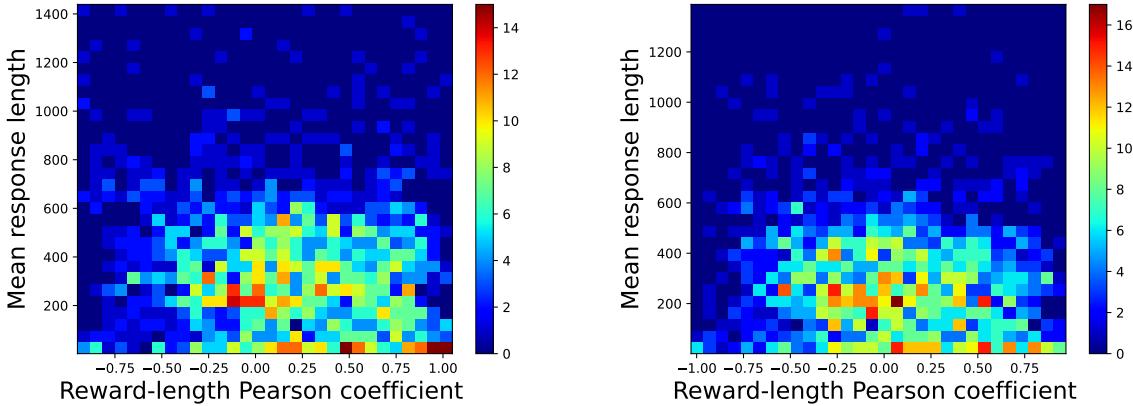


Figure 5: The heatmap of the Pearson correlation coefficients between reward and response length. For each prompt, we use the SFT model to generate 16 responses and compute the coefficient. We also group the prompts by the mean responses (y-axis). The left figure is the UltraRM-13B and the right one is our BT reward based on mix2.

Table 2: Comparison of the test accuracy between the Bradley-Terry (BT) reward model and the preference model. We evaluate the model using the Reward-Bench (Lambert et al., 2024).

Base Model	Type	Data Mixture	Chat	Chat Hard	Safety	Reasoning
LLaMA-3-8B-it	Prompting	-	93.6	44.3	71.3	73.5
LLaMA-2-13B	BT	mix1	96.4	55.5	55.0	62.4
LLaMA-3-8B-it	BT	mix2	99.4	65.1	87.8	86.4
LLaMA-3-8B-it	Preference	mix2	98.3	65.8	89.7	94.7

the BT model in reasoning tasks related to coding and math. We also notice that with more data, especially data specified in coding, math, and safety, the reward model trained by mix2 achieves higher accuracy in safety and reasoning compared with early versions of attempts. In particular, we use the Ultra-RM-13B as a reference model in Table 2, where we can observe that the extra data related to safety and reasoning (as well as a stronger base model) largely contribute to the superior performance of our reward model.

Length bias in reward modeling. It is known that the LLMs aligned by RLHF usually give longer responses (Xiong et al., 2023; Yuan et al., 2024b,b), where the length bias also exists in the reward models, likely influenced by the preference data used. To better understand this bias, we randomly sample 2K prompts from the prompt set and use the SFT model to generate 8 responses per prompt (see the details in Section 3). Then, we compute the lengths and rewards of the responses and plot the heatmaps of the Pearson correlation coefficient between them in Figure 5. Clearly, both of the two reward models are biased toward the longer responses to some degree. In comparison, UltraRM-13B demonstrates a stronger bias, as we observe that the mean Pearson correlation coefficient of the UltraRM-13B (left figure) is 0.19, while it is 0.06 for our BT reward trained on mix2 (right figure). This may partially result from the use of additional Capybara, OpenOrca, and UltraInteract, whose preferred responses are shorter than the rejected responses. We will return to the ablation study of the impacts of the reward models in Section 4.

We mention in passing that in the literature, it is also common to model the different types of signals separately, and strategically merge them in the subsequent policy optimization stage (Touvron et al., 2023; Wang et al., 2024), which we leave for future work.

3 Iterative Policy Optimization

We develop the main algorithms for the online iterative RLHF in this section, with both theoretical insights and implementation details. In particular, the algorithms will be designed in a direct preference learning style for stable and efficient training.

3.1 Supervised Fine-Tuning

The base model used in this project is LLaMA-3-8B. To ensure the reproducibility and openness of the project, we perform SFT by ourselves to obtain the initial policy π_0 . We collect a set of high-quality instruction datasets for SFT, such as ShareGPT, SlimOrca (Lian et al., 2023b), MathInstruct (Yue et al., 2023), and Evol-Instruct (see the Appendix for a full list). The training is carried out for one epoch with a learning rate of 2×10^{-5} . A cosine scheduler is employed, and the global batch size is set to 32 with a warm-up ratio of 0.03. To accelerate training, we follow Diao et al. (2023); Tunstall et al. (2023) to pack the samples and use a block size of 8192. We use the SFT-Trainer from TRL and the detailed recipe is available at <https://github.com/RLHFlow/Online-RLHF>.

3.2 Iterative Direct Preference Learning: Theoretical Insights and Algorithmic Principles

We present the main algorithmic framework in Algorithm 1 for the online iterative RLHF, and summarize the key principles and algorithmic ideas as follows.

