

A stylized Spotify logo is positioned on the left side of the image. It consists of a green circle with three horizontal, curved black lines of varying lengths extending from its right edge, mimicking the design of the Spotify logo.

# Spotify History Analysis

Minutes Listening

599.10K

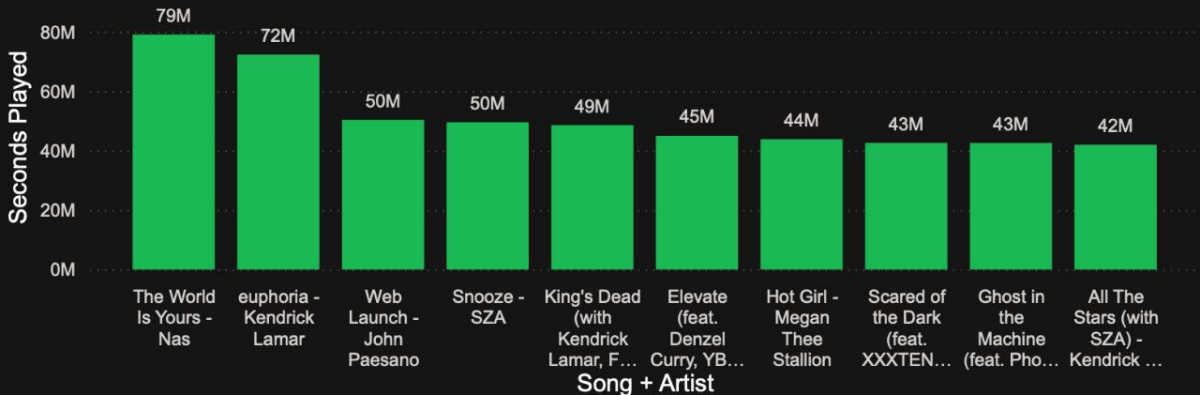
Top Artist

Pentatonix

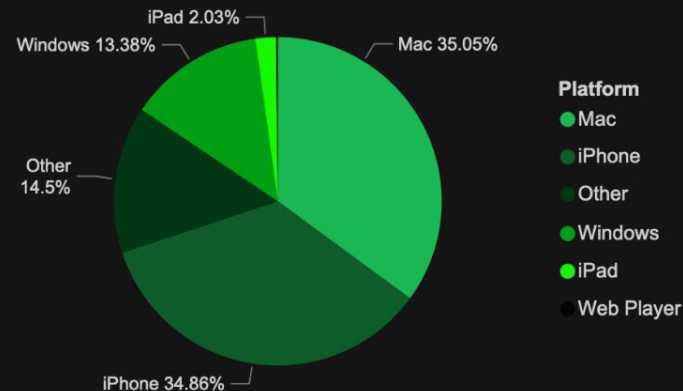
Top Song

All The Stars (with SZA)

