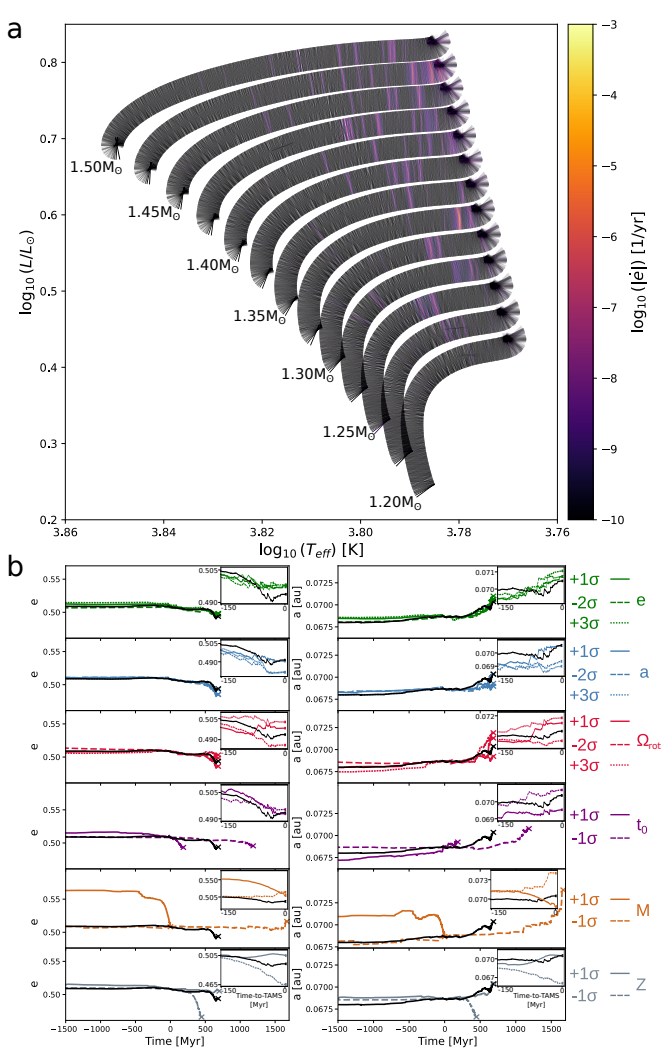
a
1.50M⊙
1.45M⊙
1.40M⊙
1.35M⊙
1.30M⊙
1.25M⊙
1.20M⊙
log10 (L/L⊙)
log10 (Teff) [K]
log10 (|ė|) [1/yr]
b
e
a [au]
Time [Myr]
Time-to-TAMS [Myr]
+1σ
-2σ
+3σ
-1σ
e
a
Ωrot
t0
M
Z