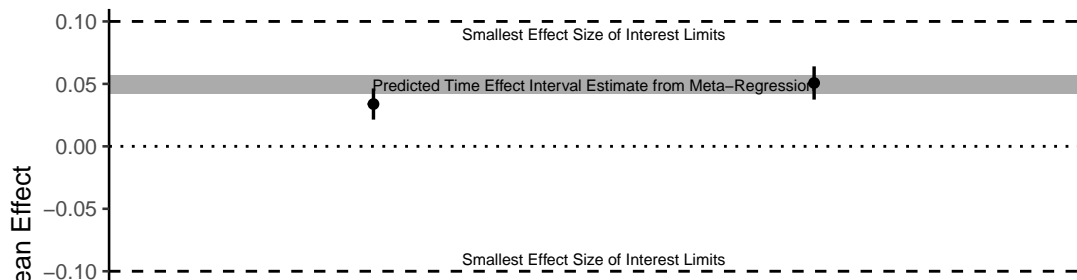
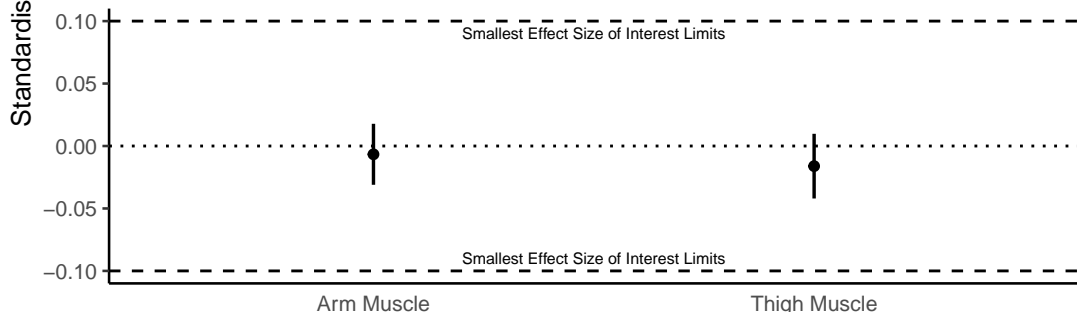


Exploratory Multilevel ANCOVA Models for Hypertrophy Outcomes

Main effect of time



Condition by time interaction



Error bars are 95% confidence intervals