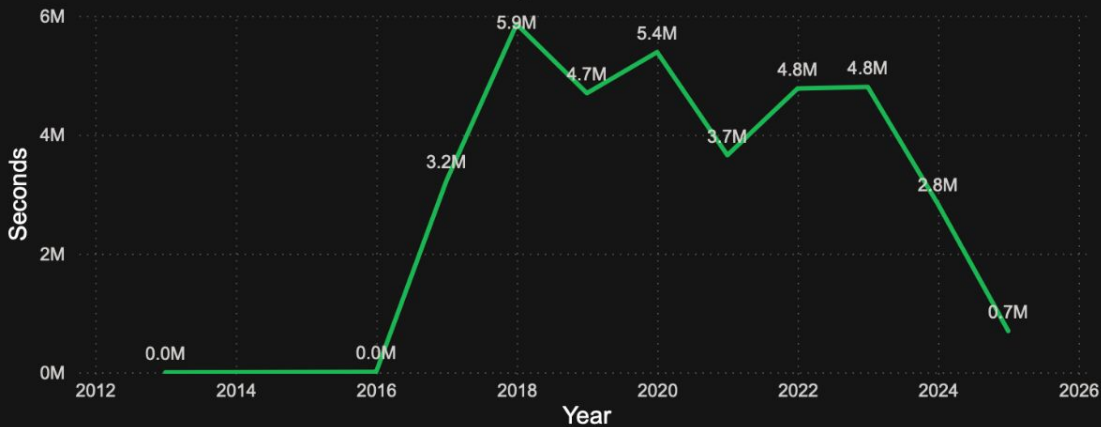
Top 10 Songs



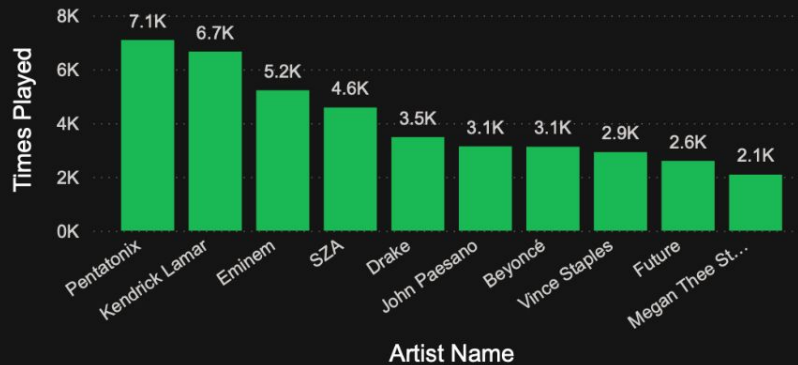
Percent of Platforms Used



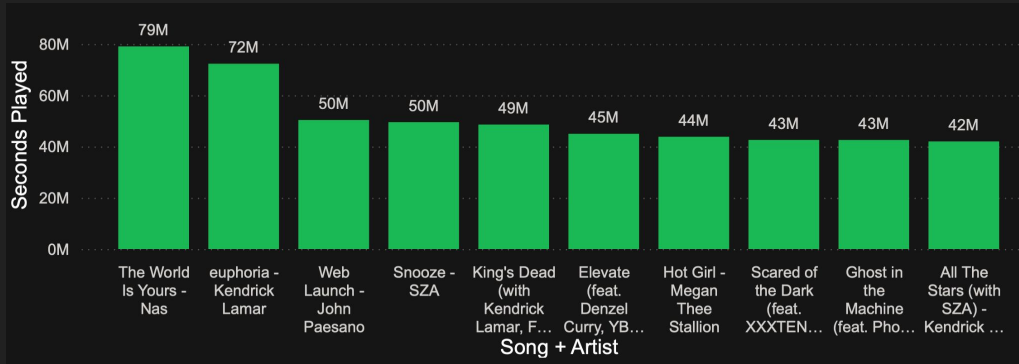
Listening Over Years



Top 10 Artists



# On Repeat: My Most Played Songs



The World Is Yours – This upbeat, uplifting track was one of my go-to songs during long gym sessions, often playing on repeat for 1–2 hours. Its message helped push me through some of the toughest sets.

Euphoria – Second only to “*They Not Like Us*,” this became one of my favorite Kendrick Lamar diss tracks toward Drake. With each listen, I uncovered new layers of meaning in his lyrics.

Web Launch – From the *Marvel’s Spider-Man* game soundtrack, this high-energy score quickly became my go-to for an energy boost. It also reflects my deeper appreciation for cinematic and instrumental music. (Hans Zimmer & John Paesano are my favorites!)

