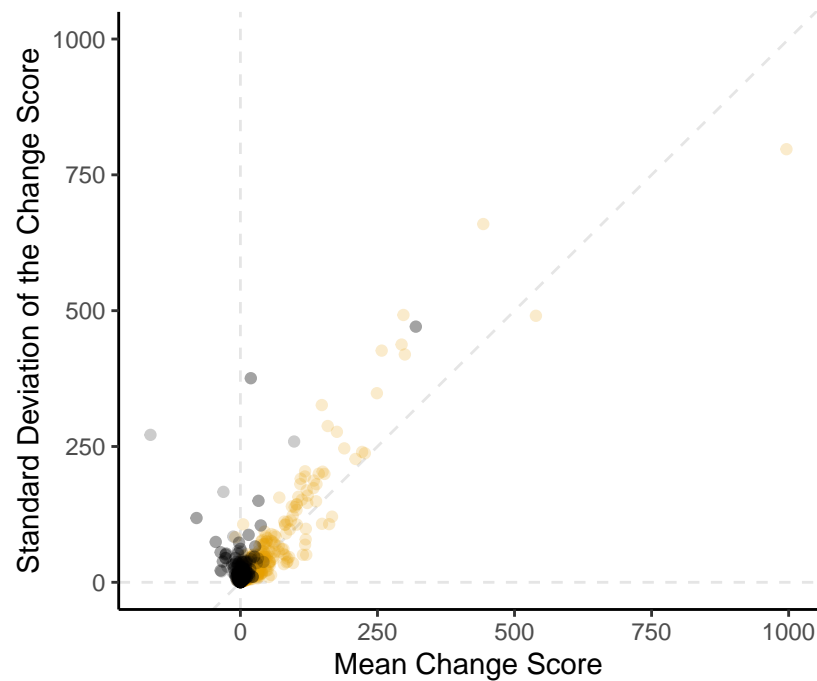


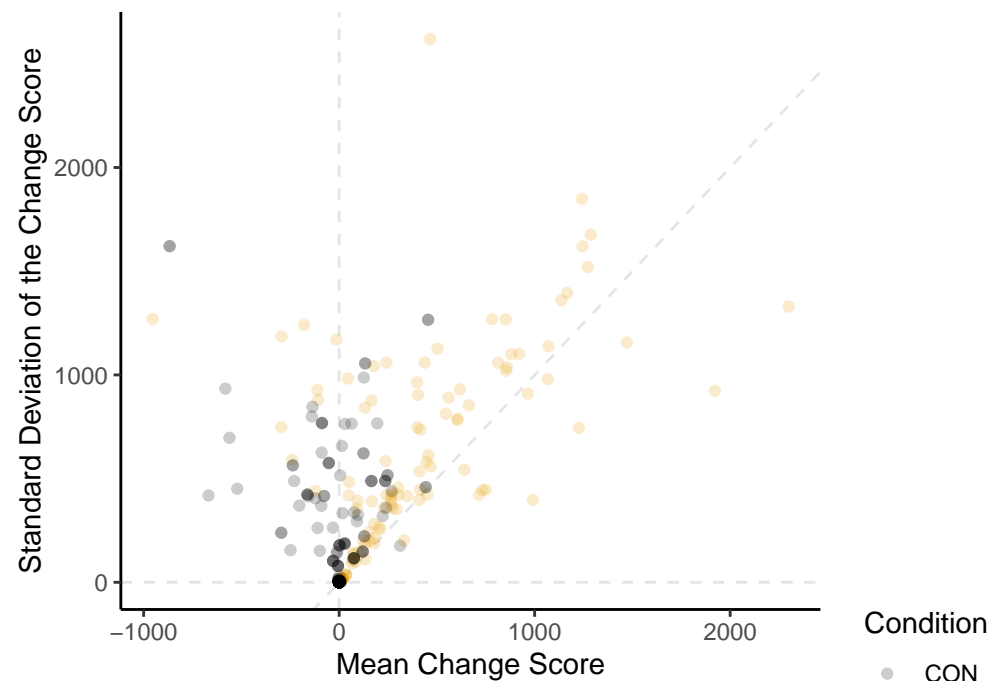
A

Strength Outcomes

