



VISION AND LIFESTYLE QUESTIONS

Presbyopia is the scientific term that is given to the normal process of loss of near vision as we age. Most adults begin to experience difficulty seeing at near at age 43 to 44. It is typically around this age that bifocals or reading glasses become necessary.

Because you are considering laser vision correction, we would like you to answer the following questions to help us understand what activities are most important to you. With that understanding you and your doctor will be better equipped to determine the appropriate correction for your surgery and whether you may be a candidate for monovision (correcting one eye for distance and the other for intermediate or near vision).

Please fill out this form as well as you can. If you are uncertain about any question, please ask us for help.

- 1. How interested are you in seeing at a distance (driving, golf, etc.) without glasses after your vision treatment. (Check the box that most applies.)**

It's very important to me NOT to wear glasses for distance vision.

It's not very important to me. I DON'T MIND wearing glasses for distance vision some or all of the time.

- 2. Are you interested in seeing well up close (reading distance) without glasses after your vision treatment? (Check the box that most applies.)**

It's very important to me NOT to wear glasses to read or see things up close.

It's not important to me. I DON'T MIND wearing glasses to read or see things up close.

- 3. If you had to wear glasses after your vision treatment for one of the following activities, which one would you be most willing to wear glasses for?**

Reading fine print

Using a computer or cooking

Driving a car

- 4. Have you ever worn monovision contacts before?**

Yes

No

- 5. If you could have good distance vision day and night and good vision for computer work without glasses, would you be willing to wear glasses for reading fine print and small type?**

Yes

No

6. Consider your personality. On the scale below, rank your personality by circling the area on the scale that best fits your personality type.

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Easy Going

In the middle

Perfectionist

7. In our daily lives there are different things we do that require us to see at different distances. We have grouped some of these vision activities into five lifestyle zones. Think about the things in life you want to do most without depending on glasses after your vision treatment. Rank the zones in order of most important to your lifestyle?

Zone ____ (most important)

Zone ____

Zone ____

Zone ____

Zone ____ (least important)

Lifestyle Zone 1 (12-20 in)

- Newprint
- Phonebook
- Maps
- Sewing

Lifestyle Zone 2 (2-4 ft.)

- Headlines
- Computer
- Menus
- Price tags

Lifestyle Zone 3 (6-20ft)

- Indoors
- TV
- Cooking
- Cleaning

Lifestyle Zone 4 (>20 ft)

- Daytime-far
- Driving
- Golf
- Road signs

Lifestyle Zone 5 (>20 ft.)

- Nighttime-far
- Night driving
- Movies
- Star gazing