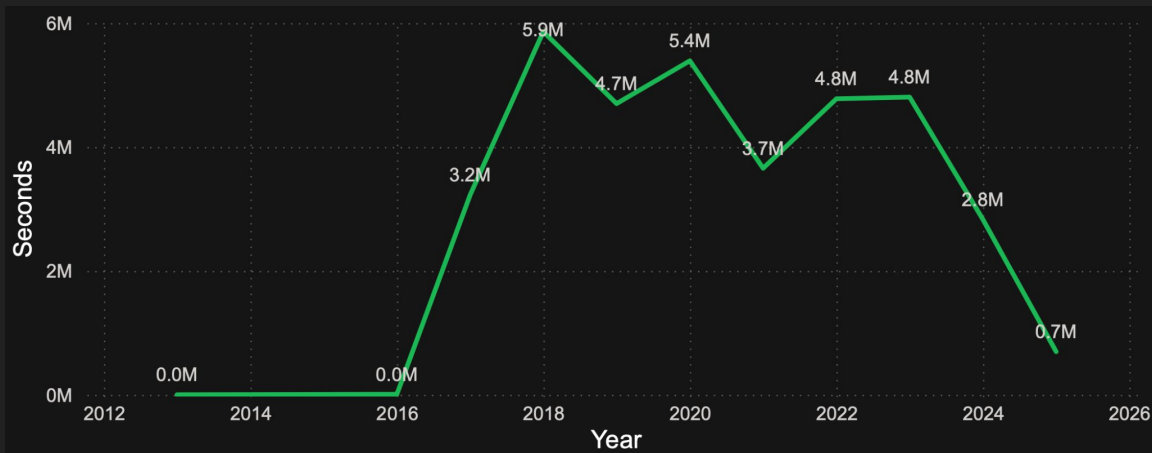
Snooze & Ghost in the Machine – While working on my senior capstone project, I had SZA’s *SOS* album on repeat to help me stay focused and locked in. Out of all the tracks, *Snooze & Ghost in the Machine* were the one I kept rewinding the most.

King’s Dead & All The Stars – Both tracks are from the *Black Panther* soundtrack, one of my all-time favorite movies with one of the best soundtracks I’ve ever heard. These two songs were on repeat more than any others. *All The Stars* always brings me back to the Oakland Grand Lake Theater, where it played during the film’s outro — a moment that ended in a standing ovation from a community deeply moved by what the movie represented.

Elevate & Scared of the Dark – From *Spider-Man: Into the Spider-Verse*, these two tracks kept me feeling both energized and empowered throughout my final year of high school in 2019.

Hot Girl – During the summer of 2019, this was the first song that introduced me to Megan Thee Stallion, who quickly became one of my favorite women rappers of all time. I fell in love with her energetic, upbeat style on this track, and it stayed on repeat during my cardio workouts.

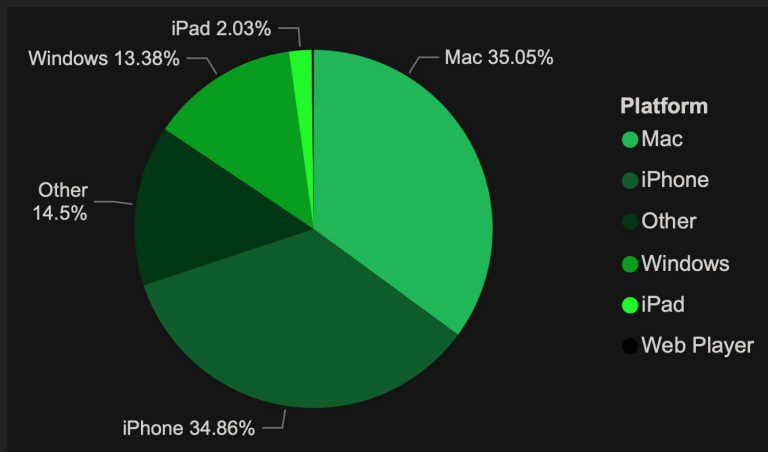
# A Decade in Playback



I first dabbled with Spotify back in 2013, but I took a break from it during 2014 and 2015. Everything changed in 2016 when I started high school—that’s when my real music obsession began. I couldn’t study without something playing in the background, and that habit quickly became a core part of my daily routine.

By the time I entered college in 2019, music had become almost inseparable from me. I was rarely seen without my “infamous headphones,” listening to something nearly 24/7. Unless I was in class or deep in conversation, I had music in my ears. That pace slowed after I graduated in 2023, when full-time work took over my schedule. These days, most of my listening happens during early mornings and late evenings.

