

# PERA Annual Report

*"PERA is the catalyst for all students to learn, play, compete and achieve an active balanced lifestyle."*

The Wellesley College department of Physical Education, Recreation and Athletics is dedicated to promoting an improved quality of life for all Wellesley College students through increased understanding, skill, competition and participation in physical activity. The Department meets the needs of a variety of students through its three programs and also partnerships with a wide variety of campus departments.



• **Physical Education:** instructional classes

• **Recreation:** leisure time activities

• **Athletics:** intercollegiate competitive teams



## 2007-08 PERA Department Goals

Continuing to build on the success of 2006-07, the department further enhanced communication, collaboration and integration among the campus community (students, faculty, staff) in support of physical fitness, recreational activities and intercollegiate competition, valued components of life-long learning. Additionally, the PERA department strengthened its commitment to diversity among participants in all areas of interest.

### ***Significant progress:***

- o Engaged in PERA Department Strategic Planning Process.
- o Integrated all faculty/staff in department-wide committee structure.
- o Updated PERA Department Faculty/Staff Handbook; posted on Administrative webpage.
- o Received NCAA Speakers Grant and NCAA Initiatives Grant to support PERA Faculty/Staff and Student-Athlete Diversity Workshop in February.
- o FOWCA financial support of athletics program; \$30,000 team competitive training trips; \$15,000 annual "wish list" gifts and \$25,000 for weight and cardio equipment.

## Collaborations

- o Partnered with Alumnae Association to promote athletics through email updates to alumnae chapters in areas where teams visited for Spring Break and sponsored Alumnae Athlete Reception during June Reunion and supported fitness activity for Alumnae Board of Directors.
- o Partnered with Student Activities for Friends & Family and FOWCA Homecoming weekend in October.
- o Partnered with Finance and the Controller's office to implement pro-card use for head coaches' athletic travel.
- o Hosted Writing Program workshop for faculty/staff facilitated by Winnie Wood
- o Worked with Admissions in support of student-athlete prospect recruitment process including diversity initiatives.
- o Established long term partnership with Newton Country Day School for access to the Charles River for the crew team.

## Technology Enhancements

- o PERA department-wide implementation of Meeting Maker including education session held for all faculty/staff in January.
- o Reorganization and update of PERA website accomplished by Sports Information.
- o Created FOWCA "Coaches Corner" - monthly website posting from all Wellesley Head Coaches updating alumnae about status of athletics teams.

# PERA Strategic Planning

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PERA has been challenged to increase its educational influence and impact on the women of Wellesley College.

*"At last fall's Convocation, Dean of the College Andrew Shennan announced the administration's goal that by the time the first-year class graduates in 2011, participation levels in organized physical activity (intercollegiate and club sports, intramural and recreational programs) will exceed 60 % of all students on campus."*

This goal, 60% by 2011, is both energizing and daunting to PERA faculty and staff. In order to create a plan, the Chair/Athletic Director embarked on a year-long strategic planning initiative which involved PERA faculty and staff as well as key campus-wide stakeholders.

After careful consideration, it is very clear that the educational role of PERA at Wellesley has not inherently changed, but rather it was reexamined and magnified. The Statement of Purpose provides a "go forward" succinct way to talk about who PERA is, how resources will be allocated and utilized, and how success will be measured.

Statement of Purpose: *"PERA is the catalyst for all students to learn, play, compete and achieve an active balanced lifestyle."*

This statement reflects PERA's expanded role and the challenge to engage all students in some level of education and physical activity. Rationale for language includes:

**Catalyst** - PERA will strive to engage each student in a process of developing life habits that include being physically fit and active, recognizing the contribution that exercise makes to both intellectual success and good health. The word catalyst is also intended to recognize the importance of choice. Wellesley students must have the opportunity to develop their own commitment and plans.

**All students** – refers to our absolute stated priority to serve ALL Students. This is a stretch goal that will challenge us to be innovative in our approaches and clearly articulates that "students" are our priority within our educational community.

**Learn, play, compete** - refers to the range of engagement PERA offers. Student choice is paramount to success in reaching the goal. Through innovative programming and partnerships, PERA will offer students the opportunity:

- to learn new physical skills and understand the impact of regular daily exercise
- to be competitive in varsity athletics
- to play in club sports and recreation activities

**Active balanced lifestyle** - refers to the mission of the college--to create women who will make a difference in the world. Women who are intellectually strong, healthy and balanced are most likely to be effective as agents of change.

With a clear understanding of PERA's expanded role, the process included a review of its current state using a SWOT analysis. This analytical process identified three Critical Success Factors (CSF's) that must be addressed in order to close the gap between the current reality and the preferred future:

- Shifting campus culture – Fit for Life
- Building partnership and developing innovative programming
- Improving facilities – Spaces of Excellence

Underlying the work on these Success Factors is the need to launch a cultural change initiative that includes three to four annual strategies that will span campus departments to shift language, attitudes and behavior towards the physical and intellectual benefits of fitness in order to meet our goal of 60% participation in physical activities by 2011.

# Physical Education

## Mission

The physical education curriculum provides students with skills and knowledge to continue lifelong participation in fitness, dance, martial arts and sport skill activities. Many physical education courses include a capstone/culmination experience for our students. This base of knowledge and skills of physical activity is an essential component of the liberal arts education at Wellesley College and is required of all students for completion of their undergraduate degree.

