PATIENT MEDICAL RECORD

Patient Name: Sarah Johnson

DOB: 1978-11-22

Medicaid ID: MD456789012

Address: 456 Oak Avenue, Annapolis, MD 21401

CHIEF COMPLAINT: Follow-up for Type 2 Diabetes Mellitus

HISTORY OF PRESENT ILLNESS:

Patient is a 46-year-old female with a history of Type 2 Diabetes Mellitus, well-controlled on Metformin 1000mg twice daily. She reports good adherence to medication and diet modifications. Blood glucose logs show readings between 110-140 mg/dL fasting.

PHYSICAL EXAMINATION:

Vitals: BP 128/78, HR 72, Temp 98.6°F, Wt 165 lbs

General: Alert, oriented, no acute distress

HEENT: Normal

Cardiovascular: Regular rate and rhythm

Respiratory: Clear bilaterally

Extremities: No pedal edema

ASSESSMENT AND PLAN:

- 1. Type 2 Diabetes Mellitus stable, continue current regimen
- 2. Schedule HbA1c in 3 months
- 3. Continue metformin 1000mg BID
- 4. Patient education on foot care provided
- 5. Return visit in 3 months

Provider: Dr. Jane Smith, MD

Date: 2025-08-20