

# Education for a More Peaceful World

## *How Montessori for Adolescents Is Building Two Paths Toward the Same Mission*

By Jarin, Founder of Montessori for Adolescents

We help communities build Montessori Adolescent Centers for Study and Work — through practical guidance, equitable access, and a whole-human approach — so that young people can grow into their most self-assured, authentic selves.

That single sentence is our mission. But behind it lies a story, a set of convictions, and a growing body of evidence that this work has never been more urgent.

## The Urgency

The data is sobering. **1 in 5** U.S. teens aged 12–17 experienced at least one major depressive episode in the past year. **46%** of teens report being online "almost constantly" — up from 24% in 2014. Rates of depression, anxiety, and self-harm among teens have **more than doubled** since the early 2010s. Across **37 countries**, school loneliness among adolescents is rising.

Jonathan Haidt's *The Anxious Generation* documents these trends in painful detail: the shift from a play-based to a phone-based childhood, the fragmentation of attention, the erosion of real community. Adolescents are more "connected" than ever through devices — and more profoundly lonely than ever in real life.

Maria Montessori understood, more than a century ago, that adolescents need meaningful work, genuine community, and a deep connection to the natural world. Her vision for the Erdkinder — a land-based program where young people live, work, and learn together — directly counters the harms we see unfolding today. Where phones fragment attention, Montessori cultivates deep focus. Where social media isolates, Montessori builds real relationships through collaboration. Where screen time displaces sleep and movement, Montessori grounds young people in physical, purposeful work.

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## Two Branches, One Mission

Montessori for Adolescents operates through two complementary branches — **Consulting** and **Access** — each serving a different need, but united by the same vision.

### CONSULTING: SIDE-BY-SIDE GUIDANCE

Many communities already serve younger children beautifully through Montessori. Their guides may have completed an orientation to adolescence — they understand the theory, the developmental needs, the vision. But the question remains: *now what?*

That's where our consulting work comes in. We provide practical, virtual or on-site guidance to help communities build a living adolescent program — the daily structure, the rhythms and rituals, and the deep preparation of the adult who will walk alongside these young people. Through discovery calls, assessment and planning, and ongoing partnership, we walk alongside educators from environment design through program launch and beyond.

This branch serves communities with established primary programs ready to extend into the adolescent years, guides seeking practical next steps, organizations exploring Erdkinder or land-based models, and anyone called to start a Montessori adolescent program.

### ACCESS: MONTESSORI FOR EVERYONE

The more I learned about the Montessori pedagogy, the more I wished it was available to all communities. Montessori diploma teacher training courses can cost upward of €13,000, and the majority of Montessori programs worldwide are private institutions with high tuition rates. This has always disheartened me.

I have worked for a few of these private schools, and my heart always had a quiet whisper: "I have to help make this knowledge accessible to communities, regardless of income."

This is where the philanthropy component of Montessori for Adolescents was born. We raise funds to bring Montessori adolescent programming to communities that have never had access — funding training for educators, helping communities create their own spaces, and being there in person to help turn a vision into something real.

We've laid out a clear roadmap: stabilizing our foundation, identifying an under-served community in places like Bali or Kathmandu, partnering with local organizations to fund programming and train local teachers, and ultimately launching pilot programs that can grow and sustain themselves.

## The Undertone: Whole-Human Development

Beneath everything we do runs a deeper current — what we call our **whole-human approach**.

Montessori pedagogy offers a profound understanding of adolescent development. But it doesn't have to stand alone. Our work draws on Montessori philosophy alongside mindfulness, social/emotional learning, and other holistic traditions to support the whole human — not just the student.

We believe adolescent development spans every dimension of being: **intellectual** — critical thinking and the capacity for abstract reasoning; **emotional** — self-awareness and resilience; **social** — belonging and understanding one's role in the world; **physical** — connection to the body and meaningful work; and **moral** — a developing sense of justice and the courage to act on one's values.

Maria Montessori understood that adolescents need more than academic instruction. They need environments that honor the whole of who they are becoming. By weaving Montessori with these complementary traditions, we create a richer, more complete framework for supporting young people through one of the most transformative periods of their lives.

## Where We Are Now

We are early. We have raised \$350 so far, and we are building in public — every milestone transition will be publicly announced, and impact reports will be shared quarterly. This is not about waiting until everything is perfect. It's about starting.

I truly believe that this is education for a more peaceful world — empowering young people to become their most self-assured and compassionate selves.

*"Education is the most powerful weapon which you can use to change the world."*  
— Nelson Mandela

If you believe in this work, there are two ways to get involved: if you're building an adolescent program, **reach out for a conversation**. If you want to help bring Montessori to communities that have never had access, **support our fundraising efforts**. Every dollar, every connection, every conversation moves us forward.

We have to start somewhere. Here we go.

— *Jarin, Founder of Montessori for Adolescents*

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