## 2007-08 PE Class Offerings

### AQUATICS ACTIVITIES

Swimming  
Sailing  
Canoeing

### DANCE

Ballet  
**Ballet II**  
Jazz  
Modern  
African Dance  
Afro-Brazilian Dance  
Classical Indian Dance  
Latin Dance  
Salsa

### FITNESS

Aerobics  
Pilates  
Fusion Fitness  
Strength Training  
**Zumba**

### MARTIAL ARTS

Self-Defense  
Tai Chi  
Kung Fu

### YOGA

Hatha  
Iyengar  
Continuing Yoga

### SPORTS

Archery  
Badminton  
Children's Games  
Fencing  
Golf  
Horseback Riding  
Racquetball  
Skiing/Snowboarding  
**Soccer (7v7)**  
Squash  
Table Tennis  
Tennis  
**Doubles Tennis**

In addition to the existing wide variety of courses offered, four new courses were infused into the curriculum for students: Ballet II; Zumba; 7v7 Soccer and Doubles Tennis. Despite three dropped classes in the spring semester, enrollment increases were evident during winter and Semester 2 resulting in an overall operating capacity that was slightly higher than in the previous two years (74%). Time slots with the lowest average capacity enrollment over the last three years were 12:30 and 1:40p. Slots after 3:00pm typically have the highest capacities, although there are greater department conflicts due to athletics and recreation programming. Over the last three years sport classes have finished on average at 82% capacity with aquatics at 77%; Dance, 74%; Yoga, 72%; Fitness, 70%; Martial Arts, 63%.

2007-08 Physical Education Enrollments				
	Semester 1	Winter	Semester 2	Total
Physical Education	622	120	566	1308
Independent/Club Credit				159
Varsity Sport Credit				313
				<b>1780</b>
	<div> <div>Spaces</div> <div>1761</div> </div>		<div> <div>% Capacity</div> <div>74%</div> </div>	

***Significant Physical Education Goals Achieved During 2007-08:***

- Elevated our involvement with campus-wide First Year Student Orientation with the introduction of faculty-led “Movement Labs” programming.
- Successful implementation of on-line registration system for physical education classes.
- Significant upgrade (quality and quantity) to strength training and cardio equipment.
- Added four new activity courses to the PE curriculum; totaling 7 new courses over the past two years.
- Developed and implemented Department Quick Fix Grant Policy.
- Examined and modified Department Club Sport Credit Policy to create greater flexibility.
- Examined and modified department auditor policy to enhance participation.
- Discussion and initial examination of a First Year Experience physical education course.
- Discussion and initial examination about different ways in which students are able to earn physical education credit, and how the campus-wide recreation initiative might play into our current policies and practices.
- Examination and expansion of the Teacher-Coach model to include other Department contributions.
- Successful planning and alternative programming surrounding pool closure.

# Recreation

## Mission

PERA provides recreational activities for the Wellesley student body so that they can actively integrate the physical and social dimensions of their lives to enhance their college experience. The department assists students in forming activity interest groups to provide opportunities for activities learned in the physical education program to become a part of the student’s life-long activity choices.

## 2007-08 RECREATION PROGRAMS

### Fall:

- Dorm Crew
- Pep Buses to the Head of the Charles Regatta (largest regatta in the world)
- Turkey Trot (canned food drive)
- Sailing/Canoeing (12 hours/week)
- Nehoiden Golf Course



### Winter:

- Downhill skiing and snowboarding at Nashoba Valley (for fun or PE credit)
- Winter Games (includes water relays, dry land relays and floor hockey)
- Night Hike (cancelled due to bad weather)

### Spring:

- Mini Marathon Fun Run/Walk (2.6 miles around campus)
- Class Crew
- Nehoiden Golf Course
- PERA Fit Card Program new

### Ongoing Daily Opportunities:

- Strength training (80 hours per week)
- Cardio (over 80 hours per week)
- Swimming (over 30 hours per week)
- Aerobics (11 per week-7 in KSC-4 in dorms on east campus)
- Nehoiden Golf Course



### *Significant Recreation Goals Achieved During 2007-08:*

- Expanded recreational aerobics classes from 12 to 15 weekly in spring utilizing three residence halls, Freeman and Tower Halls and Lake House. Participation increased by 54.6% from 06-07.
- Altered the start time for spring class crew races to afternoon resulting in enhanced participation and spectator support.
- Expanded the annual Mini-Marathon Run/Walk to include "team entries"; partnered with Student Activities and engaged Adidas as a corporate sponsor resulting in a fourfold increase in participation of students, faculty and staff.
- Elevated partnerships with Health Services and Student Life Division that resulted in new joint programming ("Stress-Free Zone" and "Love Your Body Day").
- Expanded the PERA Student Advisory Group to include all residence hall recreation representatives and a hall director.
- Partnership with Health Services supported the expansion of 2 nights of Physical Therapy for injury rehabilitation for club sports/intramural student participants.
- Created PERA Fitness Initiative Tracker (FIT) Program, an incentive-based fitness and recreational activity program for students during Spring Semester.
- Purchased all new Life Fitness weight equipment and cardio machines in Sports Center (16 pieces of weight equipment and 23 cardio machines) with support from FOWCA. Participation increased by 12.3% from 06-07.

