

Date:\_\_\_\_\_

Supervisor:\_\_\_\_\_

Observed by:\_\_\_\_\_

Supervisee:\_\_\_\_\_

## **Eight core EFT supervisor competencies: Coding Sheet (v. 2)**

by Robert Elliott, Ph.D.

<b>Supervisor Competence</b>	<b>Notes</b>
<b>Supervision Questions:</b>	
<b>1. Affirm and collaborate:</b> Offer a genuine, affirming empathic presence.	
<b>2. Say What You See:</b> Conceptualize what is happening in EFT terms (=Fundamental competency; EFT process formulations)	
<b>3. Look at what client does next.</b> Direct supervisee's attention to their client's immediate reaction to their responses and how their process develops ("where it goes").	
<b>4. Tune in and speak out:</b> Model deep attunement with client.	
<b>5. Facilitate Case Formulation Work.</b> Help supervisee build a tentative formulation/narrative of client's process, creating a "red thread" that points the way forward.	
<b>6. Tune into supervisee experience:</b> Explore the frame of reference / formulation / immediate experience / blocks of supervisee.	
<b>7. Say what you would do:</b> Including what could be done / how it could be done more productively; suggestions for therapy activities.	
<b>8. Tell how it works:</b> Explaining/ experiential teaching for supervisees.	