Hybrid batch learning. We formulate a slightly more general framework to combine an initial offline dataset with online data collected during training, hence the name hybrid learning, similar to the recipe of Claude (Bai et al., 2022a) and LLaMA-2 (Touvron et al., 2023). Additionally, to mitigate the computational costs of training and deploying large LLMs, we use a large batch size m for sparse updates.

Non-symmetric structure to balance *exploitation* and *exploration*. The framework also features a non-symmetric structure as we divide the two agents into a main agent and an enhancer.

- **Main agent aims to learn π^* .** Specifically, for each iteration, the first agent, referred to as the main agent, always takes the optimal policy under the MLE r_{MLE} of the historical data, which can be viewed as a fully **exploitation** of the information we collected so far;
- **Enhancer aims to assist the main agent's learning.** Since the main agent solely exploits the historical data, it is effective only when we can continuously obtain new information about the alignment problem from the newly collected online data or the offline data \mathcal{D}_{off} has provided enough coverage (which is unlikely to hold in practice as we discuss in Section 1.1). The enhancer, therefore, **explores** in the direction where there is more uncertainty relative to the main agent's policy π_t^1 (measured by $\Gamma_t^m(\lambda, \pi_t^1, \pi')$), while maintaining a moderate KL divergence with π_t^1 .

We have the following theoretical guarantees when strategic exploration methods are applied.

Theorem 1 (Informal Theorem 2 in (Xiong et al., 2023)). *For any precision parameter $\epsilon > 0$, with a batch size $m = \tilde{O}(\frac{d_e}{\epsilon^2})$ and other suitable choices of hyper-parameters, then, with high probability, after at most $T = \tilde{O}(d_e)$ iterations, we can find a $t_0 \in [T]$ so that*

$$J(\pi^*) - J(\pi_{t_0}) + \eta \mathbb{E}_{x_{t_0} \sim d_0} [D_{\text{KL}}(\pi^*(\cdot|x_{t_0}) \| \pi_{t_0}(\cdot|x_{t_0}))] \lesssim \epsilon,$$

Algorithm 1 Theoretical Online Iterative RLHF with Enhancer

- 1: **Input:** offline dataset \mathcal{D}_{off} (can be empty); batch size $m > 0$, and preference model \mathbb{P} .
- 2: **for** $t=1,\dots,T$ **do**
- 3: **Exploitation with the main agent:** denote the MLE r_{MLE} (no need to explicitly compute the reward function if we use DPO) and compute the best guess we have so far:

$$\pi_t^1 = \underset{\pi \in \Pi}{\operatorname{argmax}} \mathbb{E}_{x \sim d_0} \mathbb{E}_{a \sim \pi(\cdot|x)} [r_{\text{MLE}}(x, a) - \eta D_{\text{KL}}(\pi(\cdot|x) \| \pi_0(\cdot|x))]. \quad (7)$$

- 4: **Exploration with the enhancer:** define the uncertainty quantifier with respect to π_t^1 as $\Gamma_t^m(\lambda, \pi_t^1, \pi^2)$ and compute the policy $\pi_t^2 = \underset{\pi^2 \in \Pi_t}{\operatorname{argmax}} \Gamma_t^m(\lambda, \pi_t^1, \pi^2)$ where

$$\Pi_t = \{\pi' \in \Pi : \underbrace{\eta \mathbb{E}_{x \sim d_0} D_{\text{KL}}(\pi(\cdot|x), \pi^1(\cdot|x))}_{\text{How far does the enhancer move away.}} \leq \underbrace{\Gamma_t^m(\lambda, \pi_t^1, \pi')}_{\text{How much information we can get.}}\}.$$

- 5: Collect $\mathcal{D}_t = \{(x_i, a_i^1, a_i^2, y_i)\}_{i=1}^m$ by $x_i \sim d_0$, $a_i^1 \sim \pi_t^1(\cdot|x_i)$, $a_i^2 \sim \pi_t^2(\cdot|x_i)$ and $y_i \sim \text{Ber}(\mathbb{P}(a_i^1 \succ a_i^2 | x, a_i^1, a_i^2))$;
 - 6: **end for**
 - 7: **Output:** the best policy in $(\pi_{1:T}^1)$ by a validation set.
-

where $J(\pi) = \mathbb{E}_{x \sim d_0} [\mathbb{E}_{a \sim \pi(\cdot|x)} [r^*(x, a)] - \eta D_{\text{KL}}(\pi(\cdot|x) \| \pi_0(\cdot|x))]$ is the KL-regularized value. Here \tilde{O} hides some log factors and d_e is a complexity measure of the RLHF problem. In particular, if the reward function can be embedded into a d -dimensional space that is linear in the feature map of $\phi : \mathcal{X} \times \mathcal{A} \rightarrow \mathbb{R}^d$, we have $d_e = d$. (Zhong et al., 2022; Liu et al., 2023b)

3.3 Practical Implementation Details

We now shift our focus from the theoretical insight to the practical implementation. We provide an illustration of our implementation in Fig. 6.

