



Tulsa Wheelmen

RIDES AND EVENTS CALENDAR

October 2003

Visit www.tulsawheelmen.com for an extended list of upcoming events.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
September 28 Tailwind Ride, 8 a.m.	29 DoT Ride, 4000 N. Hwy 169, 6 p.m.	30 TNWC Ride	October 1 West Bank Ride (NOT a Wheelmen Promoted Ride)	2	3	4 Hillier Than Hell 80 Mercy Celebrity Classic Criterium
5 Tailwind Ride, 8 a.m. Cavanal Hill Climb	6 GENERAL MEMBERSHIP MEETING – MAZZIOS AT THE FARM – LOWER LEVEL 7:00PM	7 TNWC Ride	8 West Bank Ride (NOT a Wheelmen Promoted Ride)	9	10	11 Tailwind Ride, 8 a.m.
12 Tailwind Ride, 8 a.m.	13 DoT Ride	14 TNWC Ride	15 West Bank Ride (NOT a Wheelmen Promoted Ride)	16	17	18 Tailwind Ride, 8 a.m.
19 Tailwind Ride, 8 a.m.	20 DoT Ride	21 TNWC Ride	22 West Bank Ride (NOT a Wheelmen Promoted Ride)	23	24	25 Tailwind Ride, 8 a.m.
26 Tailwind Ride, 8 a.m. Daylight Savings Time Ends	27	28	29	30	31 Halloween	November 1 Tailwind/Fixed Gear Ride, 8 a.m.
2 Tailwind/Fixed Gear Ride, 8 a.m.	3	4	5	6	7	8 Tailwind/Fixed Gear Ride, 8 a.m.

N *Tulsa Wheelmen* NEWSLETTER

Vol. 26, No. 10

"... to promote responsible bicycling in all its forms."

October 2003

THE GUEST EDITOR'S PEN FOR OCTOBER 2003 By Brian Meahan and Jeremy Stitt

As the temperatures cool and the day's grow shorter, the Tulsa Wheelmen are wrapping up there 25th year with what could arguably be one of the best years the club has ever had. Amazingly, this was accomplished without any outside sponsorship and a big hand and heartfelt thanks go out to all of the members who made this year such a success.

Rather than resting on our laurels and basking in the glow of a job well done, these same members are asking **"What's next for the Tulsa Wheelmen?"**

After beginning the year on "autopilot" and much debate about the Club's future, a motivated and energetic group has taken the bull by the horns so to speak and a new direction for the Club has emerged. The Tulsa Wheelmen have a new plan and are working hard to secure new sponsorship to support the bicycling and racing community in Tulsa. The cycling advocacy arm of the club has gained a lot of momentum and their voices are having a positive impact at city hall and all over Tulsa.

By continuing to introduce riders to racing, developing existing members' racing talents and promoting quality local races, the Wheelmen are looking forward to an exciting year ahead.

Soon, there will be several incentives for new and existing racers to be members of the Tulsa Wheelmen. Look for more information about these

incentives at the next few general membership meetings and in the coming Newsletters. This new energy and direction for the club comes from a dedicated core of members who care enough about the Tulsa Wheelmen to spend their evenings, weekends and even many of their training rides planning the improvements that you will see in the next year. Several important questions have been raised about our club: Who are we? What do we do? Why do we exist? It is time to step up and answer these questions with actions instead of words.

Who are the Tulsa Wheelmen?

Currently our club has approximately 120 members - the majority of whom are interested in racing, be it the large regional one day and stage races or the local time trials or Thursday night training crits. The biggest draw that the Wheelmen provide is an environment where everyone can gain experience in bicycle racing. This is most evident at the Thursday night crits where all are welcome to hone their race skills or try racing for the first time. Our club also has a great history of promoting larger races that draw people from many of the surrounding states.

It is widely known that the Wheelmen are a fast group of riders. To some people this is interpreted as arrogance, but to others this is interpreted as a challenge. It is just as widely recognized that the Wheelmen have a great history of mentoring new riders and racers. The Tulsa Wheelmen will continue to welcome and challenge anyone to push their body to its limits.

