

# Week 1: Introduction to BIOPAC

## BIOE 320 Systems Physiology Laboratory

### Objectives

1. To become familiar with the format of data display in the BIOPAC Student Lab data window
2. To learn how to position data within the window by using software tools and pull down menus
3. To learn how to select and use correct measurement tools for extracting information from the data
4. To learn how to use journal to record measurements and write notes

### Background

The lab is based on the BIOPAC Student Lab System that allows data acquisition and analysis of a variety of physiological signals. **Hardware** components include electrodes, input transducers, connecting cables, and the acquisition unit (MP30, MP35, or MP36) shown in Fig. 1. The **software** used in this lab consists of the BIOPAC Student Lab Lessons and the BIOPAC Student Lab PRO pre-installed on your computer.

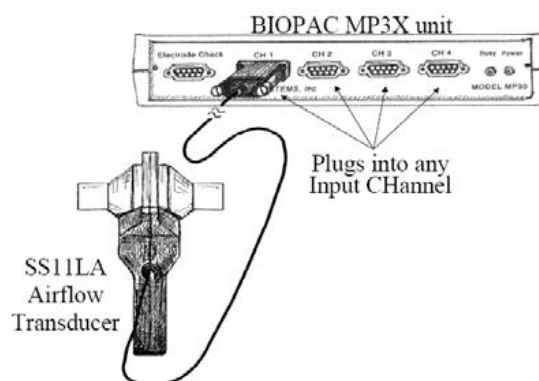


Figure 1: Schematic of MP3x acquisition unit and attached transducer

The lab will introduce you to the BIOPAC system. To complete the in-lab activities, read the instructions carefully and perform each of the steps described in the exercises while answering the questions listed below.



**Info:** Your knowledge and comfort level in manipulating the data obtained using BIOPAC are critical for success in future labs.

## Getting Started

Before beginning the lab activity, open the BIOPAC tutorial that can be found in: (need to figure out links)

1. Turn on the MP3X acquisition unit by flipping the switch found on the back panel.

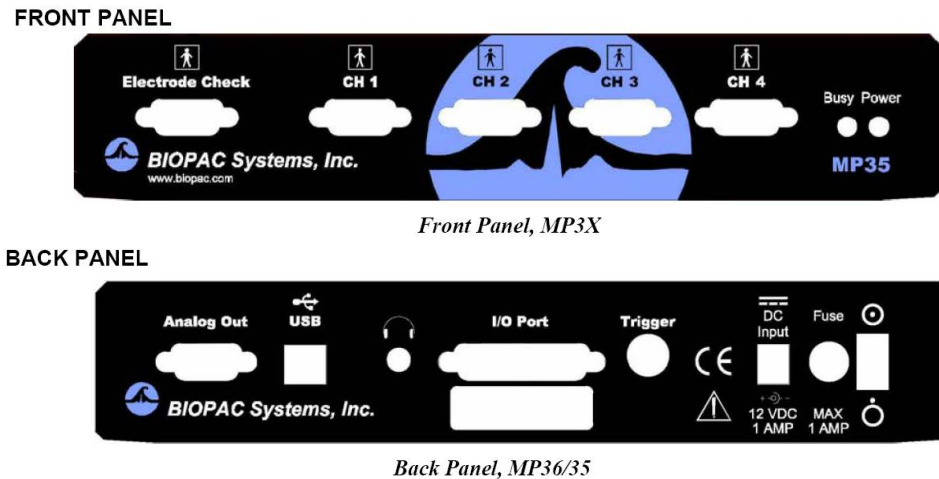


Figure 2: MP3X acquisition unit - front panel (top) and back panel (bottom) are shown

2. Launch the BIOPAC Student Lab Lessons Software (*Start* → *All Programs* → *BIOPAC Student Lab Lessons 3.7.6*)

**Warning:** If you receive the warning prompt shown in Fig. 3, make sure the acquisition box is on, check the connections to the computer, and restart the hardware and software. If the problem persists, call the instructor or a TA.