The MLE policy. Since the main agent only exploits the data, we can run DPO on the historical data to approximate the optimal policy under the r_{MLE} : π_t^{MLE} . We remark that while we use DPO here due to its simplicity, the Algorithm 1 can be implemented by combining it with any oracle algorithms (e.g., PPO and InfoNCA (Chen et al., 2024a)) that are a reasonable approximation of the KL-regularized optimization problem.

Exploration policy. The primary challenge lies in the choice of enhancer policy for exploration. Recall that our goal is to find an enhancer policy that maximizes the relative uncertainty to the main agent from the following policy subset:

$$\tilde{\pi} \in \Pi_t = \{\pi' \in \Pi : \underbrace{\eta \cdot \mathbb{E}_{x \sim d_0} D_{\text{KL}}(\pi(\cdot|x), \pi_t^1(\cdot|x))}_{\text{How far does the enhancer move away.}} \leq \underbrace{\Gamma_t^m(\lambda, \pi_t^1, \pi')}_{\text{How much information we can get.}}\}.$$

Unfortunately, the uncertainty estimator does not have an analytical form except the linear case. But the main insight we can derive here is to maximize the policy difference with π_t^1 , while maintaining a moderate KL divergence. This motivates us to use model variants of π_t^1 . We discuss some popular heuristic implementations here.

- **Adjusting Temperature and Training Steps.** In the project of Claude (Bai et al., 2022a), the authors choose to use the models with different training steps as (π_t^1, π_t^2) . For instance, if we run PPO for 2 epoch in total, we may take π_t^1 as the model saved at the end of the first epoch and take π_t^2 as the one saved at the end of the second epoch. Additionally, the LLaMA-2 project (Touvron et al., 2023)

adjusts the sampling temperature of π_t^1 to induce π_t^2 . These modifications introduce diversity in the models and facilitate exploration.

- **Rejection Sampling** is another popular ensemble-based exploration approach (Nakano et al., 2021; Dong et al., 2023; Gulcehre et al., 2023). In the context of LLMs, it is typically restricted to the best-of- n sampling. Specifically, we sample n independent responses by π_t^1 for each prompt, and then use a preference/reward function to rank the responses and take the one with the highest reward as the final output. In other words, we take π_t^2 as the best-of- n variant of π_t^1 . In this way, the π_t^2 enlarges the margins between π_t^1 and provides exploration. Meanwhile, in this case, the KL divergence between the two policies is upper bounded by $\log n - \frac{n-1}{n}$ and is usually far better than this conservative estimation (Beirami et al., 2024).

In our experiments, we use the DPO to approximate the computational oracle and implement DPO with the open-source package TRL⁵. We run DPO with the reference model π_0 (the SFT model) on the historical data for 2 epochs to get the MLE policy π_t^{MLE} . We use a cosine learning rate scheduler with a peak learning rate of 5e-7 and 0.03 warm-up ratio. We use a global batch size of 128 and use a KL coefficient of $\eta = 0.1$. To accelerate training, we do not restart from π_0 at each iteration as in Bai et al. (2022a); Xiong et al. (2023) but use the last-iteration model as the initial checkpoint and use π_0 as the reference model. In this way, the data used for training is the same as that of Bai et al. (2022a) and Xiong et al. (2023) but is of a different order. We do not see performance regression with this choice, and it saves us for half of the training time.

To facilitate exploration, we combine the temperature tuning with the rejection sampling strategy with $n = 8$. Instead of fixing $\pi_t^1 = \pi_t^{\text{MLE}}$ (like the center of confidence set) and optimizing the π_t^2 solely to be the best-of-8 variant of π_t^{MLE} , we take π_t^1 and π_t^2 as the best-of-8 policy and worst-of-8 policy induced by π_t^{MLE} . In other words, we take the best response and the worst response as ranked by the reward model to get a preference pair. In this case, we jointly optimize the two policies to maximize their difference (measured by the uncertainty), which tends to be more efficient in practice and enjoys the same theoretical guarantee as stated in Theorem 1. This choice is similar to Hoang Tran (2024); Pace et al. (2024); Yuan et al. (2024b); Xu et al. (2024). We also drop the pair where π_t^1 and π_t^2 give the same response, which implies that the uncertainty in this direction is already small. For this round of experiments, we still use the reward function trained as the MLE of the BT reward model to rank the responses for the following reasons. First, to rank n responses, the complexity of using the reward model is linear in n , while it is far more complicated with the pairwise preference model. Second, during the early experiments, we observe significant length bias in the iterative RLHF. Therefore, we would like to explore the strategy to mitigate the length bias, and it is relatively easier to penalize the reward value with the length of the response. Finally, the BT reward model is comparable with the preference model except for the reasoning task and it may be already satisfactory for our goal. We leave a more comprehensive comparison between the BT reward model and preference model for future study.

Prompt set, and data generation. We collect prompts from UltraFeedback (Cui et al., 2023), HelpSteer (Wang et al., 2023), OpenOrca (Lian et al., 2023a), UltraInteract (Yuan et al., 2024a), Capybara (Daniele and Suphavadeeprasit, 2023) and DIBT-10K⁶ and prepare the full prompt set here⁷. In our experiments, we use a subset of 60K prompts and iterate for three iterations, so 20K prompts are used to generate 20K x 8 responses per iteration. To accelerate data generation, we use VLLM (Kwon et al., 2023) for inference. We set the max generation length as 2048, and use a sampling temperature of 1.0/0.7 without any top-k/top-p strategy. To offer a more intuitive comprehension of our prompts collection, we provide visualization plots in Figure 7, which are generated on Nomic Atlas⁸ with the `nomic-embed-text-v1.5` text embedding model (Nussbaum et al., 2024).

