

Gabriele Janusonyte

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Education

PhD Student - Glasgow Caledonian University

Glasgow, United Kingdom

SCHOOL OF COMPUTING, ENGINEERING AND BUILT ENVIRONMENT

Sept 2018 - Present

- Research into mental health in the construction industry with a focus on implementing mindfulness, and the Antecedents/Behaviour/Consequences model to capture early signs of stress and fatigue.

MSc in Psychology of Mental Health - University of Dundee

Dundee, United Kingdom

SCHOOL OF SOCIAL SCIENCES

Sept 2017 - Sept 2018

- Master of Science Degree in Psychology of Mental Health, with merit. The course covered topics about health in groups, foundations of adult mental health, current issues in psychological healthcare, research foundations. The research dissertation that I conducted focused on building a database for all suicides in the Tayside area for the NHS, using information from GP reports, post-mortem and toxicology reports. The dissertation explored factors that influence the choice of suicide method.

BSc (Hons) in Psychology - University of Stirling

Stirling, United Kingdom

SCHOOL OF NATURAL SCIENCES

Sept 2013 - July 2017

- First Class degree in Psychology. The research dissertation focused on using the mechanisms of mindfulness to measure resilience to experimental pain.

Skills, Certifications and Publications

Languages English, Lithuanian

Certifications Certified Mental Health First Aider, through Mental Health First Aid England

IT SPSS, Microsoft Packages, CSS3, HTML5, Javascript

Publication JANUSONYTE, G., Lawani, K., Hare, B., & Lawrence, M. (2019). *Evaluating the impact of Mental Health First Aid (MHFA) training for UK construction workers*. In The International Council for Research and Innovation in Building and Construction (CIB) World Building Congress 2019 – Constructing Smart Cities.

Experience

University of Stirling

Stirling, United Kingdom

STUDENT SERVICES ASSISTANT

Aug 2016 - Feb 2017

- First point of contact for students accessing the student services hub.
- Managing and writing for the student services hub blog
- Answering student enquiries, directing them to appropriate help and support.

University of Stirling

Stirling, United Kingdom

STUDENT LECTURER (VOLUNTARY AND SUPERVISED POSITION)

Jan 2017 - April 2017

- Co-designed a module on the topic of Trauma and Attachment, to be peer-led with another student.
- Managed group discussions, assignment submissions, attendance, student presentations.
- Received an award for excellence in leading a student-led module.

Extracurricular Activity

2019-2020	Postgraduate Research Student Rep for SCEBE, Glasgow Caledonian University	Glasgow United Kingdom
2017	Student Volunteer, Family Life Centre	Stirling, United Kingdom
2017	Listening Services Volunteer, BackChat, Stirling	Stirling, United Kingdom
2013	Seasonal translator/interpreter, Siauliai University, Doctoral Summer School	Siauliai, Lithuania
2008	Art Education, Siauliai Art School	Siauliai, Lithuania