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150 Pounds: A Novel of Waists and Measures [Kate Rockland] on Amazon.com. *FREE* shipping on qualifying offers. Full time bloggers Alexis Allbright, of Skinny Chick fame, and Shoshana Weiner

150 Pounds: A Novel of Waists and Measures Hardcover ...

150 Pounds is an absolute must read for any woman who has struggled with body image. The cover may look fluffy and this book may be a Chick Lit novel, but the message is an important one that many of us tend to forget.

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Free download or read online 150 Pounds: A Novel of Waists and Measures pdf (ePUB) book. The first edition of this novel was published in January 17th 2012, and was written by Kate Rockland. The book was published in multiple languages including English language, consists of 332 pages and is available in Hardcover format. The main characters of this womens fiction, chick lit story are ,

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150 Pounds: A Novel of Waists and Measures - Kindle ...

I am a sucker for girly novels. When I saw 150 Pounds on a library shelf, it quickly captured my attention as I enjoy reading up on health and weight related books, but haven't read many novels about it. The description is what really lured me in. Here's the synopsis from Amazon: "Full time bloggers Alexis Allbright, of Skinny Chick fame, and Shoshana Weiner, of Fat and Fabulous stand ...

Book Review: "150 Pounds: A novel of waists and measures ...

Kate Rockland is a frequent contributor to the New York Times Style section and has also written for Playboy, Rolling Stone, Us Weekly, Time Out New York, Spin and other magazines. She is the author of 150 Pounds and Falling Is Like This. She lives in New Jersey.

150 Pounds: A Novel of Waists and Measures by Kate ...

150 Pounds: A Novel Of Waists And Measures (2012) About book: Shoshana (215 pounds) and Alexis (100 pounds) both write popular blogs related to women and their weight. Shoshana's Fat and Fabulous preaches "health at any size," while Alexis' Skinny Chick lauds obesity as a national tragedy, and disgusting to boot.

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Praise for 150 Pounds: "A fun read from a fresh new voice"--New York Times-bestselling author, Jane Green"In Kate Rockland's newest novel, Shoshana and Alexis couldn't be more relatable—not to mention comedic, sassy and full of a rare sense of honesty.

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