What do the Tulsa Wheelmen do?

Considering our resources, what the Tulsa Wheelmen did in 2003 can be summarized in two words: A Lot. This

year our club put on two Spring Series races, 5 port road time trials, and 25 Thursday Night Crits. Our racing members have attended numerous other races and rides in cities all over the country. The number of events we promoted was reduced, but our attendance at those races was higher than in years past. The one thing that was lacking was more dedicated support to our racing club members. The strength of the Tulsa Wheelmen lies in its ability to provide an environment where cyclists who have never raced before have an opportunity to grow through sharing experiences, organizing and promoting local events. The Wheelmen already have an experienced core group of riders who have always been willing to mentor new riders. Our goal as a club should not be to become a race team where only certain individuals are invited to join but instead an organization where riders work hard and give back to the club in order to benefit.

In 2004, the Tulsa Wheelmen will focus on developing and absorbing new race talent into the club and promoting quality local events to showcase our new talent. Additionally, the Wheelmen will leverage our recognized name and position with the cycling community and the city at large to promote responsible cycling and to enhance public and city officials of the benefits of cycling within the community.

Why do the Tulsa Wheelmen exist?

Hard work from a dedicated core of members who enjoy seeing our Club grow is the only reason the Tulsa Wheelmen exist today. For many years, numerous people have dedicated their time to improving our Club into what it is now.

(continued on the Club News Page)



TW RACING NEWS

SUPPORTING LOCAL RACERS

By Marc Delametter

Brain Meahan and Jeremy Stitt said it best in the Guest Editor's Pen this month, "Soon, there will be several incentives for new and existing racers to be members of the Tulsa Wheelmen."

Thanks to the efforts of several dedicated and core Tulsa Wheelmen members the Tulsa Wheelmen in partnership with Bicycles of Tulsa will support member road racers to a greater extent than we have for many, many years. Because this effort is still a work in progress I have not listed all the new Tulsa Wheelmen sponsors, but as soon as we finalize all our in-kind and financial commitments I will report to you a complete list of those sponsors. For now I will just report on the plan we have developed for supporting member road racers.

Our plan is to get every Tulsa Wheelmen member that wants to road race, racing to whatever level they desire. To that end, our plan is to have a road Race Team of 10 to 12 local member road racers that will make a large commitment to road racing and to the Club. The basic requirements for a member racer to be considered for the Race Team are:

- **The rider must be a Tulsa Wheelmen Club member in good standing and USCF licensed racer with the club name of the Tulsa Wheelmen on the license.**
- **The rider agrees to compete in at least 10 events, including 4 targeted events that appear on the rider's final event schedule.**

In addition to a supported road Race Team we will also support a road "Stagiaires" Team of up to 10 riders. "Stagiaires" is a French term used to describe riders that join a team late in the season or just for specific events. Sometimes these are described as development riders. The basic requirements for a member racer to be considered for the Stagiaires Team are:

- **The rider must be a Tulsa Wheelmen Club member in good standing and USCF licensed racer with the club name of the Tulsa Wheelmen on the license.**
- **The rider agrees to compete in at least 5 events, including 2 targeted events that appear on the rider's final event schedule.**

Finally, in addition to these requirements each supported road racer will have to commit to fulfill a volunteer commitment that includes one of the following:

- **Be a club officer (including appointed positions)**
- **Be a race promoter (Spring Series, Port Road TT, Summer Crit Series)**
- **Be an event promoter (Winter Auction, etc)**
- **Work at 3 Wheelmen events or provide a volunteer for 3 events**
- **Provide 3 articles for Newsletter/Website**
- **Mentor at 3 Wheelmen events (Training Crits, Training Rides, Training Seminars, Training Camps, etc)**
- **Other _____**

You're probably asking yourself, "What does support mean?" Well, support means clothing, equipment, entry fees and some per diem dollars to defray traveling costs.

Finally, our plan calls for encouraging any Tulsa Wheelmen member to come out and road race. To do this our plan provides discounts on club jerseys and potential mentoring opportunities from experienced racers.

Wow, what a plan. I get chills just writing about it.

