

Ace Tennis School

Our Story

At Ace Tennis School we've offered quality tennis instruction for beginners through advanced players in Muscat since 2009.

ATS strongly believes that tennis is for everyone. We are passionate about sharing our love of the game with all ages, and welcome players of every level, from absolute beginner onwards.

Company facts

- ✓ Established in 2009
- ✓ 4 qualified instructors
- ✓ Over 30 years of collective experience
- ✓ 3 locations

Our Services

- ✓ **TEDDY TENNIS** - Music, games and stories engage your kids and get them learning tennis! For kids from 2½ years up to 6 years.
- ✓ **MINI TENNIS** - For ages 6 to 9 - our friendly and professional teachers will help your child truly develop their tennis skills.
- ✓ **JUNIOR ELITE COACHING** - ATS' dedicated teachers will nurture your child's talent and bring out the best in their game. From ages 9 to 14.
- ✓ **HIGH PERFORMANCE COACHING** - Personalised adult coaching programs with ATS qualified and dedicated teachers.
- ✓ **CARDIO TENNIS** - Cardio tennis is a fun group activity for any one at any playing level looking for a fun way to burn calories and interact with others at the tennis court.
- ✓ **SOCIAL TENNIS** - Social tennis is a great way to play against others of a similar standard of playing level, improve your game. It focuses on match play and drills.
- ✓ **TENNIS FITNESS** - Fitness is an ability to perform daily activities with vigour. Tennis fitness is an ability to perform the physical demands of the tennis game for optimum performance.
- ✓ **MATCH STRATEGY** - Match strategy is understanding styles of game, strength and weakness of players, and knowing how to use these to win. Ace Tennis School can provide expert and experienced training in this specialised area.

- ✓ **TENNIS PSYCHOLOGY** - Tennis psychology attends to the mental health and well-being of the tennis player as well assisting them with reaching their maximum potential in their tennis career.

Our Team

- ✓ **Pedro Coelho** - Pedro is a certified ITF and ATP tennis coach, with massive experience in coaching every age and level. He is the Head Coach at the Ace Tennis School in Muscat and passionate about making tennis accessible to everyone. Pedro brings his energy and commitment to the sport to every single coaching session!
- ✓ **Rahul Thinakaran** - Rahul has played on a national level and enjoyed a successful career coaching in institutes including Bangalore's National Institute of Sports. He was part of tennis-focused research programs during his postgraduate studies. Rahul is dedicated to the promotion of tennis, which he loves for its unique mix of critical thinking and intense physical performance. He is teaching both ATS and Teddy Tennis students.
- ✓ **Vojtech Norinsky** - Vojtech holds a degree in sport science and special education, and has background in competitive tennis. He teaches all levels and ages, including the unique Teddy Tennis program, and he is passionate about the joys of sport to those with special needs.
- ✓ **Mahesh Nemana** - Mahesh has been teaching tennis for almost a decade, and has played in national tournaments in his native India. He is certified by USPTR and the ITF, and for the last four years has been working with Luis de Sousa. Mahesh loves to share his knowledge of, and passion for, his chosen sport, and to see his students grow into the best players they can be.

Our Logo and Photography – attached

Our Links

- ✓ Website - <https://www.atsoman.co/>
- ✓ Facebook - <https://www.facebook.com/tennisoman/>
- ✓ Instagram - <https://www.instagram.com/acetennisschool/>

Contacts

- ✓ Our customer service team, for general enquiries; +968 9755 4854 or info@atsoman.co
- ✓ Susan for marketing enquiries; info@atsoman.co



WHAT WE DO

TEDDY TENNIS ACE TENNIS SCHOOL



WHERE WE TEACH



Ace Tennis School, and through us, Teddy Tennis have partnered with some of the best schools, clubs, and residences to be able to reach the whole of Muscat! These include Shangri-La Spa and Resort, Kempinski Hotel Muscat, The French School, Our Planet International School, and Dolphin Village.