## INTRAMURALS

- Established "Wednesday Night Intramurals" and held 20 evenings of activities throughout the year with over 90



students involved. Activities included: Kickball; Floor hockey; Basketball

- Organized four single-day tournaments during the year: Kickball; Volleyball; Capture the Flag and Floor Hockey

## PROMOTION AND COMMUNICATION

- Created a FirstClass conference "Health, Fitness and Recreation" to learn about programs and opportunities for students, faculty and staff . Conference is used to SPAM special events; promote activities; Post Blue Pride Weekly Blog.
- Recreational Bookmark (distributed at FYO and at the KSC front desk).
- Collaborated with Campus Center management to get recreational events promoted on college TV's.

# Recreation Usage Statistics

## 2007-08 Weight Room Use Statistics

MONTH	WEEKDAY	WEEKEND	TOTAL
September	1259	140	1399
October	1581	155	1736
November	1665	142	1807
December	638	131	769
January	805	167	972
February	1550	274	1824
March	1148	264	1412
April	995	264	1259
May	997	134	1131
<b>Total</b>			<b>10,962</b>

Attendance increased over last year (10962) by 1347. This is a 12.3% increase. The increased hours of operation, particularly in the late afternoon, helped to attract more users. The new equipment arrived in October and there was a bump in attendance at that time.

## 2007-08 Aerobics Statistics

MONTH	WEEKDAY	WEEKEND	TOTAL
September	84	8	92
October	190	40	230
November	136	25	161
December	77	16	93
January	15	0	15
February	163	30	193
March	219	37	256
April	151	18	169
May	31	0	31
<b>Total</b>			<b>1,240</b>

Attendance increased over last year (802) by 438. This is a 54.6% increase. Because five new students were certified, the number of classes offered increased from 12 per week first semester to 15 per week second semester. Classes were offered in Freeman on East Campus as well as Tower Court and Lake House on West Campus.

## 2007-08 Groups Using PERA Facilities

College Groups	Freestyle Dance Club	Girl's Leap
Biology Department	GLOW	Harvard Athletic
Campus Police	Korean Student	Department
Center for Work and	Association	John Hancock Marathon
Service	Rugby Club	Training
Friends and Family	Sailing Club	MIAA
Weekend	Synchronized Swimming	NE Barracudas
Junior Open Campus	Table Tennis Club	Needham High School
Residential Life	Tennis Club	Athletic Department
Reunion	Ultimate Frisbee Club	Needham Soccer Club
Spring Open Campus	Water Polo Club	New England Select
Student Activities	Wellesley Assoc. for	Lacrosse
(dances/parties)	South Asian Cultures	Newton Country Day
Summer Symposium	Wellesley College	School
	Dancers	Olin College
<b>Student Groups</b>	<b>Outside Users</b>	Regis College
Archery Club	Babson College	Special Olympics
Ballroom Dance Club	Boston Area Dvers	The Rivers School
Chinese Student	Boston Bolts	Wellesley High School
Association	Dana Hall School	Athletic Department
Cielto Lindo	Danskin Triathlon	Wellesley Swim
Dance Collective	Training	Association
Ethos		Wellesley Youth Softball
		Wheelock College

## 2007-08 Pool Use Statistics

MONTH	WEEKDAY	WEEKEND	TOTAL
September	942	250	1192
October	979	187	1166
November	669	140	809
December	189	94	283
January	453	182	635
February	1268	137	1405
March (1-10)	246	56	302
April (closed)	0	0	0
May	526	128	654
<b>Total</b>			<b>6,446</b>

The pool was closed for seven weeks second semester for major maintenance. With typical attendance during those weeks, the total use would have been approximately 8996, down slightly from last year (9064). Despite additional hours, the number of visits did not increase, the users were just spread out over the additional swim time.

## 2007-08 Sports Center Memberships

<b>Memberships</b>	<b>156</b>
Faculty	
Staff	
Union	
<b>Presidents Club</b>	<b>32</b>
(Free)	



# Athletics

## 2007-08 Varsity Sports

Basketball  
Crew  
Cross Country  
Fencing  
Field Hockey  
Golf  
Lacrosse  
Soccer  
Softball  
Squash  
Swimming and Diving  
Tennis  
Volleyball



*"[Being a student-athlete at Wellesley means] learning how to lose and learning how to win, and hopefully gaining some perspective in the process. It's using your court skills in the classroom, and your class skills on the court."*

~Jenny Kendall, Tennis, Class of 2008

### Wellesley College Athletics - Quick Facts

<b>Affiliations</b>	National Collegiate Athletic Association (NCAA) - Division III Eastern Conference Athletic Conference (ECAC) New England Men's and Women's Athletic Conference (NEWMAC)
<b>NEWMAC Opponents</b>	Babson College, Clark University, US Coast Guard Academy, Massachusetts Institute of Technology (MIT), Mount Holyoke College, Smith College, Springfield College, Worcester Polytechnic Institute (WPI), Wheaton College
<b>Facilities</b>	Keohane Sports Center, Chandler Pool, Nehoiden Golf Course, New Fields Complex
<b>Team Color</b>	Wellesley Blue

## 2007-08 Athletics Year in Review

The Wellesley College athletic teams enjoyed a record-breaking 2007-08 season as they posted a 142 wins in dual matches, surpassing the previous record of 134 (set in 1998-99.) The 13 varsity teams combined for three Seven Sisters and three NEWMAC titles during the season.