There are several members that have worked nearly everyday for the past couple of months to get this plan going. We are highly motivated and very focused. We hope we can pull it off.

OK, now let's get down to business.

Attached to this Newsletter is an application for our 2004 Race and Stagiaires Teams. If you are a Tulsa Wheelmen member and you would like to try your hand at being a supported road racer then I encourage you to complete the application and send it in as soon as possible. Applications are due to the Race Team Director **no later than November 1, 2003**. The Race Team Director and his/her delegates will choose Race and Stagiaires Team members based on the member's application, the member's commitment to road racing and the Tulsa Wheelmen club and the availability of a Race Team or Stagiaires Team position. (All the directions are on the top of the form).

If you are a Tulsa Wheelmen member and you want to road race but you can't or don't want to make a huge commitment to a race team, we want you too. In the coming months we will provide you an opportunity to purchase a new Club jersey (hopefully at a discount) and we will provide you with ample opportunity to road race both at the local level and regionally. Maybe in a year or so you will want to apply to the Stagiaires or the Race Team.

Look to the next few Newsletter for more information. As I said this is still a work in progress.



Tulsa Wheelmen Club News

(continued)

**THE GUEST EDITOR'S PEN FOR
OCTOBER 2003**

**By Brian Meahan and Jeremy
Stitt**

For this reason, it is our responsibility to continue the tradition of event promotion, advocacy and racer support that has made our Club a success in the past. It is our turn to decide how the Tulsa Wheelmen can have a positive effect on our community of cyclists by sharing our knowledge and experience with other racers and cyclists. The Wheelmen club exists to give anyone interested a place to be a part of a racing and advocacy club.

The Tulsa Wheelmen are on a mission to increase the cycling talent pool in Tulsa. The strength of our organization lies in our racing experience and race event organization. Next we will focus on these areas to achieve our mission.

While this shift in vision may only reinforce our reputation as an arrogant club, there will be no denying the fact that the Tulsa Wheelmen will increase their visibility in the regional racing scene, while maintaining a supporting hand in the local cycling community through public education and advocacy.

If you are a new racer, we are your mentors. If you are an existing racer, we are your support. If you are an out of town racer, we are your event promoter. If you get tired in a training ride, we are your gut check. In 2004, the Tulsa Wheelmen will rededicate itself to improving and promoting the local racing scene in Tulsa.

Our Goals:

- Support local advocacy efforts
- Educate local Officials on benefits of cycling
- Promote quality local races
- Develop new local talent
- Support existing local racers

YAKIMA GARAGE SALE AT DELAMETTERS' HOUSE

By Marc Delametter

It's time to purge some of my older Yakima Rack stuff as I am driving a van now and will set-up the interior to put all traveling bikes inside. So I have a lot of stuff for sale. Call me at home 749-4075 or at the office at 615-7830 if your interested.

- 3 – Short Wheel Trays with Straps: \$5.00/each
- 2 – Long Wheel Trays with Straps; \$7.00/each
- 2 – 58" Round Bars with End Caps: \$10.00/each
- 1 – 66" Round Bar with End Caps: \$10.00
- 4 – 1A Gutter Mount Towers with Locks: \$20.00/set or \$6.00/each
- 2 – 1A Gutter Mount Towers without Locks: \$8.00/set or 5.00/each
- 4 – Rail Rider Towers: \$30.00/set or \$8.00/each
- 4 – Front Fork Block Mounts (no skewers): \$5.00/each
- 1 – Front Fork Block Mount (with skewer): \$6.00
- 15 – Wheel Forks (all with snars): \$7.00/each
- 10 – Extra Bar Snars: \$2.00/each
- 1 – 9' Rubber Coated Locking Cable: \$5.00
- 1 – 48" Wind Faring: \$5.00

I have a couple of other items for sale as well:

- 2 – Zefal HP X4 Frame Pumps: \$3.00/each
- 1 – Blackburn FP-11 Frame Pump: \$3.00

BICYCLE QUOTE OF THE MONTH

"I guess I can say that I'm an all-rounder, because I'm equally bad in all disciplines. I can't climb, I can't descend and I can't sprint." --Pablo Lastras, stage 18 winner in this year's Tour de France



Tulsa Wheelmen Club/Race News

WARNING, OLD NORTH ROAD

By Blake McMahon

On a Wednesday in September in the Wednesday night ride, my father and I where about run over going up the "neighborhood hill."

