# 1/f noise is related to age, but not short-term memory or sensorimotor reaction time.

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# **Abstract**

Recent evidence points towards an increase in 1/f neural noise (noise with decreasing power in higher frequency bands) with age. Previous evidence related this increase to a decrease in working memory performance. Here, we attempted to replicate previous findings with data from the Cam-CAN project. We used two minutes of a resting-state recording to estimate the power-spectral density of neural activity. We then correlated the  $\beta$  of a regression of noise on frequency with age, sensorimotor reaction times, and short-term memory performance. We reproduced previously demonstrated increases in 1/f noise with age, but did not find a relationship with working memory performance, indicating that it may not be important in cognitive decline in ageing.

#### Keywords: MEG; noise; ageing

#### Introduction

One feature of the power spectrum of human brain activity obtained through electrophysiological imaging is a decrease in power with increasing frequency. This relationship between power and the inverse of frequency (often described as 1/f, or pink, noise) has recently been linked to ageing (Voytek et al. 2015). Voytek and colleagues found that the linear relationship between frequency and noise was steeper in younger individuals, with less electrophysiological noise in high frequency bands. They were able to show this relationship using both intracranial electrocorticography (ECoG) and electroencephalography (EEG). Voytek and colleagues also demonstrated a relationship between the levels of 1/f noise and visual working memory, and that 1/f noise mediates impairments of visual working memory in ageing.

Here, we wanted to reproduce the finding and test its central hypoethis of a relationship between in a public dataset: the Cambridge Center for Ageing and Neuroscience data repository (Cam-CAN, Taylor et al. 2017). We therefore tried to replicate the finding of 1/f noise increasing in age, as well as the relationship between 1/f noise and working memory performance.

# **Methods**

The Cam-CAN Stage 2 release includes one 8m40s restingstate and one 8m40s sensorimotor task MEG recordings for 647 participants. Resting-state recordings were conducted with eyes closed, and the sensorimotor task required button response to bilateral sine grating and concurrent audio tone presentation. Participants also completed behavioural tasks outside the MEG scanner. Here, we analysed a visual short term memory task: matching a sequence of hues, storing 1 to 4 hues in short-term memory.

MEG recording methods are fully described in Taylor et al. (2017). Out of 647, we analysed 109 resting-state and 606 task recordings. This subset of subjects had an average age of 54.5 years (st.dev.: 18.3, range: 18-88).

All data analysis was performed using MNE-python (Gramfort et al. 2014, Gramfort et al. (2013)). We chose a random two-minute segment from the full recording. We performed temporal space-signal separation [tSSS, Taulu, Simola, and Kajola (2005), correlation threshold 0.98; 10-sec sliding window], followed by ICA decomposition and removal of ICA components based on the highest correlation with the HEOG, VEOG and ECG channels. We then computed the log of the power-spectrum from 2 Hz to 7 Hz and from 14 Hz to 24 Hz, avoiding the alpha range (see Voytek et al. 2015), using Welch's method (2 s sliding window, 50% overlap). We calculated a linear regression of this semi-log data for each gradiometer for each individual and removed any electrodes in which the intercept of this linear regression was two standarddeviations above or below the average for an individual was removed. We performed correlation analyses between the regression slope and age, sensorimotor reaction times and short-term memory.

# Results

The relationship between 1/f noise slope and age replicated (Figure 1, r(604) = .31, p < .001).

There was however no evidence for a relationship between 1/f noise and visual short term memory (Figure 2, r(604) = .01, p = .831) or visual short-term memory (r(599) = -.01, p = .783).

We also found no relationship between the 1/f noise slope during resting state and task ( $r(106)=.77,\ p<.001$ ). We did, however, find a relationship between

To visualise this further, we plotted the power spectrum between 2 and 24 Hz for the top and bottom age quartile of our sample, demonstrating that there is no overall difference in the power spectra, and that the linear fall-off of  $\log_{10}(\text{power})$  with frequency is equivalent in the youngest and oldest age groups.

# **Conclusions**

This analysis did not confirm reports of increased 1/f noise with age. We also found no evidence for a relationship between 1/f noise with visual short-term memory, or

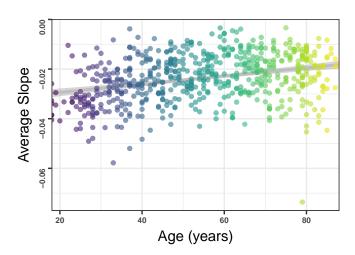


Figure 1: Relationship between 1/f noise during a sensorimotor task and age.

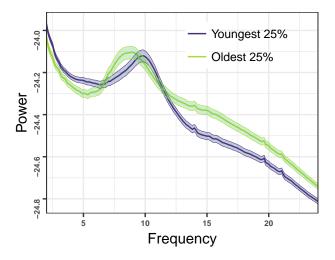


Figure 2: Power spectra in the top and bottom age quartiles.

sensorimotor reaction times. This difference between this and previous reports may stem from differences in methodology: First, this report utilised MEG data from a sensorimotor task and resting-state data, while Voytek and colleagues used ECoG data from a short-term memory task, and resting state EEG data. Second, this report used MEG data. Third, the tasks were not 100% equivalent between papers.

Behavioral states have been shown to modulate 1/f noise (Podvalny et al. 2015), something which was true in this report. The differences in task between this and previous reports may therefore contribute to the difference in results. Additionally, we analysed a visual short-term memory task in analogy to previous work by Voytek at al. (2015). However, this task was in fact done separately to the MEG sessions, which likely contributed to the lack of relationship between the 1/f noise and task performance.

We believe that this report illustrates that the link between age and 1/f noise may not be robust.

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