The **basketball** team finished 7-17 this season and earned a #6 seed in the NEWMAC playoffs, falling to Springfield in the first round. Highlights for the team included thrilling conference wins over MIT, Babson (in double overtime) and Clark, which secured a playoff spot for the Blue. Junior Jessica Duff, who averaged 15.6 points per game as the team's leading scorer, was named to the NEWMAC All-Conference team.



Wellesley **Crew** opened their fall season with a 5th-place finish at the Head of the Housatonic and a solid race at the Head of the Charles. During the spring season, the Blue rose to a national ranking of 11th in Division III, won Wellesley's first-ever Florence Smith Cup at the NEWMAC Championships, took fifth place at the New England Championships, and closed out the season at the ECAC Championships, where the novice boat captured the silver medal. Blue Crew landed three All-NEWMAC selections in Juliana Martinez, Jacqueline Lewandowski and Hannah Woodruff, a Coach of the Year nod for Tessa Spillane, and the NEWMAC Sportsmanship Award, and Junior Julia Shaw was named a CRCA national All-American.

**Cross Country** posted a successful season with an overall win-loss record of 123-47. At the Wellesley Invitational, the Blue took top honors with a perfect score of 15 points, and nine Wellesley runners finished in the top ten. Led by senior All-NEWMAC runner Kerry Shanley, the Blue ended the season with a solid 15th-place finish at the NCAA New England Regional, in which each of Wellesley's seven runners posted either a season- or career-best time in the 6K race.



Wellesley **Fencing** finished the season with a 10-7 overall record and sent seven fencers to the NCAA Regional Championship. As a team, Wellesley finished second at the New England Championships while winning a gold medal in the foil competition. Hannah Braaten won the New England Championship in foil and later finished 25th at the NCAA regionals. Emily



Johnson was named a first-team All-Star by the NFC and also earned All-Northeast Conference honors.

**Field hockey** finished the 2007 season with a 13-6 overall record and a 6-2 mark in NEWMAC play. After going 2-0 in the season-opening Seven Sisters Fall Classic, Wellesley wrapped up the season by advancing to the NEWMAC Championships before falling to Springfield in the title game. In addition to four All-Conference players in Callie Lekas, Katie Sang, Katie Frett and Emily Hewitt, Frett was honored as NEWMAC Rookie of the Year, and coach Becca Vaill was named NEWMAC Coach of the Year.



Wellesley **Golf** enjoyed a successful year in which they won the Wellesley Invitational and the Williams Fall Invitational, and finished third at the Massachusetts State Golf Championships, where first-year Kim Eaton took the individual crown. Eaton was named a national All-American for a year in which she took medalist honors at the Wellesley Invitational, the Massachusetts State Invitational and the Endicott tri-match, and posted a 10th-place finish at the 2008 NCAA Division III Championships.

**Lacrosse** finished the regular season with an 8-7 record and a 3-3 mark in the NEWMAC, earning the third seed in the conference tournament. After wins over Smith and Springfield in the opening rounds, the Blue fell to Babson in the NEWMAC finals. Wellesley landed four players on the NEWMAC All-Conference team, with Loretta White, Haley Geller, Dee Garrahan and Colette Whitaker earning the honors.



The Wellesley **Soccer** team finished the season with a 7-8-3 record and a Wellesley Invitational title, beating Montclair State University on penalty kicks to win the tournament for the first time since 2002. Competing as the seventh seed in the NEWMAC playoffs, Wellesley defeated nationally ranked Springfield College on penalty kicks to advance to the semi-final round before falling to Babson. The Blue had two first-team All-Conference selections in Jennifer Lau and Katie Martore.



**Softball** finished the regular season 30-11-1, including a 2-1 win over defending national champion Linfield College. The Blue set a school record of 30 wins, were ranked as high as 2nd in the region, and finished the regular season ranked 22nd in the nation in Division III. The Blue were runners-up in the NEWMAC tournament and earned a bid to the NCAA Tournament, where they finished 3-2 in the New England Regional. The Blue earned four All-Conference selections in Jenna Harvey, Kara Wong, Megan Wood and Amanda

Tai, with Harvey being named both the NEWMAC Pitcher and Player of the Year. Harvey was also a repeat national All-America selection.

The **squash** team enjoyed a successful first season back as a varsity sport, posting an 8-7 record under the direction of head coach Wendy Berry. The Blue rose to a season-high ranking of 20th in the nation with a second place finish at the U.S. Women's Collegiate Squash Championship and a third-place finish at Seven Sisters. Additionally, Wellesley finished 23rd in the nation in the Howe Cup Team Championships. Wellesley's no. 1 Sarah Odell competed at the CSA Individual Championships at the Naval Academy to finish the season.



**Swimming & Diving** capped off a 9-4 regular season with a fourth-place finish at the NEWMAC Championships, where they notched 12 top-five finishes. The Blue also won their 11th straight Seven Sisters title, taking first place in nine of the 20 events. Junior diver Kate Sorenson and first-year swimmer Cathy Poon each qualified for the NCAA National Championships, where Sorenson earned an All-America honorable mention in 1- and 3-meter diving.