# iPhone in Hand, Mac at Work



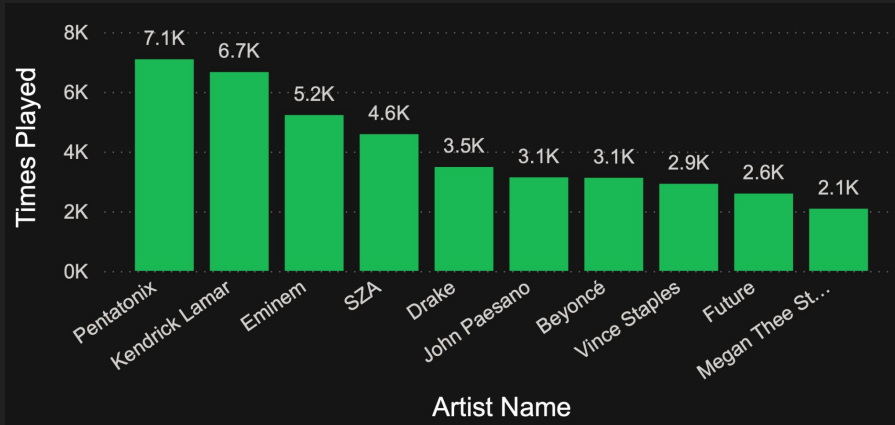
My iPhone and Mac were by far the most frequently used platforms—my iPhone for its portability, and my Mac as my primary computing device for school and work, which continues to this day.

The “Other” category mostly includes playback through external speakers and Apple CarPlay, even when my iPhone was the source behind the connection.

My time using Windows was short-lived; I’ve always been a loyal Apple user, though even then, I never used a device without music playing in the background.

As for the Web Player and iPad, their usage was purely experimental and brief—neither became part of my regular listening routine.

# The Front Row Favorites



Pentatonix – I've always appreciated the group's *a cappella* covers of pop hits as well as their original compositions. As a beatboxer with a deeper voice myself, I was especially drawn to Kevin Olusola's percussion work and Avi Kaplan's rich basslines—they brought a grounded power to the group's sound that resonated with me.

Kendrick Lamar – Kendrick has long stood as a cultural pillar in the Black community. His music is more than art; it's a powerful vehicle for awareness and pride. And as he says in *Euphoria*, "I make music that electrify 'em". I've always admired how intentionally he crafts his lyrics—addressing both the historical and present-day realities of being Black in America with honesty, complexity, and conviction.

Eminem – Once upon a time, I was a hormonal high schooler with a lot of intense emotions. Let's just say this was a phase—nothing more, nothing less.

SZA – With her elegant vocals on top of her soothing melodies, SZA has a way of massaging your mind through her music.

Drake – Make no mistake, Drake's placement on my top 10 does not stand as competition with Kendrick. I appreciate him merely for his 808 bass-style music, which makes great club music! "Because you know I'm all about that bass, 'bout that bass, no treble." – Meghan Trainor

John Paesano – Paesano is one of my favorite composers (alongside Hans Zimmer) for his work with the games *Marvel's Spider-Man*, *Marvel's Spider-Man: Miles Morales*, and the Netflix series *Daredevil*. I have a deep appreciation for good musical scores in games, shows, and movies.

