

watch  
YOUR HOLIDAY  
CALORIES  
BURN away.



Stay trim for the Holidays with the ultimate stocking unstuff: The BodyMedia FIT Armband.

Clinically proven to help you lose up to 3x more weight\*, this innovative technology arms you with your calorie burn and gives you valuable info on calories consumed and sleep.

For more info and to receive our special holiday offer, visit us online at [bodymedia.com/holiday](http://bodymedia.com/holiday).

free SHIPPING THRU  
THE END OF THE year!

**BODYMEDIA | FIT™**  
Know Your Body. Change Your Life.

\* see website for details

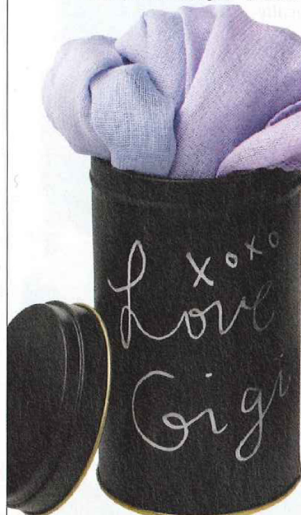
Life, etc.

# Not Feeling Crafty?

Pop your gift into one of these ready-made containers (buy 'em in bulk)

## FOR A SCARF

Write a greeting on a sleek **black tin** with a metallic Sharpie pen.  
Tea tin, Rishi Tea, \$3 each; [rishi-tea.com](http://rishi-tea.com).



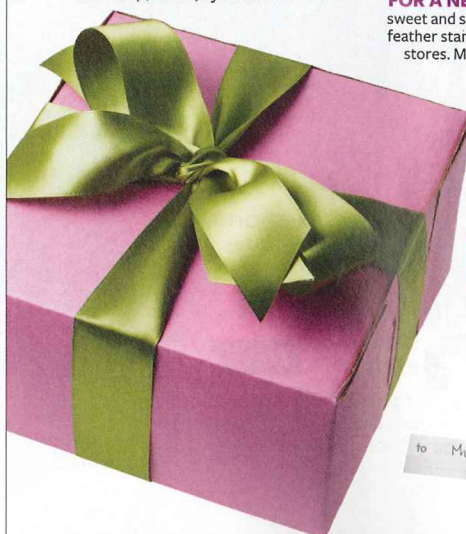
## FOR A PAIR OF EARRINGS

We love these small **beribboned wooden boxes** to stash mini treasures. Wooden CC boxes in (from top) Paris and India, Bluedogz Design, \$11 each; [bluedogzdesign.com](http://bluedogzdesign.com).



## FOR A HAT AND GLOVES

Transform an inexpensive bright **bakery box** into an elegant present by adding a satin ribbon. Pink cake box (7" x 7" x 4"), NY Cake, \$1 each; [nycake.com](http://nycake.com).



**FOR A NECKLACE** Use a **muslin bag** just as it is, sweet and simple, or finesse it with a stamp. Peacock feather stamp, Stampenduous, \$8; [michaels.com](http://michaels.com) for stores. Muslin bags, Amber, \$9/12; [amazon.com](http://amazon.com).

Handpainted dolls in Lucky (left) and Best Friends, Momiji, \$10 each; [lovenomiji.com](http://lovenomiji.com).



## SECRET MESSAGE

Instead of a tag, tie one of these **collectible dolls** to a child's gift with a ribbon. Inside is a tiny piece of paper for a note

to Mia  
Love, Rose