⁵<https://github.com/huggingface/trl>

⁶https://huggingface.co/datasets/DIBT/10k_prompts_ranked

⁷<https://huggingface.co/datasets/RLHFlow/prompt-collection-v0.1>

⁸<https://atlas.nomic.ai/>

Our Workflow of Iterative Direct Preference Learning

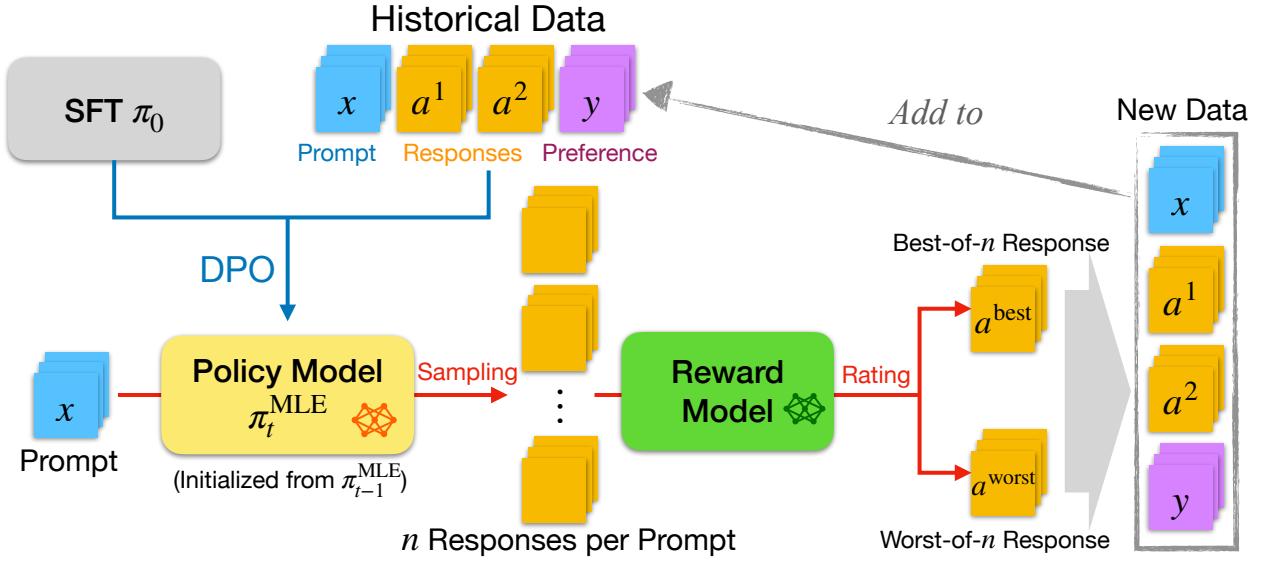


Figure 6: Illustration of our implementation of iterative direct preference learning. In iteration $t = 1$, the historical dataset is empty, and the resulting policy model π_1^{MLE} is the same as its initialization, π_0 , which is the SFT model checkpoint. After that, the historical dataset grows with preference data collected from previous iterations.

4 Evaluation of the Model

4.1 Benchmark

We evaluate the models by standard benchmarks, including AlpacaEval-2, MT-Bench, and Chat-Arena-Hard.

- AlpacaEval-2 (Dubois et al., 2023): This benchmark focuses on single-turn conversations and consists of 805 test prompts covering various topics. The models are compared head-to-head with GPT-4-Preview (11/06) to compute the win rate. The same GPT-4 model is used as the judge. To mitigate the length bias of GPT-4, a length-control variant of the benchmark is also proposed.
- MT-Bench (Zheng et al., 2023): This benchmark is a multi-turn benchmark and includes 160 test prompts from 8 different areas. The model should first answer an initial question, and then a pre-defined follow-up question. The model's responses are then rated by the GPT-4 model with a scale from 1-10, and the final score is computed as the average score of two turns.
- Chat-Arena-Hard (Tianle et al., 2024): This benchmark consists of 500 test prompts from the live data in Chatbot Arena, a crowd-sourced platform for LLM evaluations. The prompts evaluate the model's ability in specificity, domain knowledge, complexity, problem-solving, creativity, technical accuracy, and real-world application. In addition to the agreement to human preference, compared with AlpacaEval-2 and MT-Bench, Chat-Arena-Hard further enjoys a clear separability among different models.

