

Wellesley College

Physical Education Schedule, 2010-11

Term 1 (Sep 13 to Oct 22; Registration, Sep 8-9)

MTh	8:30-9:30 AM	100 B Zumba	Gifford	202
TTh	6:00-7:00 PM	100 C Zumba	Grande	202
TF	3:00-4:00 PM	100 D Zumba	Volpe Strouse	202
MTh	1:40-2:40 PM	121 A Elem. Swimming	Dix	Pool
MTh	11:10-12:10 PM	145 A First Year Fit Club	McPhee	201
TF	9:50-10:50 AM	145 B First Year Fit Club	Vaill	202
TF	3:00-4:00 PM	145 C First Year Fit Club	Bauman	201
TF	1:40-2:40 PM	150 A Beginning Spinning	O'Meara	102
MTh	11:10-12:10 PM	171 A Badminton	Berry	222
MW	3:00-4:00 PM	341 A Term Golf	Makerney	Golf House
TTh	3:00-4:00 PM	341 B Term Golf	Makerney	Golf House
MTh	11:10-12:20 PM	441 A Basic Sailing	Spillane	Boat House
TF	1:40-2:50 PM	441 B Basic Sailing	Dix	Boat House
TF	9:50-10:50 AM	443 A Beginning Canoe	Spillane	Boat House
TTh	7:00-8:00 PM	571 A Table Tennis	Liung	Field House

Semester 1 (Sep 13 to Dec 10; Registration, Sep 8-9)

MTh	9:50-10:50 AM	102 A Cardiovascular Fitness	Mohammed	Field House
TF	9:50-10:50 AM	102 B Cardiovascular Fitness	Kroll	Field House
TF	8:30-9:30 AM	103 A Pilates	Magill	201
TF	9:50-10:50 AM	103 B Pilates	Magill	201
TTh	7:00-8:00 PM	103 C Pilates	Sieck	202
MTh	9:50-10:50 AM	111 A Fusion Fitness	McPhee	202
MTh	1:40-2:40 PM	111 B Fusion Fitness	Bauman	201
TF	11:10-12:10 PM	114 A Strength Training	Vaill	B32
TF	1:40-2:40 PM	114 B Strength Training	Kroll	B33
TF	8:30-9:30 AM	141 A Boot Camp Fitness	O'Meara	222
TF	11:10-12:10 PM	151 A Archery	Bauman	Field House
MW	7:00-8:00 PM	271 A Ballet I	Ulissey	201
W	8:00-9:40 PM	272 A Ballet II	Ulissey	201
TTh	8:00-9:00 PM	274 A Jazz Dance	Cameron	201
TTh	7:00-8:00 PM	282 A Modern II	Cameron	201
W	9:50-11:30 AM	291 A African Dance	Harkless	202
M	4:10-5:50 PM	294 A Classical Indian Dance	Hayden-Ruckert	202
MTh	8:30-9:30 AM	461 A Self-Defense	Weaver	201
MTh	9:50-10:50 AM	461 B Self-Defense	Weaver	201
MTh	12:30-1:30 PM	463 A Tai Chi	Chin	202
T	7:00-9:00 PM	510 A Rock Climbing	Salapek	Lobby
MTh	3:00-4:00 PM	551 A Elem. Squash	Berry	B01
MTh	11:10-12:10 PM	591 A Elem. Tennis	Makerney	Field House
MTh	9:50-10:50 AM	601 A Volleyball	Webb	222
MTh	1:40-2:40 PM	661 A Beginning Yoga	Owen	202
MTh	3:00-4:00 PM	661 B Beginning Yoga	Owen	202
MW	6:00-7:00 PM	661 C Beginning Yoga	Gifford	202
MW	7:00-8:00 PM	661 D Beginning Yoga	Gifford	202

Term 2 (Oct 25 to Dec 10; Registration, Oct 13-14)

MTh	8:30-9:30 AM	100 A Zumba	Gifford	202
TF	3:00-4:00 PM	100 C Zumba	Volpe Strouse	202
TTh	6:00-7:00 PM	100 D Zumba	Grande	202
TF	9:50-10:50 AM	114 A Strength Training	Vaill	B32
MTh	1:40-2:40 PM	124 A Aquatic Games	Dix	Pool
MTh	8:30-9:30 AM	145 A First Year Fit Club	Spillane	222

