

African Holistic Health Llaila O Afrika

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Holistic Health care does not deny the need for Allopathic Medicine (Drugs and Surgery) In Certain Cases. NATURAL MEDICINE simply offers a safe, non-intrusive, organic approach to healing the person as opposed to medicating symptoms of a disease. Dr. Afrika is the leading authority on African Holistic Health in the world.

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African Holistic Health, by Dr. Llaila O. Afrika is the first major book which addresses health issues from a comprehensive African-centered viewpoint. It provides a complete guide to herbal remedies along with homeopathic disease treatments.

****The Textbook of African Holistic Health - Dr. Llaila Afrika**

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AFRICAN HOLISTIC HEALTH, by Llaila O. Afrika - Africa ...

African Holistic Health by Llaila O. Afrika is an all-natural healing reference guide on how to heal yourself of common diseases.. Dr, Afrika contends that good health does not belong exclusively to any culture or race, but is a human right and a product of nature.

African Holistic Health by Dr. Llaila O. Afrika (E-Book ...

This book was pretty good! It definitely armed me with the information I need to to forward on my journey to veganism. I do feel like I'll have to do more research on processes to further connect my mind with my body though. It's a very good intro to African holistic health practices.

African Holistic Health by Llaila O. Afrika - goodreads.com

Dr. Llaila Afrika educates African-Americans about the numerous benefits of a holistic approach to health, which is rare in today s fat-ridden American society. This book is easy to read and contains many entries on which herbs and natural foods are

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Dr. Llaila Afrika and Dr. Melanie Stevenson brings you one of the world's most successful methods of holistic healing and living. Their lectures and in-person classes have been used all over the world, and now their knowledge-base, online video classroom and store are available at your fingertips.You are welcome to join our holistic family to change the needs of yourself, and others.

Home - Dr. Llaila Afrika

African Holistic Health. The best-selling book of its kind in the world. It is an all-natural healing reference guide for common diseases. Price \$19.95. The Crossover Diet Cookbook. How to gradually cross over to a healthy diet without compromising taste. 70 great tasting recipes made in 30

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AFRICAN HOLISTIC HEALTH. travel the European inter-tribal trade routes. It took over 50 years for the air to clear from the foul stench of decayed bodies. ... African holistic health Dr Llaila o ...

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Alton Maddox, Del Jones, Dr. Tony Martin, Ishakamua Barashang...

Dr. Llaila Afrika | Holistic Health 101

With over 150,000 copies in print the revised and expanded edition is a wealth of holistic health care research and advice that sets the paradigm in African Global health. You will find in this recommended copy, that good health is a serious issue not to be taken lightly.

African Holistic Health by Llaila O Afrika, Paperback ...

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