

Protocol ID: \_\_\_\_\_  
Study Name: \_\_\_\_\_  
Site: \_\_\_\_\_  
Event Name: \_\_\_\_\_  
Event Date: \_\_\_\_\_

Study Subject ID: \_\_\_\_\_  
Interviewer Name: \_\_\_\_\_  
Interview Date: \_\_\_\_\_

### BLSA Visit Procedure Checklist - Ver. 2.0

#### Section Title: Page 1

##### Instructions:

Unscheduled visit? ☐ (0) Normal ☐ Blank  
☐ (1) Continuation of previous visit

Initial date:

Date Completed:

BLSA Consent: ☐ Done

Vital Signs Date: ☐ Done

Height and Weight Date: ☐ Done

#### Blood and Lab Work

Blood and Lab Work Date:

Blood draw: ☐ Done ☐ Not done ☐ To be rescheduled  
Click to deselect entry Reason not done: ☐ (3) No Time ☐ (4) Refused ☐ (5) Unable ☐ (6) Equipment problem ☐ (7) No Tester ☐ (8) Not Eligible ☐ (9) Not Scheduled N/A  
Click to deselect entry

Fasting Urine: ☐ Done ☐ Not done ☐ To be rescheduled  
Click to deselect entry Reason not done: ☐ (3) No Time ☐ (4) Refused ☐ (5) Unable ☐ (6) Equipment problem ☐ (7) No Tester ☐ (8) Not Eligible ☐ (9) Not Scheduled N/A  
Click to deselect entry

Nan Ping tbs:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

BHCG:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

## HIV/Serology

HIV Serology:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

HIV Consent Signed:

☐ Yes  
☐ N/A

Click to deselect entry

## 24 hrs Urine

Urine 24Hr Date:

Tester ID:

24 Hr Urine:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Begin time:

(hh:mm)

End time:

(hh:mm)

## OGTT

OGTT Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

## CardiovascularAssessment

CardiovascularAssessment Date:

## If unable due to contraindication (eligible)

Contraindication:

☐ TIA or CVA within past 6 mo  
☐ Bilateral carotid bruits  
☐ Neck access problem

PWV:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

AGI:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

ABI Done:

☐ Both sides  
☐ Only Right  
☐ Only Left  
☐ None

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Protocol ID: \_\_\_\_\_

Study Name: \_\_\_\_\_

Site: \_\_\_\_\_

Event Name: \_\_\_\_\_

Event Date: \_\_\_\_\_

Study Subject ID: \_\_\_\_\_

Interviewer Name: \_\_\_\_\_

Interview Date: \_\_\_\_\_

**Section Title: Page 2****Instructions:****Stress Testing**

Stress Testing Date: \_\_\_\_\_

If only Steady Stage mark done and (3 ) No Time

Treadmill:

☐ DoneClick to deselect  
entry

Reason not done:

☐ Not  
done☐ (3) No Time☐ (4) Refused☐ (5) Unable☐ (6) Equipment problem☐ (7) No Tester☐ (8) Not Eligible☐ (9) Not Scheduled N/A☐ To be  
rescheduledClick to  
deselect entry

O2 Consumption:

☐ Done

Click to deselect entry

Reason not done:

☐ Not done☐ (3) No Time☐ (4) Refused☐ (5) Unable☐ (6) Equipment problem☐ (7) No Tester☐ (8) Not Eligible☐ (9) Not Scheduled N/A

Pulmonary Function Date: \_\_\_\_\_

Pulmonary Function:

☐ DoneClick to deselect  
entry

Reason not done:

☐ Not  
done☐ (3) No Time☐ (4) Refused☐ (5) Unable☐ (6) Equipment problem☐ (7) No Tester☐ (8) Not Eligible☐ (9) Not Scheduled N/A☐ To be  
rescheduledClick to  
deselect entry