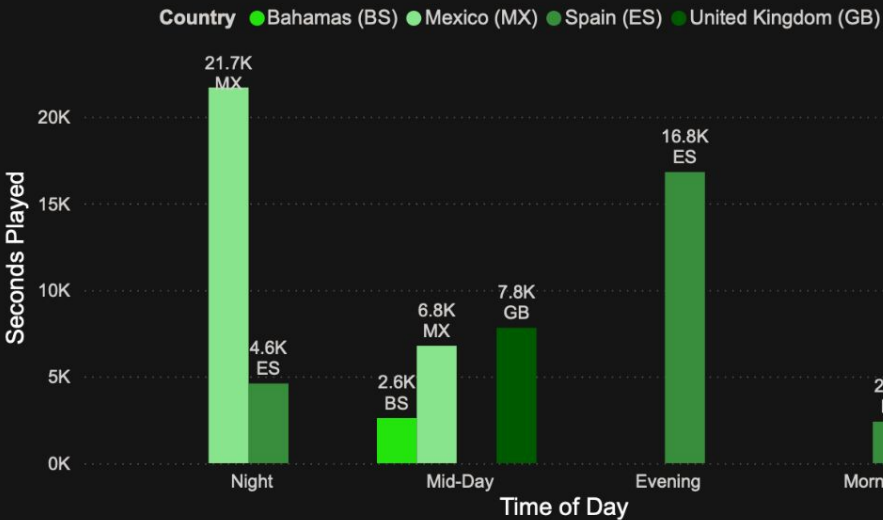
Beyoncé – An icon. A trailblazer. One of the greatest artists of all time. Must I say more?

Vince Staples – *The Vapors*, *Big Time*, *War Ready*, *Limos*, *Home*, *Norf Norf*, *BagBak*. He's comedic, nonchalant, and digs deep into his unique rapping style.

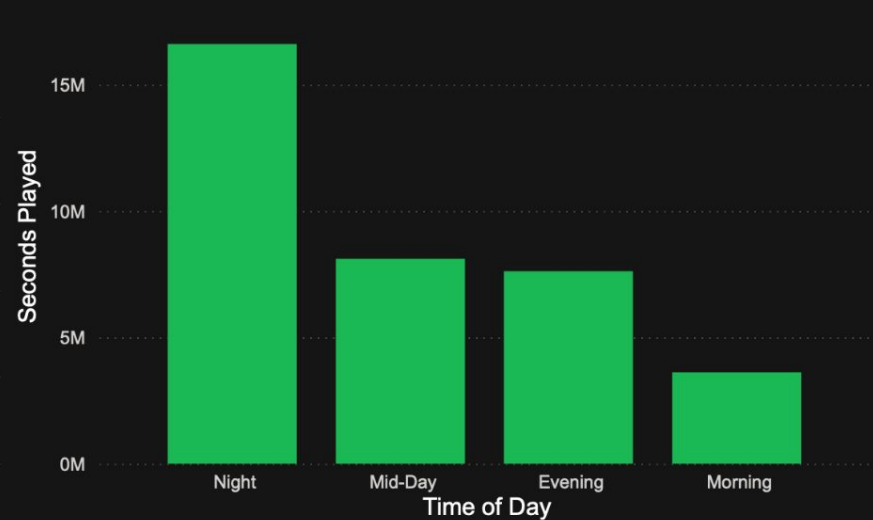
Future – If I'm ever seen walking down the street cool with my head held high, I'm probably listening to one of his 27 songs I have saved in my library!

Megan Thee Stallion – Her energy, her confidence, her flow. Megan will always be one of my top women rap artists.

