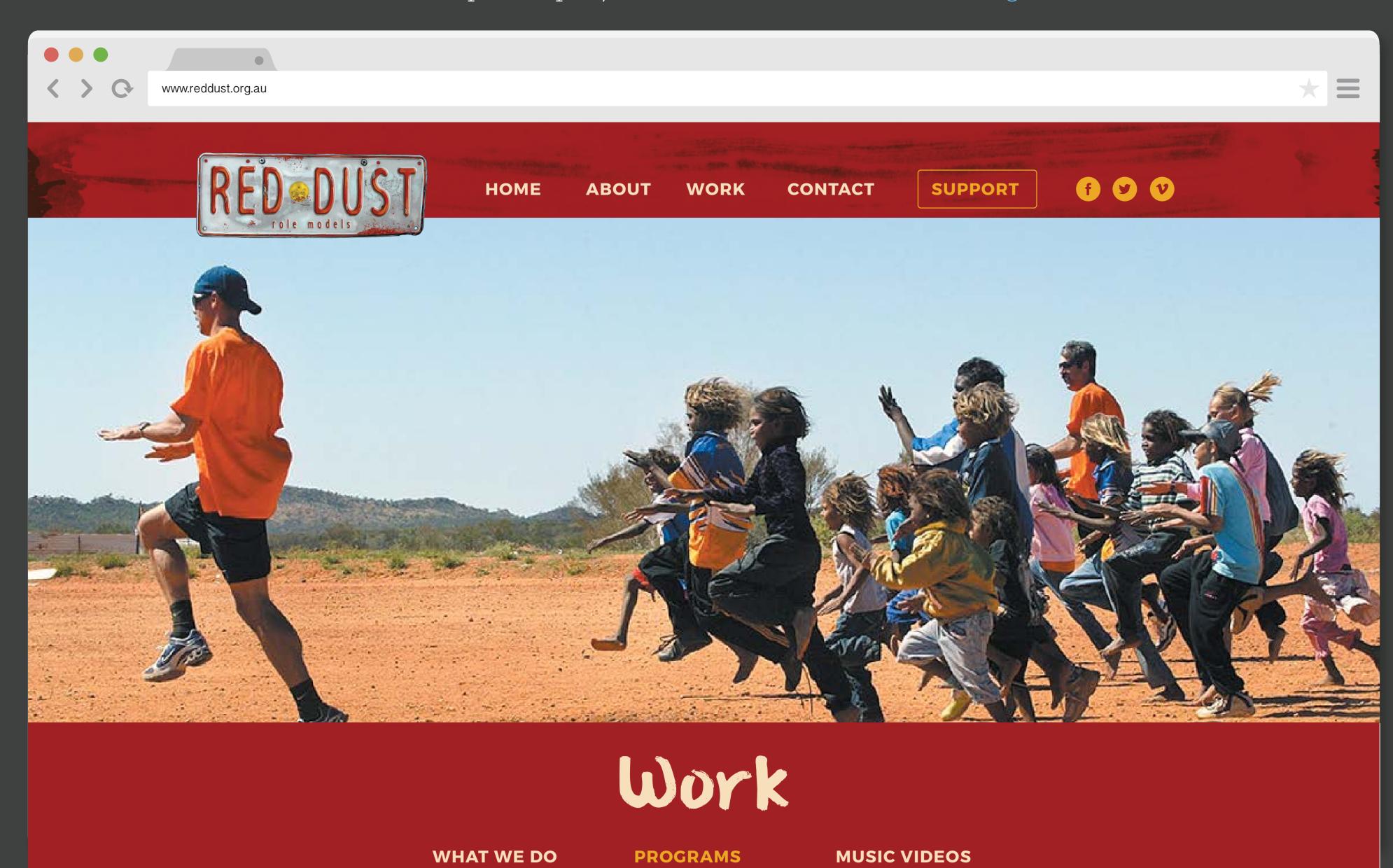
Desktop 1920px / Red Dust - What We Do Page



PROGRAMS

Red Dust's unique approach to achieving health outcomes is working. We partner with communities to best target specific local needs - this is not a one size fits all approach. We encourage Indigenous youth to learn more about health by using channels they respond to such as sport, art, music and dance. We improve knowledge and skills of Indigenous youth and inspire them to live a healthy lifestyle through the influence of positive role models.