We also measure the ability of the resulting models using academic benchmark, including GSM-8K (Cobbe et al., 2021), MMLU (Hendrycks et al., 2020), HumanEval (Chen et al., 2021), TruthfulQA (Lin et al., 2021), ARC (Clark et al., 2018), and MBPP (Austin et al., 2021). These benchmarks evaluate the models'

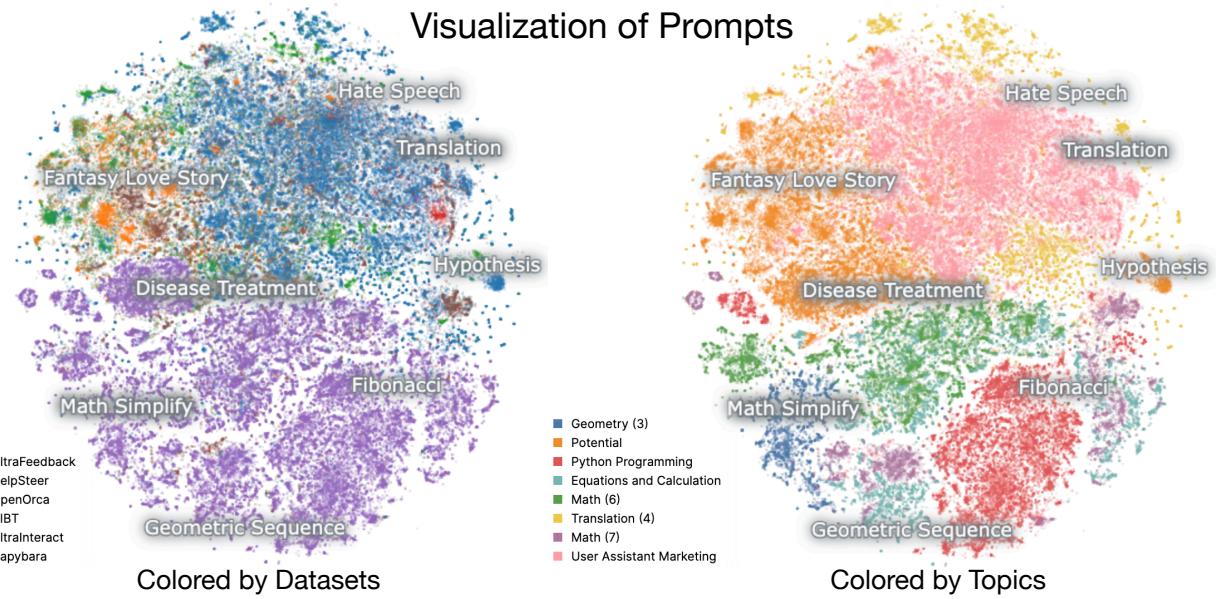


Figure 7: Visualization of our prompt collection via Nomic Atlas. The left figure is colored by the data sources of prompts, and the right figure is colored by topics, which are auto-generated by the custom topic model of Nomic Atlas.

Table 3: A summarization of the benchmarks we use in this project. We list the metric and number of shots (indicating zero-shot learning or in-context learning) used for LLM evaluation on each dataset.

Benchmark	LC-AlpacaEval-2	MT-Bench	Chat-Arena-Hard	GSM-8K	MMLU	HumanEval	TruthfulQA	ARC	MBPP
Metric	win rate	score	win rate	acc	acc	acc	acc	acc	acc
Num. of Shots	0	0	0	8	5	0	0	25	0

ability in coding, reasoning, and general knowledge. In particular, it is known that RLHF alignment can introduce performance degeneration in reasoning, calibration (providing accurate confidence estimates), and truthfulness capabilities (generating accurate and factual responses), which is also referred to as the alignment tax in the literature (Ouyang et al., 2022; Bai et al., 2022a; OpenAI, 2023). Therefore, evaluating our model on these benchmarks is crucial to understanding the impact of iterative RLHF on these specific aspects.

We summarize the benchmarks we use in this project in Table 3.

4.2 Main Results

Online iterative RLHF significantly improves conversation quality. We evaluate our model’s conversation abilities using AlpacaEval-2, MT-Bench, and Chat-Arena-Hard, (results in Table 4). Compared to other open-source models with less than 10B parameters, our model – LLaMA-3-8B-SFR-Iterative-DPO-R outperforms them on the conversation and instruction-following benchmarks with a significant margin. Notably, our model trained with iterative DPO consistently outperforms that of vanilla offline DPO (**DPO baseline**). This demonstrates the advantage of online iterative RLHF. Moreover, our model outperforms the Tulu-2-DPO-70B and GPT-3.5-turbo-1106, which are aligned by DPO or PPO and are much larger than our base model. These results show that the online iterative RLHF can effectively adjust the style of the model responses, thus improving the conversation quality.

Table 4: Evaluation results and comparison between the resulting models and existing models. * means that the model is based on the mixture-of-experts architecture. We report the length-control win rate of AlpacaEval-2 as recommended by the authors. RS is short for rejection sampling (Dong et al., 2023) and X means that the value is unavailable. Only underline results are better than our 8B model.

