

# Week 3 In-Lab

BIOE 320 Systems Physiology Laboratory

## Background

1. Write the physiological analog of the spinal reflex arc to each component of the negative feedback system diagram:

(a) Set point:

(b) Forward gain (effector):

(c) Output (regulated variable):

(d) Feedback gain:

2. What happens to the regulated output variable if it is higher than the set point?  
What if it is lower?

## Experimental Methods

### Regular Procedure

Table 1: Reaction times and muscle response for knee jerk reflex

Strike	Reaction time (ms)	Hammer activity (mV)	Muscle response (mV)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
$\mu \pm s$			

13. Is there a relationship between hammer strike force and reaction time? Explain.

14. Is there are relationship between hammer strike force and the magnitude of the muscle response? Explain.

15. Measure the length of this reflex arc, realizing that it involves the L2, L3, and L4 segments of the spinal cord. Calculate an estimate of the nerve conduction velocity. Do you expect this to be an overestimate or an underestimate? Why? **Record the conduction velocity as you will need this information for your post-lab assignment.**

## Jendrassik Maneuver

Table 2: Reaction times and muscle response for knee jerk reflex using the Jendrassik maneuver

Strike	Reaction time (ms)	Hammer activity (mV)	Muscle response (mV)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
$\mu \pm s$			

7. How do the reaction times during the Jendrassik maneuver compare to the regular procedure? Explain the change or lack of change.

8. How do the muscle response magnitudes during the Jendrassik maneuver compare to the regular procedure? Recall the negative feedback diagram (Fig. ??). Which variable do you think has changed?
9. One feature of negative feedback systems with high gain is *ringing*, the presence of transient oscillations in the regulated variable before it settles to a steady-state value. Did you observe ringing in any of your experiments? If so, in what test(s)? Briefly describe how this occurs in terms of the feedback diagram. Why does high gain make ringing more likely?