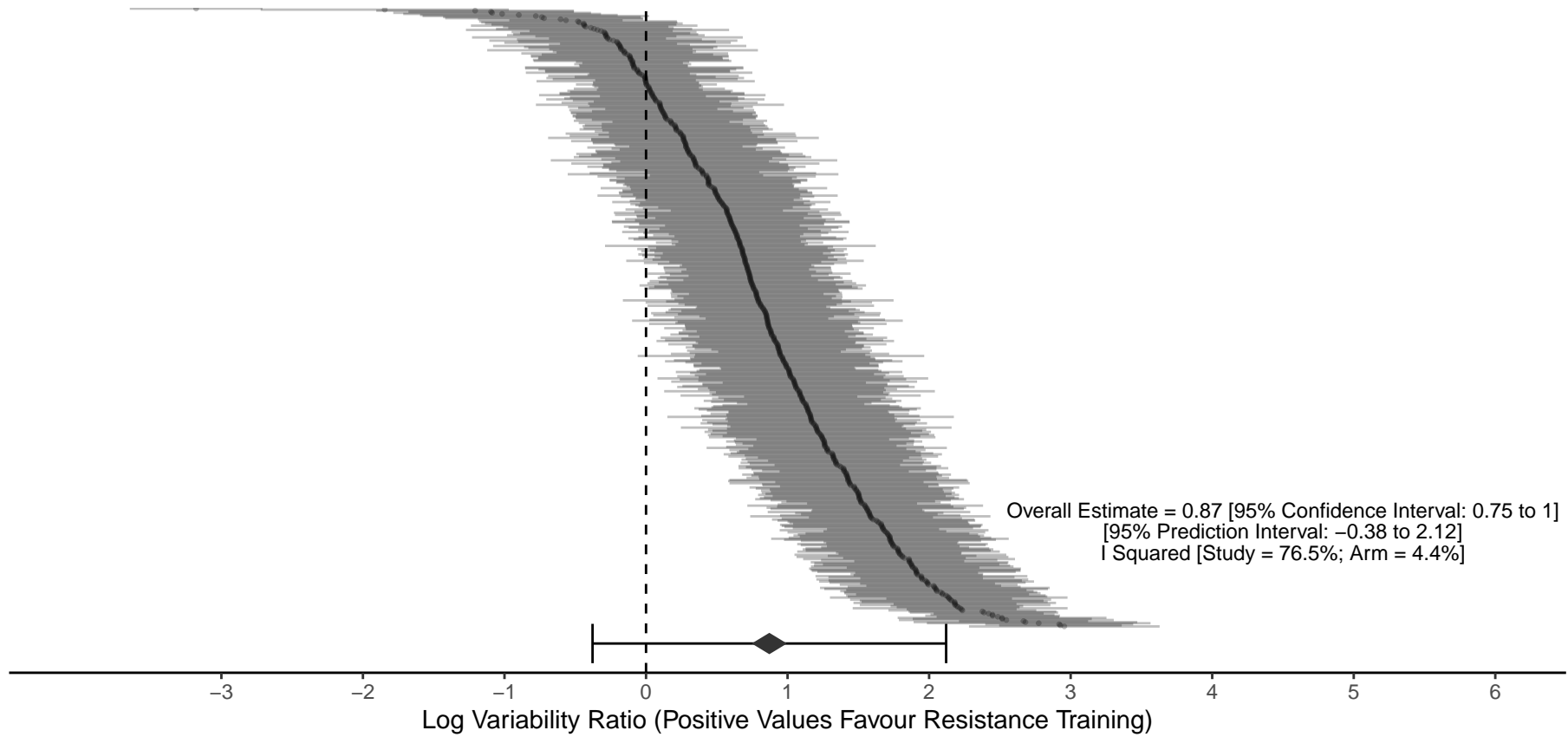


A
Strength Outcomes



B
Hypertrophy Outcomes

