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| **Paper** | **Did they cite the Hatzigeorgiadis et al. (2011)** | **Assume Main effect of Self-Talk Intervention** | **Moderator Effects** | **Novel Outcomes Explored** |
| A Closer Look at How Self-Talk Influences Skilled Basketball Performance.pdf | Yes | Yes | Self-talk content, Participants (skill level),  Study design,  Matching hypothesis |  |
| A self-talk intervention for competitive sport performance.pdf | Yes | Yes | Competitive vs non-competitive environment,  Cue selection, Training, Matching hypothesis |  |
| Acquisition of the Long Jump Skill, Using Different Learning Techniques.pdf | Yes | Yes | Self-talk combined with other intervention (video) |  |
| An Empirical Test of the Self-Talk Dissonance Hypothesis- The Effects of Self-Talk Overtness and Personality on Performance.pdf | No | Yes | Overtness selection \* Participants (introvert/extrovert) (self-talk dissonance hypothesis) |  |
| Beat the Heat Effects of a Motivational Self Talk Intervention on Endurance Performance.pdf | Yes | Yes | Environmental conditions (hot environment) | RPE, thermal comfort and sensation, and physiological variables (VO2, temperature) |
| Brief Online Training Enhances Competitive Performance- Findings of the BBC Lab UK Psychological Skills Intervention Study.pdf | Yes | Yes | Environmental conditions (online delivery) | Emotion and arousal, emotion regulation, mental effort, perceived influence of emotions |
| Combining Self Talk and Performance Feedback- Their Effectiveness With Adult Tennis Players.pdf | No | Yes | Self-talk combined with other intervention (performance feedback) |  |
| Countering the Consequences of Ego Depletion- The Effects of Self-Talk on Selective Attention..pdf | Yes | Yes | Environmental conditions (after ego depletion task) |  |
| Effects of a motivational self-talk intervention for endurance athletes completing an ultramarathon..pdf | No | Yes | Training, type of task (ultramarathon) | Self-efficacy, perceived control, continuation of use of self-talk |
| Effects of a strategic self talk intervention on attention functions.pdf | Yes | Yes |  | Attention (alertness, vigilance, focused, selective, divided, and spatial) |
| Effects of instructional and motivational self-talk on balance performance in knee injured..pdf | Yes | Yes | Participants (injured) |  |
| Effects of Motivational Self-Talk on Endurance and Cognitive Performance in the Heat.pdf | No | No | Environmental conditions (hot environment) | RPE, physiological variables (VO2, temperature, heart rate), executive function |
| Effects of Self-Talk Training on Competitive Anxiety, Self-Efficacy, Volitional Skills, and Performance An Intervention Study with Junior Sub-Elite Athletes.pdf | Yes | Yes | Participants (skill level, team), training | Competitive anxiety, volitional skills, self-efficacy, coaches perception of performance |
| From the Lab to the Field- Effects of Self-Talk on Task Performance Under Distracting Conditions..pdf | Yes | Yes | Environmental conditions (distraction) |  |
| How Much Does Self- Talk Influence Fatigue.pdf | Yes | Yes | Task (fatiguing) | RPE, EMG, motivation |
| I Will Use Declarative Self-Talk . . . or Will I. Replication, Extension, and Meta-Analyses.pdf | Yes | Yes | Self-talk content (grammatical structure) | Replication study |
| Interactive Effects on Motor Performance of Mindfulness, Performance Under Pressure, Self-Talk, and Motor Task Characteristics.pdf | No | Yes | Participants (mindfulness) \* Self-talk content \* environmental conditions (pressure) | Heart rate |
| Motivational self talk improves time trial swimming endurance performance in amateur triathletes.pdf | No | Yes | Participants (triathletes) | RPE, mood state, outcome expectancy |
| Motivational self-talk improves 10km time trial cycling compared to neutral self-talk.pdf | No |  |  |  |
| Motivational self-talk mitigates the harmful impact of mental fatigue on endurance performance.pdf | Yes |  |  |  |
| Self-talk and softball performance- The role of self-talk nature, motor task characteristics, and self-efficacy in novice softball players.pdf | Yes |  |  |  |
| Self-Talk in a SCUBA Diving Context..pdf | Yes |  |  |  |
| Strategic Self-Talk Assists Basketball Free Throw Performance Under Conditions of Physical Exertion..pdf | Yes |  |  |  |
| talking\_yourself\_out\_of\_exhaustion\_\_the\_effects\_of.19.pdf | No |  |  |  |
| Teeing up for success- The effects of rational and irrational self-talk on the putting performance of amateur golfers.pdf | Yes |  |  |  |
| The effect of instructional and motivational self-talk on accuracy and electromyography of active and passive muscles in elbow joint position sense te.pdf | No |  |  |  |
| The effect of self-talk on Tae-kwon-do skills’ learning of novice athletes and perceived use of it.pdf | Yes |  |  |  |
| The effects of a self-talk intervention on elementary students‚Äô motor task performance.pdf | Yes |  |  |  |
| The effects of instructional and motivational self-talk on axe kick performance in taekwondo.pdf | No |  |  |  |
| The effects of instructional and motivational self-talk on students‚Äô motor task performance in physical education.pdf | No |  |  |  |
| The Effects of Instructional Self-Talk on Quiet-Eye Duration and Golf-Putting Performance.pdf | Yes |  |  |  |
| The Effects of Self-Talk Cues on the Putting Performance of Golfers Susceptible to Detrimental Putting Performances Under High Pressure Settings.pdf | Yes |  |  |  |
| The Effects of Self-Talk on Dominant and Nondominant Arm Performance on a Handball Task in Primary Physical Education Students..pdf | Yes |  |  |  |
| The effects of strategic self-talk on divided attention following physical exhaustion.pdf | Yes |  |  |  |
| The influence of a self-talk intervention on collegiate cross-country runners..pdf | No |  |  |  |