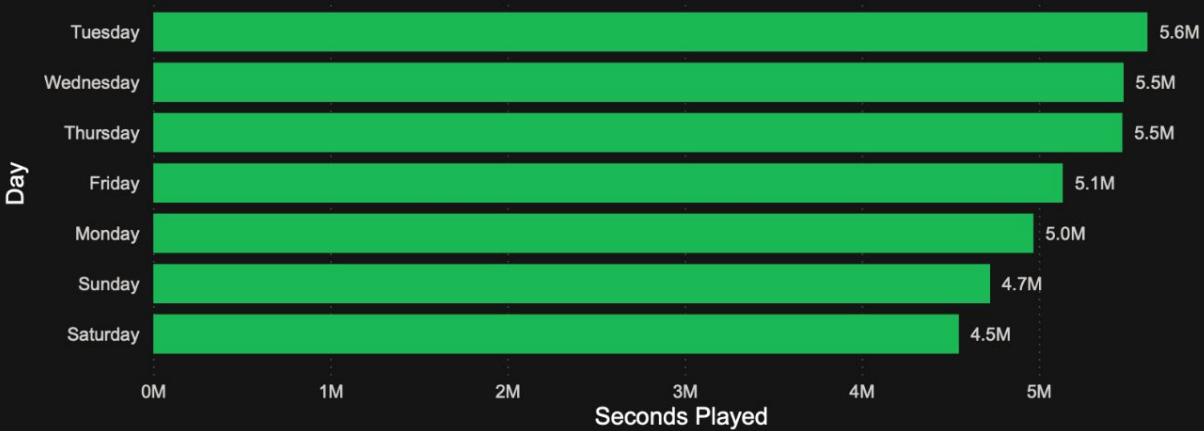
Time of Day Listening by Country



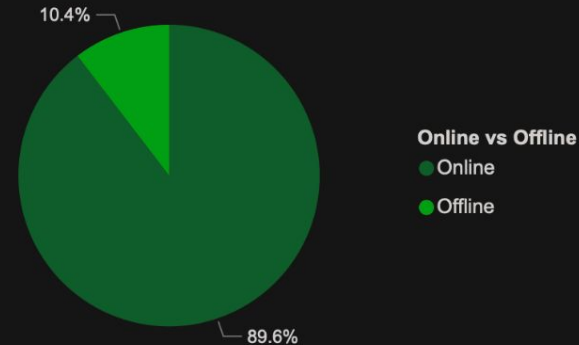
Time of Day Listening



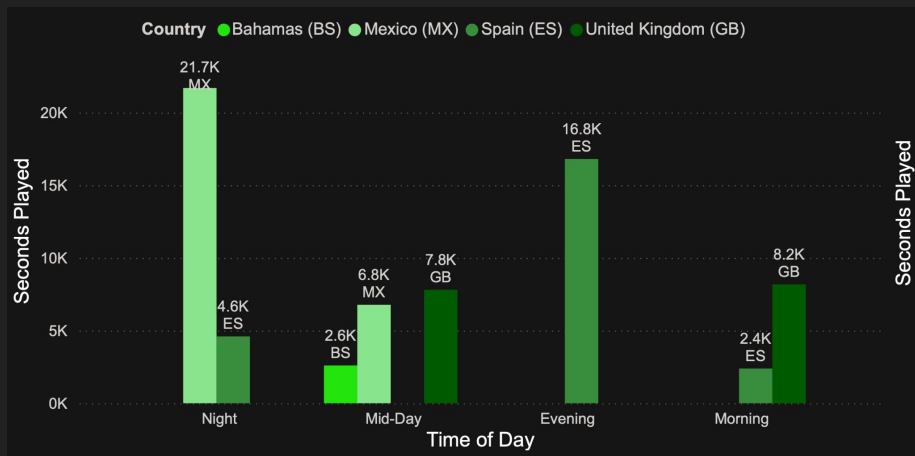
Seconds Played by Day



Online vs Offline



# When and Where I Pressed Play



Bahamas – There was minimal listening on this trip since I only pulled out my headphones for about 45 minutes to relax and listen on the beach during the one day I was there.

Mexico – I listened primarily during mid-day and nighttime. My nighttime listening came from studying late into the evening with music on, while mid-day listening mostly happened during bus rides around Oaxaca. In the mornings and evenings, I was typically in class or out exploring.

Spain – Most of my listening took place in the evenings while I was out exploring with my headphones on. Nighttime listening was a mix of studying and winding down. Morning listening was brief and usually just to pass the time while waiting for others to wake up.

United Kingdom – My listening here was limited to mid-day and morning. This was likely because my afternoons and evenings were mostly spent staying present and engaged with the group I was traveling with.