First the purple Chrysler mini-van (tag # TZK-045) attempted to whack me with his side mirror (had to have been within 2 inches.) Seeing this, my father was a bit upset. But, being used to near misses, we continued as normal. A few hundred yards later we approached the first stop sign in the neighborhood. The driver, as I was passing, attempted to swerve to hit me. This time, my dad (Russell), had seen enough. Upon attempting to bang on the side of the van, it stopped. The driver, a rather heavy (the guy had to be pushin' 260lbs), grey ponytail wearing character, exited his vehicle. My father, understandably wound up, confronted him.

The older man, hurled a string of profanities so long that even I, as a high-school student, had never heard anything like before. In nicer terms, the man was distraught that we, as non-taxpaying weenies where on HIS roads and in HIS neighborhood and that we had no right to be there. The man told us that he would "run you stupid bike riders over" if he saw us out on HIS roads again. During this time my father was standing approximately 5 feet in front of the man's vehicle. The man entered his van and told Dad that he would run him over. My father didn't move. The man entered his vehicle and proceeded to rev the engine up while it was in neutral. He then placed it in gear for long enough to squeal the tires... the car stopped about 3 feet in front of my father.

In retrospect my dad's actions in that situation may not have been the safest. But I guess the parental instinct when something has just tried to harm your child, took over. When the man exited his vehicle for the second time, I attempted to remind him that 1. Cyclists have the same right to the road as he did 2. Hey, I've got a car, I pay taxes too. Upon this, he re-entered his vehicle and accelerated to a speed much too fast for HIS neighborhood. As he drove, he forced another car to stop (and almost go off the road) when passing the group of cyclists ahead of us. I am trying to be realistic. No matter how many tours Lance wins, there are still people out there who don't like cyclists. Some of which don't realize what the two words "vehicular homicide" mean. I just thought I would write this article to warn anyone who is riding in that area, to be extremely careful. The guy is a hothead and is not afraid to harm one of us. So if you look back and see a purple van coming, GET OUT OF THE WAY FAST!!!

PORT ROAD TIME TRIAL RESULTS FROM AUGUST 17th, 2003

TIME TRIAL: 15 KM					
			Time		Average Speed
Place	Name	Class	Mtt	Stt	Avg mph
1	David Crisp	45+	27 m	31 s	20.31 mph
2	James Liley	45+	28 m	28 s	19.63 mph
3	Charlie Davis	45+	29 m	53 s	18.70 mph
4	Fred Delacerda	45+	30 m	3 s	18.60 mph
5	George Sherrick	45+	DNF		
1	Jordan Shinn	Jr.	27 m	8 s	20.60 mph
1	Jake Lasley	M	21 m	15 s	26.30 mph
2	Chris Anderson	M	22 m	56 s	24.37 mph
3	John Brest	M	23 m	1 s	24.28 mph
4	Greg Shinn	M	23 m	53 s	23.41 mph
5	Neil Moody	M	27 m	21 s	20.43 mph
6	Henry Melikian	M	27 m	24 s	20.40 mph
7	Micah Brown	M	30 m	1 s	18.61 mph
8	Keith Winn	M	DNS		
1	Karen Harwood	W	25 m	38 s	21.80 mph
2	Meg McNeely	W	26 m	18 s	21.25 mph
3	Denise Sherrick	W	27 m	31 s	20.31 mph
4	Barbara Parker	W	27 m	38 s	20.23 mph

