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Georgia Department of Education Annual Fitness ... - gadoe.org

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Physical Education - Georgia Standards

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matter. But does that mean people were out of shape? Of course not. Instead, fitness was a way of life - it was survival.

Introduction to Fitness - innerbody.com

Introduction to Physical Education, Fitness, and Sport. Authored by one of the leading experts in the field, this comprehensive text introduces students to the fields of physical education, exercise science, and allied health - presenting the history and trends in physical education and the human movement sciences.

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Physical Education - 334.edb.hkedcity.net

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