Echocardio/Carotid Ultrasound

Echo/Carotid Date:

Echo:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Carotid Ultrasound:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

EKG Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Activity Monitor Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Which device:

☐ Actigraph  
☐ Actiwatch  
☐ Both

Comment:

## Strength Measures

Grip Strength Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Knee Strength Date:

Which Knee done:

☐ Both sides  
☐ Only Right  
☐ Only Left  
☐ None

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

## Performance Measures

LE Physical Perf Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Long Dist Corridor Walk Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Gait Lab Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

## Cognitive Testing

Core Cognitive Testing Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Early Markers Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Blessed Mental Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Personal Computer Testing Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

- ☐ (3) No Time
- ☐ (4) Refused
- ☐ (5) Unable
- ☐ (6) Equipment problem
- ☐ (7) No Tester
- ☐ (8) Not Eligible
- ☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry



Protocol ID: \_\_\_\_\_

Study Name: \_\_\_\_\_

Site: \_\_\_\_\_

Event Name: \_\_\_\_\_

Event Date: \_\_\_\_\_

Study Subject ID: \_\_\_\_\_

Interviewer Name: \_\_\_\_\_

Interview Date: \_\_\_\_\_

**Section Title: Page 3****Instructions:**

EMG Date:

☐ Done☐ Not  
doneClick to deselect  
entry

Reason not done:

☐ (3) No Time☐ (4) Refused☐ (5) Unable☐ (6) Equipment problem☐ (7) No Tester☐ (8) Not Eligible☐ (9) Not Scheduled N/A☐ To be  
rescheduledClick to  
deselect entry

Proprioception Date:

☐ Done☐ Not  
doneClick to deselect  
entry

Reason not done:

☐ (3) No Time☐ (4) Refused☐ (5) Unable☐ (6) Equipment problem☐ (7) No Tester☐ (8) Not Eligible☐ (9) Not Scheduled N/A☐ To be  
rescheduledClick to  
deselect entry

Resting Metabolic Rate Date:

☐ Done☐ Not  
doneClick to deselect  
entry

Reason not done:

☐ (3) No Time☐ (4) Refused☐ (5) Unable☐ (6) Equipment problem☐ (7) No Tester☐ (8) Not Eligible☐ (9) Not Scheduled N/A☐ To be  
rescheduledClick to  
deselect entry

Anthropometry Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

### Sensory Testing:

Vision Testing Date:

Contrast Sens Visual Acuity done: ☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Vision Stereopsis done:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Visual Fields Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Taste Bud Photo Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

☐ To be  
rescheduled

Click to  
deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

Hearing Test Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Smell test date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

## HAMMS, Finger Tapping, FITTS Task

Date:

☐ To be rescheduled    Click to deselect entry

HAMMS

☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

Finger Tapping

☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

FITTS Task

- ☐ Done  
☐ Not done

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

## Vestibular Testing

Vestibular Testing Date:

- ☐ To be rescheduled

VEMP:

- ☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

Vog:

- ☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

Orientation:

- ☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

Triangle Test:

- ☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

## Physical Examination and Interviews

Physical Exam Date:

- ☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be rescheduled

Click to deselect entry

Medical Interview Date:

- ☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be rescheduled

Click to deselect entry

General Interview Date:

- ☐ Done  
☐ Not done

Click to deselect entry

☐ To be rescheduled

Click to deselect entry

Reason not done:

- ☐ (3) No Time
- ☐ (4) Refused
- ☐ (5) Unable
- ☐ (6) Equipment problem
- ☐ (7) No Tester
- ☐ (8) Not Eligible
- ☐ (9) Not Scheduled N/A

Protocol ID: \_\_\_\_\_

Study Name: \_\_\_\_\_

Site: \_\_\_\_\_

Event Name: \_\_\_\_\_

Event Date: \_\_\_\_\_

Study Subject ID: \_\_\_\_\_

Interviewer Name: \_\_\_\_\_

Interview Date: \_\_\_\_\_

**Section Title: Page 4****Instructions:****Radiography / Image**

Radiation Exposure Date:

