# Module 2: Set-Up of Independent Variables

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MODULE 2 GOAL: By the end of this module, you will be able to:

- Identify which rows and columns in the merged.csv file to select when one wishes to use responses from Pre-/Post- Quit Random EMA Questionnaires as Independent Variables (IV's) exclusively from the post-quit period
- Learn the logic of creating new time variables from existing time variables in the curated datasets

## 1 Scientific Question

We will begin Module 2 by introducing a scientific question which we will use to motivate our running illustrative example in Modules 2-5.

**SCIENTIFIC QUESTION:** On average, is self-efficacy at the current time point associated with the proximal occurrence of cigarette smoking during the post-quit period?

We note that what we will discuss today is a simplified illustrative example of an observational Intensive Longitudinal Data (ILD) analysis.

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#### 2 Potential Issues

What are potential issues we need to consider when investigating our scientific question? In this module, let's consider potential issues concerning our Independent Variable of interest.

Ideally, we would like to infer the associative relationship described in our scientific question of interest at all moments of time during the post-quit period. However,

- we do not have a numerical rating of self-efficacy at all time points during the post-quit period
- even if participants provide a rating of self-efficacy through the various different types of EMA Questionnaires, ratings of self-efficacy provided in Self-Initiated EMA Questionnaires may potentially be influenced by a confounding variable namely, a variable simultaneously influencing both the Independent Variable and Dependent Variable in our scientific question

We then ask,

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• How is information on self-efficacy collected during the post-quit period?

The question 'I am confident in my ability NOT TO SMOKE' is present in 8 out of the 9 types of EMA Questionnaires (i.e., all types of Questionnaires except for the Post-Quit Already Slipped EMA Questionnaire).

• Among the various types of EMA Questionnaires, which EMA Questionnaires may be utilized for our Independent Variable?
In most cases, we will utilize responses in Post-/Pre- Quit Random EMA Questionnaires for our Independent Variables.
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### 3 Trimming Down the Data Files

Reference file with R code: module-02.R

Let's see how these concepts are used as we trim down the data files dat\_postquit\_random\_ema and dat\_prequit\_random\_ema which we created back in Module 1.

#### 3.1 Step 1

```
subset_dat_postquit_random_ema <- dat_postquit_random_ema %>%
  # Exclude rows corresponding to EMAs having no response to any item
  filter(with_any_response == 1) %>%
  # Exclude rows corresponding to EMAs launched before Quit Date
  filter(use_as_postquit == 1) %>%
  # Select only the columns you will need;
  # this process will result in a smaller data file
  select(id:time_unixts, postquit_random_item_8) %>%
  rename(selfeff = postquit_random_item_8)
subset_dat_prequit_random_ema <- dat_prequit_random_ema %>%
  # Exclude rows corresponding to EMAs having no response to any item
  filter(with_any_response == 1) %>%
  # Exclude rows corresponding to EMAs launched before Quit Date
  filter(use_as_postquit == 1) %>%
  # Select only the columns you will need;
  # this process will result in a smaller data file
  select(id:time unixts, prequit random item 8) %>%
  rename(selfeff = prequit_random_item_8)
```

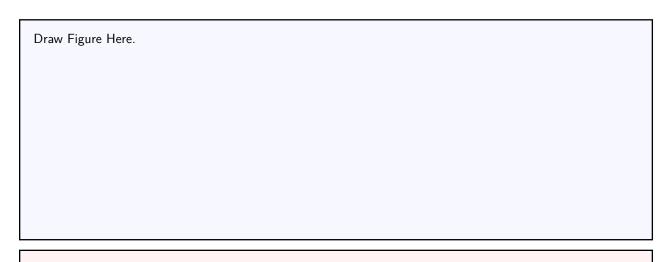
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The correspondence between the column names in merged.csv and the original column names in the codebook PNS EMA Codebook 07202010.docx can also be seen in ema\_item\_names.csv by comparing the name\_new column against the name\_codebook column.