MTh	11:10-12:10 PM	145 B	First Year Fit Club	McPhee	201
TF	3:00-4:00 PM	145 C	First Year Fit Club	Bauman	201
TF	3:00-4:00 PM	150 A	Beginning Spinning	O'Meara	102
MTh	11:10-12:10 PM	171 A	Badminton	Berry	222
MW	3:00-4:00 PM	301 A	Fencing	Kaliouby	222
TTh	7:00-8:00 PM	571 A	Table Tennis	Liung	Field House

Term 3 (Jan 31 to Mar 16; Registration, Jan 26-27)

TF	8:30-9:30 AM	100 A	Zumba	Sieck	202
TTh	6:00-7:00 PM	100 B	Zumba	Grande	202
TF	9:50-10:50 AM	111 A	Fusion Fitness	McPhee	202
MTh	9:50-10:50 AM	145 A	First Year Fit Club	Spillane	202
TF	11:10-12:10 PM	145 B	First Year Fit Club	Bauman	201
TF	1:40-2:40 PM	145 C	First Year Fit Club	Vaill	201
TF	11:10-12:10 PM	150 A	Beginning Spinning	O'Meara	102
MW	3:00-4:00 PM	301 A	Fencing	Kaliouby	222
W	5:00-11:00 PM	501 A	Downhill Skiing	Salapek	Lobby

Semester 2 (Jan 31 to May 6; Registration, Jan 26-27)

MTh	8:30-9:30 AM	102 A	Cardiovascular Fitness	Mohammed	Field House
MTh	9:50-10:50 AM	102 B	Cardiovascular Fitness	Mohammed	Field House
MTh	11:10-12:10 PM	102 C	Cardiovascular Fitness	Mohammed	Field House
TF	8:30-9:30 AM	103 A	Pilates	Magill	201
TF	9:50-10:50 AM	103 B	Pilates	Magill	201
TTh	7:00-8:00 PM	103 C	Pilates	Sieck	202
TF	11:10-12:10 PM	111 A	Fusion Fitness	McPhee	202
MTh	1:40-2:40 PM	114 A	Strength Training	Kroll	B32
TF	1:40-2:40 PM	114 B	Strength Training	Kroll	Field House
TF	3:00-4:00 PM	114 C	Strength Training	Vaill	B32
TF	9:50-10:50 AM	141 A	Boot Camp Fitness	O'Meara	222
MW	7:00-8:00 PM	271 A	Ballet I	Ulissey	201
W	8:00-9:40 PM	272 A	Ballet II	Ulissey	201
TTh	8:00-9:00 PM	275 A	Jazz II	Cameron	201
TTh	7:00-8:00 PM	281 A	Modern Dance	Cameron	201
W	9:50-11:30 AM	296 A	Afro-Brazilian Dance	Harkless	202
MW	3:00-4:00 PM	343 A	Sem. Golf	Makerney	Field House
TTh	1:40-2:40 PM	343 B	Sem. Golf	Makerney	Field House
MTh	12:30-1:30 PM	470 A	Kung Fu	Chin	202
MTh	11:10-12:10 PM	551 A	Elem. Squash	Berry	B01
MTh	3:00-4:00 PM	551 B	Elem. Squash	Berry	B01
MTh	9:50-10:50 AM	591 A	Elem. Tennis	Webb	Field House
MTh	1:40-2:40 PM	661 A	Beginning Yoga	Owen	202
MW	6:00-7:00 PM	661 B	Beginning Yoga	Gifford	202
MW	7:00-8:00 PM	661 C	Beginning Yoga	Gifford	202
MTh	3:00-4:00 PM	662 A	Continuing Yoga	Owen	202

Term 4 (Mar 28 to May 6; Registration, Jan 28)

TF	8:30-9:30 AM	100 A	Zumba	Sieck	202
TTh	6:00-7:00 PM	100 B	Zumba	Grande	202
TF	1:40-2:40 PM	114 A	Strength Training	Vaill	B32
MTh	1:40-2:40 PM	124 A	Aquatic Games	Dix	Pool
TF	9:50-10:50 AM	145 A	First Year Fit Club	McPhee	202
TF	11:10-12:10 PM	150 A	Beginning Spinning	O'Meara	102
TF	11:10-12:10 PM	151 A	Archery	Bauman	Field House
MTh	11:10-12:20 PM	441 A	Basic Sailing	Spillane	Boat House
TF	11:10-12:20 PM	441 B	Basic Sailing	Dix	Boat House
MTh	9:50-10:50 AM	443 A	Beginning Canoe	Spillane	Boat House