Protocol ID: _____   Study Subject ID:_____

Study Name: _____   Interviewer Name:_____

Site: _____   Interview Date:_____

Event Name: _____

Event Date: _____

BLSA GAIT - Ver. 1.3

Section Title: Steady State Walks
Instructions:

Date Completed   ☐ Blank

Tester ID

Were shoes worn during this test ○ Yes ○ No Click to deselect entry

Status of Gait Lab Testing: ○ Attempted ○ Not   Click to deselect Reason Gait lab Testing not done ○ 1-Not enough time/not
                attempted   entry   scheduled

 ○ 2-No examiner

 ○ 3-Technical/equipment problem

 ○ 4-Cognitively impaired

 ○ 5-Unable to stand/walk unaided

 ○ 6-Examiner felt unsafe

 ○ 7-Participant refused

 ○ 8-Reason unknown

 ○ 9-Other Physical Problems

Obtain Height and Weight from current physical

Was accelerometer worn during ○ Yes ○ No Click to deselect entry
this test?

Was Zeno Walkway used to record GAIT?   ○ Yes ○ No   Click to deselect entry

Was Vicon used to record GAIT?   ○ Yes ○ No   Click to deselect entry

Examiner Note: Indicate the completion status for each trial of each test conducted in the Gait Lab. If a test was incomplete or not administered, record the reason not done.
QUIET STANCE/STATIC STAND
Eyes open

Positive Trial: ○ Complete ○ Incomplete/Not done   Click to deselect entry   Reason not done: ○ 1-Not enough time

○ 2-No examiner/room available

○ 3-Technical problem

○ 4-Participant unable to understand instructions

○ 5-Unable to stand/walk unaided

○ 6-Examiner felt it was unsafe

○ 7-Refused

○ 8-Reason unknown

Walking aid used: ○ Yes ○ No   Click to deselect entry

Negative Trial: ○ Complete ○ Incomplete/Not done   Click to deselect entry   Reason not done: ○ 1-Not enough time

○ 2-No examiner/room available

○ 3-Technical problem

○ 4-Participant unable to understand instructions

○ 5-Unable to stand/walk unaided

○ 6-Examiner felt it was unsafe

○ 7-Refused

○ 8-Reason unknown

Walking aid used: ○ Yes ○ No   Click to deselect entry

NORMAL AND FAST STEADY STATE WALKS

Normal Pace: ○ Complete ○ Incomplete/Not done   Click to deselect entry   Reason not done:

- ○ 1-Not enough time
- ○ 2-No examiner/room available
- ○ 3-Technical problem
- ○ 4-Participant unable to understand instructions
- ○ 5-Unable to stand/walk unaided
- ○ 6-Examiner felt it was unsafe
- ○ 7-Refused
- ○ 8-Reason unknown

Number of Trials: Walking aid used: ○ Yes ○ No   Click to deselect entry

Fast Pace: ○ Complete ○ Incomplete/Not done   Click to deselect entry   Reason not done:

- ○ 1-Not enough time
- ○ 2-No examiner/room available
- ○ 3-Technical problem
- ○ 4-Participant unable to understand instructions
- ○ 5-Unable to stand/walk unaided
- ○ 6-Examiner felt it was unsafe
- ○ 7-Refused
- ○ 8-Reason unknown

Number of Trials: Walking aid used: ○ Yes ○ No   Click to deselect entry

Protocol ID: _____

Study Subject ID:_____

Study Name: _____

Interviewer Name:_____

Site: _____

Interview Date:_____

Event Name: _____

Event Date: _____

Section Title: Normal Pace Walks
Instructions:

NORMAL PACE WALKS WITH OBSTACLE
If using Zeno, was clicker used to mark heel strike before obstacle crossing?

Trial 1   ○ Complete ○   Click to   Reason not done: ○ 1-Not enough time
Incomplete/Not done   deselect entry

○ 2-No examiner/room available

○ 3-Technical problem

○ 4-Participant unable to understand instructions

○ 5-Unable to stand/walk unaided

○ 6-Examiner felt it was unsafe

○ 7-Refused

○ 8-Reason unknown

Clicker used?   ○ Yes ○ No ○ N/A Vicon used   Walking aid used: ○ Yes ○ No   Click to deselect entry

Trial 2   ○ Complete ○   Click to
Incomplete/Not done   deselect entry

Reason not done: ◯ 1-Not enough time

                          ◯ 2-No examiner/room available

                          ◯ 3-Technical problem

                          ◯ 4-Participant unable to understand instructions

                          ◯ 5-Unable to stand/walk unaided

                          ◯ 6-Examiner felt it was unsafe

                          ◯ 7-Refused

                          ◯ 8-Reason unknown

Clicker used?   ◯ Yes ◯ No ◯ N/A Vicon used   Walking aid used: ◯ Yes ◯ No   Click to deselect entry

Trial 3   ◯ Complete ◯ Incomplete/Not done   Click to deselect entry   Reason not done: ◯ 1-Not enough time

                          ◯ 2-No examiner/room available

                          ◯ 3-Technical problem

                          ◯ 4-Participant unable to understand instructions

                          ◯ 5-Unable to stand/walk unaided

                          ◯ 6-Examiner felt it was unsafe

                          ◯ 7-Refused

                          ◯ 8-Reason unknown

Clicker used?   ◯ Yes ◯ No ◯ N/A Vicon used   Walking aid used: ◯ Yes ◯ No   Click to deselect entry

Trial 4   ◯ Complete ◯ Incomplete/Not done   Click to deselect entry   Reason not done: ◯ 1-Not enough time

                          ◯ 2-No examiner/room available

                          ◯ 3-Technical problem

                          ◯ 4-Participant unable to understand instructions

                          ◯ 5-Unable to stand/walk unaided

                          ◯ 6-Examiner felt it was unsafe

                          ◯ 7-Refused

                          ◯ 8-Reason unknown

Clicker used?   ○ Yes ○ No ○ N/A Vicon used   Walking aid used: ○ Yes ○ No   Click to deselect entry

Pain Assessment:

Ask the participant after the test if him/her had any pain during the tests

Pain Assessment: ○ Any pain (specify place and severity)

○ No pain during the tests

○ Don't know

○ Refused

Feet:

Which Foot: ○ Right ○ Left ○ Both   Click to deselect entry

Pain Severity Right: ○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know   Click to deselect entry

Pain Severity Left: ○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know   Click to deselect entry

Ankles:

Which Ankle: ○ Right ○ Left ○ Both   Click to deselect entry

Pain Severity Right: ○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know   Click to deselect entry

Pain Severity Left: ○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know   Click to deselect entry

Knees:

Which knee: ○ Right ○ Left ○ Both   Click to deselect entry

Pain Severity Right: ○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know   Click to deselect entry

Pain Severity Left: ○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know   Click to deselect entry

Hips:

Which hip: ○ Right ○ Left ○ Both   Click to deselect entry

Pain Severity Right: ○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know   Click to deselect entry

Pain Severity Left: ○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know   Click to deselect entry

Back:

Pain Back: ○ Yes   Click to deselect entry

Pain Severity: ○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know   Click to deselect entry

Examiner Note:
In addition to general comments, please indicate any difficulty participant had in crossing obstacle.
Comments