Let's say you're interested in self-efficacy assessed via Post-Quit Random EMAs as your Independent Variable. The question 'I am confident in my ability NOT TO SMOKE' is present in 8 out of the 9 types of EMA Questionnaires (i.e., all types of Questionnaires except for the Post-Quit Already Slipped EMA Questionnaire). Inspection of the codebook PNS EMA Codebook 07202010.docx (i.e., you do a control F (find) for the variable AbsSelfEff) will show that the variable name AbsSelfEff is identical across all types of EMA Questionnaires. Therefore, it is critical to use the file ema\_item\_names.csv to find the variable names with the prefix that is appropriate for your analyses. For example, if you are using self-efficacy from Post-Quit Random EMA Questionnaires for your Independent Variable, the appropriate item name would be postquit\_random\_item\_8. In other words, you will need to examine the codebook PNS EMA Codebook 07202010.docx in parallel with the ema\_item\_names.csv to ensure that you are using the correct variable names.

#### 3.2 Step 2

```
# rbind simply stacks the two data files on top of each other
# rbind will work only if both data files have identical column names
# Hence, there was a need to call the rename() function above prior
# to calling rbind()
dat_analysis <- rbind(subset_dat_postquit_random_ema, subset_dat_prequit_random_ema)</pre>
```



### 4 Creating New Time Variables using Existing Time Variables in the Data Files

BREAK: Any questions?

Reference file with R code: module-02.R

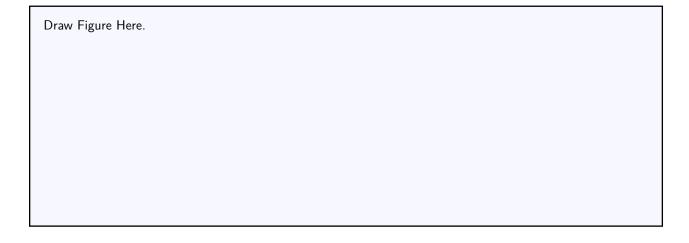
#### 4.1 Step 1

```
# Remember: order according to increasing participant ID
# and within each participant ID, according to increasing time
dat_analysis <- dat_analysis %>% arrange(id, time_unixts)
```

IMPORTANT: The calculations of the time variables in the following step will be incorrect if the data file in the current step has not yet been ordered according to increased participant ID and within each participant ID, according to increased time

#### 4.2 Step 2

```
# Using dat_analysis:
# - Calculate number of hours elapsed between the current EMA and the next EMA
dat_analysis <- dat_analysis %>%
  # The group_by() function is needed to ensure that we do not accidentally
  # use data from another participant to calculate lagged time variables
  # for a particular participant
  group_by(id) %>%
  # When did the participant begin responding to the next EMA?
  # If there is no EMA that follows the current EMA,
  # we will initially set time_unixts_plusone to a missing value
  mutate(time_unixts_plusone = c(tail(time_unixts, n=-1), NA)) %>%
  # If there is no EMA that follows the current EMA, we will set time_unixts_plusone
  # to be equal to end_study_unixts
  mutate(time_unixts_plusone = if_else(is.na(time_unixts_plusone),
                                       end_study_unixts,
                                       time_unixts_plusone)) %>%
  # How many seconds elapsed between the current and next EMA?
  mutate(num_secs_elapsed_since_previous_ema = time_unixts_plusone - time_unixts) %>%
  # Now, make a conversion from seconds to hours
  mutate(num_hrs_elapsed_since_previous_ema = num_secs_elapsed_since_previous_ema/(60*60))
```



#### 4.3 Step 3

```
# Using dat_analysis:
# - Calculate number of days elapsed since the beginning of post-quit period
# - Calculate number of days elapsed since the start of the study
dat_analysis <- dat_analysis %>%
  # How many seconds elapsed between the current EMA and Quit Date?
  # Note that we consider 4AM on Quit Date to be the time when participants
  # quit smoking in the PNS study
 mutate(num_secs_elapsed_since_quit = time_unixts - quit_unixts) %>%
 # Now, make a conversion from seconds to hours
 mutate(num_hrs_elapsed_since_quit = num_secs_elapsed_since_quit/(60*60)) %>%
 # Now, make a conversion from hours to days
 mutate(num_days_elapsed_since_quit = num_hrs_elapsed_since_quit/24)
# Create a new time variable that captures the number of days elapsed
# since 12AM of start of study
dat_analysis <- dat_analysis %>%
 mutate(num_secs_elapsed_since_start_study = time_unixts - start_study_unixts) %>%
 mutate(num_hrs_elapsed_since_start_study = num_secs_elapsed_since_start_study/(60*60)) %>%
 mutate(num_days_elapsed_since_start_study = num_hrs_elapsed_since_start_study/24)
```

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BREAK: Any questions?