

# Hook Title

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Is Life a Grand Illusion?

01

# Point 1

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Technology and AI: Altering Reality. From deep fakes to virtual realities, technology blurs the line between what's real and what's fabricated.

02

# Point 2

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Existential Views: Are We Living a Lie? Philosophers argue that societal constructs often mask the true nature of existence.

03

# Point 3

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Psychology's Take: The 'Life Lie'. Adler's concept suggests we fabricate excuses to escape responsibility and accountability in life.

# CTA

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Share your thoughts: What do you believe is the biggest 'lie' in life? Comment below!

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