

Protocol ID: _____

Study Name: _____

Site: _____

Event Name: _____

Event Date: _____

Study Subject ID: _____

Interviewer Name: _____

Interview Date: _____

BLSA Body Measurements - Ver. 1.1

Section Title: Body Measurements

Vital Signs

Date Completed

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Tester ID 1

- | | | | |
|-----------------------------|-------------------|-----------|--------|
| 1. Body Temperature | (F) | | |
| 2. Pulse | (bpm) | | |
| 3. Respirations | (breaths per min) | | |
| 4. Blood Pressure: Systolic | (mmHg) | Diastolic | (mmHg) |

Standing Anthropometry 1

- | | |
|-------------------|------|
| 5. Weight | (kg) |
| 6. Height (cm) | |
| 6a. Measurement 1 | (cm) |
| 6b. Measurement 2 | (cm) |
| 6c. Measurement 3 | (cm) |

Tibia Length

Tester ID 3*

*(If no time/tester, enter: 999 - If refused enter: 777)

13. Tibia length (cm)

Standing Anthropometry 2**IF OUT OF EXPECTED RANGE PLEASE MEASURE AGAIN**

Tester ID 2*

*(If no time/tester, enter: 999 - If refused enter: 777)

7. Waist Diameter (expected: 15 to 50 cm)

7a. Measurement 1 (cm)

7b. Measurement 2 (cm)

7c. Measurement 3 (cm)

8. Waist Depth (expected: 15 to 50 cm)

8a. Measurement 1 (cm)

8b. Measurement 2 (cm)

8c. Measurement 3 (cm)

Skinfold Thickness**12. Right Arm Skinfold Thickness**

12a. Measurement 1 (mm) (cm)

12b. Measurement 2 (mm) (cm)

12c. Measurement 3 (mm) (cm)

Circumferences**9. Upper Abdomen (expected: 70 to 150 cm)**

9a. Measurement 1 (cm)

9b. Measurement 2 (cm)

9c. Measurement 3 (cm)

10. Lower Abdomen (expected: 70 to 150 cm)

10a. Measurement 1 (cm)

10b. Measurement 2 (cm)

10c. Measurement 3 (cm)

11. Buttock (expected: 70 to 150 cm)

11a. Measurement 1 (cm)

11b. Measurement 2 (cm)

11c. Measurement 3 (cm)

14. Head (cm) (expected: 40 to 70 cm)

Before DEXA

14a. Measurement 1 (cm)

14b. Measurement 2 (cm)

After DEXA

14c. Measurement 3 (cm)