# The ODERN STATE OF THE ODERN STA



¿QUIÉNES

SOMOS?

The Modern Fitness Co es una empresa 100% dedicada a satisfacer las necesidades del mercado de desarrollo vertical y corporativo en México, ofreciendo marcas y equipos PREMIUM sin intermediarios ni distribuidores.

Optimizamos el presupuesto de nuestros socios para establecer espacios wellness funcionales en tendencia y utiles para el consumidor final.



+ FUNCIONALIDAD





### **SERVICIO**

### POST-VENTA

El servicio al cliente es lo más importane, por eso ofrecemos respuesta soluciones inmediatas, gracias al respaldo de nuestros socios de negocio, tanto nacionales como internacionales, así como a nuestro inventario de refacciones y equipos en entrega inmediata.

- · Pronta respuesta.
- · Equipo técnico dedicado.
- · Pronta programación.
- · CRM de servicio técnico.
- · Stock de refacciones.
- · Mantenimiento proactivo.

- · Póliza de Mantenimiento Preventivo.
- Póliza de Mantenimiento Correctivo.
- · Instalacíon, puesta a punto.
- Layout y Render 3D

## **NUESTROS**

SOC[OS

Hemos asesorado y acompañado a nuesrtos clientes, brindando soluciones integrales en todos los casos, resolviendo necesidades en fitness e infraestructura.





## Hines Uber





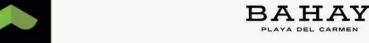
























### HARMONY OS INSIDE SHUA FITNESS

LAS CONSOLAS SHUA FITNESS TS Y TSHD CUENTAN CON LA TECNOLOGIA DE HARMONYOS. ESTE EL PRIMER OS DESAROLLADO POR HUAWEI PARA EQUIPOS FITNESS, AMPLIANDO ASI SU CAPACIDAD DE CONECTIVIDAD CON ENTORNOS ANDROID Y HUAWEI HARMONYOS.



#### **HD TOUCH CONSOLE**

· 32" HD IPS TOUCH SCREEN · NEW FASTER CPU · INTERACTIVE MULTI-TOUCH · REALISTIC VISUAL EXPERIENCE · SPORTS DATA MANAGEMENT SYSTEM



#### **INTEGRATED CONSOLE**

- · 4 WINDOWS WHITE LED LARGE DIAL
- · INTUITIVE DATA
- · INFRARED HUMAN BODY INDUCTION
- · FROSTED TEXTURE OPERATION PANEL

#### **LED CONSOLE**

- · 15.68 HD IPS TOUCH STEEN
- · PRE-BUILT RICH AP
- · 178° SUPER WIDE VIEWING ANGLE
- · 6-CORE CPU ULTRA-FAST COMPUTING SPEED
- · LOW POWER AND ENERGY SAVING