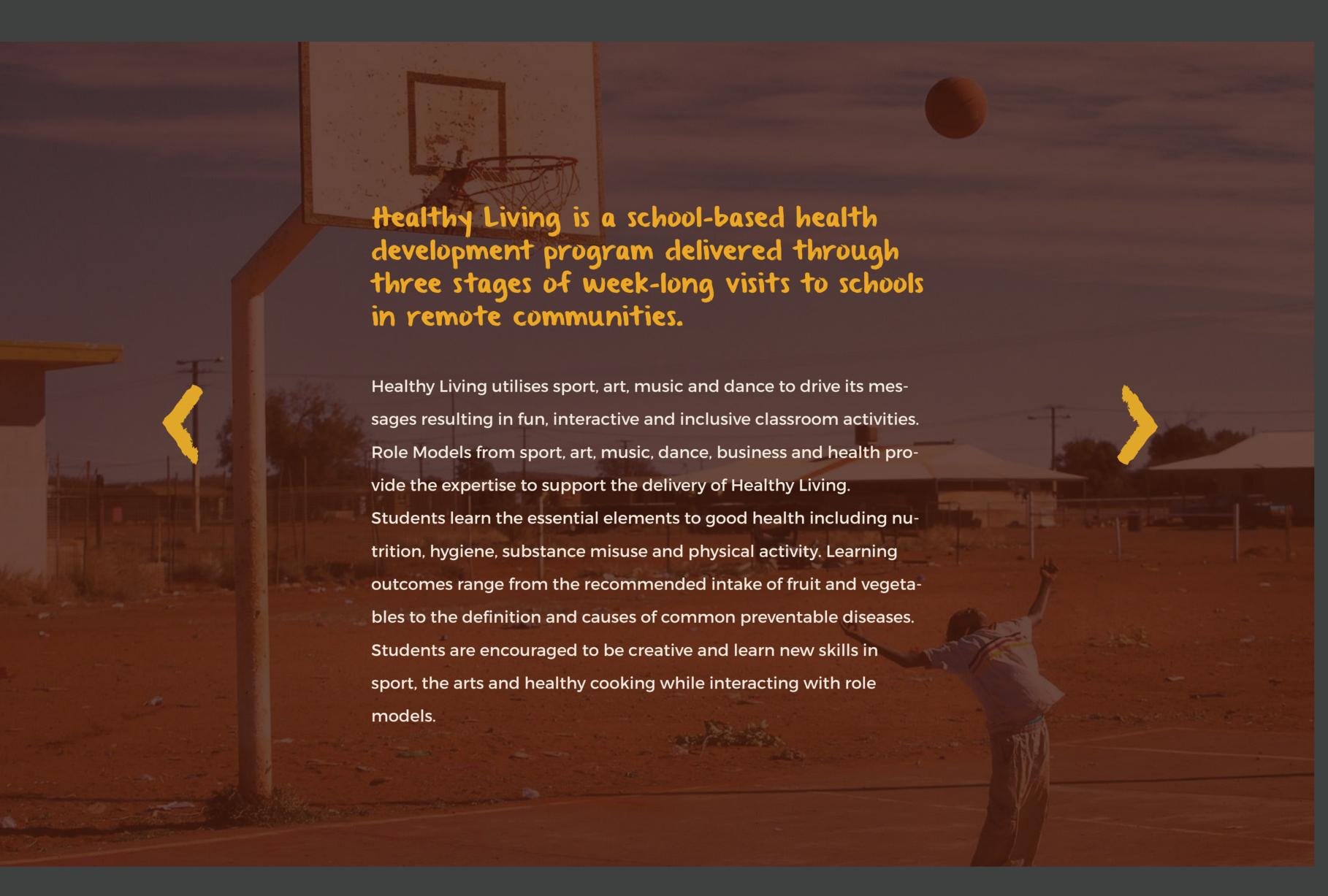


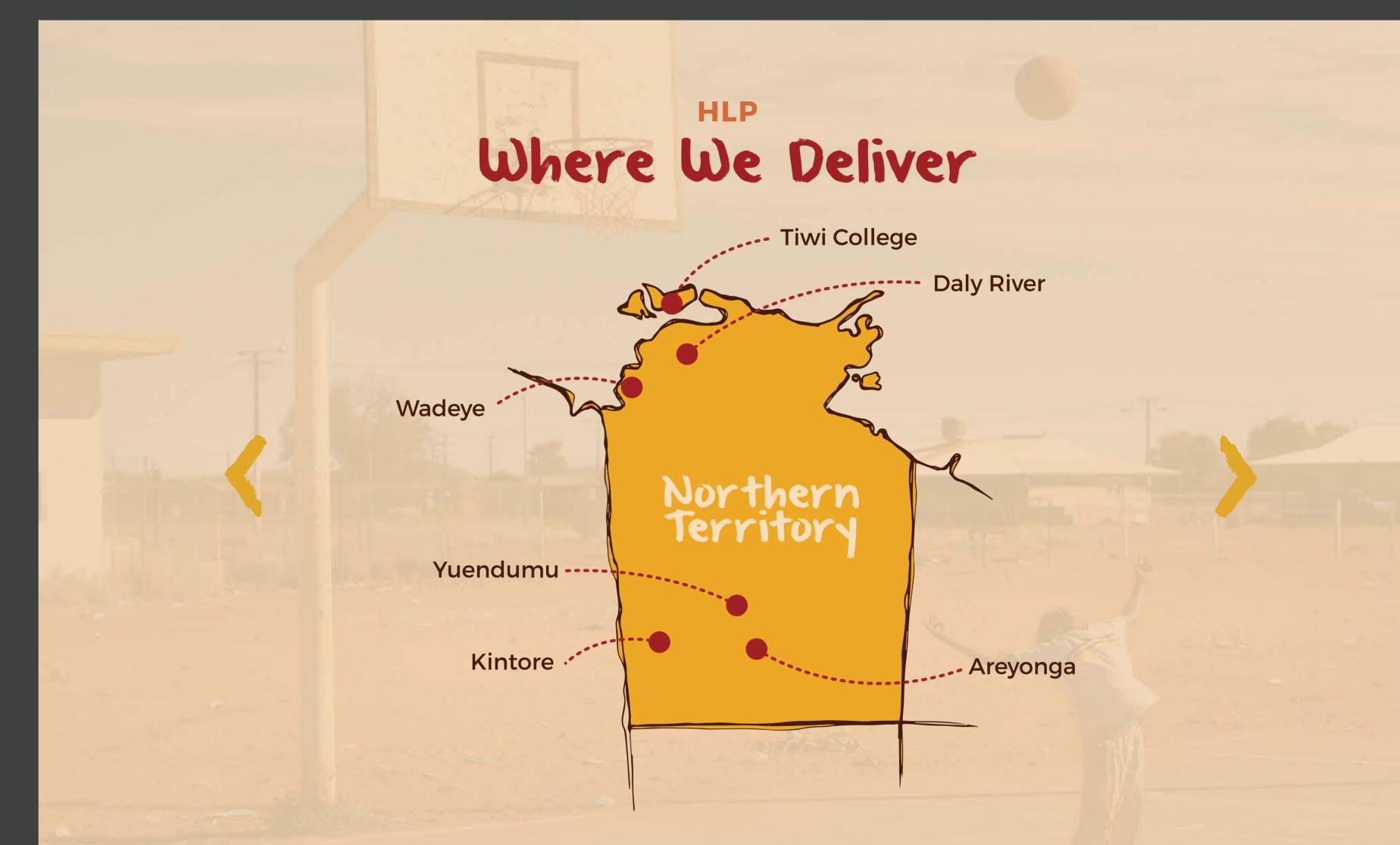