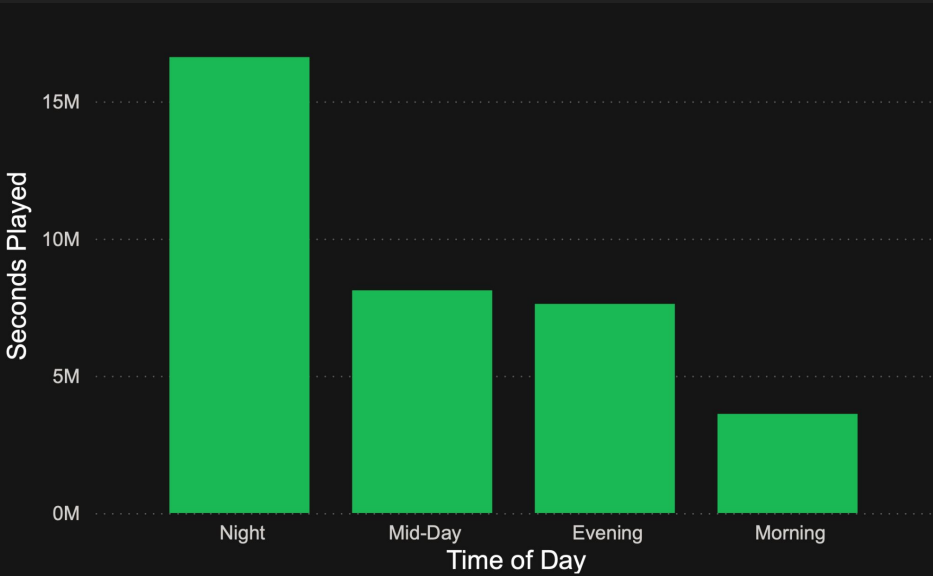
# My Weekly Listening Habits



The majority of my listening occurred midweek, particularly on Tuesdays, Wednesdays, and Thursdays. This pattern likely reflects a routine where I spent more time studying or working independently—activities that typically pair well with music in the background.

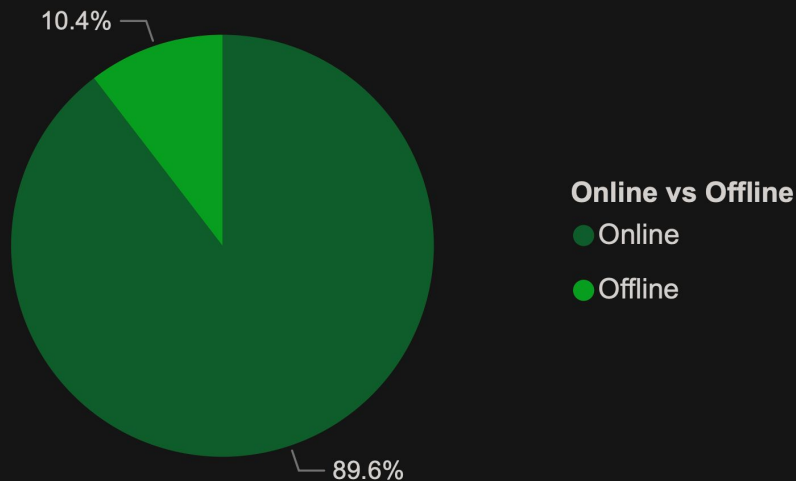
In contrast, Mondays and Fridays saw noticeably less listening. Mondays may have involved more structured or demanding tasks that left less room for music, while Fridays likely marked a shift toward social or leisurely activities. Weekend listening was also relatively low, possibly because much of that time was spent on activities like going out, shopping, or gaming—situations where music wasn't always present or necessary.

# Late Nights, Light Mornings



Most of my listening occurred at night, which aligns with my preference for studying during that time. Mid-day and evening listening was more scattered, likely due to a more unpredictable schedule that left less room for consistent playback. While mornings did include regular listening, it was typically brief—often limited to short periods as part of my daily routine.

# Even When I'm Disconnected, the Music Isn't



There were rarely times where I was in a situation where I was listening offline. It can be assumed that a large number of my offline listening was during flights (due to airplane mode), as I have been on dozens of 6hr+ flights across the country and abroad throughout my life.