## COMMERCIAL CARDIO



#### **TREADMILL**







SH-T8919T



SH-T9100



SH-T9100T

#### **ELLIPTICAL**



SH-B5101E



SH-B9100E

#### **RECUMBENT BIKE**



**UPRIGHT BIKE** 



SH-B9100R



SH-B6500U

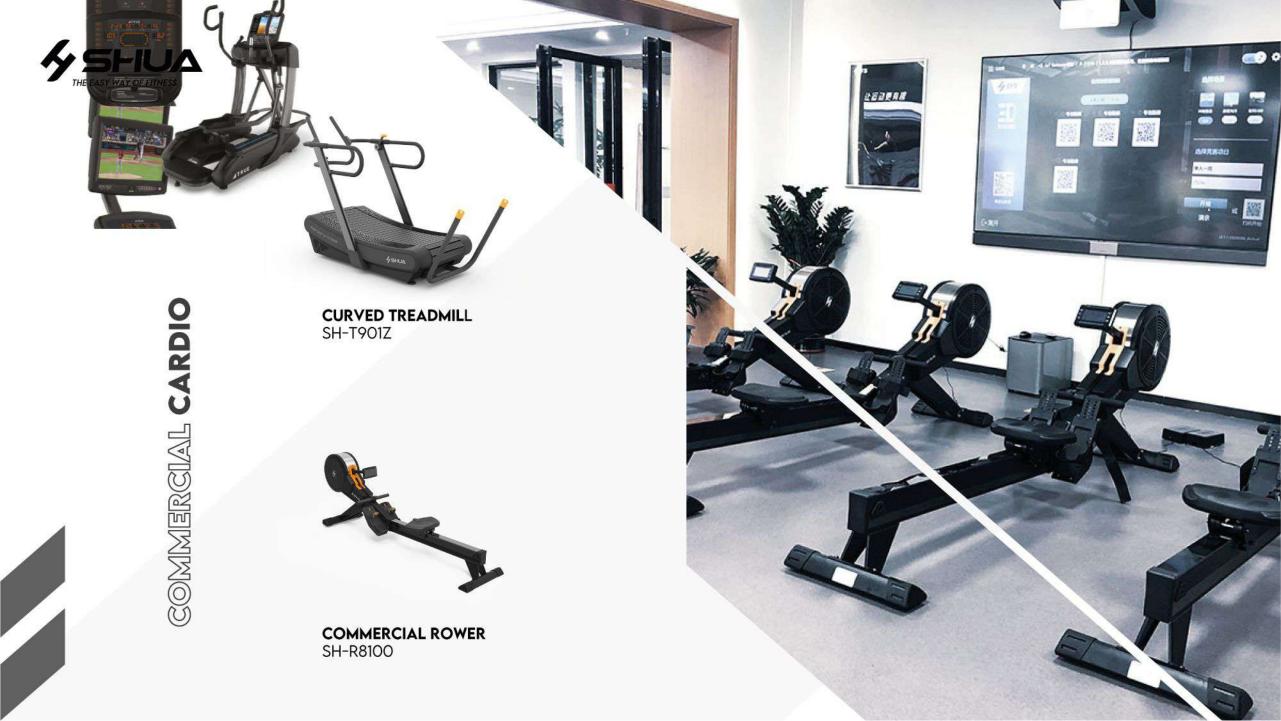
#### **SPINN BIKE**



SH-B5101E



SH-B5961S









CHEST PRESS HS-O1



PEC FLY / REAR DELT HS-02



**SHOULDER PRESS** HS-O3



**LAT PULL DOWN** HS-04



BICEP CURL HS-05



TRICEP PRESS HS-06



SEATED ROW HS-07



**LEG EXTENSION** HS-08



**SEATED LEG CURL** HS-09



PRONE LEG CURL HS-10



LEG PRESS HS-11



HIP / GLUTE HS-12







STATIONS





#### SINGLE STATION

SH-G5201

- \* ANTISTATIC AND ANTIRUST SPRA-YING.
- \* CABLE IS IMPORTED FROM JAPAN: HIGH FLEXIBILITY, SELF-LUBRICA-TING AND WEAR-RESISTANT COA-TING, COLD RESISTANCE, BREAKING TENSION 1400KG.



#### SINGLE STATION LUXURY

SH-G6501

- \* ANTISTATIC AND ANTIRUST SPRA-YING.
- \* CABLE IS IMPORTED FROM JAPAN: HIGH FLEXIBILITY, SELF-LUBRICA-TING AND WEAR-RESISTANT COA-TING, COLD RESISTANCE, BREAKING TENSION 1400KG.





#### **3 STATION MULTI GYM**

SH-G5203

- CHEST PRESS, PEC FLY, LAT PULL DOWN, HUCK SQUATTING, PARA-LLEL BARS, PULL, CROUCHING, CHIN UP, DRAWING UP WITH LEGS.
- 66KG (11PCS)
- -2311\*1760\* 2082(L\*W\*H)

#### **4 STATION MULTI GYM**

SH-G5205

- CHEST PRESS, PEC FLY, SQUAT-TING, PARALLEL BARS, HANGING LEGS, SEAT ROWING, LAT PULL DOWN, LEG CURL,ECT -156KGS(66+90KG) -2550 \*2450 \* 2080(L\*W\*H)



# **4ULTI GYM STATION**



#### WALL MOUNTED TRAINER

SH-G699

WALL MOUNTED TRAINER SH-G699, ACCOMPANY YOU EVERY DAY OF SELF-DISCIPLINE FITNESS. THE MAIN SUPPORT IS MADE OF LARGE-SIZE RECTANGULAR STEEL PIPES AND TREATED WITH ELECTROSTATIC SPRAYING. ENSURE THE SAFETY, RELIABILITY AND DURABILITY OF THE MACHINE.

