

Protocol ID: \_\_\_\_\_

Study Name: \_\_\_\_\_

Site: \_\_\_\_\_

Event Name: \_\_\_\_\_

Event Date: \_\_\_\_\_

Study Subject ID: \_\_\_\_\_

Interviewer Name: \_\_\_\_\_

Interview Date: \_\_\_\_\_

## BLSA Weight History - Ver 1.0

### Section Title: Weight History

#### Instructions:

Date Completed

☐ Blank

Tester ID

Was weight history collected?

- ☐ Yes
- ☐ (5) Physical (communication problem)
- ☐ (6) Cannot understand the questions
- ☐ (7) Refused to answer
- ☐ (8) Don't remember any weight
- ☐ (9) Technical problems (no time/not scheduled)

Please record the weights in pounds

1. How much did you weigh 1 year ago? (lbs)

If 1 not answered, why:

☐ (8) DK/DR Refused ☐ (7)

Click to deselect entry

2. How much did you weight 10 years ago? (lbs)

If 2 not answered, why:

☐ (8) DK/DR Refused ☐ (7)

Click to deselect entry

3. How much did you weigh at age 25? (lbs)

If 3 not answered, why:

☐ (8) DK/DR Refused ☐ (7)

Click to deselect entry

*If participant is over 50 y.o.:*

4. How much did you weigh at age 50? (lbs)

If 4 not answered, why:

☐ (8) DK/DR ☐ (7) Refused  
☐ (9) NA

[Click to deselect entry](#)

5a. Up to the present time, what is the most you have ever weighed? (lbs)

If 5a not answered, why:

☐ (8) DK/DR ☐ (7) Refused

[Click to deselect entry](#)

5b. How old were you then? (years)  
(Please make your best guess)

If 5b not answered, why:

☐ (8) DK/DR ☐ (7) Refused

[Click to deselect entry](#)

6a. What is the least you have ever weighed since you were 18? (lbs)

If 6a not answered, why:

☐ (8) DK/DR ☐ (7) Refused

[Click to deselect entry](#)

6b. How old were you then? (years)  
(Please make your best guess)

If 6b not answered, why:

☐ (8) DK/DR ☐ (7) Refused

[Click to deselect entry](#)

**People's weights change during their adult life.**

During your adult life, would you say that.....

- ☐ (1) Your weight has stayed about the same +/- 10 lbs  
☐ (2) You have had a gradual gain in weight (>10 lbs)  
☐ (3) You have had a gradual loss in weight  
☐ (4) You have had a marked loss in weight and then kept it off  
☐ (5) Your weight has repeatedly gone up and down again  
☐ (8) DK/DR  
☐ (7) Refused

[Click to deselect entry](#)