

**Stewardship Practices Checklist**  
**for the Protection & Resiliency of Lovewell Lake, Fryeburg, ME**  
Provided by Lovewell Pond Association (a.k.a Property Owners of Lovewell Pond)

**Help Prevent Exotic/Invasive Species from Entering the Lake**

- ☐ Learn how to identify and control exotic species
- ☐ Inspect and clean boats & equipment for exotics/invasives before taking them to other waters
- ☐ Never dump bait buckets or live fish from one water body into another
- ☐ Contact Lovewell Pond Association to learn more or be an inspector at the Boat Launch
- ☐

**Boating and Recreation Best Practices**

- ☐ Be aware of Loon nesting sites and avoid disturbing them
- ☐ Use a 4-cycle boat engine (less pollution than 2-cycle) or a non-motorized boat
- ☐ Adjust boat speed to reduce wake and minimize wave damage to shore and loon nests
- ☐ Use lead-free weights and tackle (to prevent lead poisoning to aquatic animals)
- ☐ Don't wash dishes, laundry, or self in lake
- ☐ Properly dispose of wastewater when boating and ice fishing
- ☐ Don't litter or dispose of any food or waste into the lake or along it's shores
- ☐ Do not remove ice ridges that form along the shoreline
- ☐ Avoid using fireworks along and near the pond.
- ☐

**Minimize Construction Impacts (sedimentation and erosion)**

- ☐ Obey Maine Shoreland Zoning Rules
- ☐ Implement erosion control measures
- ☐ Reduce or minimize paved areas (e.g. use permeable road surfaces to prevent runoff)
- ☐

**Yard Care and Maintenance Best Management Practices (for Water Quality )**

- ☐ Obey Maine Shoreland Zoning Rules
- ☐ Review and understand water quality monitoring results provided by Lovewell Pond Association
- ☐ Preserve a vegetative buffer along the shore to extent feasible
- ☐ Use zero phosphorus fertilizer, unless soil test results show phosphorus is needed
- ☐ Do not use fertilizers or hazardous pesticides near the lake. Note: Clover is a natural fertilizer that doesn't pollute lakes
- ☐ Use native trees, shrubs, grasses, sedges, and wildflowers for erosion control
- ☐ Do not remove rocks, soil, plantings along shore
- ☐ Pick up pet waste and dispose of properly (municipal trash)
- ☐ Minimize use of salt and sand on walkways and driveways during the winter
- ☐ Maintain all vehicles to prevent leakage of fuel
- ☐ Store any and all chemicals indoors in a secure, dry location
- ☐ Keep trash dumpsters/receptacles secure from bears (metal covers and closed at all times)
- ☐

**Septic System Maintenance**

- ☐ Ensure you have a legal septic tank and do not discharge directly to the lake (to prevent e Coli bacteria)
- ☐ Eliminate use of garbage disposal when using an on-site septic system
- ☐ Pump septic tank annually, through the manhole, not through inspection port
- ☐ Don't use septic tank additives
- ☐

**Minimize Impact due to Floods (from heavy rains and winter thaw)**

- ☐ Be aware when flooding is possible (Saco River floods before the Lake does)
- ☐ Make sure docks and boats are secure before heavy rain is anticipated
- ☐ Remove all loose materials (furniture, wood piles, toys, equipment, etc.) and move indoors or to higher ground
- ☐ Use native trees, shrubs, grasses, sedges, and wildflowers for erosion control
- ☐