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An Unquiet Mind: A Memoir of Moods and Madness is an honest and profoundly dramatic memoir that reveals the challenges and sufferings faced by people that suffer from bipolar disorder. Kay Redfield Jamison herself endured the dangerous highs of euphoria mixed with the lows of depression.

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An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison. WITH A NEW PREFACE BY THE AUTHOR. In her bestselling classic, An Unquiet Mind, Kay Redfield Jamison changed the way we think about moods and madness.

An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison, Paperback | Barnes & Noble® - Online Bookstore: Books, NOOK ebooks, Music, Movies & Toys | Barnes & Noble®

An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison – review. Jamison, writing in the mid-90s, says she felt personally affronted by the term "bipolar". She was not afraid of admitting that she herself suffered episodes of "madness" – nor did she feel the need to be de-stigmatised by politically correct terminology.

An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison - review | Books | The Guardian - News, sport and opinion from the Guardian's US edition

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An Unquiet Mind: a Memoir of Moods and Madness

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An Unquiet Mind is a memoir of enormous candour, courage, wit and wisdom, which examines

manic depression from the dual perspectives of the healer and the healed, revealing both its terrors and its cruel allure. First published fifteen years ago, it remains the definitive book on manic depression.

An Unquiet Mind: A memoir of moods and madness: Amazon.co.uk: Kay Redfield

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'Unquiet Mind' Reveals Bipolar Disorder's Complexity Author Melody Moezzi says Kay Redfield Jamison's memoir, *An Unquiet Mind*, is the most brilliant and brutally honest book she's ever read about ...

'Unquiet Mind' Reveals Bipolar Disorder's Complexity : NPR

Her seminal works among laypeople are her memoir *An Unquiet Mind*, which details her experience with severe mania and depression, and *Night Falls Fast: Understanding Suicide*, providing historical, religious, and cultural responses to suicide, as well as the relationship between mental illness and suicide.

Kay Redfield Jamison - Wikipedia

An Unquiet Mind is a memoir of enormous candor, vividness, and wisdom—a deeply powerful book that has both transformed and saved lives. WITH A NEW PREFACE BY THE AUTHOR. In her bestselling classic, *An Unquiet Mind*, Kay Redfield Jamison changed the way we think about moods and madness.

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An Unquiet Mind Quotes by Kay Redfield Jamison - Goodreads

About *An Unquiet Mind*. Here Jamison examines bipolar illness from the dual perspectives of the healer and the healed, revealing both its terrors and the cruel allure that at times prompted her to resist taking medication. *An Unquiet Mind* is a memoir of enormous candor, vividness, and wisdom—a deeply powerful book that has both transformed and saved lives.

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An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison Review Kay Jamison is a Professor of Psychiatry at John Hopkins School of Medicine and takes us through her maze of manic/depressive illness also known as bi-polar disorder. She has known the heights of creativity and exhilaration.

An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison Research

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An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison is an intimate look into

the havoc that bipolar disorder can wreak. The book captures her journey with bipolar disorder, from its ...

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