

Against Happiness In Praise Of Melancholy Eric G Wilson

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Against Happiness, In Praise of Melancholy by Eric G. Wilson is a philosophical meditation on today's obsession with happiness, the constant fight to eradicate any trace of sadness or melancholy and any moment of doubt and inner questioning by all means including numbing entertainment, medication, excessive insistence on positive thinking and vilification of blueness. He argues that all these lead to a diluted existence, indeed to a refusal of true existence itself.

Against Happiness: In Praise of Melancholy by Eric G. Wilson

Against Happiness: In Praise of Melancholy by Eric G. Wilson is brilliant in parts, but seriously flawed. This is a small book with a simple thesis: the experience of melancholy is an essential part of the human condition—when it occurs, we should embrace it, not repress it.

Against Happiness: In Praise of Melancholy by Eric G ...

In 1621 Robert Burton published *The Anatomy of Melancholy*, and now, nearly 400 years later, Eric Wilson has given us what amounts to an apology for melancholy. Aristotle and other intellectual immortals have observed that a disproportionate number of geniuses suffer from the inexplicable sadness that is melancholy. Like those thinkers, Wilson maintains that those of us who

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In *Against Happiness*, the scholar Eric G. Wilson argues that melancholia is necessary to any thriving culture, that it is the muse of great literature, painting, music, and innovation—and that it is the force underlying original insights.

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Against Happiness: In Praise of Melancholy. Francisco Goya, Emily Dickinson, Marcel Proust, and Abraham Lincoln were all confirmed melancholics. So enough Prozac-ing of our brains. Let's embrace our depressive sides as the wellspring of creativity. What most people take for contentment, Wilson argues, is living death,...

Against Happiness: In Praise of Melancholy - Eric G ...

Against Happiness: In Praise of Melancholy Published by Thriftbooks.com User, 9 years ago Quick and interesting read, yet with a timely, powerful, and important message -- a message that may not be initially welcomed by many (most), yet surprisingly refreshing and healing.

Against Happiness: In Praise of... book by Eric G. Wilson

By Maria Popova. Our culture seems to confuse these two and thus treat melancholia as an aberrant state, a vile threat to our pervasive notions of happiness — happiness as immediate gratification, happiness as superficial comfort, happiness as static contentment. In the remainder of *Against Happiness: In Praise of Melancholy*,...

In Praise of Melancholy and How It Enriches Our Capacity ...

Dewey Decimal. Against Happiness: In Praise of Melancholy is a nonfiction book by Eric G. Wilson that examines the benefits of being sad. The author denotes in the book that diagnosable conditions should be treated accordingly, and is in no way saying it is "normal" or "good" to be depressed.

Against Happiness - Wikipedia

Against Happiness In Praise of Melancholy. ... In Against Happiness, the scholar Eric G. Wilson argues that melancholia is necessary to any thriving culture, that it is the muse of great literature, painting, music, and innovation—and that it is the force underlying original insights.

Against Happiness | Eric G. Wilson | Macmillan

Other books include THE MERCY OF ETERNITY: A MEMOIR OF DEPRESSION AND GRACE, an account of my struggle with and ultimate embrace of my bipolar disorder in the wake of my daughter's birth; and AGAINST HAPPINESS: IN PRAISE OF MELANCHOLY, which challenges America's addiction to superficial happiness and demonstrates the revelatory powers of ...

Against Happiness

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Against Happiness PDF Summary by Eric G. Wilson Sadness explains why melancholy is the source of creativity, and criticizes people's need to be constantly happy, even stating that such endeavors might destroy this world.

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In Against Happiness, the scholar Eric G. Wilson argues that melancholia is necessary to any thriving culture, that it is the muse of great literature, painting, music, and innovation—and that it is the force underlying original insights. Francisco Goya, Emily Dickinson, Marcel Proust, and Abraham Lincoln were all confirmed melancholics.

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