Protocol ID:	<u> </u>		Study Subject	: ID:
Study Name:				ame:
Site:				e:
Event Name:				
Event Date:				
		BLSA GAIT -	Ver. 1.1	
Section Title: Steady Sta	ate Walks			
Instructions:				
Date Completed			☐ Blank	
Tester ID				
Were shoes worn during this test	O Yes O No Click to o	leselect entry		
Status of Gait Lab Testing:	O Attempted O Not attempted	Click to deselect entry	Reason Gait lab Testing not done	1-Not enough time/not scheduled2-No examiner
				3-Technical/equipment problem4-Cognitively impaired
				5-Unable to stand/walk unaided 6-Examiner felt unsafe
				7-Participant refused
				8-Reason unknown
				9-Other Physical Problems
				<u> </u>
Obtain Height and Weight Was accelerometer worn during this test?		deselect entry		

Examiner Note: Indicate the completion status for each trial of each test conducted in the Gait Lab. If a test was incomplete or not administered, record the reason not done.

QUIET STANCE/STATIC STAND

Eyes open

Positive Trial:	Complete C	Click to deselect entry	Reason not done:	1-Not enough time
	Incomplete/Not done			2-No examiner/room available
				3-Technical problem
				 4-Participant unable to understand instructions
				5-Unable to stand/walk unaided
				6-Examiner felt it was unsafe
				O 7-Refused
				8-Reason unknown
Negative Trial:	○ Complete ○	Click to deselect entry	Reason not done:	1-Not enough time
	Incomplete/Not done			2-No examiner/room available
				3-Technical problem
				 4-Participant unable to understand instructions
				5-Unable to stand/walk unaided
				6-Examiner felt it was unsafe
				O 7-Refused
				8-Reason unknown
NORMAL AND FAST	STEADY STATE WALKS			
Normal Pace:	Complete Incomplete/Not done	Click to deselect entry		

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Reason not done:	Reason not done:	1-Not enough time
		O 2-No examiner/room available
		3-Technical problem
		 4-Participant unable to understand instructions
		5-Unable to stand/walk unaided
		O 6-Examiner felt it was unsafe
		7-Refused
		O 8-Reason unknown

Number of Trials:

NORMAL PACE - Clear Foot Strikes:

1	Right Left Both None	Click to deselect entry
2	Right Left Both None	Click to deselect entry
3	Right Left Both None	Click to deselect entry
4	○ Right ○ Left ○ Both ○ None	Click to deselect entry
5	○ Right ○ Left ○ Both ○ None	Click to deselect entry
6	○ Right ○ Left ○ Both ○ None	Click to deselect entry
7	○ Right ○ Left ○ Both ○ None	Click to deselect entry
8	○ Right ○ Left ○ Both ○ None	Click to deselect entry
9	○ Right ○ Left ○ Both ○ None	Click to deselect entry
10	○ Right ○ Left ○ Both ○ None	Click to deselect entry
11	Right Left Both None	Click to deselect entry

12	Right Left Bot	h O None	Click to de	eselect entry	
13	Right C Left C Bot	h O None	Click to de	eselect entry	
14	Right C Left C Bot	h O None	Click to de	eselect entry	
15	Right Left Bot	h O None	Click to de	eselect entry	
16	Right Left Bot	h O None	Click to de	eselect entry	
Was Cosmed worn during this test?	O Yes O Click to entry	o deselect	Reaso	n not done:	 1-Not enough time 2-No examiner/room available 3-Technical problem 4-Participant unable to understand instructions 5-Unable to stand/walk unaided 6-Examiner felt it was unsafe 7-Refused 8-Reason unknown
Mask size:	○ Small ○ Medium ○	Large Cli	ick to desele	ect entry	
Fast Pace:	O Complete O Incomplete/Not done	Click deseled		Reason not done:	 1-Not enough time 2-No examiner/room available 3-Technical problem 4-Participant unable to understand instructions 5-Unable to stand/walk unaided 6-Examiner felt it was unsafe 7-Refused 8-Reason unknown

Number of Trials:

FAST PACE - Clear Foot Str	ikes: ○ Right ○ Left ○ Both ○ None	Click to deselect entry
2	Right Left Both None	Click to deselect entry
3	○ Right ○ Left ○ Both ○ None	Click to deselect entry
4	○ Right ○ Left ○ Both ○ None	Click to deselect entry
5	Right Left Both None	Click to deselect entry
6	○ Right ○ Left ○ Both ○ None	Click to deselect entry
7	○ Right ○ Left ○ Both ○ None	Click to deselect entry
8	○ Right ○ Left ○ Both ○ None	Click to deselect entry
9	○ Right ○ Left ○ Both ○ None	Click to deselect entry
10	○ Right ○ Left ○ Both ○ None	Click to deselect entry
11	○ Right ○ Left ○ Both ○ None	Click to deselect entry
12	○ Right ○ Left ○ Both ○ None	Click to deselect entry
13	○ Right ○ Left ○ Both ○ None	Click to deselect entry
14	○ Right ○ Left ○ Both ○ None	Click to deselect entry
15	○ Right ○ Left ○ Both ○ None	Click to deselect entry
16	Right Left Both None	Click to deselect entry

