

Protocol ID: _____

Study Name: _____

Site: _____

Event Name: _____

Event Date: _____

Study Subject ID: _____

Interviewer Name: _____

Interview Date: _____

BLSA Physical Exam - HV ver 1.0**Section Title: Physical Exam****Instructions:**

Date Completed

☐ Blank

Tester ID

Physical Examination not done:

☐ Exam done☐ Exam not done leave form blank☐ Exam incomplete

BLOOD PRESSURE: *"Next I will measure your blood pressure 3 times in each arm. You must be relaxed, so I will turn down the lights and we should not talk to each other until all the measurements are taken."*

Take the BP measurements by alternating right arm then left arm, allowing 1 minute between each measurement.

67a. Arm cuff size ☐ Small ☐ Regular ☐ Large ☐ Thigh ☐ Unknown Click to deselect entry

67b. Pulse obliteration level: (Palpated Systolic*) *Add 30 to obtain Maximum Inflation Level (MIL)

67c. Does participant have any of the following conditions?

☐ Aortic regurgitation☐ Hyperthyroidism☐ AV shunt left arm☐ AV shunt right arm☐ Previous surgery right side☐ Previous surgery left side

67d. SUPINE MEASUREMENTS**Measurement 1**

Right Systolic

Right Diastolic

Measurement 2

Right Systolic

Right Diastolic

67e. Heart Rate (bpm)

67f. If BP not measured, please state why:

Reason not done

- ☐ 555 - Physical problems
- ☐ 666 - Mental problems
- ☐ 777 - Both Physical and Mental problems
- ☐ 888 - Refused but could do
- ☐ 999 - Technical Problems

STANDING BLOOD PRESSURE MEASUREMENT:

Set timer for 3 minutes. Measure the participant's temperature during the 3-minute wait for standing BP. If participant cannot stand, measure in the sitting position.

Standing blood pressure measurement: (Use right arm if possible)

70a. Systolic

Diastolic

Heart Rate (bpm)

70b. Dizziness or light headed with ☐ Yes ☐ No Click to deselect entry
standing?

70c. Standing blood pressure ☐ Yes ☐ No Click to deselect entry
completed?

Reason not done

- ☐ 555 - Physical problems
- ☐ 666 - Mental problems
- ☐ 777 - Both Physical and Mental problems
- ☐ 888 - Refused but could do
- ☐ 999 - Technical Problems

70d. Measurements done standing ☐ Standing ☐ Sitting
or sitting?

Click to deselect entry