

F-1 Optional Practical Training

Class Dean's Recommendation

The purpose of this form is to provide a recommendation for an international student to undertake practical training in her field of studies. It is part of the application process necessary for applying for work authorization from the United States Citizenship and Immigration Services (USCIS).

According to the Code of Federal Regulations (8CFR.214.2(f)(10)(ii), Optional Practical Training is available to F-1 students who have been lawfully enrolled on a full-time basis for at least nine consecutive months. The employment must be related to the student's major field of study. Optional Practical Training is limited to a maximum of 12 months of full-time employment, with an option for an additional 17 months for students majoring in the STEM fields.

Student's Name: _____
(first) (last)

Class: _____ Major: _____

The above named student is currently enrolled as a full-time student at Wellesley College, is in good academic standing, and is expected to complete her studies by _____. She is now applying for a period of Optional Practical Training (OPT) for a job related to her field of study. This training would be most valuable to the student in her future career by providing actual practical experience to supplement her academic studies. By signing below, I recommend the student for Optional Practical Training.

Additional comments: _____

Name (please print): _____
(first) (last)

Title: _____

Signature: _____ Date: _____

