SMART Weight Loss: Analytics for February 2021 Submission

December 16, 2020

1 How many individuals did we consider and what percentage had missing data?

Table 1: First Column: Total number of individuals in APP ONLY arm (excluding one individual with data issue); Remaining Columns: Percent with no weights

| Total No. Individuals | Day 1 | Day 4 | Day 7 | Day 1, 4, or 7 |
|-----------------------|-------|--------|--------|----------------|
| 184 | 3.804 | 11.413 | 16.304 | 25.543 |

2 Can we identify APP ONLY arm non-responders during the first week of treatment? ('non-response' as defined in previous SMART study at weeks 2, 4, 8)

Table 2: CART Only

| | Sensitivity | Specificity |
|------------|-------------|-------------|
| Training | 0.773 | 0.737 |
| Validation | 0.875 | 0.800 |

Table 3: Overall Decision Rule, Option 1: Non-responder if 'day 1, 4, or 7' is missing

| | Sensitivity | Specificity |
|------------|-------------|-------------|
| Training | 0.844 | 0.575 |
| Validation | 0.917 | 0.696 |

Table 4: Overall Decision Rule, Option 2: Non-responder if 'day 1' is missing

| | Sensitivity | Specificity |
|------------|-------------|-------------|
| Training | 0.578 | 0.767 |
| Validation | 0.625 | 0.783 |

Table 5: Overall Decision Rule, Option 3: Non-responder if 'day 4 or 7' is missing

| | Sensitivity | Specificity |
|------------|-------------|-------------|
| Training | 0.828 | 0.589 |
| Validation | 0.917 | 0.696 |

Table 6: Overall Decision Rule, Option 4: Non-responder if either 'day 1 and day 4' or 'day 7' is missing

| | Sensitivity | Specificity |
|---------------------|-------------|-------------|
| Training Validation | 0.797 | 0.712 |
| Validation | 0.875 | 0.696 |

Table 7: Overall Decision Rule, Option 5: Non-responder if at least 2 days (any day) out of the first 7 days is missing

| | Sensitivity | Specificity |
|------------------------|----------------|---------------|
| Training Validation | 0.734 0.792 | 0.726 0.696 |

3 Among individuals in the APP ONLY arm, does non-response status based on overall decision rule (Option 5) predict weight loss success at Month X?

Table 8: Weight loss success at Month 3: Estimates of Parameters in a Logistic Regression Model (N=182 participants were used to estimate logistic regression model; 2 participants had missing weight at 3-mo)

| | Estimate | Std. Error | z value | $\Pr(>\! z)$ |
|-------|----------|------------|---------|---------------|
| beta0 | -0.424 | 0.214 | -1.977 | 0.048 |
| beta1 | -1.047 | 0.344 | -3.044 | 0.002 |

Table 9: Weight loss success at Month 6: Estimates of Parameters in a Logistic Regression Model (N=169 participants were used to estimate logistic regression model; 15 participants had missing weight at 6-mo)

| | Estimate | Std. Error | z value | $\Pr(> z)$ |
|----------------|------------------|------------------|------------------|------------------|
| beta0 beta1 | -0.329 -1.355 | $0.219 \\ 0.373$ | -1.503 -3.635 | $0.133 \\ 0.000$ |