# Capitation and provider choice

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## Introduction

### motivation

- health care costs increase rapidly in many countries
- some countries introduced private health insurers to bargain with providers in order to
  - keep costs down
  - reward quality
- ideally insurers exclude providers that are too expensive/offer too low quality
- policy concern that insurers choose narrow networks which induce under-treatment (NYT, July 2014; LA Times Sept. 2013)

### evidence

- bigger provider networks lead to higher health care expenditure
  - cross section studies
  - AWP laws
  - US: fee-for-service; narrow networks; broader networks
- both price effect and utilization effect of selective contracting/managed care
  - ► Cutler et al (2000): price
  - papers by Zwanziger and co-authors (1988, 1994, 1996): utilization and cost
  - ► Chernew et al. (2008): utilization
  - Chernew and Newhouse (2011): overview of effects on expenditure and costs
- we focus on the effect of network size on utilization and costs

# policy problem

- why should more choice lead to higher utilization?
- or why would narrow network lead to under-treatment?
- why should insurer want to induce under-treatment?
- consumers are willing to pay for "proper treatment"

## private contracts

- with public contracts there is no effect of network size on utilization and costs
- cannot address concerns on under-treatment
- contracts are private in reality
  - confidentiality clauses (Muir et al., 2013)
  - only insurer and provider know the terms
  - other insurers and providers do not
  - consumers do not
- details of these contracts are payoff relevant

## questions

- capitation fee as supply side cost sharing
  - fee-for-service below treatment cost
  - how is this combined with provider choice?
  - why is demand side cost sharing used?
- higher fee-for-service makes provider more willing to treat
  - how can this be signalled to insured?
  - what are effects of AWP laws?

### literature

- health economics literature on selective contracting and managed care
- papers by McGuire and co-authors (1993, 1997, 2002) on physician agency
  - with public contracts demand and supply side cost sharing separated
  - optimal to have no demand side cost sharing
- I.O. literature on private contracts
  - ► Hart and Tirole (1990): upstream monopolist with two downstream firms cannot earn monopoly profit with two part tariff
  - ightharpoonup p > c: downstream firm expects too few customers
  - in our case: p < c: provider expects too many patients

### main results

- with private contracts, supply side cost sharing decreases in network size
- ▶ low fee-for-service becomes too expensive as network expands
- utilization and costs increase with network size
- small networks lead to under-treatment
- optimal network size trades off treatment efficiency against provider profits

# Model

#### insurers

- risk neutral
- risk averse consumers (mass 1)
- ightharpoonup premium  $\sigma$
- ightharpoonup co-payment  $\gamma$  in case of treatment
- network size n of homogeneous providers
- offer providers fee-for-service  $p \ge 0$ , capitation t
- no other cost of insurance
- perfect competition

# providers

- risk neutral
- c cost of treatment
- $v \in [0, \bar{v}]$  value of treatment, F
- efficiency: treat iff  $v \ge c$
- under-treatment: patients with v > c are not treated

#### consumers

- ightharpoonup same exogenous probability  $\theta$  that treatment is needed
- copay  $\gamma > 0$  inefficient due to risk aversion:  $\delta(p, \gamma)$
- treatment iff  $v \ge v(p, \gamma)$ 
  - efficiency:  $v(p, \gamma) = c$
  - $v(p, \gamma) > c$ : under-treatment
  - ▶ number of treatments  $H(p, \gamma) = \theta(1 F(v(p, \gamma)))$
  - with  $H_p \ge 0, H_\gamma \le 0$

# Public contracts

# efficiency

- contract n providers
- fee-for-service:  $p^*$  with  $v(p^*, 0) = c$
- ▶ assume  $p^* < c$
- capitation:  $t = H(p^*, 0)(c p^*)/n$
- network size has no effect on costs/utilization
- can be an effect on distribution of rents via t

### other effects

- threat to exclude
- shifting volume
- taste for variety
- heterogeneous providers or agents
- risk averse providers

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Private contracts

# Private contracts

## steering

- insurer can affect patient's provider choice
- send patients (first) to provider i with lowest p<sub>i</sub>
- different from explicit/contractible steering
  - exclude provider from network
  - $\triangleright$  vary  $\gamma_i$  with provider  $P_i$
- what we need is:
  - number of patients treated by P<sub>i</sub> depends on prices of other providers
  - ▶ patients not treated by  $P_j$  shop around hoping that  $v(p_i, \gamma) < v < v(p_i, \gamma)$

