

1. The Recipes

1.1. 475 A powder for (th)e green sickness

Take aniseedsSS0371-n6 nutmegs elecampane roots beat (the)m to powder of each a like quantity sears (th)e powders take as much more of (th)e quantity of sugar as of (th)e powders

1.2. 476 (Th)e decoction and opening for (th)e same

Take pennyroyal unset hyssopSA1523-n6 mother-of-thyme feverfew mugwort madder marigold flowers leaves germander betonySRH2322-n1 bugles mallows violet leaves fennel parsley root with 4 or 5 blades of saffron boil all these in a good quantity of ale drink a good draught of it morning and evening

1.3. 477 A drink for (th)e green sickness

Agrimony one handful wormwood and sentryAT6840-n4 of each half a handful boil it in 3 pints of water 1 pint of white wine boil it half an hour (th)en drink every morning half a pint of it in (th)e afternoon as much it's best to be taken in spring

1.4. 478 To bring down them

Sentry boiled in posset drink with currants is good or savin so boiled and drund leaves of smallage worn in (th)e shoes is good

1.5. 479 For green sickness or dropsy

Take yellow sentryAT6840-n4 three drams given in a dram of aniseedsSS0371-n6 caraway seeds in wine or any other liquor is good

1.6. 480 For (th)e whits

Take parsnips dry (th)e beat (the)m to powder then boil that powder in milk drink it warm it helps

1.7. 481 For the green sickness

Take magistry of pearl powder of stell powder of amber powder of coral powder of elecampane of each a quarter of an ounce mace cloves nutmegs of all a quarter of an ounce as much double refined sugar of all these take as much as will lie on sixpence in the morning at 6 o'Clock at four in afternoon waking after it