Protocol ID:	<u></u>			Study Subject ID:
Study Name:		Interviewer Name:		
Site:				Interview Date:
Event Name:				
Event Date:				
Section Title: Single ar	nd Dual Task Walks			
Instructions:				
NARROW BASE SINGLE A	AND DUAL TASK AND FAST \	WALKS		
Single Task Narrow Walk:	O Complete O	Click to	Reason not done:	1-Not enough time
	Incomplete/Not done desele	deselect entry		2-No examiner/room available
				3-Technical problem
				 4-Participant unable to understand instructions
				5-Unable to stand/walk unaided
				O 6-Examiner felt it was unsafe
				7-Refused
				8-Reason unknown
Number of Trials:				
Clear Foot Strikes:				
1	O Right O Left O Both O N	one Click to	deselect entry	
2	O Right O Left O Both O N	one Click to	deselect entry	
3	○ Right ○ Left ○ Both ○ N	one Click to	deselect entry	
4	O Right O Left O Both O N	one Click to	deselect entry	

5	○ Right ○ Left ○ Both ○ None	Click to deselect entry	
6	O Right O Left O Both O None	Click to deselect entry	
7	O Right O Left O Both O None	Click to deselect entry	
8	○ Right ○ Left ○ Both ○ None	Click to deselect entry	
9	○ Right ○ Left ○ Both ○ None	Click to deselect entry	
10	O Right O Left O Both O None	Click to deselect entry	
11	Right Left Both None	Click to deselect entry	
12	Right Left Both None	Click to deselect entry	
13	O Right O Left O Both O None	Click to deselect entry	
14	Right Left Both None	Click to deselect entry	
15	○ Right ○ Left ○ Both ○ None	Click to deselect entry	
16	O Right O Left O Both O None	Click to deselect entry	
<u>Dual Task Narrow Walk</u>			
Trial 1	○ Complete ○ Click		1-Not enough time
	Incomplete/Not done desele	ect entry	2-No examiner/room available
			○ 3-Technical problem
			4-Participant unable to understand instructions
			5-Unable to stand/walk unaided
			6-Examiner felt it was unsafe
			7-Refused
			8-Reason unknown

Recitation Errors:		Days Red	cited:	
Clean foot strike:	O Right O Left O Both O	None Click to	deselect entry	
<u>Trial 2</u>	O Complete O	Click to	Reason not done:	1-Not enough time
	Incomplete/Not done	deselect entry		O 2-No examiner/room available
				O 3-Technical problem
				 4-Participant unable to understand instructions
				5-Unable to stand/walk unaided
				6-Examiner felt it was unsafe
				7-Refused
				O 8-Reason unknown
Recitation Errors:		Days Red	cited:	
Clean foot strike:	○ Right ○ Left ○ Both ○	None Click to	deselect entry	
<u>Trial 3</u>	O Complete O	Click to	Reason not done:	1-Not enough time
	Incomplete/Not done	deselect entry		O 2-No examiner/room available
				3-Technical problem
				 4-Participant unable to understand instructions
				5-Unable to stand/walk unaided
				O 6-Examiner felt it was unsafe
				7-Refused
				8-Reason unknown
Recitation Errors:		Days Red	cited:	
Clean foot strike:	O Right O Left O Both O	None Click to	deselect entry	
<u>Trial 4</u>	O Complete O Incomplete/Not done	Click to deselect entry		

			Reason not done:	1-Not enough time	
				O 2-No examiner/room available	
				O 3-Technical problem	
				4-Participant unable to understand instructions5-Unable to stand/walk unaided	
				O 6-Examiner felt it was unsafe	
				O 7-Refused	
				○ 8-Reason unknown	
Recitation Errors:		Days Reci	ited:		
Clean foot strike:	Right Left Both	None Click to	deselect entry		
<u>Trial 5</u>	O Complete O	Click to	Reason not done:	1-Not enough time	
	Incomplete/Not done	deselect entry		2-No examiner/room available	
				3-Technical problem	
				4-Participant unable to understand instructions5-Unable to stand/walk unaided	
				6-Examiner felt it was unsafe	
				7-Refused	
				8-Reason unknown	
				O-Reason difficulti	
Recitation Errors:		Days Reci	ited:		
Clean foot strike:	○ Right ○ Left ○ Both ○ None Click to deselect entry				
<u>Trial 6</u>	○ Complete ○ Incomplete/Not done	Click to deselect entry			

		Reason not done:	1-Not enough time
			2-No examiner/room available
			3-Technical problem
			4-Participant unable to understand instructions5-Unable to stand/walk unaided
			O 6-Examiner felt it was unsafe
			7-Refused
			○ 8-Reason unknown
Recitation Errors:		Days Recited:	
Clean foot strike:	○ Right ○ Left ○ Both ○ None	Click to deselect entry	

