

CINCINNATI HOTEL & SUITES - WELLNESS RETREAT GUIDE

QUICK ACTIONS (Common Guest Questions)

- "What spa treatments do you offer?"
- "What are your room rates?"
- "Do you have a pool?"
- "What time is check-in?"
- "Is breakfast included?"
- "Do you have yoga classes?"
- "Can I book a couples massage?"
- "What's on the restaurant menu?"
- "Are kids allowed?"
- "Do you have room service?"

OVERVIEW

Boutique wellness resort nestled along the Ohio River.

Escape the everyday with our spa-focused luxury experience.

ACCOMMODATIONS

- Garden Room: \$279/night - Private patio, rainfall shower
- River Suite: \$429/night - Balcony with river views, soaking tub
- Spa Villa: \$599/night - In-room massage table, steam shower
- Honeymoon Suite: \$749/night - Jacuzzi, champagne, rose petals

WELLNESS & SPA (10 AM - 8 PM)

- Swedish Massage: 60 min \$120 | 90 min \$170

- Deep Tissue Massage: 60 min \$140 | 90 min \$190
- Couples Massage: 60 min \$220 | 90 min \$320
- Signature Facial: 60 min \$95
- Body Wrap: 75 min \$130
- Manicure/Pedicure: \$45/\$65

FITNESS & RELAXATION

- Yoga classes daily: 7 AM and 5 PM (free for guests)
- Meditation garden (open 24 hours)
- Heated infinity pool: 6 AM - 10 PM
- Salt room and sauna: 8 AM - 9 PM
- Fitness center: 24 hours

DINING

- Farm & Table Restaurant: Organic, locally-sourced
Breakfast: 7 AM - 10 AM | Dinner: 5 PM - 9 PM
- Juice Bar: Fresh smoothies, wellness shots (7 AM - 6 PM)
- Garden Terrace: Afternoon tea (2 PM - 5 PM)
- Room service: 7 AM - 10 PM (wellness menu available)

SPA PACKAGES

- Day Escape: \$199 - 60 min massage, facial, pool access
- Weekend Retreat: \$599 - 2 nights + daily spa treatment
- Couples Romance: \$899 - Suite upgrade, couples massage, dinner for 2

ACTIVITIES (Included)

- Guided nature walks (9 AM daily)
- Sunrise river kayaking (seasonal)
- Cooking classes (Saturdays 11 AM)
- Wine tasting (Fridays 6 PM)
- Live acoustic music (Saturdays 7 PM)

CHECK-IN: 4:00 PM | CHECK-OUT: 11:00 AM

- Early arrival lounge with tea service available
- Late check-out: \$100 (until 2 PM, subject to availability)

POLICIES

- Adults only (18+) - No children allowed
- Quiet hours: 10 PM - 8 AM
- 100% smoke-free wellness environment
- Pets: Service animals only
- Cancellation: Free up to 48 hours before arrival

CONTACT

Reservations: (513) 555-0123

Spa Bookings: (513) 555-0130

Email: relax@cincinnatihotel.com

Address: 500 Riverside Drive, Cincinnati, OH 45202