## capitation

- ▶ how many patients can P<sub>i</sub> expect?
- depends on  $p_i$ ; private information
- ▶ insurer tells  $P_i$  that  $P_i$  has contract with  $p_i = p_i \varepsilon$
- ▶  $P_i$  can expect to treat only  $\hat{x}_i = H(p_i, \gamma) H(p_i \varepsilon, \gamma)$  patients
- ▶ t; close to 0
- $\triangleright$  set of contracts p, t where  $x_i$  is truthfully revealed:

$$A_{\gamma,n} = \{(p, \hat{x}(c-p)) | \hat{x} \ge x\}$$

# proposition

- ▶ for each  $(p, t) \in A_{\gamma,n}$ , we have  $t \ge H(p, \gamma)(c p)$ 
  - each provider gets t as if she has lowest p
  - any lower t is rejected by providers
  - ▶ intuition: provider  $P_i$  does not believe insurer's claim that there is  $p_i < p_i$

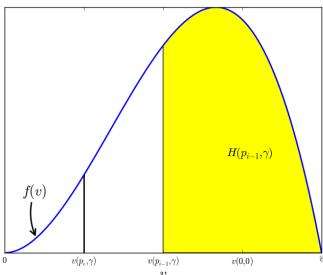
# profits

- if two providers get offered the same p < c, insurer pays  $t = H(p, \gamma)(c p)$  to each
- total cost equal

$$H(p,\gamma)p+2H(p,\gamma)(c-p)=H(p,\gamma)c+H(p,\gamma)(c-p)>H(p,\gamma)c$$

- providers make a profit
  - they want to belong to a network
  - defend confidentiality of their contracts

Private contracts



- reduce provider profits by raising fee-for-service p and reduce capitation t
- ▶ hence bigger networks lead to less supply side cost sharing
- and thus to higher health care utilization and costs
- with n = 2, set  $p_1 = 0$ ,  $t_1 = H(0, \gamma)c$  and

$$C(n,\gamma) = \min_{p_2} H(0,\gamma)(c-\gamma) + [H(p_2,\gamma) - H(0,\gamma)](p_2-\gamma) + H(p_2,\gamma)(c-p_2)$$

### intuition

- as network size n increases, supply side cost sharing becomes more expensive
- with n = 1, reduce treatment costs by setting  $p = 0, t = H(0, \gamma)c$ 
  - ▶ insured cannot observe p
  - premium does not depend on p
- ▶ with  $n \ge 2$ , this becomes too expensive, as each provider requires  $t = H(0, \gamma)c$
- raise p to reduce t
- bigger network leads to more utilization and higher cost
- ▶ for n big enough, p = c: indemnity insurance, all providers contracted
- size of the network signals probability of treatment
  - broader networks are more generous
  - premium depends on n

### results

- ightharpoonup costs  $C(n, \gamma)$  increase in n
- ightharpoonup decrease in  $\gamma$
- consumer is interested in highest price  $p(n, \gamma)$
- ▶ probability that insured is treated (at all) is  $H(p(n, \gamma), \gamma)$
- probability of treatment increases with n

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Insurance market

Insurance market

### value of insurance

- ▶ Bertrand competition:  $\sigma = C(n, \gamma)$
- consumer does not know p<sub>i</sub>
- but does understand that bigger network leads to higher  $p(n, \gamma)$
- values insurance at

$$V^{i} = \theta \int_{v(p(n,\gamma),\gamma)} (v - \gamma) f(v) dv - C(n,\gamma) - \theta \delta(p(n,\gamma),\gamma)$$

# efficiency

- due to competition, insurers choose  $n, \gamma$  to maximize  $V^i$
- network size is trade off between number of treatments and providers' profits
- ▶ inverse U between *n* and profits
  - ightharpoonup zero profits with n=1
  - ightharpoonup zero profits with n high enough that p = c
- if optimal n implies over-treatment,  $\gamma > 0$  can be optimal
- unlike public contracts, here both demand and supply side cost sharing needed

# Policy implications

### **AWP laws**

- make it harder to exclude provider from the network
- with private contracts, providers have positive profits; want to be part of the network
- with perfect competition in insurance market, V<sup>i</sup> is maximized
- ▶ if AWP laws lead to higher *n*, reduction in welfare

# price transparency

- attempts by government to increase price transparency
- ensuring that insured know what prices they have to pay for treatment
  - what is price for uninsured treatment?
  - what co-payment do insured pay?
- should there be transparency about prices paid by insurers to providers?

- "do it well or not at all"
  - if everyone knows these prices: public contracts
  - implement first best:  $p^* < c, \gamma = 0$
  - consumer buying insurance need to know prices for all possible treatments
  - more likely: insurers and providers know all prices but consumers do not
  - ightharpoonup optimal to set p=0: under-treatment
  - signalling value of network size disappears
  - ▶ as *p* = 0 is possible with private contracts as well, this type of price transparency reduces welfare