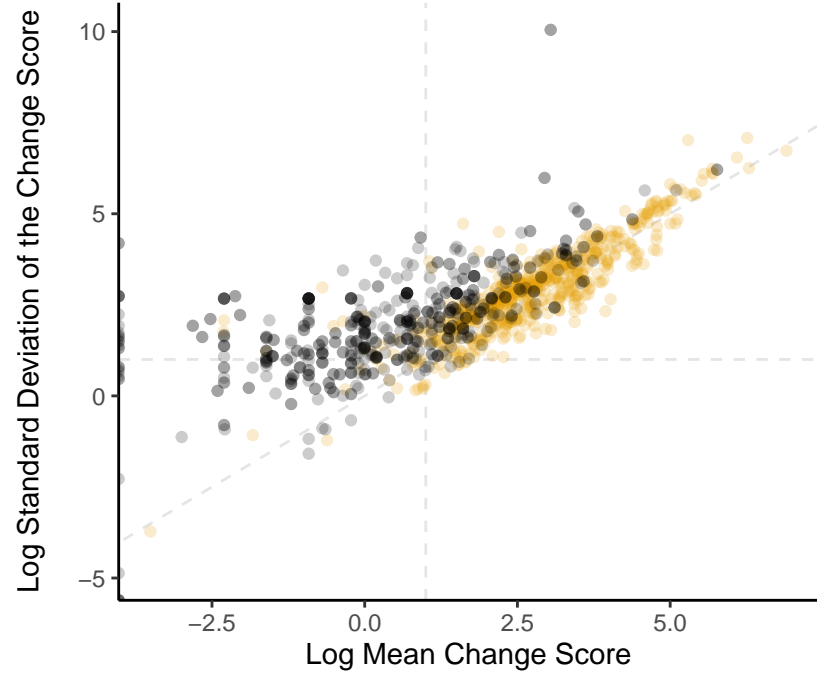


C

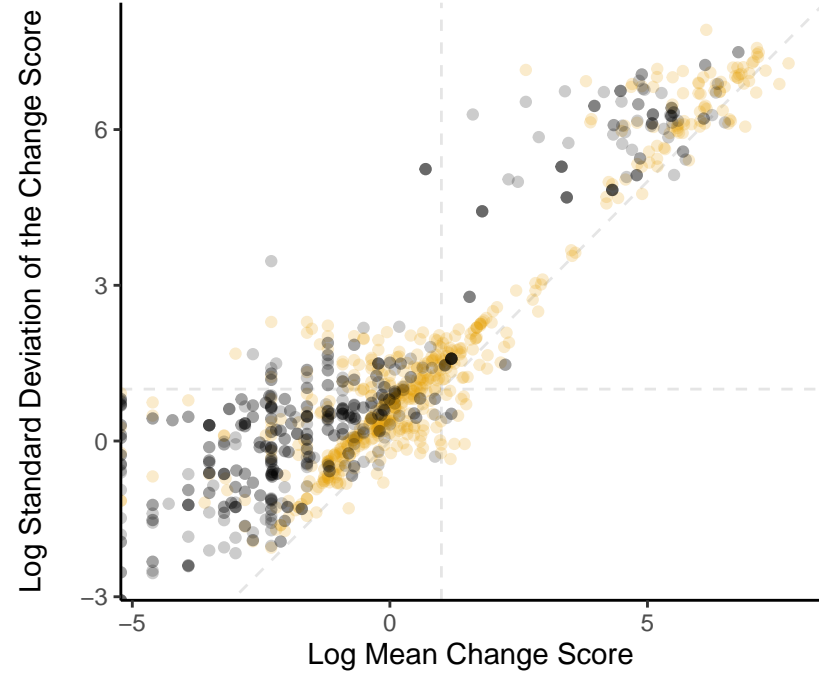
Hypertrophy Outcomes



B



D



Condition

CON

RT