Wellesley **Tennis** won their fourth straight Seven Sisters and NEWMAC titles this season and also earned their second straight NEWMAC Sportsmanship Award. The Blue also recorded a ranking of #8 in Division III, the highest ranking for a Wellesley team since 1991, and advanced to the third round of the NCAA Championships before falling to second-ranked Williams. Jenna Mezin and Hali Walther advanced to the Round of 16 in the NCAA Doubles Championships, and Mezin did the same in the singles tournament. The Blue earned several individual awards this season, with Shivani Saxena being named NEWMAC Rookie of the Year and seven players selected as All-Conference representatives.

Wellesley **Volleyball** posted a 28-7 record for their highest win total since 2000, and won both the Seven Sisters and NEWMAC championship titles. The Blue also qualified for the NCAA tournament for the first time since 2002, and downed Endicott College in the first round before their run ended with a hard-fought loss in the regional semifinals. Tracy Waldman, Emily Peters and Murielle Dawdy were named to the All-Conference team and Dorothy Webb was named NEWMAC Coach of the Year. Waldman and Peters were also named national All-Americans.





During 2007-08, our Event Management staff worked in partnership with physical plant, grounds, housing and transportation and food service to secure all transportation, lodging and meal travel arrangements surrounding 143 away contests; organized all aspects of 82 home contests including officials, student, faculty and staff game workers, facility set-up and break-down; and hosted 13 tournaments which brought numerous other collegiate institution's student-athletes, coaches and fans to our campus.

### 2007-08 Event Management Statistics

	HOME	AWAY	Tourn.	Tournaments
Basketball	11	13	0	None
Crew	0	11	0	None
Cross Country	2	7	2	Wellesley Invitational/Seven Sisters
Fencing	3	4	2	Wellesley Invitational/Northeast Conference
Field Hockey	7	12	0	None
Golf	1	9	1	Wellesley Fall Invitational
Lacrosse	10	8	0	None
Soccer	9	9	1	Wellesley Invitational
Softball	8	19	1	NEWMAC Championship
Squash	3	14	0	None
Swimming & Diving	6	8	2	Betty Spears/NEWMAC Championships
Tennis	13	12	3	Wellesley Invitational/Seven Sisters/NEWMAC
Volleyball	9	17	1	Wellesley Invitational
2007-08 Total	82	143	13	
2006-07 Totals	67	114	10	

## Special Events

The PERA Department also hosted several special events during 2007-08:

1. October 12-14, 2007 - 11th Annual FOWCA Homecoming, in conjunction with Friends and Family Weekend.
2. January 28, 2008 - 21st annual Wellesley College employee appreciation night, held at the basketball game against Babson.
3. May 4, 2008 - End of Year Athletic Reception with over 300 student-athletes, coaches, faculty, alumnae and administrators in attendance.
3. Seasonal Student-Athlete, Coaches and Staff Recognition Events
  - a. September 5, 2007 - Opening of Academic Year Picnic
  - b. December 7, 2007 - Fall Sport Recognition at half-time of basketball game
  - c. April 7, 2008 - Winter Sport Recognition at half-time of lacrosse game
  - d. May 12, 2008 - Spring Sport Recognition and Faculty/Staff/Student softball game.

### 2007-08 Wellesley College Athletics End-of-Season Honors and Awards

<b>Barbara B. Hauptfuhrer Award</b>	Jenna Harvey, Softball
<b>Hauptfuhrer Award Finalists</b>	Jenna Mezin, Tennis Tracy Waldman, Volleyball
<b>Intercollegiate Athletics Honor Award</b>	Keri O'Meara, Softball Coach
<b>Friend of Athletics Honor Award</b>	Martha Dietrick, Assoc. Dir.
<b>Director's Award</b>	Erin Duffy, Event Management Adrienne Topic, Event Management Julie Triba, Sports Information
<b>Most Outstanding Contribution</b>	Allie Fox, Softball Team Maria Nassen, Recreation

### '07-08: By The Numbers

**2**

•NEWMAC Sportsmanship Awards won by Wellesley Athletics (Tennis, Crew).

**3**

•NEWMAC Titles won by the Blue (Tennis, Softball, Crew - Points Trophy).

•Wellesley teams that qualified to compete in the NCAA Championships (Softball, Tennis, Volleyball).

•Seven Sisters Championships won by the Wellesley Blue (Swimming and Diving, Tennis, Volleyball).

**4**

•NEWMAC Coach of the Year Honors won by Wellesley Coaches in 2007-08.

**6**

•National All-America honors won by Wellesley Athletes during the 2007-08 season.

**12**

•Individual student-athletes that qualified for NCAA Championship play.

**28**

•Student-athletes earning recognition as NEWMAC All-Academic Team selections.

**29**

•Student-athletes selected to NEWMAC All-Conference teams.

**49**

•Combined wins for the Wellesley Blue against NEWMAC opponents.

**142**

•Combined wins for Wellesley teams in dual meet competitions.

**241**

•Student-athletes that proudly wore the Wellesley Blue during the 2007-08 season.



# Student Leadership

## Student-Athlete Advisory Committee

The Wellesley Student-Athlete Advisory Committee (SAAC) is a committee made up of student-athletes assembled to provide insight on the student-athlete experience, review, react and comment to the governance structure on legislation, activities and subjects of interest, actively participate in the administrative process of the athletics program, and promote a positive student-athlete image.

