

Janna Fuentes  
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## **SKILLS**

Forms collaborative relationships, communication skills, attention to detail, takes on a mindful approach to problem solving, and is adaptive to the environment.

## **EXPERIENCE**

### **Sabot at Stony Point, Richmond, Va - Preschool Teacher-Researcher**

Dates

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### **Sabot at Stony Point, Richmond, Va - Substitute Teacher**

Dates

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### **First Steps Doula Services, Richmond, Va - Doula**

October 2012 - February 2017

- Educated clients about the birth process, medical interventions, and how to assess the process as variations of normal occurred
- Provided support as clients created birth plans
- Provided emotional and physical support during labor and childbirth
- Provided some postpartum support including breastfeeding and postpartum depression and anxiety

### **Westhampton Day School, 6100 Patterson Ave 23226 - PreK, K Teacher**

September 2008 - September 2010

- Worked with students to navigate social interactions and learn the academic skills correlating with the curriculum
- Experience with Handwriting Without Tears and High Scope
- Trained in first aid and cpr
- Communicated with parents through multiple means

- Organized field trips
- Guided new teachers as they transitioned to the school

**Chesterbrook Academy, 2920 Old Pump Rd 23233 - PreK Teacher**

July 2007 - August 2008

- Communicated with parents through the Nobel daily update forms
- Organized paperwork
- Taught students according to the Nobel curriculum
- Trained new teachers in the classroom

**EDUCATION**

**Virginia Commonwealth University, Richmond, Va - Bachelor of the Arts in Music, Minor in Special Education, January 2003 - May 2007**

**Radford University, Radford, Va - began Music Therapy coursework, Fall 2003**

**COLLEGIATE, PERSONAL DEVELOPMENT, AND VOLUNTEER WORK**

Commonwealth Singers 2003-2006

Madrigalists 2004-2006

Music Circle at Brookfield Group Home 2005

Music with preschool children who had hearing impairments and cochlear implants 2005

Active with collegiate chapter of VMEA 2003-2006

Mindfulness Parenting workshop June 2017

Volunteering at Sabot (star parent, forest walks, winter night music, organizing ice cream social, Sabot IDEA) 2014-current