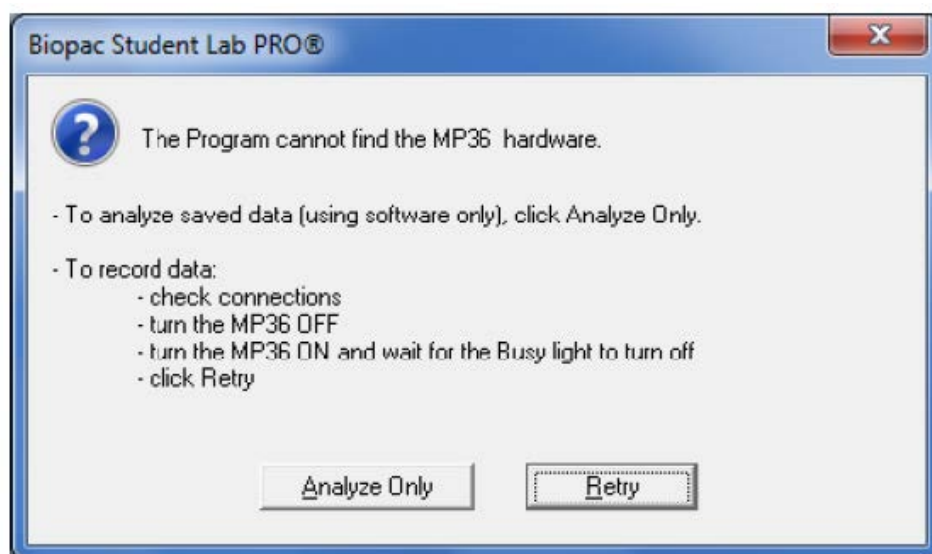


Figure 3: Connection error prompt

3. Scroll down the lesson menu to "Review Saved Data," select it, and click OK. A window resembling Fig. 4 (left) should appear.

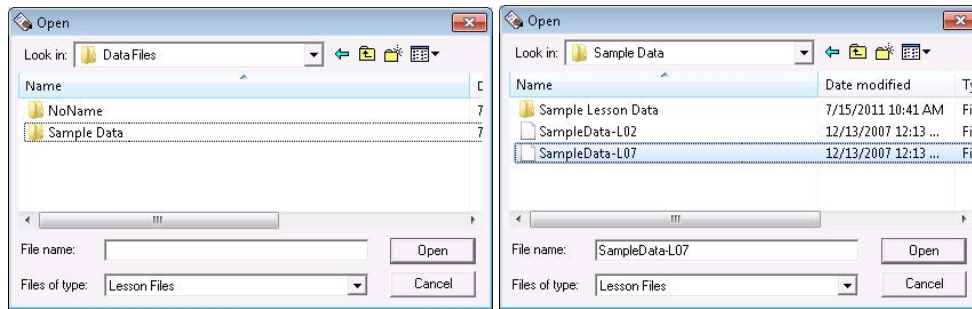


Figure 4: Opening data files

4. If the default folder does not come up, navigate to 'C:\Program Files\BIOPAC Systems, Inc.\BIOPAC Student Lab 3.7\BSL Lessons 3.7.6\Data Files\Sample Data\SampleData-L07'
5. Select and open the "Sample Data" folder. A window resembling Fig. 4 (right) should appear.
6. Open "SampleData-L07".
7. The monitor screen should display a data window showing ECG (top waveform) and Pulse (bottom waveform) data (Fig. 5)

