



Stages and Steps of Case Formulation in EFT

Diagrammed by: James Even Chen - james(at)evenc.org

- Extract process from content
- 3 Stages, 2 Tracks (Emotion & Narrative)

Adapted from: *Case Formulation in Emotion-Focused Therapy: Co-Creating Clinical Maps for Change* (2014) by Rhonda N. Goldman, and Leslie S. Greenberg