### SAAC Accomplishments for 2007-08

Student-Athlete tailgate

Creating "sister teams" for each sport to promote Wellesley school spirit

All-Athletes/Faculty/Staff Softball Game 5/12/08

Canned Goods Drive

Relay for Life/Boston Marathon Volunteers

iPod Raffle/MacBook Computer Raffle

NEWMAC Softball Concessions Sales

Drafting a proposed all-sports alcohol policy



### 2007-08 SAAC Representatives

#### ATHLETIC TRAINING

Julia Thomas '09

#### BASKETBALL

Courtney Richter '09

Courtney Pelley '08

Jessica Duff '09

#### CROSS COUNTRY

Clare Egan '10

Katie Gosling '10

Ashley Muller '10

#### CREW

Kate Spelman '10

Cammie Lewis '09

Cori Snedecor '09

#### FENCING

Annemarie Kocab '10

Katherine Kinnaird '08

Emily Johnson '10

#### FIELD HOCKEY

Becca Leclerc '09

Callie Lekas '10

Dana Trail '10

#### GOLF

Christin Scott '10

Soumya Srinagesh '10

Melanie Matsuo '09

#### LACROSSE

Amber Evans '08

Alexis Fischer '10

Colette Whitaker '10

Kristin Jaronczyk '09

#### SOCCER

Jordan Akerley '08

Samantha Littlejohn '09

Catherine Caruso '10

#### SOFTBALL

Megan Wood '10

Kara Wong '08

Ali Davis '11

#### SWIMMING & DIVING

Catie Foley '08

Jenny Wu '08

Stepheny Xiang '09

#### SQUASH

Ayako Kubodera '08

#### TENNIS

Jen Schwarzkopf '09

Hali Walther '08

Trish Devine '08

#### VOLLEYBALL

Murielle Dawdy '08

Tracy Waldman '08

Lauren Rasmussen '08

### 2007-08 Team Captains

**Basketball:** Jessica Duff '09, Courtney Richter '09

**Crew:** Allison Broadwater '09, Cat Jaffee '08, Ashley Morris '08

**Cross Country:** Grace Logan '08, Kerry Shanley '08

**Fencing:** Katie Kinnaird '08

**Field Hockey:** Emily Hewitt '09, Katie Sang '09

**Golf:** Jennifer Jenq '08, Melanie Matsuo '09

**Lacrosse:** Amber Evans '08

**Soccer:** Jordan Akerley '08, Jen Lau '08, Amelia Manderscheid '08

**Softball:** Kara Wong '08

**Squash:** Ayako Kubodera '08, Caroline Tall '09

**Swimming and Diving:** Kate Ciurej '08, Catie Foley '08, Christine Nichols '08

**Tennis:** Jenny Kendall '08, Hali Walther '08

**Volleyball:** Lauren Rasmussen '08, Tracy Waldman '08

## 2007-08 Four-Year Student-Athletes

**Jordan Akerley**, Soccer  
**Billie Briones**, Volleyball  
**Natalie Chen**, Squash  
**Katherine Ciurej**, Swimming  
**Alexandria Coari**, Softball  
**Patricia Devine**, Tennis  
**Amber Evans**, Lacrosse  
**Catherine Foley**, Swimming  
**Kristie Gola**, Softball  
**Rebecca Hanna**, Swimming  
**Madeline Harms**, Cross Country  
**Jenna Harvey**, Softball  
**Jennifer Jenq**, Golf  
**Jennifer Kendall**, Tennis  
**Katherine Kinnaird**, Fencing  
**Ayako Kubodera**, Squash

**Jennifer Lau**, Soccer  
**Meagan Lewis**, Cross Country  
**Grace Logan**, Cross Country  
**Amelia Manderscheid**, Soccer  
**Jenna Mezin**, Tennis  
**Ashley Morris**, Crew  
**Christine Nichols**, Swimming  
**Courtney Pelley**, Basketball  
**Lauren Rasmussen**, Volleyball  
**Anya Ravitz**, Cross Country  
**Kerry Shanley**, Cross Country  
**Katrina Utz**, Cross Country  
**Tracy Waldman**, Volleyball  
**Hali Walther**, Tennis  
**Kara Wong**, Softball

**31 Total**

## 2007-08 Academic All-Conference Selections

### Basketball:

Courtney Richter

### Crew:

Jacqueline  
 Lewandowski  
 Kate Spelman  
 Adrienne Topic  
 Tracy Wang

### Cross Country:

Clare Egan  
 Madeline Harms  
 Grace Logan  
 Kerry Shanley  
 Hannah Sholder  
 Jessica Weng

### Lacrosse:

Katie Bourque  
 Alexis Fischer

### Soccer:

Catherine Caruso  
 Taylor Harvey  
 Samantha Littlejohn

### Softball:

Alex Coari  
 Jenna Harvey  
 Samantha Littlejohn  
 Ilana Orloff  
 Meghan Sullivan