☐ Done☐ Not  
doneClick to deselect  
entry

Reason not done:

☐ (3) No Time☐ (4) Refused☐ (5) Unable☐ (6) Equipment problem☐ (7) No Tester☐ (8) Not Eligible☐ (9) Not Scheduled N/A☐ To be  
rescheduledClick to  
deselect entry

DEXA Date:

☐ Done☐ Not  
doneClick to deselect  
entry

Reason not done:

☐ (3) No Time☐ (4) Refused☐ (5) Unable☐ (6) Equipment problem☐ (7) No Tester☐ (8) Not Eligible☐ (9) Not Scheduled N/A☐ To be  
rescheduledClick to  
deselect entry

CT Scan Date:

☐ Done☐ Not  
doneClick to deselect  
entry

Reason not done:

☐ (3) No Time☐ (4) Refused☐ (5) Unable☐ (6) Equipment problem☐ (7) No Tester☐ (8) Not Eligible☐ (9) Not Scheduled N/A☐ To be  
rescheduledClick to  
deselect entry

MRI Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

MRI Screening Date:

☐ Done  
☐ Not  
done

Click to deselect  
entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

☐ To be  
rescheduled

Click to  
deselect entry

Sleep Study Date:

☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

Restless Leg Syndrome Date:

☐ Done  
☐ Not done

Click to deselect entry

Reason not done:

- ☐ (3) No Time  
☐ (4) Refused  
☐ (5) Unable  
☐ (6) Equipment problem  
☐ (7) No Tester  
☐ (8) Not Eligible  
☐ (9) Not Scheduled N/A

CRC Checklist

Falls Risk:

☐ Done ☐ Not done

Click to deselect entry

Medication List:

☐ Done ☐ Not done

Click to deselect entry



|                                      |   |   |
|--------------------------------------|---|---|
| Food Freq Quest:                     | <input type="radio"/> Done <input type="radio"/> Not done   | <a href="#">Click to deselect entry</a>   |
| Activity Related Fatigue Scale done: | <input type="radio"/> Done <input type="radio"/> Not done   | <a href="#">Click to deselect entry</a>   |
| Autopsy:                             | <input type="radio"/> N/E <input type="radio"/> Scheduled <input type="radio"/> Info given  | <a href="#">Click to deselect entry</a>   |
| Muscle Biopsy:                       | <input type="radio"/> Done <input type="radio"/> Not done   | <a href="#">Click to deselect entry</a>   |
| Skin Biopsy:                         | <input type="radio"/> Done <input type="radio"/> Not done   | <a href="#">Click to deselect entry</a>   |
| Core Body Temp:                      | <input type="radio"/> Done <input type="radio"/> Not done   | <a href="#">Click to deselect entry</a>   |
| Cytapheresis:                        | <input type="checkbox"/> N/E <input type="checkbox"/> Consented <input type="checkbox"/> Done <input type="checkbox"/> N/Done   | <input type="radio"/> To be rescheduled <a href="#">Click to deselect entry</a> |
| Best List:                           | <input type="radio"/> Yes <input type="radio"/> Cancer <input type="radio"/> Diabetes <input type="radio"/> Other Chronic <input type="radio"/> Frail <input type="radio"/> Other | <a href="#">Click to deselect entry</a>   |
| Comment:                             |   |   |

Protocol ID: \_\_\_\_\_

Study Name: \_\_\_\_\_

Site: \_\_\_\_\_

Event Name: \_\_\_\_\_

Event Date: \_\_\_\_\_

Study Subject ID: \_\_\_\_\_

Interviewer Name: \_\_\_\_\_

Interview Date: \_\_\_\_\_

|                              |
|------------------------------|
| <b>Section Title: Page 1</b> |
| Instructions:                |