

Krishna's Greens: Janmashtami Salad Spectacle

Rulebook

Description:

Create a salad that is a visual masterpiece. It should be entirely plant based with no animal products or by-products. Showcase your culinary expertise by experimenting with various vegan ingredients and techniques. Attention to aesthetics and creativity is key – think textures, colors, and arrangement.

Participant Eligibility: The competition is open to individuals of all ages and skill levels.

Team Size: The team size should be in range 4-5.

Preparatory Time: Each team will have 2 hours to prepare and present their salad.

Ingredients:

- Participants are provided with a list of common ingredients that will be available on the competition day.
- Participants may bring a limited number of their own ingredients for customization, but these must be approved by the organizers.
- Veggies provided: Cucumber, Carrot, Radish, Tomato, Lettuce, Coriander, Peas, Beans.

Tools and Equipment:

- The competition area will be equipped with basic preparation equipment and utensils.
- Participants may bring their own specialty utensils or tools, but must notify the organizers in advance
- Equipment Provided: Plates, Vegetable Grater, Gloves, Head cover

Prizes: Top creations will be awarded based on taste ,presentation,and adherence to vegan principals.

Judging Criteria:

- A panel of judges will evaluate each salad according to the predefined criteria.

Creativity	40%
Presentation	40%
Public Appeal	10%
Adherence to Vegan Principles	10%

If you still have some doubts, feel free to contact us-

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Some Examples to get you started:

