

Protocol ID: _____

Study Name: _____

Site: _____

Event Name: _____

Event Date: _____

Study Subject ID: _____

Interviewer Name: _____

Interview Date: _____

BLSA Purpose in Life - ver 1.0

Section Title: Purpose in life

Instructions:

Visit Date

I feel good when I think of what I've done in the past and what I hope to do in the future.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree [Click to deselect entry](#)

I live life one day at a time and don't really think about the future.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree [Click to deselect entry](#)

I tend to focus on the present, because the future nearly always brings me problems.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree [Click to deselect entry](#)

I have a sense of direction and purpose in life.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree [Click to deselect entry](#)

My daily activities often seem trivial and unimportant to me.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree [Click to deselect entry](#)

I used to set goals for myself, but that now seems like a waste of time.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree [Click to deselect entry](#)

I enjoy making plans for the future and working them to a reality.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree [Click to deselect entry](#)

I am an active person in carrying out the plans I set for myself.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree

[Click to deselect entry](#)

Some people wander aimlessly through life, but I am not one of them.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree

[Click to deselect entry](#)

I sometimes feel as if I've done all there is to do in life.

☐ Strongly disagree ☐ Disagree ☐ Neutral ☐ Agree ☐ Strongly agree

[Click to deselect entry](#)