

Protocol ID: \_\_\_\_\_

Study Name: \_\_\_\_\_

Site: \_\_\_\_\_

Event Name: \_\_\_\_\_

Event Date: \_\_\_\_\_

Study Subject ID: \_\_\_\_\_

Interviewer Name: \_\_\_\_\_

Interview Date: \_\_\_\_\_

**BLSA Body Measurements - Ver. 1.0****Section Title: Body Measurements****Vital Signs**

Date Completed

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Tester ID 1

1. Body Temperature (F)

2. Pulse (bpm)

3. Respirations (breaths per min)

4. Blood Pressure: Systolic (mmHg)

Diastolic

(mmHg)

**Standing Anthropometry 1**

5. Weight (kg)

Not Measured ☐ Not Measured ☐ 555 ☐ 666 ☐ 777 ☐ 888 ☐ 999**6. Height (cm)**

6a. Measurement 1 (cm)

6b. Measurement 2 (cm)

6c. Measurement 3 (cm)

Not Measured ☐ Not Measured ☐ 555 ☐ 666 ☐ 777 ☐ 888 ☐ 999

### Tibia Length

Tester ID 3\* \*(If no time/tester, enter: 999 - If refused enter: 777)

13. Tibia length (cm)

### Standing Anthropometry 2

IF OUT OF EXPECTED RANGE PLEASE MEASURE AGAIN

Tester ID 2\* \*(If no time/tester, enter: 999 - If refused enter: 777)

### 7. Waist Diameter (expected: 15 to 50 cm)

7a. Measurement 1 (cm)

7b. Measurement 2 (cm)

7c. Measurement 3 (cm)

### 8. Waist Depth (expected: 15 to 50 cm)

8a. Measurement 1 (cm)

8b. Measurement 2 (cm)

8c. Measurement 3 (cm)

### Skinfold Thickness

#### 12. Right Arm Skinfold Thickness

12a. Measurement 1 (mm) (cm)

12b. Measurement 2 (mm) (cm)

12c. Measurement 3 (mm) (cm)

## Circumferences

### 9. Upper Abdomen (expected: 70 to 150 cm)

9a. Measurement 1 (cm)

9b. Measurement 2 (cm)

9c. Measurement 3 (cm)

Not Measured ☐ Not Measured ☐ 555 ☐ 666 ☐ 777 ☐ 888 ☐ 999

### 10. Lower Abdomen (expected: 70 to 150 cm)

10a. Measurement 1 (cm)

10b. Measurement 2 (cm)

10c. Measurement 3 (cm)

Not Measured ☐ Not Measured ☐ 555 ☐ 666 ☐ 777 ☐ 888 ☐ 999

### 11. Buttock (expected: 70 to 150 cm)

11a. Measurement 1 (cm)

11b. Measurement 2 (cm)

11c. Measurement 3 (cm)

### 14. Head (cm) (expected: 40 to 70 cm)

#### Before DEXA

14a. Measurement 1 (cm)

14b. Measurement 2 (cm)

#### After DEXA

14c. Measurement 3 (cm)