

***A Gentle Path Through The Twelve Steps Classic Guide For All  
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About the Author. Patrick J. Carnes, PhD, is an internationally known authority and speaker on addiction and recovery issues. He has authored over twenty books including the bestselling titles Out of the Shadows: Understanding Addiction Recovery, Betrayal Bond, Don't Call It Love, A Gentle Path Through the Twelve Steps, and A Gentle Path through the Twelve Principles.

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