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Add More Ing to your Life A Hip Guide to Happiness (Book) : Bernstein, Gabrielle : Guides the reader to happiness in 30 days through her method of sharpening one's intuitive senses.

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Add More Ing to Your Life is the happiness, spiritual and self-help book which shares the different processes to live a happier and positive life. Gabrielle Bernstein is the author of this impressive book. She is a bestselling author in the New York Times with her incredible self-help books. Gabrielle is the life coach and motivational speaker ...

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