



WALL MOUNTED CHIN UP BARS INSTALLATION

PLEASE NOTE

It is essential that the bracket is attached to the timber Studs/Supports behind your Gyprock or Drywall you may have to consult expert advise in order to locate the position of the Studs as it is essential that the bracket be mounted directly into the studs for support.

TOOLS REQUIRED

- Electric Drill
- Socket set
- 4 x 6mm timber coach screws
- 5mm drill bit

STEPS:

Once studs have been located

1. Predrill the holes with a 5mm timber drill bit
2. Place the bracket in line with the pre drilled holes
3. Permanently affix the bracket in position with 6mm timber coach screws (not provided)

