



## spice it up

These aromatic elixirs warm you up on even the chilliest days.

○ **Fresh and uplifting** Rishi organic and fair trade Raspberry Green Tea is a mix of loose-leaf green tea, red raspberries, and tart hibiscus (\$5 for 1 ounce), [rishi-tea.com](http://rishi-tea.com).

○ **Rich and velvety** Numi Chocolate Puerh Tea blends aged black tea from China with cocoa, vanilla, and nutmeg (\$9.99 for 16 tea bags), [numitea.com](http://numitea.com).

○ **Mulling spices** warm the taste buds with Twinings organic and fair trade Citrus and Cinnamon Spice

herbal tea with lemon myrtle, peppermint, and cinnamon (\$4.49 for 20 tea bags), [twiningsusa.com](http://twiningsusa.com).

○ **Light and zesty** Green Tea Lemon Ginger from Yogi Tea combines green tea with the flavors of ginger, lemon peel, and aromatic lemongrass (\$5 for 16 tea bags), [yogiproductions.com](http://yogiproductions.com).

○ **Wake up** with Traditional Medicinals Organic Chai with cardamom, ginger, and clove (\$5.49 for 16 tea bags), [traditionalmedicinals.com](http://traditionalmedicinals.com).