Help break the cycle of poor health

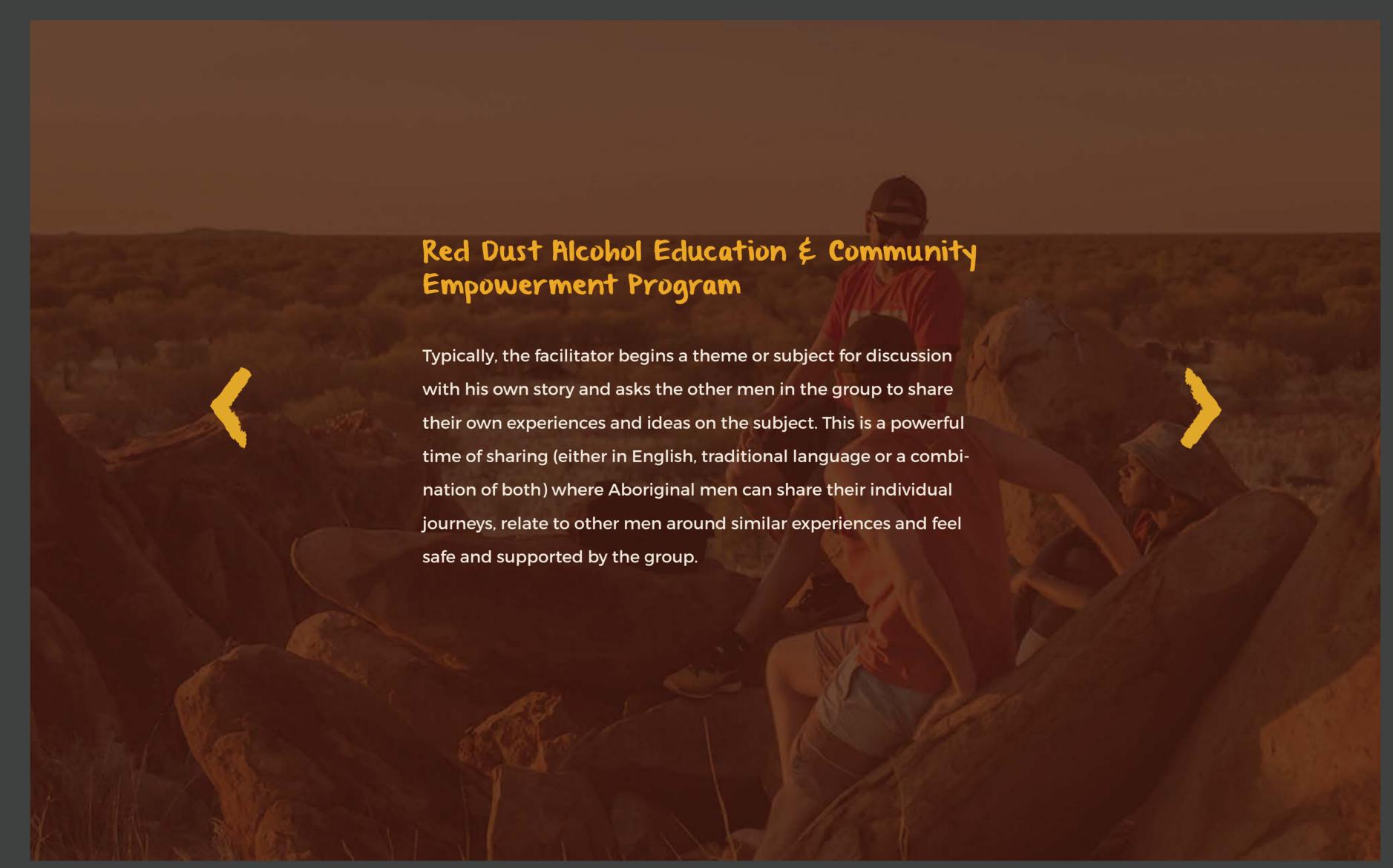
WHAT WE DO

Slides: (effect: left swipe)