HILL CLIMB: 0.50 MI					
			Time		Average Speed
Place	Name	Class	Mhc	Shc	Avhcmph
1	Jake Lasley	M	2 m	4 s	14.54 mph
2	Chris Anderson	M	2 m	19 s	12.99 mph
3	Greg Shinn	M	2 m	34 s	11.71 mph
4	John Brest	M	2 m	38 s	11.40 mph
5	Jordan Shinn	Jr.	2 m	57 s	10.17 mph
6	Karen Harwood	W	3 m	7 s	9.60 mph
7	Meg McNeely	W	3 m	9 s	9.50 mph
8	Henry Melikian	M	3 m	18 s	9.07 mph
9	David Crisp	45+	3 m	31 s	8.51 mph
10	James Liley	45+	3 m	32 s	8.47 mph
11	Denise Sherrick	W	3 m	34 s	8.40 mph
12	Barbara Parker	W	4 m	2 s	7.44 mph
13	Charlie Davis	45+	DNF		
14	George Sherrick	45+	DNF		
15	Keith Winn	M	DNF		
16	Neil Moody	M	?		
17	Micah Brown	M	?		
18	Fred Delacerda	45+	DNF		



Tulsa Wheelmen

INFO PAGES

OCTOBER 2003

Rides & Events

Ride Classifications

Miles	Terrain
1 - under 10	A - Flat
2 - 10 - 20	B - Grades
3 - 20 - 40	C - Some hills
4 - 40 - 70	D - Many hills
5 - 75 - 120	E - Severe hills

Average Speed in mph.

a - 4-8, leisure b - 7-12, touring
c - 13-17, fast d - 18+, racing

Important Notice: The Tulsa Wheelmen only support responsible bicycle riding. riders on Tulsa Wheelmen rides acknowledge cycling is a potentially dangerous activity and will hold harmless individually and as a group the Tulsa Wheelmen, its members and sponsors. Helmets are required. All traffic laws are to be obeyed on all rides including not riding more than two side by side.

vv Weekly Rides vv

*Note: Times are when wheels roll.

Any Day, Bike-To-Work Day,

Bicycle to work at least once a week (or more!) and make Tulsa a better community while giving yourself more time on your bike.

Monday, DoT Ride, (3/D/c-d) 4000 N. Hwy 169, 6 p.m. (Sp/Su/Fal). Starts April 7th

Tuesday Night World Championships Ride (4/C/d) Starts at the West River Parks, 17th & Jackson, 6 p.m., 40 mile training ride. Very fast. (Sp/Su/Fal). Starts April 8th

Tuesday Night Ride, (3/C/c) Starts at 17th and Riverside, 5:45pm, 40 mile training ride. (Sp/Su/Fal). Starts April 8th

Thursday, Tulsa Wheelmen/Bicycles of Tulsa Summer Criterium Series, (1/A/d) Holiday Hills City of Tulsa Safety Training Facility, 6 p.m. (Starts May 1st)

Saturdays/Sundays, Tailwind Training Ride, 8:00am (Switches to Noon on December 6 2003) (4/C/c-d), 45th and Madison, Wright School (one block west of Peoria on 45th), west parking lot. Distance will vary on this quick paced ride. Route begins into the wind for a tailwind return. (Year Round)

Saturdays/Sundays, No Wimps Ride, 8 a.m. (4/C/c-d), 45th and Madison, Wright School (one block west of Peoria on 45th), west parking lot. Distance will vary on this quick paced ride. Route begins into the wind for a tailwind return. Contact John Power for more info (Year round).

Mountain Bike Riding

Any Day Call-up and Ride, Call Pat at Bicycles of Tulsa, 918-665-2453, or David, or Mark at T-Town Bicycles, 918-496-8696.

^PUT YOUR RIDE HERE^

Are you doing a weekly ride that isn't listed here, but should be? If so, please send information to **Tulsa Wheelmen Newsletter**, Attn: Rides & Events, P.O. Box 52242, Tulsa, OK 74152-0242.

THANK YOU! event volunteers, event directors and sponsors, newsletter contributors, QuikTrip Corp. and to all the cyclists who bicycled to work showing Tulsa that *Yes!, it can be done...* **THANK YOU! You ARE making Tulsa and bicycling in Tulsa better!**

**SIGN UP A NEW MEMBER.
MEMBERSHIP APPLICATION
ON INSIDE BACK PAGE!
YOUR RECOMMENDATION
ENSURES THAT THE CLUB
WILL GROW!**

Membership and Address Correction

If you are a member and not receiving your newsletter, contact **Rod Harwood**, Membership Director (home: 918-336-7546)

eMail:rod_h@sbcglobal.net

ALPINEER

UPCOMING EVENTS

Sat. October 4th, Mercy Celebrity Classic Criterium.

