

Protocol ID: \_\_\_\_\_

Study Name: \_\_\_\_\_

Site: \_\_\_\_\_

Event Name: \_\_\_\_\_

Event Date: \_\_\_\_\_

Study Subject ID: \_\_\_\_\_

Interviewer Name: \_\_\_\_\_

Interview Date: \_\_\_\_\_

## BLSA Sense of Direction - ver. 1.0

### Section Title: Sense of Direction

Instructions: This questionnaire consists of several statements about your spatial and navigational abilities, preferences, and experiences. After each statement, you should check a number to indicate your level of agreement with the statement. Mark "1" if you strongly agree that the statement applies to you, "7" if you strongly disagree, or some number in between if your agreement is intermediate. Mark "4" if you neither agree nor disagree.

### Sense of Direction Scale

Date

☐ Blank

I am very good at judging distances.

☐ (1) strongly agree ☐ (2) ☐ (3) ☐ (4) ☐ (5) ☐ (6) ☐ (7) strongly disagree [Click to deselect entry](#)

My "sense of direction" is very good.

☐ (1) strongly agree ☐ (2) ☐ (3) ☐ (4) ☐ (5) ☐ (6) ☐ (7) strongly disagree [Click to deselect entry](#)

I very easily get lost in a new city.

☐ (1) strongly agree ☐ (2) ☐ (3) ☐ (4) ☐ (5) ☐ (6) ☐ (7) strongly disagree [Click to deselect entry](#)

I have trouble understanding directions.

☐ (1) strongly agree ☐ (2) ☐ (3) ☐ (4) ☐ (5) ☐ (6) ☐ (7) strongly disagree [Click to deselect entry](#)

I don't remember routes very well while riding as a passenger in a car.

☐ (1) strongly agree ☐ (2) ☐ (3) ☐ (4) ☐ (5) ☐ (6) ☐ (7) strongly disagree [Click to deselect entry](#)

I can usually remember a new route after I have traveled it only once.

☐ (1) strongly agree ☐ (2) ☐ (3) ☐ (4) ☐ (5) ☐ (6) ☐ (7) strongly disagree [Click to deselect entry](#)

I don't have a very good "mental map" of my environment.

☐ (1) strongly agree ☐ (2) ☐ (3) ☐ (4) ☐ (5) ☐ (6) ☐ (7) strongly disagree [Click to deselect entry](#)