

WELLESLEY COLLEGE

HUMAN RESOURCES AND EQUAL OPPORTUNITY

June 1, 2011

To: Wellesley College Colleagues

**From: Eloise See McGaw, Assistant Vice President and Director of Human Resources
& Equal Opportunity
Marymichele Delaney, Associate Director & Benefits Manager**

Re: Introducing our new Employee Assistance Program - AllOne Health - A key partner in Wellesley College's Healthy You Initiative

What's New?

Wellesley College continually evaluates the companies that partner with us to ensure their capabilities result in us receiving "best-in-class" services and benefits for our faculty, staff and their families. We recently completed a review of our Employee Assistance Program (EAP) which has been offered through the Wellness Corporation. This thorough market search has resulted in the College moving the EAP to AllOne Health, effective June 1, 2011. AllOne Health is offering a more comprehensive service focused package, with enhanced program offerings and web tools for our faculty, staff and families.

You do not have to take any action. If you are a benefits eligible faculty or staff member – you and your household members are automatically covered under the EAP. The College pays the full cost of the benefit.

What is an EAP?

The EAP is a benefit offered to assist with all areas of life. You can access the benefits of our EAP by calling the confidential 800 number, going to the Wellesley College HR site and clicking their link, going directly to the AllOne Health web site, or meeting face to face with an AllOne Health counselor.

The EAP provides much more than counseling, it also provides low or no cost access to:

- financial counselors,
- legal services,
- referral services (for day care, adult care, etc.) and
- general information on stress management tools and work/life balance problems.

Contact AllOne at: 1-800-451-1834 or at

www.allonehealthcorp.com

Username: **Wellesley**

Password: **employee**

(Over)



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The enclosed Announcement Letter provides more details on the benefits the AllOne Health EAP provides – along with additional web site addresses and phone numbers.

Learn More – What's Next

AllOne Health will begin providing services to Wellesley College faculty and staff and their household members effective June 1st. Anyone using The Wellness Corporation's EAP services will continue to work with them until the need is met – there will be no disruption in benefits. If you are in the process of using the 5 no-charge counseling sessions at The Wellness Corporation – once those 5 sessions are used – you will receive an additional 5 sessions from AllOne Health if you choose.

June 14th AllOne Health presents – Balancing Work & Home Life

12:30 – 1:30 Library Lecture Room

Come learn how to bring balance into your life. You will learn specific strategies for setting priorities and realistic expectations, tips to eliminate guilt and unnecessary pressures, and suggestions for restoring balance in your life.

RSVP to <https://socrates.wellesley.edu/stafftraining/registration.cfm>

June 23rd Drop in to the EAP Fair

Drop by the information table at the College Club any time between 11:30 – 1:30 during the College Summer BBQ.

We are excited about the services AllOne Health will bring to the College. You will hear more about AllOne Health in the weeks and months ahead.