<http://www.championcycling.com>

Sat. October 4th, Hillier Than Hell 80, See Flyer Inside this Newsletter.

Sun. October 5th, Cavanal Hill Climb, See Flyer Inside this Newsletter.

Mon. October 13th, General Membership Meeting, Officer Vote, Mazzioz at the Farm, 51st and Sheridan, Tulsa, 7:00pm

Sun. October 26th, Daylight Savings Time Ends

FOR MORE DETAILED EVENT INFORMATION SEE OUR WEBSITE AT WWW.TULSAWHEELMEN.COM



McCollam & Glassco

ATTORNEYS AT LAW
A Professional Association



MORE . . .

WHEELMEN INFO

OCTOBER 2003

*!?! ?!
TAKE ACTION
Who You Gonna Write!
Who You Gonna Call!

CITY PROBLEMS?

Mayor's Action Center: 596-2100, Fax 596-9010.

Tulsa City Councilors: mail 200 Civic Center, Tulsa, OK 74103; phone 918-596-1900, Fax 596-1964.

City Animal Shelter: 669-6299

STATE HIGHWAY PROBLEMS?

(e.g. Port Road, Hwy 97/51), Oklahoma Highway Dept, Ed Kellogg, P.E.; P.O. Box 660, Tulsa, OK. 74101, phone 918-838-9933.

TULSA COUNTY ROAD PROBLEMS? (e.g. Avery Drive, Wekiwa Road), Tulsa County Engineer, Ray Jordan, 596-5730, Fax 596-4647.

TULSA COUNTY TRAFFIC PROBLEMS? Tulsa County Sheriff 918-596-5601.

RIVERPARKS AUTHORITY, 707 S. Houston, Suite 202, Tulsa, OK. 74127, 918-596-2001.

AIR QUALITY/OZONE ALERT QUESTIONS? Tulsa City-County Health Dept. 918-744-7664.

This month I took action. I made a call or wrote a letter to: _____

About: _____

Response: _____

Date: _____

TW MONTHLY MILEAGE LOG

Date: _____ Bike _____ Bike _____

Miles _____

Now: _____

Prev. _____

Month: _____

Month _____

Total: _____

Take current mileage shown on bike computer, subtract the previous month's "Miles Now" figure and the result is the distance ridden for the current month.

RE-CYCLE-IT!

THE CLASSIFIEDS

Where member ads are free!

FOR SALE: I have Giant CFR Team road bike for sale. \$1000 or best offer
-Size- 55cm

-Carbon Frame & Fork

-Full Ultegra components

-Rolf Vector Comp wheels

-Flight Deck computer

-Wellgo pedals

-New cables, cassette(11-27), and chain end of last year

-Frame is yellow with graphics

Jason Ward 369-4169

jasonw661@yahoo.com

FOR SALE: Wlier Alp D'Huez, 54 cm. Easton Ultralite frame, Red w/ Yellow accent "CBS". Full Chorus with Record shifters Includes Campy ErgoBrain 10 computer. Used less than 200 miles. Great condition. \$2750/bo
contact: soner_tunay@yahoo.com
tel: 617.596.7497

FOR SALE: MAVIC Helium wheel set, Shimano 8/9 compatible. Like new. \$325 with bags, \$300 without. Chris King headset, 1" threadless, red lettering, like new, \$50. Deore XT 9sp 170mm crankset with rings and bottom bracket, like new, \$55. XTR 9sp rear derailleur, \$40. Al or Sharron Chinn (members), 918 299-1657 evenings.