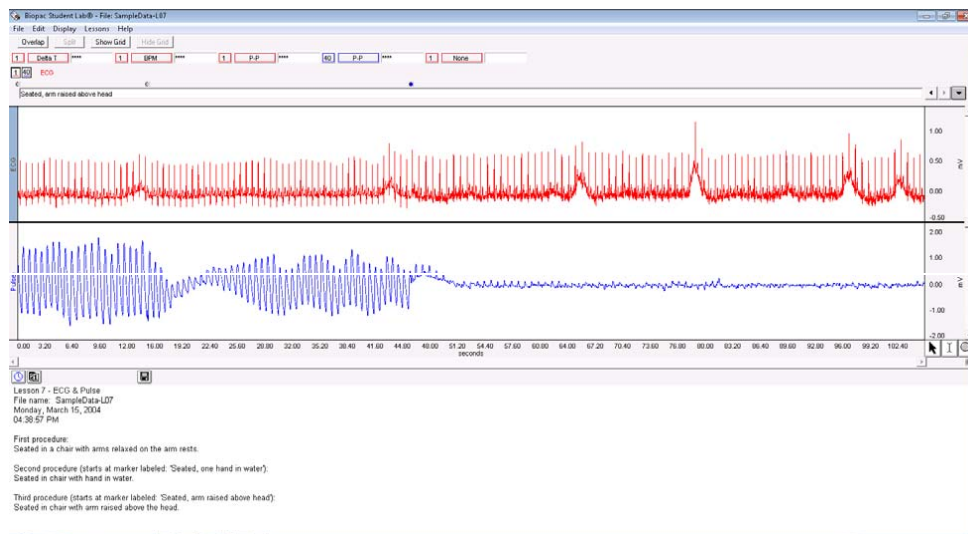


Figure 5: L07 data file

## Data Viewing Tools

1. The software consists of 2 main sections: data window (area with graphs) and journal window (area with text notes). Make sure you can find these on your computer.
2. In this sample data, the data window contains two series of simultaneously recorded waveforms: an electrocardiogram (ECG) and a pulse. These waveforms depend on

the physiological parameter measured and will change depending on the lesson recorded.

3. Select the different markers (found above the marker bar in blue diamonds) and note from the markers what experiments were performed with this data set.
4. Turn on and off channel 1 (ECG) and channel 40 (pulse). Remember that the channel boxes (found above the marker bar on the left) allow you to display or hide channels from view in order to concentrate or print out only the desired waveforms. The disabled channel will be hidden from view, but can be turned back on at any time.

### Data Analysis Tools: Selection, I-beam, and Zoom Tools (🖱️📏🔍)

1. Use the selection tool (arrow) to better select the section from 3 to 40 seconds: left click on the x-axis (seconds) to open the prompt seen in Fig. 6 and change the scale range to display the desired data section.

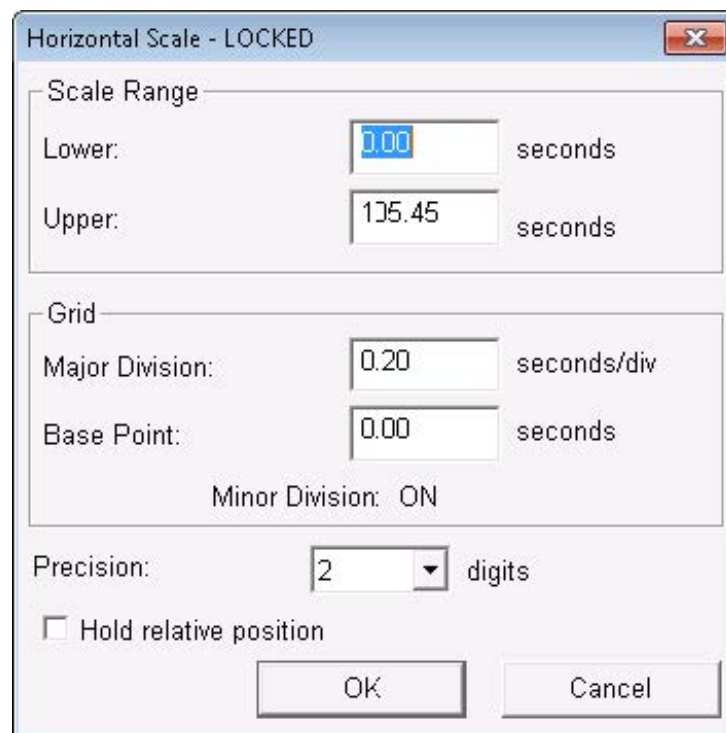


Figure 6: Changing the display for the horizontal scale

2. Use the I-beam tool (looks like an I) to highlight different sections of the data. Notice that the measurement boxes (Delta T, BPM, P-P) will always display information corresponding to the highlighted region.
3. Use the zoom tool (magnifying glass) to select an area of the data to be enlarged so as to make some analyses easier to perform. Use the zoom tool to display the waveform at approximately 12.6 seconds. Hold down the mouse button and drag the cursor downward and to the right so that the selected area includes approximately six spikes (see Fig. 7).