Model	Size	Method	LC	AlpacaEval-2	MT-Bench	Chat-Arena-Hard
Gemma-7B-it	7B	SFT		10.4	6.38	7.5
Zephyr-7B-beta	7B	Vanilla DPO		13.1	7.34	X
Mistral-7B-v0.2-it	7B	SFT		17.1	7.51	12.6
Open-Chat-0106	7B	SFT		15.6	7.8	X
Starling-7B-beta	7B	PPO		25.8	8.12	23.0
LLaMA-3-8B-it	8B	RS+DPO+PPO		22.9	8.16	20.6
Ours (SFT baseline)	8B	SFT		10.2	7.69	5.6
Ours (DPO baseline)	8B	Vanilla DPO		22.5	8.17	22.4
Ours (Iterative RLHF)	8B	Iterative DPO		31.3	8.46	29.1
Vicuna-33b-v1.3	33B	SFT		17.6	7.12	8.6
Yi-34B-Chat	34B	SFT		27.2	X	23.1
Mixtral-8x7B-it	45B*	SFT		23.7	8.30	23.4
Tulu-2-DPO-70B	70B	Vanilla DPO		21.2	7.89	15.0
LLaMA-3-70B-it	70B	RS+DPO+PPO		<u>34.4</u>	<u>8.95</u>	<u>41.1</u>
Mixtral-8x22B-it	141B*	SFT		30.9	8.66	36.4
GPT-3.5-turbo-1106	-	-		19.3	8.35	18.9
GPT-3.5-turbo-0613	-	-		22.7	8.39	24.8
GPT-4-0613	-	-		30.2	<u>9.18</u>	<u>37.9</u>
Claude-3-Opus	-	-		<u>40.5</u>	<u>9.00</u>	<u>60.4</u>
GPT-4 Turbo (04/09)	-	-		55.0	X	82.6

Academic Task. As RLHF can impact a model’s reasoning and calibration abilities, typically in a negative way (Bai et al., 2022a; Ouyang et al., 2022; OpenAI, 2023), we compare our model’s performance on academic benchmarks (Table 5) with the SFT checkpoint and other baselines. We don’t observe significant performance regression compared to the SFT baseline. Interestingly, our iteratively DPO-aligned model even outperforms the SFT model in GSM-8K, MMLU, TruthfulQA, and ARC benchmarks. We believe that these increased capacities of the model are injected in the pre-training stage and SFT stage, and iterative DPO helps it leverage them more effectively. This is because the 60K alignment data used in the iterative RLHF are orders of magnitude less than those used in the previous two stages.

Remark 1. *The RLHF-aligned models based on some initial checkpoints and more epochs can approach or even outperform the state-of-the-art closed-source models like GPT-4 and Claude on benchmarks. However, we remark that we should be more careful in interpreting these results because the test sets of the benchmarks are finite and may not be representative enough to capture the complicated real-world scenarios. Moreover, the increased possibility of small models overfitting the benchmarks may lead to benchmark hacking, which means that the real capacity of a model with a high score is still limited. In particular, while it is possible to get even higher results on the benchmark (e.g., 44.84 in LC AlpacaEval-2 and 35.7 in Chat-Arena-hard, but the performance on academic benchmarks drops significantly), we presented our current model by human evaluation on some randomly chosen test prompts. We also found that GPT-based evaluation highly depends on the configuration. Our model obtains 37.2 LC win-rate (45.4 win-rate) with “alpaca_eval_gpt4_turbo_fn” config, which has better agreement with human evaluation.*

Ablation study on filtering data with length penalty. We observed that the aligned model’s response length was significantly longer than the SFT baseline (potentially due to reward model bias as shown in

Table 5: Evaluation results of the resulting model on academic benchmarks and comparison with other open-access LLMs.

Model	Size	Method	GSM-8K	MMLU	HumanEval	TruthfulQA	ARC	MBPP
LLaMA-3-8B-it	8B	RS+DPO+PPO	79.6	66.0	61.6	43.9	59.5	61.1
Ours (SFT baseline)	8B	SFT	74.2	64.7	65.2	53.4	61.4	62.3
Ours (DPO baseline)	8B	Vanilla DPO	79.8	64.5	63.4	61.8	65.2	60.3
Ours (Iterative RLHF)	8B	Iterative DPO	80.7	65.3	64.6	60.4	64.3	60.8

Figure 5). To address this, we conducted an ablation study by incorporating a length penalty into the reward function:

$$\tilde{r}(x, a) = \hat{r}(x, a) - \lambda|a|, \quad (8)$$

where $|a|$ is the number of **characters** of the response. We compare the model trained with this penalty to the vanilla version and report the results in Table 6. As expected, the length penalty effectively mitigated the length bias, leading to shorter responses. In particular, the model trained with length penalty achieves a superior *length-control* AlpacaEval-2 win rate, as well as better results on some academic benchmarks. This demonstrates the advantage of mitigating length bias and motivates us to study the verbosity issue in reward modeling further. Finally, we notice that the model trained with length penalty is worse in the Chat-Arena-Hard benchmark. This may suggest that we also need a length-control version for this benchmark to provide a more reasonable evaluation.

Table 6: Ablation study on the impact of reward models and length penalty in the online iterative RLHF. The response length is averaged over the responses to the Chat-Arena-Hard Benchmark.