Re-Cycle-It classified ads run for two months and are available free to members, (only \$7.50 for non-members); ads **must be submitted in writing by the 10th of the month.** Other advertising rates available upon request. Make check payable to **Tulsa Wheelmen**. Mail ad directly to *Marc or Beth Delametter, TW Newsletter Editors, 4530 S. Louisville, Tulsa, OK 74135.* or e-mail to delafam@sbcglobal.net. **DO NOT ATTEMPT TO PLACE ADS BY PHONE**

BICYCLE WEB SITES

Adventure Cycling: www.adv-cycling.org. Information on bicycle touring in the United States and worldwide.

Bicycling Magazine: name says it, www.bicyclingmagazine.com.

Bikes Belong! Coalition: www.outdoorlink.com/bikes-istea

Congressional bicycle advocacy.

Bicycle Federation of America:

www.bikefed.org

Bicycle issues and advocacy.

Bike Plan Source: www.bikeplan.com

Great site for community bike planning information. (Yes, Tulsa planners, other people have already invented the wheel.)

FreeWheel Oklahoma:

<http://www.okfreewheel.com>.

Information about FreeWheel Oklahoma 22nd Annual Bicycle Tour, June 12-19.

ISTEA: www.istea.org

Update information on the upcoming ISTEA legislation.

League of American bicyclist:

www.bikeleague.org.

Bicycle advocacy.

Mountain Bike Daily:

www.mountainbike.com.

Mountain bike stuff.

Oklahoma Runner Magazine:

www.runningnetwork.com.

Information Oklahoma running events.

Runner-Triathlete:

www.runningnetwork.com/RunTriNews.

Triathlon and running information by region.

The San Francisco Exploratorium:

www.exploratorium.edu/sport/.

The Science of Bicycling, facts and information.

Sydney Morning Herald: www.smh.com.au

Because the 2000 Olympics is closer than we think.

Transportation Policy Project:

www.islandnet.com/~litman.

Discussion of positive and negative bicycling issues impacts. (Super site!)

The Tulsa Wheelmen Web Site:

www.tulsawheelmen.com

USA Cycling: www.usacycling.org

National and regional schedules.

U.S. Olympic Committee:

www.olympic-usa.org.

Olympic information including cycling.

VeloNews: www.velonews.com

The journal of bicycle racing.



GENERAL MEMBERSHIP MEETING NOTICE

Meeting Date: November 10, 2003

When: 7:00pm to 8:00pm

Where: Mazzios Pizza at the Farm, 51st Street and Sheridan, Tulsa

Agenda:

- Vote on Club bylaw changes (A full description of these changes will be published in the November 2003 Club newsletter.)
- Vote for 2003-2004 Officers (accepted nominations include)
 - President – Brian Meahan
 - President Elect (for 2004-2005 President) – Tim Carrigg
 - Secretary – Marc Delametter
 - Treasurer – Amy Stitt
- Discuss Other Club Business

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President Elect **OPEN**

Secretary **OPEN**

Membership Director **Rod Harwood**
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Race Director **OPEN**

Training Adv. **Dennis Oliphant** 744-6737

MTB Director **Open**

Avery Drive Clean-up **Tom Potter**
437-9419

Touring Advocacy, Commuting Dir

Tulsa Wheelmen Newsletter

The official newsletter of the Tulsa Wheelmen, a membership organization established in 1978 to "...promote responsible bicycling in all its forms." Whatever your interests; fitness, racing, touring, mountain biking, or triathlons - our training rides, races, annual events, newsletter and network of 150+ members can help you achieve your cycling goals.

The *Tulsa Wheelmen Newsletter* welcomes any contributions that fall within the two rules of (1) having to do with bicycling and (2) being legible. Contributions need to be made by the 10th of the month prior to publication. Send submissions directly to **Marc & Beth Delametter, TW Newsletter Editors, 4530 S. Louisville, Tulsa, OK 74135** or to **Tulsa Wheelmen Newsletter Editor, P.O. Box 52242, Tulsa, OK 74152-0242**.

The Tulsa Wheelmen appreciate the support of **QuikTrip** and would like to thank **QuikTrip** for printing this month's newsletter.



TULSA WHEELMEN
P.O. Box 52242
Tulsa, Oklahoma 74152-0242

RETURN SERVICE REQUESTED



INSIDE THIS ISSUE

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