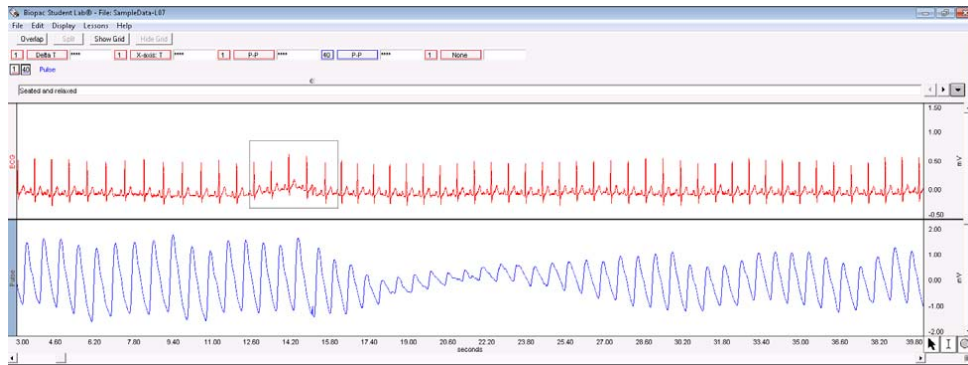


Figure 7: Selecting 6 cycles using the zoom tool

4. Release the mouse button. Your data should not look like Fig. 8. If you selected the wrong part of the data to magnify, pull down the Display menu and choose "Zoom Previous", then try again.

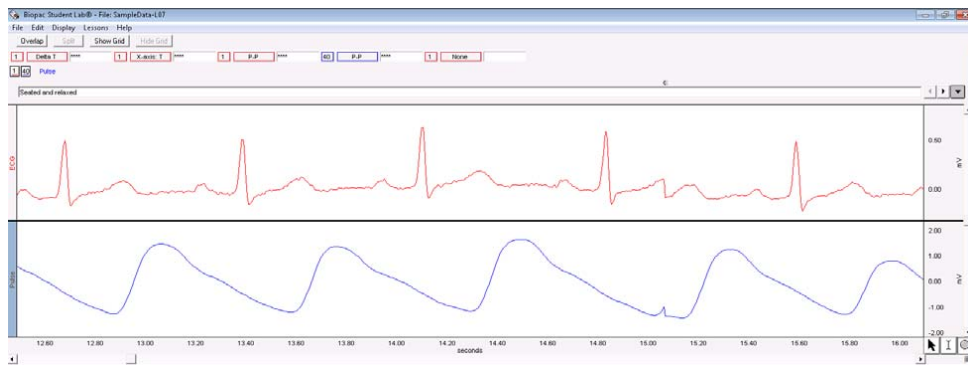


Figure 8: Selected region using zoom tool

## Channel Measurement Box

1. Right above the ECG recording channel, you will find the measurement boxes (Delta T, BPM, P-P). The first box indicates the *recording channel* selected, the second box indicates the *function or measurement* to be taken, and the third box contains the *measurement value* (see Fig. 9).

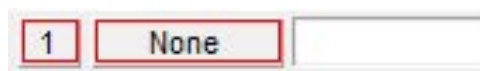


Figure 9: Channel measurement boxes

2. Using the first cycle (first beat), answer the following questions:
  - (a) What is your measured value for delta T?
  - (b) What does delta T represent?
  - (c) What is your measured value for BPM?
  - (d) What does BPM represent?
  - (e) What are the "max" and "min" for the waveform on ECG?

- (f) What are the "max" and "min" for the waveform on Pulse?
- (g) What do the "max" and "min" values represent?
- (h) Try out the options for "area", "P-P", "integral", "stdev", and two additional ones (see Table 1 at the end of this protocol for available options and explanations). Describe a physiological example when each of these measurements may be useful.

## Overlap/Split

- These buttons allow you to toggle the display style between an oscilloscope and a chart recorder (see Fig. 10)

