

Technical Data Sheets for Dehydrated Fruits

TECHNICAL DATA SHEET FOR DEHYDRATED PINEAPPLE

Product Name

- **Product:** Dehydrated Pineapple
- **Presentation:** Pieces, rings, or slices

Product Characteristics

- **Description:** Fresh, carefully selected pineapple dehydrated at low temperature to preserve its flavor, color, and nutrients.
- **Color:** Golden yellow, typical of ripe pineapple.
- **Flavor:** Sweet with a slightly acidic taste, concentrated due to the dehydration process.
- **Texture:** Crunchy and fibrous, depending on the thickness of the cut.
- **Cut Size:** Slices or pieces (approximately 2x2 cm).

Ingredients

- **Main Ingredients:** Fresh Pineapple (*Ananas comosus*).
- **Additives or preservatives:** None.

Nutritional Composition (Per 100g)

Nutrient	Quantity
Energy	355 kcal
Proteins	2.2 g
Total Fat	1.3 g
- Saturated Fat	0.1 g
Carbohydrates	84 g
- Sugars	75 g
Fiber	5 g
Salt	0.1 g
Vitamins and Minerals	
- Vitamin C	48 mg
- Potassium	280 mg
- Calcium	30 mg
- Magnesium	30 mg

Dehydration Method

- **Process Used:** Dehydration using hot air at a low temperature.
- **Dehydration Temperature:** 50-60°C.
- **Process Duration:** 8-12 hours depending on the cut thickness.

Storage

- **Storage Conditions:** Store in a cool, dry place, away from direct sunlight.
- **Shelf Life:** 12 months.
- **Recommended Temperature:** Between 5°C and 25°C.

Certifications and Standards

- **Quality Certifications:** (e.g., ISO 9001, ISO 22000, HACCP)
- **Food Safety and Health Standards:** Complies with local and international standards for dehydrated food products.

Origin and Manufacturing

- **Product Origin:** Costa Rica.
- **Manufacturer:** Eco Export Costa Rica
- **Manufacturer's Contact Information:** San Carlos, +506 86722741.
gerencia@ecoexportcr.com

Properties and Benefits

- **Health Benefits:**
 - High in fiber, promoting good digestion.
 - Rich in vitamins C and A, supporting the immune system.
 - Provides natural energy, ideal for healthy snacking.
 - Free from artificial preservatives and additives.

Instructions for Use

- **How to Consume:** Eat directly as a snack, or add to smoothies, cereals, yogurt, salads, granola, or use in baking recipes.
- **Precautions:** Avoid consumption if allergic to any of these fruits.



TECHNICAL DATA SHEET FOR DEHYDRATED BANANA

Product Name

- **Product:** Dehydrated Banana
- **Presentation:** In pieces, chips, or slices.

Product Characteristics

- **Description:** Ripe bananas, dehydrated to preserve their natural flavor, texture, and nutrients.
- **Color:** Golden yellow to light brown, depending on the process.
- **Flavor:** Naturally sweet with a mild flavor.
- **Texture:** Crunchy or slightly fibrous, depending on the thickness of the cut.
- **Cut Size:** Slices approximately 3-4 mm thick, small pieces.

Ingredients

- **Main Ingredients:** Ripe Banana (Musa spp.).
- **Additives or preservatives:** None.

Nutritional Composition (Per 100g)

Nutrient	Quantity
Energy	350 kcal
Proteins	3.0 g
Total Fat	1.0 g
- Saturated Fat	0.1 g
Carbohydrates	88 g
- Sugars	75 g
Fiber	6 g
Salt	0.1 g
Vitamins and Minerals	
- Vitamin C	12 mg
- Potassium	450 mg
- Calcium	25 mg
- Magnesium	40 mg

Dehydration Method

- **Process Used:** Dehydration using hot air or sun drying.
- **Dehydration Temperature:** 50-60°C.
- **Process Duration:** 10-14 hours.

Storage

- **Storage Conditions:** Store in a cool, dry place, away from moisture.
- **Shelf Life:** 12 months if stored properly.
- **Recommended Temperature:** Between 5°C and 25°C.

Certifications and Standards

- **Quality Certifications:** (e.g., ISO 9001, ISO 22000, HACCP)
- **Food Safety and Health Standards:** Complies with local and international standards for dehydrated food products.

Origin and Manufacturing

- **Product Origin:** Costa Rica.
- **Manufacturer:** Eco Export Costa Rica
- **Manufacturer's Contact Information:** San Carlos, +506 86722741.
gerencia@ecoexportcr.com

Properties and Benefits

- **Health Benefits:**
 - o High in fiber, promoting good digestion
 - o Rich in vitamins C and A, supporting the immune system.
 - o Provides natural energy, ideal for healthy snacking.
 - o Free from artificial preservatives and additives.

Instructions for Use

- **How to Consume:** Eat directly as a snack, or add to smoothies, cereals, yogurt, salads, granola, or use in baking recipes.
- **Precautions:** Avoid consumption if allergic to any of these fruits.



TECHNICAL DATA SHEET FOR DEHYDRATED PAPAYA

Product Name

- **Product:** Dehydrated Papaya
- **Presentation:** In pieces, cubes, or slices.

Product Characteristics

- **Description:** Fresh papaya, dehydrated to preserve its natural flavor, color, and nutritional properties.
- **Color:** Bright orange to soft orange.
- **Flavor:** Sweet with a slight tanginess.
- **Texture:** Slightly fibrous, crunchy or chewy depending on the thickness.
- **Cut Size:** Cubes or slices approximately 2x2 cm.

Ingredients

- **Main Ingredients:** Fresh Papaya (Carica papaya).
- **Additives or preservatives:** None.

Nutritional Composition (Per 100g)

Nutrient	Quantity
Energy	330 kcal
Proteins	3.2 g
Total Fat	0.8 g
- Saturated Fat	0.1 g
Carbohydrates	84 g
- Sugars	70 g
Fiber	4 g
Salt	0.1 g
Vitamins and Minerals	
- Vitamin C	60 mg
- Potassium	290 mg
- Calcium	28 mg
- Magnesium	35 mg

Dehydration Method

- **Process Used:** Dehydration using hot air or low-temperature drying.
- **Dehydration Temperature:** 50-60°C.
- **Process Duration:** 10-14 horas.

Storage

- **Storage Conditions:** Store in a cool, dry place, away from moisture and sunlight.
- **Shelf Life:** 12 months.
- **Recommended Temperature:** Between 5°C and 25°C.

Certifications and Standards

- **Quality Certifications:** (e.g., ISO 9001, ISO 22000, HACCP)
- **Food Safety and Health Standards:** Complies with local and international standards for dehydrated food products.

Origin and Manufacturing

- **Product Origin:** Costa Rica.
- **Manufacturer:** Eco Export Costa Rica
- **Manufacturer's Contact Information:** San Carlos, +506 86722741. gerencia@ecoexportcr.com

Properties and Benefits

- **Health Benefits:**
 - o High in fiber, promoting good digestion.
 - o Rich in vitamins C and A, supporting the immune system.
 - o Provides natural energy, ideal for healthy snacking.
 - o Free from artificial preservatives and additives.

Instructions for Use

- **How to Consume:** Eat directly as a snack, or add to smoothies, cereals, yogurt, salads, granola, or use in baking recipes.
- **Precautions:** Avoid consumption if allergic to any of these fruits.