### Swimming & Diving:

Becky Hanna  
 Emilie Mitten  
 Kate Sorenson  
 Alex Stark

### Tennis:

Jenny Kendall  
 Jennifer Schwarzkopf

### Volleyball:

Alice Kate Cummings  
 Heather Mellquist  
 Tracy Waldman

*Minimum cumulative  
 GPA of 3.5 after the 2008  
 spring semester.*

## 2007-08 Team Most Valuable Players

Basketball	Jessica Duff
Novice Crew	*Briana Bierman ^Erinn Bineham
Varsity Crew	#Cammie Lewis +Jackie Lewandowski
Cross Country	Kerry Shanley
Fencing	Katie Kinnaird
Field Hockey	Katie Sang
Golf	Kim Eaton
Lacrosse	Loretta White
Soccer	Katie Martore
Softball	Jenna Harvey
Squash	Natalie Chen
Swimming & Diving	Jenny Wu
Tennis	Trish Devine
Volleyball	Tracy Waldman

### Crew Awards

\*Novice Hammer Award

^Spirit of Novice Blue

#BLUECREW Award - spirit of crew award

+Class of 1973 Award - athleticism award

## 2007-08 Seven Sisters Senior Scholar-Athletes

Madeline Harms	Cross Country
Grace Logan	Cross Country
Kerry Shanley	Cross Country
Becky Hanna	Swimming
Jenny Kendall	Tennis
Tracy Waldman	Volleyball

*Minimum cumulative GPA of 3.5,  
 three years participation in a varsity sport*

## 2007-08 Intercollegiate Athletics Team Honors

<b>BASKETBALL</b>	NEWMAC Playoffs - #6 Seed	<b>SOCCER</b>	Wellesley Invitational - 1st NEWMAC Tournament - Semifinalist
<b>CREW</b>	NEWMAC Florence Smith Cup NEWMAC Sportsmanship Award Head of the Charles - 28th out of 44	<b>SOFTBALL</b>	NEWMAC Regular Season Champion NEWMAC Tournament - Runner Up NCAA Tournament Qualifier
<b>CROSS COUNTRY</b>	Wellesley Invitational - 1st Pop Crowell Invitational - 1st Seven Sisters - 2nd Smith College Invitational - 2nd NEWMAC Championships - 3rd	<b>SQUASH</b>	Women's Collegiate Championship - 2nd Seven Sisters Tournament - 3rd Howe Cup Championships - 23rd
<b>FENCING</b>	Wellesley Invitational - 2nd New England Championships - 2nd New England Championships - Foil Champion	<b>SWIMMING &amp; DIVING</b>	Seven Sisters - 1st Betty Spears Relays - 1st NEWMAC Championship - 4th
<b>FIELD HOCKEY</b>	NEWMAC Runner-Up	<b>TENNIS</b>	NCAA Tournament Automatic Qualifier NEWMAC Champions NEWMAC Sportsmanship Award Seven Sisters Champions
<b>GOLF</b>	Wellesley Invitational - 1st Williams Fall Invitational - 1st Endicott Tri-Match - 1st Massachusetts State Invitational - 3rd	<b>VOLLEYBALL</b>	NCAA Tournament - Regional Semifinalist NEWMAC Champions Seven Sisters Champions Wellesley Invitational - 1st
<b>LACROSSE</b>	NEWMAC Runner-Up		



# All-America Honors



**Kim Eaton**  
*Golf (Hon. Men.)*



**Jenna Harvey**  
*Softball (2nd Team)*



**Jenna Mezin**  
*Tennis (Singles, Doubles)*



**Emily Peters**  
*Volleyball (Hon. Men.)*



**Julia Shaw**  
*Crew (2nd Team)*



**Kate Sorenson**  
*Diving (1m, 3m Hon. Men)*



**Tracy Waldman**  
*Volleyball (Hon. Men.)*



**Hali Walther**  
*Tennis (Doubles)*

## National Academic Honors

Madeline Block, Field Hockey  
Jane Booth-Tobin, Tennis  
Kate Cushing, Field Hockey  
Katie Frett, Field Hockey  
Dee Garrahan, Lacrosse  
Nathalie Herman, Tennis  
Savanna Johnson, Swimming  
Jenny Kendall, Tennis  
Jacqueline Lewandowski, Crew  
Catherine Marchetta, Field Hockey  
Jenna Mezin, Tennis  
Katie Sang, Field Hockey  
Shivani Saxena, Tennis  
Jennifer Schwartzkopf, Tennis  
Kerry Shanley, Cross Country  
Kate Sorenson, Diving  
Kate Spelman, Crew  
Adrienne Topic, Crew  
Jessica Weng, Cross Country

# Individual Athletic Honors

## BASKETBALL

Jessica Duff

NEWMAC All-Conference Second Team  
Plymouth State All-Tournament Team

## CREW

Juliana Martinez

NEWMAC All-Conference Varsity Team

Jacqueline Lewandowski

NEWMAC All-Conference Varsity Team

Hannah Woodruff

NEWMAC All-Conference Novice Team

## CROSS COUNTRY

Kerry Shanley

NEWMAC All-Conference  
Seven Sisters All-Tournament  
Wellesley Invitational Champion

Maura Tucker

Seven Sisters All-Tournament



## FENCING

Anne Benjamin	NCAA Regional Qualifier
Hannah Braaten	New England Champion – Foil NCAA Regional Qualifier
Wendy Chin	NCAA Regional Qualifier
Tess DeLean	NCAA Regional Qualifier
Emily Johnson	Northeast Conference First Team All-Star NFC All-Conference Second Team – Epee NCAA Regional Qualifier
Katie Kinnaird	NCAA Regional Qualifier
Annmarie Kocab	NCAA Regional Qualifier

