

***Keep On Running The Highs And Lows Of A Marathon Addict***  
***Phil Hewitt***

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### **Keep On Running The Highs**

Keep on Running: The Highs and Lows of a Marathon Addict [Phil Hewitt] on Amazon.com. \*FREE\* shipping on qualifying offers. An ordinary man's account of an extraordinary sport—marathon running Marathons make you miserable

### **Keep on Running: The Highs and Lows of a Marathon Addict ...**

The book covers the high's and low's of Phil, who takes up Marathon running. I have run a couple of Marathons myself, and the early chapters struck several chords with me. He provides some good descriptions of most of the 25 (ish) marathons he has run, to such an extent that I am interested in a few of them, and put off a few of them.

### **Keep on Running: The Highs and Lows of a Marathon Addict ...**

Read "Keep On Running: The Highs and Lows of a Marathon Addict" by Phil Hewitt available from Rakuten Kobo. Sign up today and get \$5 off your first purchase. Marathons make you miserable, but they also give you the most unlikely and the most indescribable pleasures. It's a worl...

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### **Books similar to Keep on Running: The Highs and Lows of a ...**

The High-s Keep on running recorded @ The Waverley Bognor Regis on 11 Dec 2015.

### **The High-s Keep on running**

Buy Keep on Running: The Highs and Lows of a Marathon Addict by Phil Hewitt (ISBN: 9781849532365) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

### **Keep on Running: The Highs and Lows of a Marathon Addict ...**

It's a world that I love - a world unlocked when you dress up in lycra, put plasters on your nipples and run 26.2 miles in the company of upwards of 30,000 complete strangers.

### **Keep on Running - Home | Summersdale**

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### **Spencer Davis Group -- (1965) Keep on Running [High Quality Sound, Subtitled]**

Keep On Running by Phil Hewitt has the subtitle of "The highs & Lows of a Marathon Addict". As such, Phil's autobiographical account of his marathon running hobby turned addiction is a roller coaster of new things tried, goals achieved and dreams shattered.

### **Keep On Running - Book Review - Phil Hewitt | Gearselected**

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**Keep on running : the highs and lows of a marathon addict ...**

"Keep On Running" was written by Jamaican singer-songwriter Jackie Edwards, who as well as having a successful singing career, worked in the UK for Island Records as a songwriter. The song was recorded by Edwards for his 1965 album Come on Home , and he recorded it again in the mid-1970s for his album Do You Believe in Love .

**Keep On Running - Wikipedia**

Keep on Running: The Highs and Lows of a Marathon Addict eBook: Phil Hewitt: Amazon.in: Kindle Store

**Keep on Running: The Highs and Lows of a Marathon Addict ...**

Running, running, running, oh We're always hunting something, oh We take all the highs, and leave all the lows behind And keep on Running, running, running Oh Oh [Break] [Bridge] Running away from ...

**A R I Z O N A - Running Lyrics | Genius Lyrics**

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**Spencer Davis Group - Keep On Running - #HIGH QUALITY ...**

"This is a wonderful and frank view of a first-time-marathoner-turned-running-addict. Phil shares the pitfalls and emotions that running a marathon for the first time evoke and how running can grab you and draw you back for more." --Liz Yelling, Double Olympian and Commonwealth bronze medallist

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