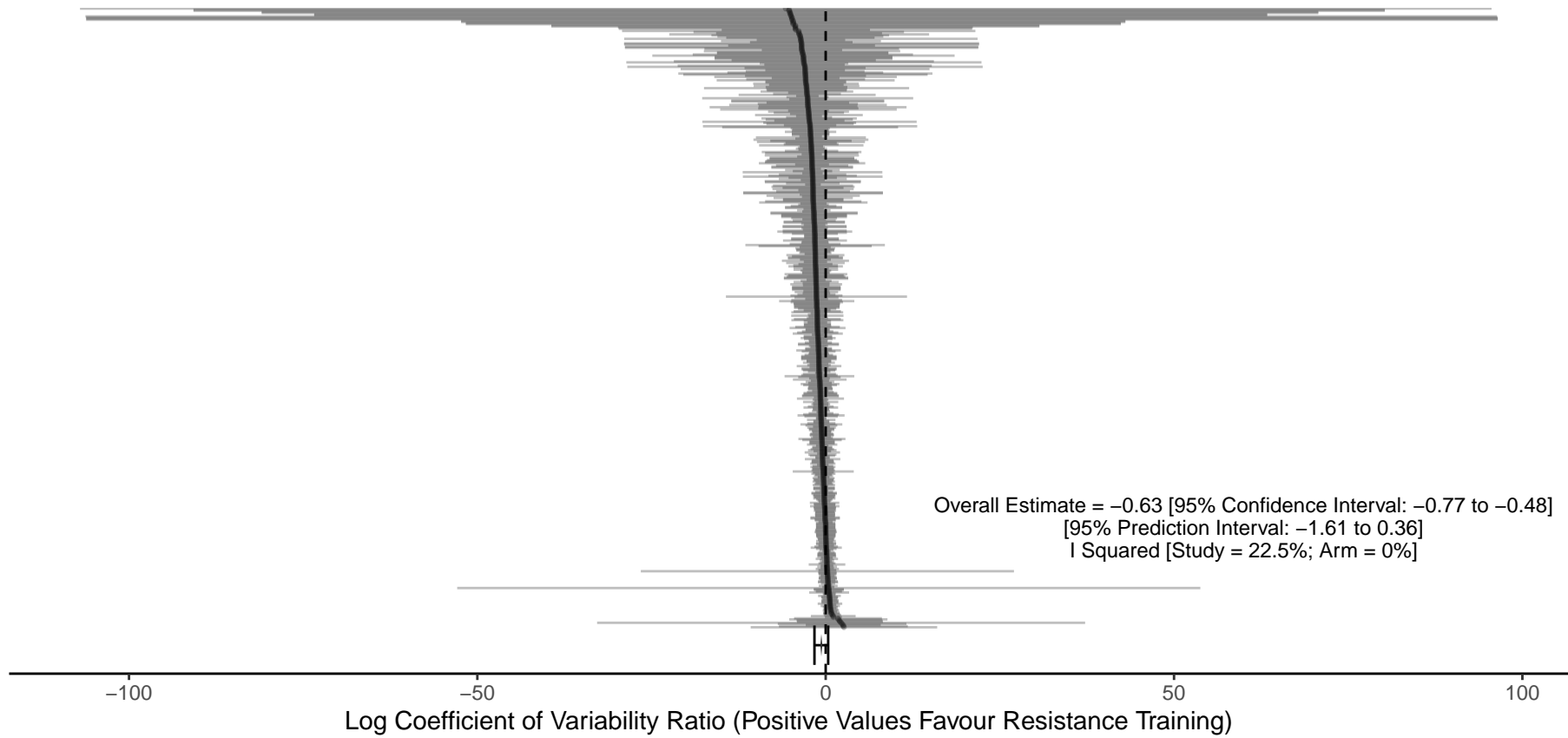


A  
Strength Outcomes



B  
Hypertrophy Outcomes