## FIELD HOCKEY

Katie Frett	NEWMAC Rookie of the Year NEWMAC All-Conference Second Team NFHCA All-Region Second Team
Emily Hewitt	NEWMAC All-Conference Second Team NFHCA All-Region Second Team
Callie Lekas	NEWMAC All-Conference First Team NFHCA All-Region First Team
Katie Sang	NEWMAC All-Conference First Team NFHCA All-Region First Team Seven Sisters All-Tournament
Dana Trail	Seven Sisters All-Tournament

## GOLF

Kim Eaton	NCAA Championships – 10th Place NGCA All-America Honorable Mention NGCA All-Region First Team Wellesley Invitational Medalist Massachusetts State Invitational Medalist Endicott Tri-Match Medalist Williams Spring Invitational – Third Place Mount Holyoke Invitational – Third Place
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## LACROSSE

Dee Garrahan	NEWMAC All-Conference Second Team
Haley Geller	IWLCA All-Region Second Team NEWMAC All-Conference First Team
Colette Whitaker	NEWMAC All-Conference Second Team
Loretta White	IWLCA All-Region Second Team NEWMAC All-Conference First Team ECAC Second Team All-Star

## SOCCER

Jennifer Lau	NEWMAC All-Conference First Team
Katie Martore	NEWMAC All-Conference First Team Wellesley Invitational Most Valuable Player

## SOFTBALL

Alexandria Coari	NCAA Regional All-Tournament Team
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Jenna Harvey	NFCA All-America Second Team NFCA All-Region First Team NCAA Regional All-Tournament Team NEWMAC Player of the Year NEWMAC Pitcher of the Year NEISCA Player of the Year NEWMAC All-Conference First Team ECAC First Team All-Star ECAC Pitcher of the Year
Ilana Orloff	NCAA Regional All-Tournament Team
Amanda Tai	NFCA All-Region Third Team NCAA Regional All-Tournament Team NEWMAC All-Conference Second Team
Kara Wong	NFCA All-Region Third Team NEWMAC All-Conference First Team
Megan Wood	NFCA All-Region First Team NEWMAC All-Conference Second Team ECAC Second Team All-Star

## SQUASH

Sarah Odell	Howe Cup Individual Championship Qualifier
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## SWIMMING & DIVING

Dana Dutton	Seven Sisters All-Tournament (x4)
Hilary Gram	Seven Sisters All-Tournament
Becky Hanna	Seven Sisters All-Tournament
Savanna Johnson	Seven Sisters All-Tournament (x3) NCAA Provisional Qualifier
Emilie Mitten	Seven Sisters All-Tournament
Cathy Poon	NCAA National Championship Qualifier Seven Sisters All-Tournament (x4)
Alex Simas	Seven Sisters All-Tournament Wellesley School Records (1000-, 1650-Free)
Kate Sorenson	Honorable Mention All-America 3-Meter Diving Honorable Mention All-America 1-Meter Diving NCAA National Championship Qualifier Wellesley School Records (1-, 3-Meter Diving)
Jenny Wu	NEWMAC All-Conference Second Team (400IM) Seven Sisters All-Tournament (x5)

## TENNIS

Trish Devine	NEWMAC All-Conference First Team (#2 Singles) NEWMAC All-Conference Second Team (#1 Doubles)
Jenna Mezin	ITA All-American NCAA Qualifier (Singles, Doubles) Seven Sisters Flight Champion (#1 Doubles)
Shivani Saxena	NEWMAC Rookie of the Year NEWMAC All-Conference First Team (#3 Singles) Seven Sisters Flight Champion (#2 Doubles)

Jennifer Schwarzkopf

NEWMAC All-Conference Second Team (#1 Singles)  
NEWMAC All-Conference Second Team (#1 Doubles)

Jacqueline Shen

NEWMAC All-Conference First Team (#4 Singles)  
NEWMAC All-Conference Second Team (#2 Doubles)  
Seven Sisters Flight Champion (#2 Doubles)

Meghan Stubblebine

NEWMAC All-Conference First Team (#5 Singles)  
Seven Sisters Flight Champion (#3 Singles)

Mohona Siddique

NEWMAC All-Conference First Team (#6 Singles)

Hali Walther

NCAA Qualifier (Doubles)  
NEWMAC All-Conference Second Team (#2 Doubles)  
Seven Sisters Flight Champion (#1 Doubles)

## **VOLLEYBALL**

Madeline Brumley

Tufts Invitational All-Tournament Team

Murielle Dawdy

NEWMAC All-Conference Second Team  
NEWVA Honorable Mention  
NEWVA Senior All-Star Award  
Seven Sisters Tournament Most Valuable Player

Jessica Duff

Hall of Fame All-Tournament Team

Emily Peters

NEWMAC All-Conference Second Team  
AVCA All-Region  
AVCA All-America Honorable Mention  
MIT Invitational All-Tournament Team

Lauren Rasmussen

NEWVA Senior All-Star Award

Tracy Waldman

NEWMAC All-Conference First Team  
AVCA All-Region  
AVCA All-America Honorable Mention  
NEWVA Second Team  
NEWVA Senior All-Star Award  
Seven Sisters All-Tournament Team