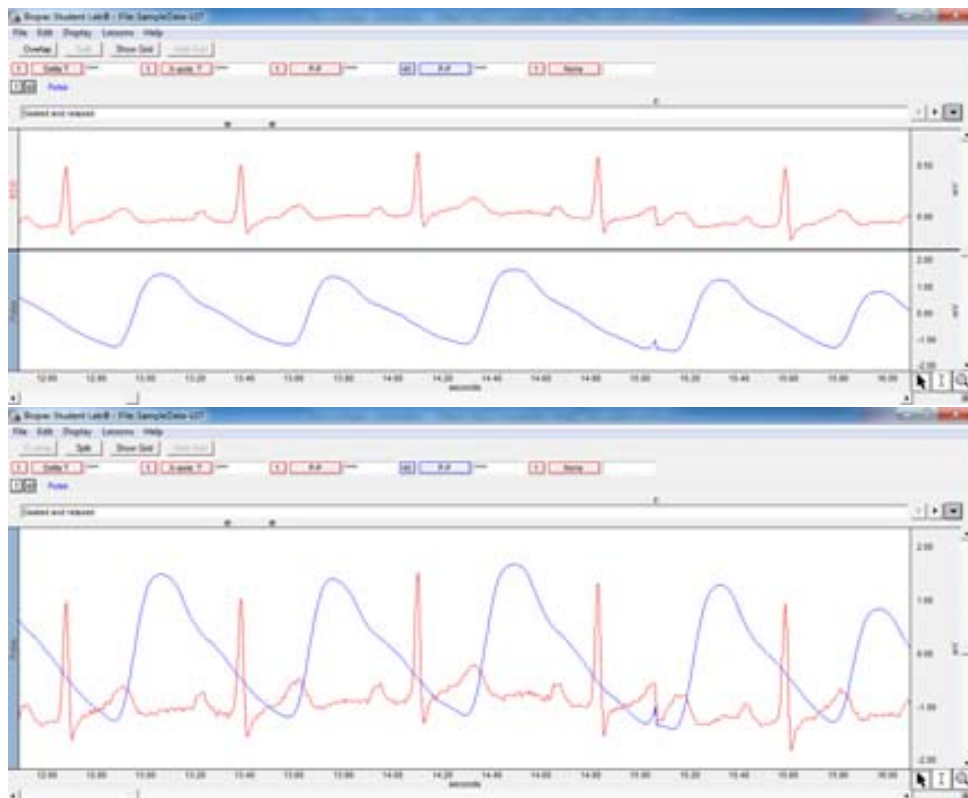


Figure 10: Display types: split (top) and overlap (bottom)



- Click the overlap button to activate the type of display. Once the signals are overlapped, try to move each signal up and down separately for alignment.

**i** **Info:** Select the channel box to select the appropriate channel to adjust.

- Return the display type to split.

## Markers

Markers are used to reference important events (and their associated locations) in the data. There are two types of markers:

-  *Append markers*: These appear as a diamond above the marker text box and are blue when active. Append markers are automatically inserted when you begin each new recording segment and are marked with time data. Markers can also be manually entered during recording by pressing F9.
-  *Event markers*: These appear as inverted triangles below the marker text region and are yellow when active. You may add markers to your data after it has been recorded simply by clicking within the marker region using the selection tool. This new marker will then become the current active marker, and you may type in the marker text box.

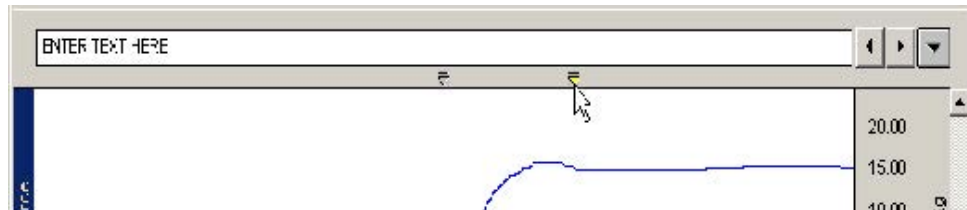


Figure 11: Marker tools are located in the top right, indicated by the arrows

Using the marker tools on the right edge of the marker region (Fig. 11), you may:

- Change the active marker using the left and right pointing arrows
- Choose from the pop-up menu to find, clear, show, or import to journal certain or all markers (Fig. 12).

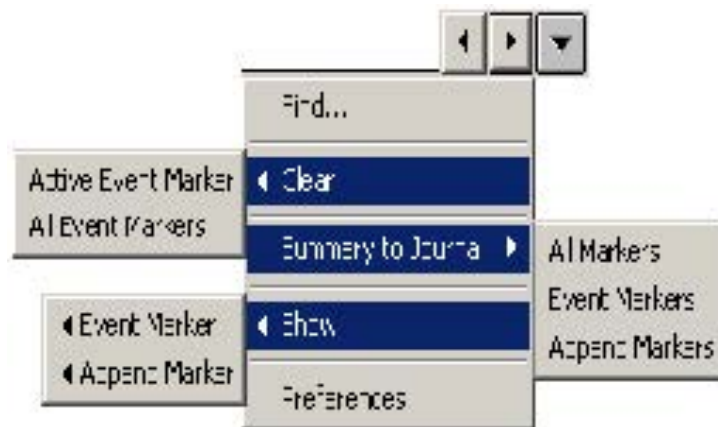


Figure 12: Marker tools pop-up menu

1. How do you insert a marker while data are being recorded?
2. How do you insert text for a marker?
3. How do you insert an event marker after data have been recorded? Do this as practice.