RM/Model	Len. Pen.	LC Alp.	Arena-H.	Len.	GSM-8K	MMLU	HumanEval	TruthfulQA	ARC	MBPP
Ours	-	31.2	29.1	656	80.7	65.3	64.6	62.2	64.3	60.8
Ours-concise	0.001	38.1	22.1	382	78.8	65.5	66.5	60.4	65.1	62.4
UltraRM-13B	-	20.7	24.3	745	78.9	64.9	63.7	59.9	63.6	60.8

On the impact of reward model. We investigate the effects of the reward (preference) model used in the online iterative RLHF. Our model’s performance is compared to a model trained with UltraRM-13B, and the ablation study results are summarized in Table 6. We observe that the model trained with UltraRM-13B has longer responses than ours, which is consistent with its stronger bias, as shown in Figure 5. Considering the alignment tax, the accuracy on the academic benchmarks drops more than our models. One important reason is that the UltraRM-13B does not have a good reasoning ability (see Table 2), so it may not provide appropriate preference signals for reasoning-related conversations. For instance, the model may favor some responses with many comments in the coding task, which tend to be very helpful but are indeed useless when evaluated by humans. Notably, the model trained with UltraRM-13B achieves a higher Chat-Arena-Hard win rate than our concise version, which also supports the verbosity bias of the Arena-Hard benchmark. During the training process, we also observe that the model trained with UltraRM-13B achieves a lower training loss, which may suggest that the signals of UltraRM-13B are more consistent and easy to learn. In contrast, the convergence under our reward model is slower due to the complex preference signal.

5 End Note and Future Direction

In this technical report, we study the workflow of the online iterative RLHF, which leverages on-policy sampling and external preference signals from a proxy preference model trained on a diverse set of open-source preference datasets. The resulting model (referred to as LLaMA-3-8B-SFR-Iterative-DPO-R) demonstrates impressive performance on standard benchmarks, and the report provides detailed instructions for reproducing the results, including data, code, models, and hyper-parameter choices.

There are still many potential directions to explore. First, as we can see in Table 6, the iterative RLHF heavily relies on the quality of the preference signal. In this project, we use a proxy scalar reward model trained on a diverse set of open-source datasets to approximate human feedback. It would be interesting to see whether we can design a more effective strategy to model different types of preference signals, like a multi-head reward (Wang et al., 2024) and classification-based activation strategy (Touvron et al., 2023). Second, while the rejection sampling seems to be a good heuristic exploration strategy, it is still interesting to see whether we can design more effective ways for exploration. Finally, most of the models after RLHF tend to reply the prompts with much longer responses. Such a length bias is further amplified in the iterative RLHF framework. We presented a preliminary study on this issue by leveraging an additional length penalty in reward for data filtering. It would be interesting to see whether we can further mitigate this issue by additional algorithmic designs or post-training techniques.

We hope the results of this project can advance the direction of online iterative RLHF and contribute to the training of stronger and larger open-source LLMs.

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A Authorship and Credit Attribution

All authors provided valuable contributions to this project, each bringing unique expertise and insights that were crucial for its success.

HD first demonstrated that iterative DPO algorithm can achieve state-of-the-art performance; wrote a development version code for SFT, iterative RLHF; contributed to the training of SFT model and BT-RM; conducted extensive experiments on training and hyper-parameter tuning of iterative RLHF; delivered the released BT reward model; provide preference dataset for final BT-RM and some initial versions of the prompt data; conducted the RM evaluation and GPT-based evaluation of the generative models; contributed to paper writing; contributed to the public version of iterative RLHF code.

WX wrote the codes for the Bradley Terry reward model and conducted most of the experiments for both reward and preference model training; delivered the released pairwise preference model; contributed to the preference dataset search and hyper-parameter tuning; initiated and organized the online iterative RLHF project; wrote the initial code for the online iterative DPO and prepared its public version on GitHub; contributed to the evaluation of the reward and preference models; assisted in the collection and the cleaning of the preference dataset; wrote the paper.

BP conducted most of the final SFT and RLHF experiments and delivered the released SFT and RLHF model; independently wrote a development version code for SFT and iterative RLHF; developed the SFT recipes (data, hyper-parameter, model selection); conducted extensive experiments on the training and hyper-parameter tuning of SFT, offline and iterative RLHF; conducted the GPT-based evaluation and all the academic benchmarks; contributed to paper writing.

HW initiated the training code of the pairwise preference model, and conducted experiments in the training of the Bradley Terry reward model and pairwise preference model; collected, filtered, and deduplicated the prompt set; contributed to the preference dataset collection and data cleaning; contributed to the evaluation and analysis of the reward and preference models; made substantial writing contributions to the reward modeling section and created illustrative figures for the algorithmic frameworks and dataset visualization.

HZ, YZ, NJ, DS, CX, TZ supported and advised the works of the junior authors, provided computational resources, and suggested experiments and writings.

B Additional Experimental Details

SFT Data List. We collect open-sourced instruction-finetuning data for our SFT model training. The following data is included: ShareGPT, Evol-Instruct, SlimOrca, MathInstruct, Magicoder-Evol-Instruct, GPT4-LLM, OrcaMath, GPTeacher, UltraInteract.

Offline Vanilla DPO. We use Nectar dataset for Offline DPO. We run 1 epoch with batch size 128, learning rate 5e-7, and cosine decay scheduler.

Evaluation. For MT-Bench evaluation, we use huggingface default generation and “You are CMB, an AI assistant known for its intelligence and expertise across all fields of knowledge. You are designed to provide detailed and helpful responses to a wide range of user inquiries, ensuring clarity and accuracy in every interaction.” as system prompt. Transformers version is 4.38.1. For AlpacaEval and Chat-Arena-Hard, we use vllm to generate samples.

