

Hook Title

Is Life a Grand Illusion?

Point 1

Technology and AI: Altering Reality. From deep fakes to virtual realities, technology blurs the line between what's real and what's fabricated.



Point 2

Existential Views: Are We Living a Lie? Philosophers argue that societal constructs often mask the true nature of existence.



Point 3

Psychology's Take: The 'Life Lie'. Adler's concept suggests we fabricate excuses to escape responsibility and accountability in life.



CTA

Share your thoughts: What do you believe is the biggest 'lie' in life? Comment below!