

Digital Inclusion Cards

Made by Jangala, 2025

These cards are an open-source resource for anyone to use.

Feel free to print, cut out, and use them in whatever way suits your needs.

When referencing or sharing these cards, please credit Jangala (see full licensing terms below).

Each card is a type of digital activity. These are labelled the way research participants have described them to us.

Some of the categories in these cards will overlap. They don't cover everything we do online. The blank cards are for people to write what they do in their own words.

These cards are designed for engagement. You could use them for community facilitation, research, an explorative game - it's up to you.

You could use them to help understand what is important to people, what makes them nervous, or what they want to learn.

Instructions:

- Print onto A4 paper
- Cut out each card
- If you want to laminate them, you can
- Print extra blank cards if you like
- A black and white version is available on www.janga.la
- Make sure your printer settings are set to print 'One sided' and 'Fit to paper'

Scan the QR code below to see how we've used the Digital Inclusion Cards in community research



We'd love to know how you use the cards. Share your experience by connecting with us on social media.

If you are interested in learning more about how Jangala tackles digital inclusion, head to: **www.janga.la**

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Podcasts

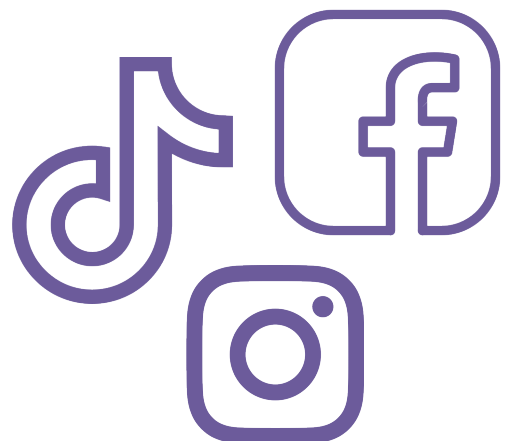


**Calls and
Messages**

NETFLIX



Streaming Videos



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**Universal Credit
and Benefits**



Immigration



indeed

**Job Search
and Work**



Volunteering



Maps and Travel



Books



Banking



Music



**Searching for
Information**



Shopping



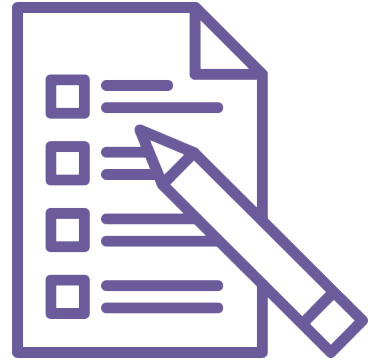
Dating



**Petitions
and Activism**



Housing



Bills



**Storing Media
and Photos**



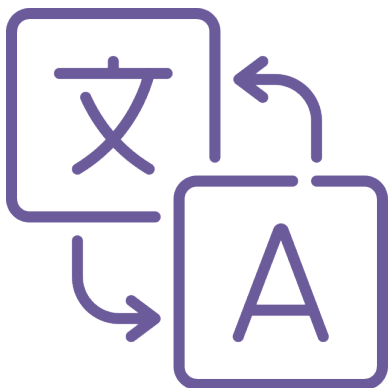
Mental Health



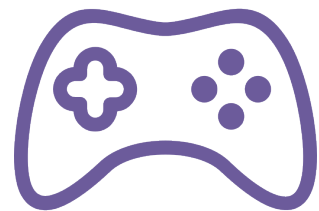
**Doctor Appointments
and Prescriptions**



Identity Cards



Translation



Gaming



Community Groups



**Assistive
Technology**



Faith and Spirituality



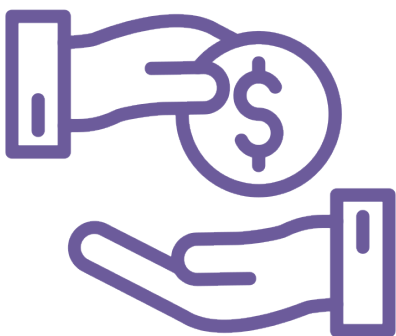
News



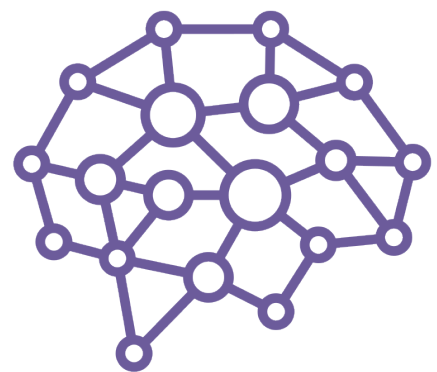
Parenting



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Selling



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Intelligence**