Protocol ID:				Study Subject ID:
Study Name:		Interviewer Name:		
Site:		Interview Date:		
Event Name:				
Event Date:				
Section Title: No	ormal Pace Walks			
Instructions:				
NORMAL PACE WA	ALKS WITH OBSTACLE			
Trial 1	○ Complete ○	Click to	Reason not done:	○ 1-Not enough time
	Incomplete/Not done	deselect entry	deselect entry O 2-No e O 3-Tech O 4-Parti	2-No examiner/room available
				O 3-Technical problem
				 4-Participant unable to understand instructions
				5-Unable to stand/walk unaided
				 6-Examiner felt it was unsafe
				O 7-Refused
				O 8-Reason unknown
Trial 2	Complete C	Click to	Reason not done:	1-Not enough time
	Incomplete/Not done	deselect entry		2-No examiner/room available
				O 3-Technical problem
				 4-Participant unable to understand instructions
				5-Unable to stand/walk unaided
				 6-Examiner felt it was unsafe
				7-Refused
				8-Reason unknown

Trial 3	O Complete O Incomplete/Not done	Click to deselect entry	Reason not done:	1-Not enough time		
				2-No examiner/room available		
				3-Technical problem		
				4-Participant unable to understand instructions		
				5-Unable to stand/walk unaided		
				O 6-Examiner felt it was unsafe		
				O 7-Refused		
				○ 8-Reason unknown		
Trial 4	O Complete O Incomplete/Not done	Click to deselect entry	Reason not done:	1-Not enough time		
				O 2-No examiner/room available		
				O 3-Technical problem		
				4-Participant unable to understand instructions5-Unable to stand/walk unaided		
				O 6-Examiner felt it was unsafe		
				○ 7-Refused		
				○ 8-Reason unknown		
NORMAL PACE STEADY STATE FATIGUE TEST						
Normal Pace Steady State Fatigue:	: O Complete O Incomplete/Not done	Click to deselect entry	Reason not done:	1-Not enough time		
				O 2-No examiner/room available		
				O 3-Technical problem		
				 4-Participant unable to understand instructions 		
				5-Unable to stand/walk unaided		
				6-Examiner felt it was unsafe7-Refused		
				8-Reason unknown		
				O-Reason unknown		

Number of Trials:

Clear Foot Strikes: O Right O Left O Both O None Click to deselect entry O Right O Left O Both O None 2 Click to deselect entry O Right O Left O Both O None 3 Click to deselect entry 4 O Right O Left O Both O None Click to deselect entry O Right O Left O Both O None 5 Click to deselect entry 6 O Right O Left O Both O None Click to deselect entry O Right O Left O Both O None 7 Click to deselect entry O Right O Left O Both O None 8 Click to deselect entry O Right O Left O Both O None 9 Click to deselect entry O Right O Left O Both O None 10 Click to deselect entry 11 O Right O Left O Both O None Click to deselect entry 12 O Right O Left O Both O None Click to deselect entry 13 O Right O Left O Both O None Click to deselect entry O Right O Left O Both O None Click to deselect entry 14 O Right O Left O Both O None 15 Click to deselect entry

Pain Assessment:

16

Ask the participant after the test if him/her had any pain during the tests

O Right O Left O Both O None

13 of 15 10/12/2021, 11:20 AM

Click to deselect entry

Pain Assessment: Any pain (specify place and severity)					
	No pain during the testsDon't know				
	○ Refused				
Feet:					
Which Foot:	○ Right ○ Left ○ Both Click to deselect entry				
Pain Severity Right:	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know Click to deselect entry				
Pain Severity Left:	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know Click to deselect entry				
Ankles:					
Which Ankle:	○ Right ○ Left ○ Both Click to deselect entry				
Dain Coverity Diabty	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know Click to deselect entry				
Pain Severity Right:	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know Click to deselect entry				
Pain Severity Left:	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know Click to deselect entry				
•					
Knees:					
Which knee:	○ Right ○ Left ○ Both Click to deselect entry				
Pain Severity Right:	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know Click to deselect entry				
rain seventy right.	O Notice of Filling of Filling of Severe of A Extreme of Dort know Click to descreet entry				
Pain Severity Left:	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know Click to deselect entry				
Hips:					
Which hip:	○ Right ○ Left ○ Both Click to deselect entry				
Pain Severity Right:	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know Click to deselect entry				
, J					
Pain Severity Left:	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Extreme ○ 8-Don't know Click to deselect entry				
D 1					
Back: Pain Back:	O Vas — Click to desolat entry				
raiii back.	O Yes Click to deselect entry				

Pain Severity:	○ 0-None ○ 1-Mild ○ 2-Moderate ○ 3-Severe ○ 4-Ex	treme 0 8-Don't know	Click to deselect entry
	9 - 110110 9 - 1 11110 9 - 1 10110 1110 9 - 001010 9 - 001		

Examiner Note:

In addition to general comments, please indicate any difficulty participant had in crossing obstacle.

Comments