**ABSTRACT:**

Video conferencing allows individuals and groups from all over the world to connect with one another in a meeting. Using video conferencing software and a webcam, the various attendees can see each other as they interact. This takes webinars and chat rooms to a new level, allowing the individuals to react to one another as though they were meeting face to face. Video conferencing can save the expense of traveling to meetings while providing a way for individuals to express their ideas visually as well as verbally.

Video conferencing has benefited businesses, education and social networking. Meetings that used to be impossible can now be held, distance learning is possible and you can see your Australian friend in his home country as you talk to him.

#### Things You'll Need

* Video conferencing program
* Internet connection