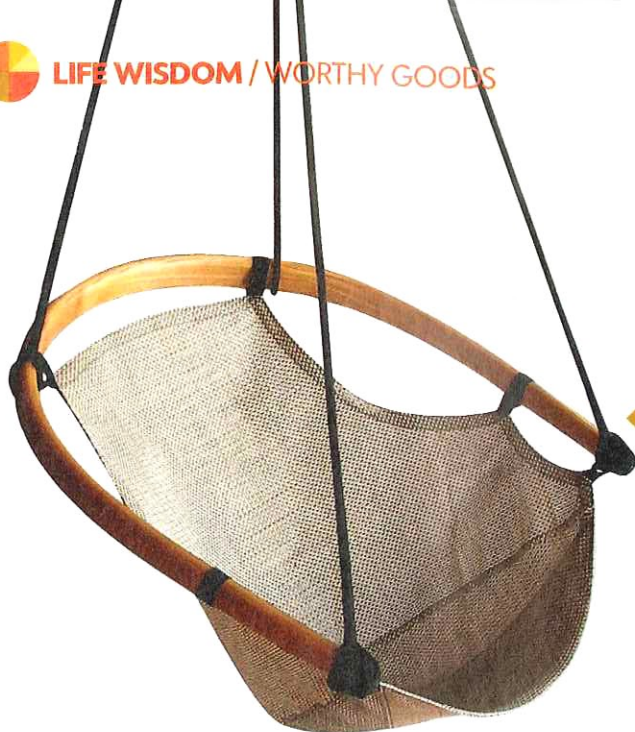


... And the Living Is Easy



Hang Out

It's hard to stay tense for long when seated in an elegant, breezy hanging chair like this one. Crazy-comfortable, the CEE chair is handmade in Wisconsin with sturdy, soft yacht-braid ropes and ultra-durable Chilewich seat fabric (available in a huge range of colors and patterns). Consider adding one (or better yet, a pair) to your home for a daily enticement to relax, renew, let go. Contact artisan producers Tom and Jan Buckman directly to begin designing your own. Prices start at \$375. www.ceechair.com

Healthy Glow

At last, a clean sunscreen that does not leave a zombie-like white glow. Pratima's line of Ayurvedic skin care includes sunscreens with non-nano-micronized zinc oxide and skin-conditioning oils of neem, vetiver and licorice. \$18-\$26 from www.pratimaskincare.com.



Summer Soother

An aloe plant, available at your local greenhouse, is a little phyto-pharmacy: Use it to treat sunburn, insect bites, bee stings and more. Just slice off a mature frond from the bottom (they have the most juice) and squeeze the gel onto injured areas. Store the leaf in the refrigerator for one to two weeks.



Refreshment on Tap

Here's a smart summer ritual we learned from our friends down South: Start each morning by making a container of iced tea or citrus water and sip it all day long. This elegant beverage container from Pottery Barn is just the tool for the job. The urn is glass and the sturdy metal spigot turns smoothly. 1.9 gallon size is \$59; 3 gallon is \$79. (Stand not included.) In Pottery Barn stores or at www.potterybarn.com.



Tea Party

Rishi's award-winning organic iced teas come in a range of refreshing flavors, from traditional black to bracing mint rooibos and fruit-punchy hibiscus. Large pouches make 32 ounces of goodness — perfect for sun-tea lovers. \$7 for five pouches at natural markets or www.rishi-tea.com.

