

Protocol ID: _____

Study Name: _____

Site: _____

Event Name: _____

Event Date: _____

Study Subject ID: _____

Interviewer Name: _____

Interview Date: _____

BLSA Aging and Skin Inflammation - Ver 1.0

Section Title: Skin Questions

Instructions:

Date:

1. Have you had an itchy rash that was coming and going for at least 6 months?

☐ Yes ☐ No Click to deselect entry

2. Have you had this itchy rash at any time in the past 12 months?

☐ Yes ☐ No Click to deselect entry

3. Has this itchy rash at any time affected any of the following places: the folds of the elbows, behind the knees, in front of the ankles, under the buttocks, or around the neck, ears or eyes?

☐ Yes ☐ No Click to deselect entry

4. Have you been diagnosed by a doctor with atopic dermatitis (also known as eczema)?

☐ Yes ☐ No Click to deselect entry

5. Do you have a history of generally dry skin?

☐ Yes ☐ No Click to deselect entry

6. Have you regularly used a skin moisturizer/emollient over the past year?

☐ Yes ☐ No Click to deselect entry

7a. If after several months of not being in the sun much, you stayed outdoors for about 1 hour at noon without sunscreen, a hat,

or protective clothing, what would happen to your skin?

Would it become pink/red, irritated, tender, or itchy?

☐ Yes ☐ No [Click to deselect entry](#)

7b. Over the next 7 days, would you then develop a tan or notice your skin becoming darker?

☐ Yes ☐ No [Click to deselect entry](#)

8. Based on your responses to 7a and 7b, please choose which of the following categories best characterizes your skin:

- ☐ Always burns never develops a tan (painful burn at 24 hrs and no tan at 7 days) [Click to
deselect entry](#)
- ☐ Easily burns then develops a light tan (painful burn at 24 hrs and a light tan at 7 days)
- ☐ Mild burning skin irritation tenderness or itching in sun-exposed sites (slightly tender itching at 24 hrs moderate tan or slightly darker at 7 days)
- ☐ Minimal skin irritation tenderness or itching in sun-exposed skin then develops a deep tan or skin becomes darker in the sun-exposed sites (no skin irritation tenderness or itching at 24 hrs and a tan or darker skin at 7 days)
- ☐ Occasional skin irritation tenderness or itching in sun-exposed skin then develops darker skin in sun-exposed sites in temperate climates
- ☐ No skin irritation tenderness or itching in sun-exposed skin no noticeable changes in skin in sun-exposed sites in temperate climates