The Strong Young Women's Program

In addition to highlighting the link between lifestyle choices and

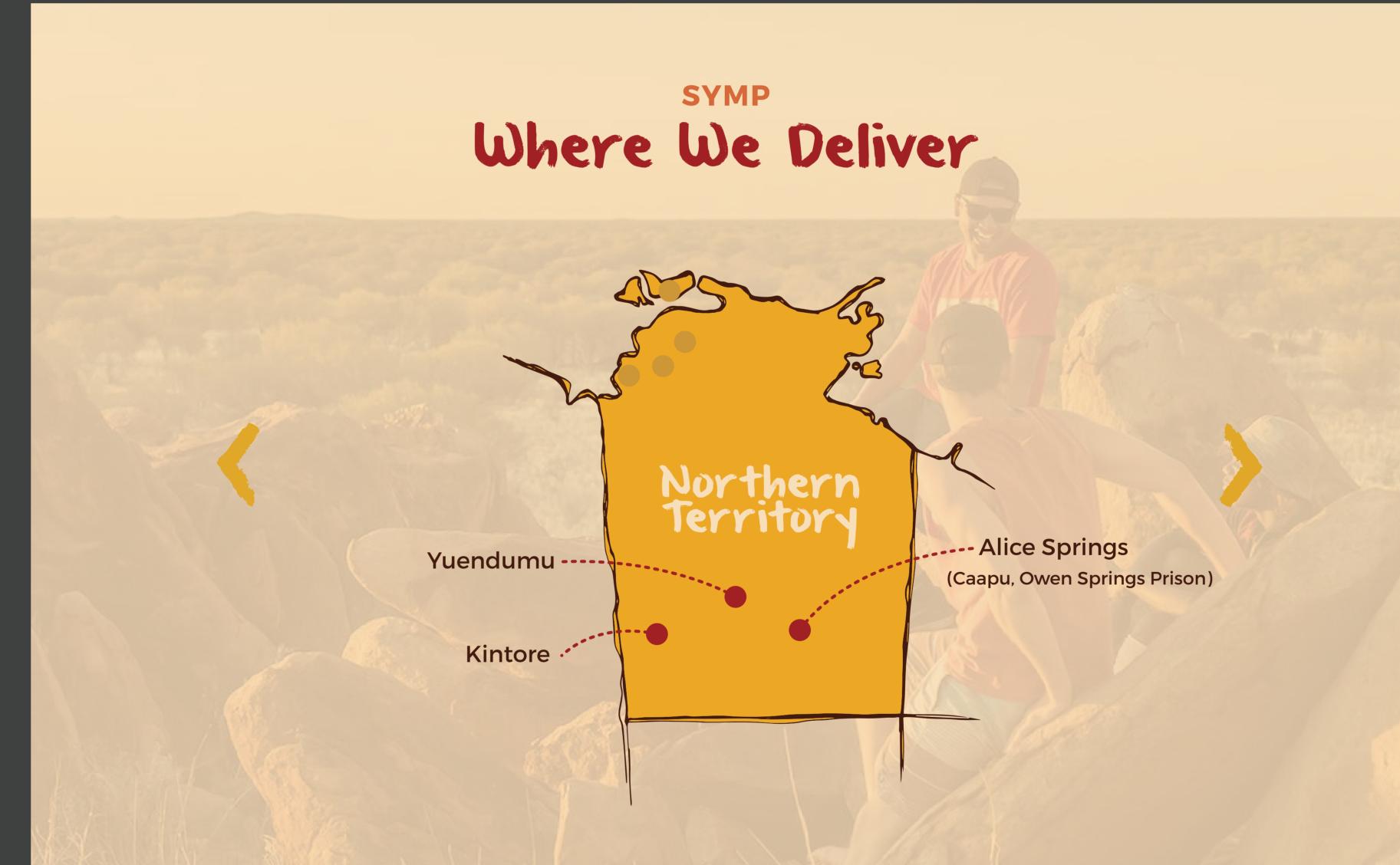
well being over an individuals life course, the program raises aware-