## Journal

The Review Saved Data mode incorporates a Journal feature so you can type notes or copy measurements from previously saved data. You can also copy data directly to the Journal. The Journal needs to be the active window for its options to appear.

1. Access the Option menu (Fig. 13) by selecting *Journal Preferences* from the *File* menu. This window will allow you to control formatting for text, measurements, and wave data.

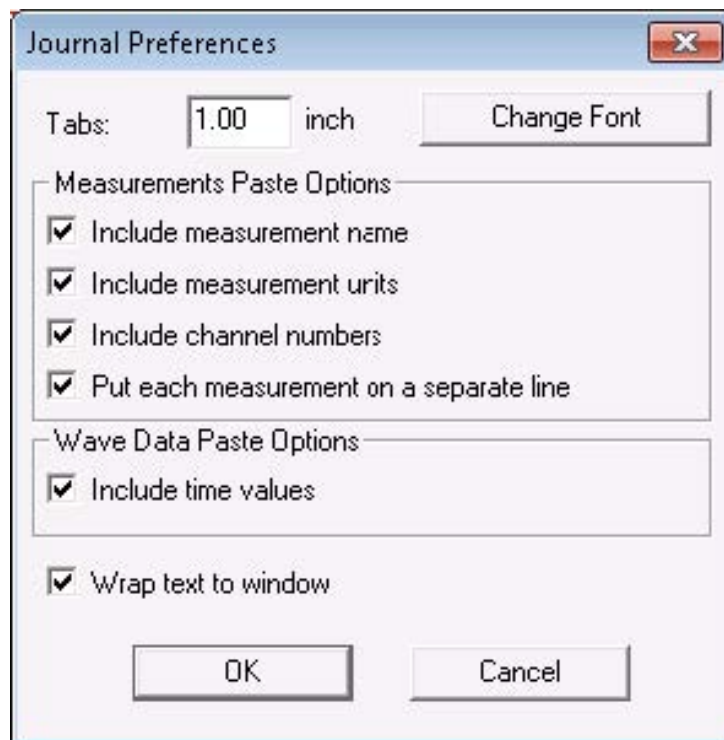


Figure 13: Journal preferences

2. To paste a pop-up measurement into the Journal:
  - (a) Select the channel you want to measure by clicking on it with the Selection tool or use the cursor to pick the correct channel number in the boxes to the left of the pop-up measurements.
  - (b) Choose the appropriate pop-up measurement (e.g. Max, Min).
  - (c) Use the I-beam tool to select the portion of the wave you are interested in. The pop-up measurement values will update instantly based on the selected area you have chosen with the I-beam tool.
  - (d) Pull down the Edit menu and select Journal → Paste Measurement. Alternatively, you can use Ctrl+M.

## Practice

Using the data provided (Sample Data-L07), display the waveforms contained between 0.2 and 4.4 seconds (Fig.14). Answer the following questions for the pulse data:



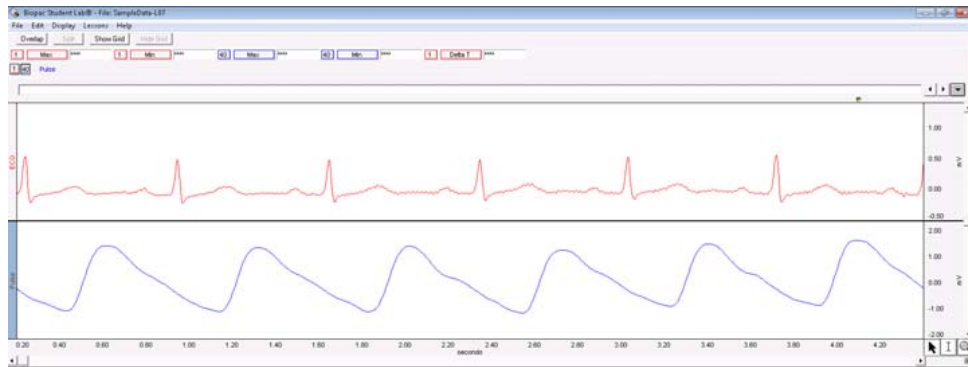


Figure 14: Practice data

1. Maximum values of:
  - (a) First wave?
  - (b) Second wave?
  - (c) Third wave?
  - (d) Fourth wave?
2. Frequency of single waveform?
3. Minimum and maximum amplitudes found between the first and fourth peak?
4. Interval of time between:
  - (a) First and fourth peak?
  - (b) Third and fourth peak?
5. Briefly describe the function of the following tools:
  - (a) Selection tool
  - (b) I-Beam tool
  - (c) Zoom tool
6. You have lost track of where you are in the data due to zooming, scrolling, etc. List 2 sequential steps you can take to make sure the complete data file is on the screen.