Additional Plots. We also visualized our performance as Figure 8.

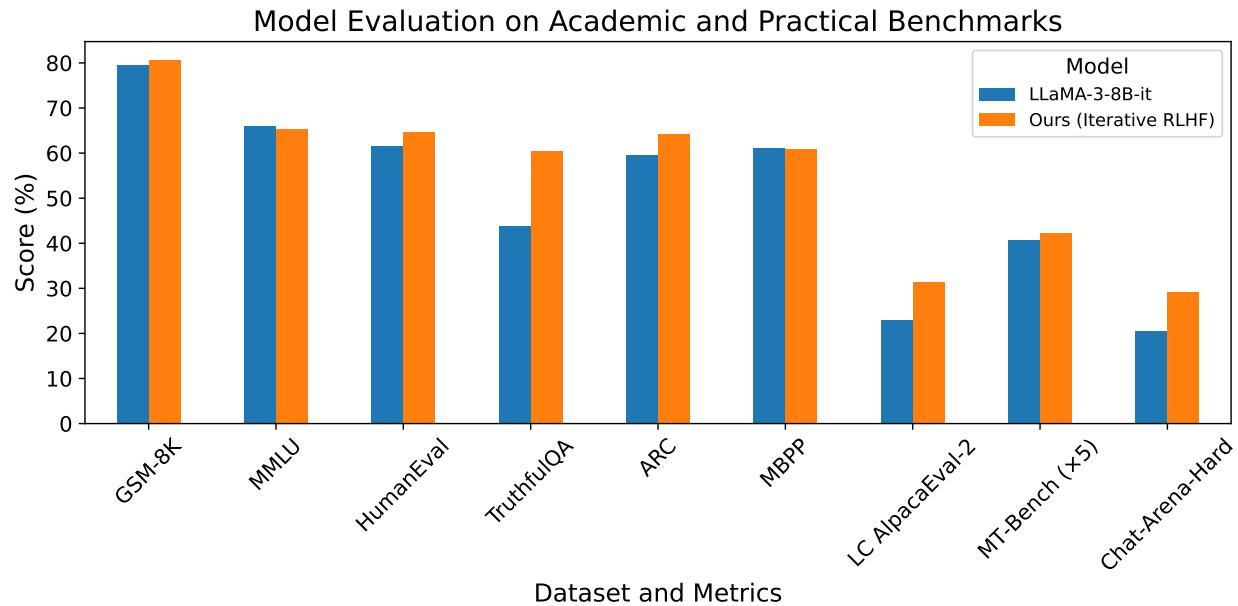
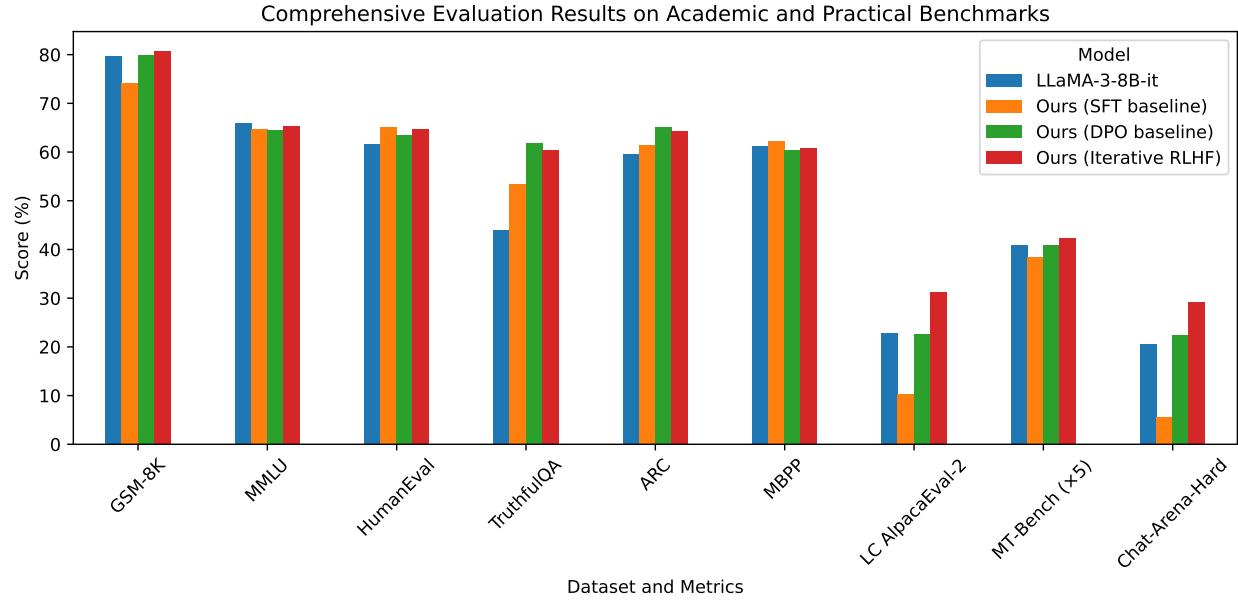


Figure 8: Evaluation of our models and LLaMA-3-8B-inst.