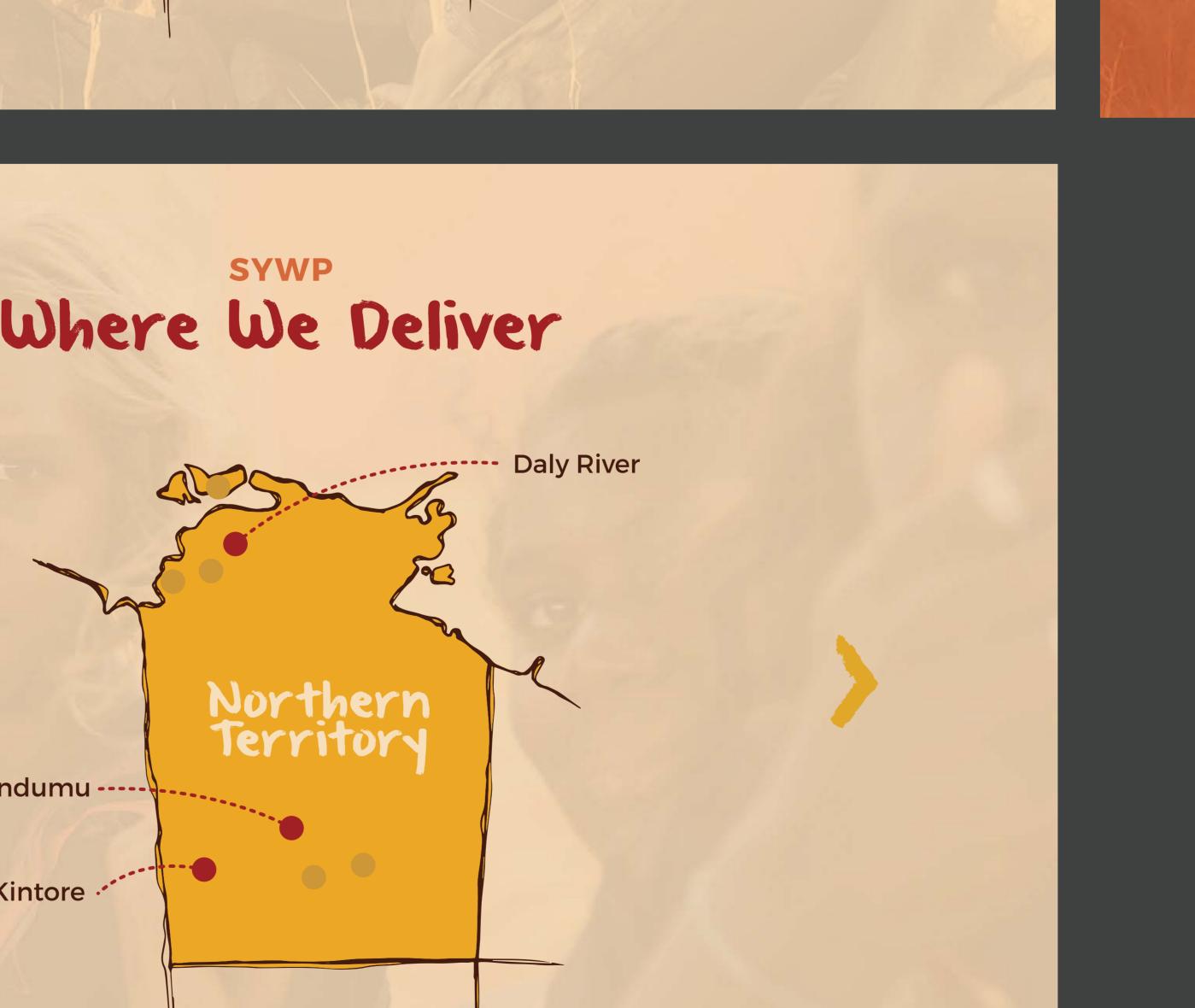
ness of modifiable risk behaviours with an emphasis on alcohol use

remote Central Australian and Top End communities.

and Fetal Alcohol Spectrum Disorder.







Where We Deliver Yuendumu ----Kintore

Why focus on Aboriginal Male Health?

Statistically, Life expectancy for Aboriginal males in Australia is estimated at 18 years less than non-Aboriginal men on average (59 years for Aboriginal men versus 77 years for non-Aboriginal men). There is also a 6 year gap in life expectancy between Aboriginal men and Aboriginal women (59 years and 65 years respectively)Emerging data confirms that Aboriginal men have the worst health outcomes of any subgroup in Australia. The data clearly indicates that Aboriginal men's health and wellbeing is not going well at the moment. Aboriginal men die earlier from chronic diseases, such as cardiovascular disease, injury, respiratory disease, cancer and endocrine disease. They have higher rates of suicide than non-Aboriginal men, and have similar death rates from assault to