## Preparation for Post-Lab

Save data from the file you used today (at least 15-20 seconds) as a journal file. Make sure you have data for both channels and email it to yourself.

Table 1: Measurement tools and definitions

Measurement tool	Definition
area	Computes the total area among the waveform and the straight line that is drawn between the endpoints. Expressed in terms of amplitude units $\times$ horizontal units.
BPM	Calculates the difference in time between the first and last selected points, and divides this value into 60 seconds/minute to extrapolate BPM. If more than one beat is selected, it <i>will not</i> calculate the average BPM in the selected area.
<p><b>i</b> <b>Info:</b> In order to get an accurate BPM value, you must select an area with the I-beam cursor that represents one complete beat-to-beat interval. One way to do this is to select an area that goes from the peak of one cycle's R wave to the peak of the next cycle's R wave.</p>	
calculate	<p>Used to perform a calculation using the other measurement results. For example, you can divide the mean pressure by the mean flow</p> <p>When <b>calculate</b> is selected, the channel selection box disappears. The result box will read "off" until a calculation is performed, and then it will display the result of the calculation. As you change the selected area, the calculation will update automatically.</p> <p>To perform a calculation, Ctrl+Click (or right mouse button click) on the <b>calculate</b> measurement type box to generate the "Waveform Arithmetic" dialog. Use the pull-down menus to select the sources and operand.</p> <p>Measurements are listed by their position in the measurement display grid. Only active, available channels appear in the Source menu. You cannot perform a calculation using the result of another calculation, so calculated measurement channels are not available in the Source menu.</p> <p>The Constant entry box is activated when you select "Source: K, constant", and it allows you to define the constant value to be used in the calculation. To add units to the calculation result, select the Units entry box and define the unit's abbreviation.</p>
delta	Computes the difference in amplitude between the last point and the first point of the selected area.
delta S	Computes the difference in sample points between the end and beginning of the selected area.
delta T	Computes the difference in time between the end and beginning of the selected area.
freq	Converts the time segment between the endpoints of the selected area to frequency in cycles/sec. The result is given in units of Hz. It will not calculate the correct frequency if the selected area contains more than one cycle, and you must carefully select the start and end of the cycle.
integral	Computes the integral value of the data samples between the endpoints of the selected area. The result is expressed in terms of amplitude units $\times$ horizontal units.
max	Finds the maximum amplitude value within the selected area.

Measurement tool	Definition
median	Find the median value from the selected area.



**Warning:** The median calculation is processor-intensive and can take a long time, so only select "median" when you are ready to calculate.

mean	Computes the mean amplitude value or average of the data samples between the endpoints of the selected area
min	Finds the minimum amplitude value within the selected area.
none	Turns off the measurement channel and no result is provided.
P-P	Finds the maximum value in the selected area and subtracts the minimum value found in the selected area.
samples	Shows the exact sample number of the selected waveform at the cursor position.
slope	Uses the endpoints of the selected area to determine the difference in magnitude divided by the time interval. This value is normally expressed in unit change per second (rather than sample points) since high sampling rates can artificially deflate the value of the slope. When an area is selected, the slope measurement computes the slope of the line drawn as a best fit for all selected data points.
stddev	Computes the standard deviation value of the data samples in the selected range.
T @ max	Shows the time of the data point that represents the maximum value of the data samples between the endpoints of the selected area.
T @ median	Shows the time of the data point that represents the median value of the data samples between the endpoints of the selected area.



**Warning:** The median calculation is processor-intensive and can take a long time, so only select "median" when you are ready to calculate.

T @ min	Shows the time of the data point that represents the minimum value of the data samples between the endpoints of the selected area.
x-axis: T (time)	Shows the exact time of the selected waveform at the cursor position. If a range of values is selected, then the measurement will indicate the time at the last position of the cursor.
value	Displays the amplitude value for the channel at the point selected by the I-beam cursor. If a single point is selected, the value is for that point. If an area is selected, the value is the endpoint of the selected area.