OUR COACHES



We are all certified teachers of tennis and have solid professional experience and achievements in the sport, including participation in the Davis Cup. What really marks us as different, though, is that Ace Tennis School coaches genuinely cares about our students, their health, and their development.

AGES



Because we have the exclusive rights to the amazing British programme Teddy Tennis, we're able to engage kids in tennis younger than any other programme (from 2 years onwards). We offer tailor-made classes for each age range, and are passionate about bringing tennis to every generation!

FITNESS AND HEALTH



Tennis is an amazing sport for whole-body fitness, and more than that, it has been shown to improve co-ordination, core strength, and agility. That's why we start our classes so young and teach all ages - these are benefits that everyone needs in their physical development.

WORLDWIDE AND LOCAL



We follow International Tennis Federation approved programmes, and have developed juniors in the USA. We have dedicated our expertise to Oman; our founding director headed up the Oman National Junior and Davis Cup teams, and we hold recommendations from the Oman Olympic Committee.

DEVELOPMENT



Our coaches and support team are constantly monitoring the development of each and every student under Ace Tennis School tuition. Our younger students in the Teddy Tennis programme get character stickers for each class they attend and always look forward to their teddy bear treat!

COMMUNICATION



Nothing is more important to us than the happiness of our students and the satisfaction of parents. Parents can get in touch to schedule a teacher-parent phone chat, and our coaches and team members are in regular contact with our students' families to update on progress and answer questions.



Joining ATS and Teddy Tennis

We make it easy to get registered for our tennis classes!

The Enquiry

We're always happy to hear from you! You can contact us online or by phone to ask any questions you might have about our programmes.



The Offers

After our team has analysed the assessment, we'll be in touch to give you options for tennis classes - times, days, locations, and teachers that are a good fit.



The Classes

That's it! Now students can join the allocated group, begin their fun and focused lessons, and develop their skills and confidence.

STEP

01



STEP

02



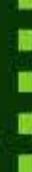
The Assessment

We'll offer you times to come for an assessment on the court with one of our teachers, so we can see each individual student's abilities.



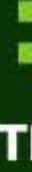
STEP

03



STEP

04



The Confirmation

Once you let us know which option you accept, we will send over our terms and an invoice, with full details on how to make your payment.



STEP

05



STEP
05





Cardio Tennis

Cardio Tennis is a fun group activity that combines everything you love about the sport with a high-energy, cardiovascular, full body work out.

Find out more!

www.atsoman.co



High Performance

Development of the technical and tactical areas of the game, plus mental toughness, physical fitness, and creating a competitive environment.

Find out more!

www.atsoman.co

UNIQUE
SPORTS



Junior Elite

Aimed at achieving the highest possible level in tennis, this programme provides intensive training from 8 years and up. A minimum of two lessons per week required.

Find out more!

www.atsoman.co

UNIQUE
SPORTS



Learn to Play

ATS believes tennis is for everyone, and we welcome players of every level and age, from absolute beginner onwards, into group or private lessons.

Find out more!

www.atsoman.co

UNIQUE
SPORTS



Match Strategy

We provide training in advanced tactical solutions; understanding styles of game, strength and weakness of players; and knowing how to use these to win.

Find out more!

www.atsoman.co

UNIQUE
SPORTS



Mini Tennis

The ATS Mini Tennis programme is based on ITF methodology and designed for kids ages 6 to 9, to increase their skills, and encourage a love of the game.

Find out more!

www.atsoman.co



Social Tennis

Social tennis focuses on match play, and is a great way to play against others of a similar playing level, improve your game, and have fun with friends.

Find out more!

www.atsoman.co

UNIQUE
SPORTS



Teddy Tennis

Created in the UK,
Teddy Tennis uniquely
uses music, play, and
stories, to create a fun
learning environment for
tennis students as young
as two and a half.

Find out more!

www.atsoman.co

UNIQUE
SPORTS



Tennis Fitness

Improves the fitness components of the tennis game for optimum performance, addressing flexibility, strength, endurance; power, agility, and more.

Find out more!

www.atsoman.co