MAT: 8K STAINLESS STEEL MIRROR + ASH WOODEN BOARD

STACK: 40KGS\*2GROUP

DIM: 1960\*1320\*140MM

#### Optional accessories:



SH-Q21 pull-up bracket



J.T.016 triceps rope







# PRO SERIE









SH-G6801

PEC FLY / REAR DELT SH-G6813

**SHOULDER PRESS** SH-G6804

LAT PULL DOWN SH-G6806









**BICEP CURL** SH-G6807

TRICEP PRESS SH-G6808

**SEATED ROW** SH-G6803

LATERAL RAISE SH-G6805









**LEG EXTENSION** SH-G6810

**PRONE LEG CUR** SH-G6808

**SEATED LEG PRESS** SH-G6809

**GLUTE MACHINE** SH-G6815





**ABDOMINAL CRUNCH** SH-G6816



BACK EXTENSION SH-G6817



ABDUCTOR /ADUCTOR SH-G6819



ROTATORY TORSO SH-G6818



**ABDOMINAL CRUNCH** SH-G6816



**DUAL ADJUSTABLE PULL** SH-G6820



**CABLE CROSS OVER** SH-G6852



LINEAR LEG PRESS SH-G6864





LOW ROW SH-G6868



HIGH PULL + ROW SH-G6891



SQUAT RACK SH-G6854



SMITH MACHINE SH-G6853



OLYMPIC FLAT SH-G6871



**OLYMPIC DECLINE** SH-G6872



**OLYMPIC INCLINE** SH-G6873



MILITARY PRESS SH-G6889



**ADJUSTABLE BENCH** SH-G6857



SUPER BENCH SH-G6855



FLAT BENCH SH-G6878



UTILITY BENCH SH-G6876







BACK EXTENSION SH-G6858



**ADJ ABDOMINAL BENCH** SH-G6879



**CRUNCH BENCH** SH-GXXXX



SCOTT BENCH SH-G6859



LEG RAISE SH-G6886



CHIN DIP LEG RAISE SH-G6888



STRECH BENCH SH-G6890



WEIGHT TREE SH-G6856



DUMBBELL RACK SH-G6884



BARBELL RACK SH-G6883

#EVERYONEFITS®





# X-LOAD

SERIES

PRESENTAMOS LA UNICA SERIE EN EL MUNDO CON EQUIPOS DUALES DE

PESO INTEGRADO + PLATE LOADED PROFESIONALES.



CHEST PRESS SH-G7801



BUTTERFLY SH-G7802



LAT PULL DOWN SH-G7803



**SEATED ROW TRAINER** SH-G7804



SHOULDER PRESS SH-G7805



LATERAL LIFT SH-G7806



LEG PRESS SH-G7807



**LEG EXTENSION** SH-G7808



PRONE LEG CURL SH-G7809



**GLUTE MACHINE** SH-G7810





# X-LOADSERIES



COMBINACIÓN DE SELECCIÓN DE PESO Y CARGA DE DISCOS, ADECUADA PARA PRINCIPIANTES Y ATLETAS PROFESIONALES.



MANERALES AJUSTABLES PARA SATISFACER LAS NECESIDADES DE DIFERENTES USUARIOS.



ASIENTO DE AJUSTE SEMIAUTOMÁTICO CON DISEÑO HIDRÁULICO PARA UN AJUSTE FÁCIL Y PRECISO.



X FORM, CON PATENTE INTERNA-CIONAL. DISEÑADO PARA RESISTIR EL PASO DE LOS AÑOS Y LOS MAS DUROS ENTRENAMIENTOS.

### **Ergonomics Design**

SHUA Research and Development creates this ergonomics design to deliver smooth and comfortable exercise experience with precise angles.





# Innovative and functional structure

77 series equipment combines the characters of selectorized and plate loaded. Converging structure provides free strength groups, meeting all levels of intensity, from beginners to professionals.





# P-LOAD

SERIES

EQUIPOS ÚNICOS, MADE TO LAST.



**UPPER CHEST PRESS** SH-G6901



LOWER CHEST PRESS SH-G6902



**PULL DOWN TRAINER** SH-G6903



**SEATED ROW TRAINER** SH-G6904



SHOULDER PRESS SH-G6905



BICEP TRAINER SH-G6906



TRICEP PRESS SH-G6907



LINEAR HACK PRESS SH-G6914



STRECHER MACHINE SH-G6904



**GLUTE TRAINER** SH-G6911



**LEG CURL TRAINER** SH-G6909



**LEG EXTENSION MACHINE** SH-G6908



SEATED CALF SH-G6910



**TOTAL ABDOMINAL** SH-G6915



PERFECT SQUAT SH-G6913



# CONTÁCTANOS

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